

Post Title	Head Coach
Salary	N/A
Hours	Club training sessions are Sunday 6.00-8.00pm; Mondays and Wednesdays 6.15-8.15pm.
Location	Colwyn Leisure
Reporting to:	Club Management Committee
Role description:	The Head Coach will be involved in the day-to-day implementation of the activities and coaching of the Colwyn Bay ASC training programme. They will also be required to liaise and work positively and effectively with the Management committee, along with various other Club volunteers / staff as required. Weekend and after hours work will be required, of which will be outlined in the overall competition and training plan for the Clubs Swimming Programme.
Responsible for:	The Planning, Coaching and Evaluating of training sessions for the CBASC swimmers Programme, based around the Clubs Skills and technique development structure, following the OADF and ADSP frameworks alongside mentoring other coaches to develop their Philosophies for coaching swimmers.
Recommended qualifications:	<ul style="list-style-type: none"> <li>• ASA / UKCC / SEQ Level 3 Certificate Swimming Coaching (Minimum Level 2; willingness to work towards level 3).</li> <li>• RLSS NPLQ (or willingness and ability to obtain)</li> <li>• Evidence of Continuing Professional Development (CPD).</li> </ul>
Skills Required:	<ul style="list-style-type: none"> <li>• Ability to communicate effectively to swimmers, parents and volunteers.</li> <li>• Ability to lead, mentor and support other coaches.</li> <li>• Ability to motivate people especially swimmers.</li> <li>• Strong organisational skills including use of macrocycles, mesocycles and microcycles to produce plans.</li> <li>• Evaluate and analyse swimmer/squad performance.</li> <li>• Develop and respond on KPI's.</li> <li>• Have good time management; to arrive before sessions commence to prepare the pool and swimmers.</li> <li>• To implement an effective pre and post pool routine,</li> <li>• Have a strong knowledge of competitive stroke mechanics, techniques and skill acquisition for Swimming.</li> <li>• Have effective teaching and coaching skills.</li> <li>• Be able to work under supervision and independently.</li> <li>• Be able to record, interpret, and give feedback on swimming training and competition data.</li> <li>• Be able to make the training and competition environment developmental, challenging and enjoyable for the swimmers.</li> <li>• Have good IT Skills.</li> <li>• Demonstrate sensitivity and respect for the needs of all involved with the club</li> <li>• Full driver's licence and access to own transport.</li> </ul>
Main Performance duties include, but are not limited to:	<ul style="list-style-type: none"> <li>• Work with a group of swimmers to help them achieve the aims required by the club programme.</li> <li>• Ensure all sessions are pre planned, recorded, and evaluated post session. Session plans to be present at all times during sessions.</li> <li>• Ensure the sessions follow a high skill and technical plan.</li> <li>• Work closely with the local area and clubs with an aim of bringing swimmers into the programme at the correct level.</li> <li>• Keep an up to date register of all swimmers attending each session using <b>the name of any online management programme or similar.</b></li> <li>• Attend galas and open meets that are appropriate to the squads.</li> <li>• Make a note of any particular needs of an individual swimmer.</li> <li>• Ensure that you can access emergency contact details for all swimmers in your group.</li> <li>• Use the <b>.... Programme</b> to record information and use as means of communication with Swimmers.</li> <li>• Abide by all policies and codes as required by the Colwyn Bay ASC Club Programme.</li> <li>• Ensure that you have access to injury report forms at all times.</li> <li>• Ensure that all qualifications are renewed and updated as and when required.</li> <li>• Be aware and understand the facility Emergency Action Plan and Normal Operating Procedures (EAP &amp; NOP)</li> <li>• Attend Regular Squad meetings as required by the Colwyn Bay ASC Club Programme.</li> <li>• Follow and promote the SWSCP.</li> <li>• Carry out any other reasonable activities as discussed with the Management committee and as required by the Colwyn Bay ASC Club Programme.</li> <li>• Attend the Colwyn Bay ASC annual general meeting if required.</li> <li>• Attend all Colwyn Bay ASC ran swim meet/championships regardless of swimmer entry.</li> </ul>