



SWIM WALES
NOFIO CYMRU

International Permit and Clearance Form

Issued in accordance with World Aquatics Rules GR 2 GR3 & GR4 - General rules

Please apply 28 days before travel date

Please complete items 1 – 5 and then email it to swimwales-admin@swimming.org or post to Swim Wales, International Permits, Wales National Pool, International Sports Village, Sketty Lane, Swansea, SA2 8QG

1 – Type of event									
Please tick (✓):									
Swimming (Pool and Open Water)		Water Polo		Diving		Artistic Swimming		Para	
Competition		Competition		Competition		Competition		Competition	
Training		Training		Training		Training		Training	
Masters		Master		Master		Master		Master	

2 – Dates & Venue		
Name of event		
Date of event:	From:	To:
Place of event:		
Dates of travel:	From:	To:

Anti-Doping

Doping Control

If an athlete is subject to doping control they should ensure they provide detail of **all of medications (prescribed or over the counter and including dosage) and supplements** on the Doping Control Form. Any previously disclosed medications or supplements to your club and/or British Swimming or your home nation do not form part of doping control.

You can check your medications via <https://www.globaldro.com/home/index>

Therapeutic Use Exemption (TUE)

If an athlete **IS WITHIN** the National TUE Pool they are required to obtain a TUE before using a prohibited medication or method. You can check if you are within the National TUE Pool via <https://www.ukad.org.uk/national-tue-pool> and selecting 'aquatics'.

If an athlete is **NOT** within the National TUE Pool but using a prohibited medication or method **and** is subject to doping control they are required to apply for a retroactive TUE and you should contact Jane Smith (jane.smith@swimming.org or 07917 834785) as soon as possible after doping control. A retroactive TUE must be submitted to UKAD within five (5) working days of the receipt of an Adverse Analytical Finding (AAF).

You can find out more information about Medications on the UKAD website <https://www.ukad.org.uk/medicine>

If you require support or have a query about any medications, supplements or the anti-doping rules please contact Jane Smith at British Swimming via jane.smith@swimming.org or 07917 834785

Strict Liability means athletes are wholly responsible for any banned substance found in their system, no matter how it goes there.

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3 – Approval and Insurance please complete overleaf
4 – Names of competitor/s please complete overleaf
5 – Names of team staff please complete overleaf
6 – Advice relating to Passports, Visas and European Health Insurance Card (EHIC) is attached
7 – Extracts from FINA rules



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8 – Office use only - Individual or team clearance authorisation to compete abroad			
<p>The individual or swimmers and staff team listed on the attached sheet are registered members of either Swim Wales, Scottish Swimming or Swim England and are authorised to take part in the event as stated above, in the country and cities as stated above and for period as stated above.</p> <p>The team or individual undertakes to observe the rules of the organisation, which governs swimming / water polo / diving / artistic swimming / open water in the country where the competition is being held.</p> <p>(Please note any person who has not been given approval are listed below)</p>			
Authorised by:			
Signature:			
Date:			
Date form received	Date permission granted	Date World class staff notified (if competing, excluding masters)	Date copy sent to applicant

3 – Approval and Insurance	
Approval - Name of club and club officials who has given approval to compete in the event or training camp	
Club Name	
Name of Club Official/Contact	
Position	
Telephone No	
Insurance – The Civil Liability This covers legal liability for bodily injury to third parties and/or damage to third party property in connection with the approved activities of Swim Wales.	
Personal Accident cover Provides cover for members under the age of 85 years of age (restricted cover for those aged between 70 and 85 years of age) providing they are participating in an activity approved by Swim Wales as described below and on the website.	
Travel insurance is NOT included so the club will have to arrange separate cover, which Howdens can provide via the website - https://www.adventurescover.co.uk	
If you are unsure of your insurance needs, please give Howdens Insurance a call on 0121 6988160.	

Insured activities and excluded activities

Swim Wales civil liability protection provides cover for club members for the following activities:

• Training for competitive swimming	• Social activities
• Competitive Swimming	• Fund-raising activities
• Learn to Swim - Teaching and skill development	• Administrative, teaching and coaching activities

There is a list of excluded activities available on the website at:

<https://www.howdengroup.com/uk-en/swim-england/authorised-activities>



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6 – Advice relating to Passports, Visas and UK Global Health Insurance Card (UK GHIC)

Passports

If you wish to travel abroad you must hold a valid passport, even for a day trip. Apply in good time. In the UK, you can get advice from the [HM Passport Office](#) website. Some countries have an immigration requirement for a passport to remain valid for a minimum period (usually at least six months) beyond the date of entry to the country. Therefore, ensure your passport is in good condition and valid for at least 6 months at the date of your return. This is a requirement of the country concerned, not the UK Passport Service. Any questions should be addressed to their **Consulate or Embassy**.

Outside the UK, you should get advice from the nearest **British Embassy, High Commission or Consulate**. Our staff can issue standard replacement passports in most places. However all missions are able to issue **emergency passports** if more appropriate.

Visas

If you plan to travel outside British territories you may require a visa to enter the country you are going to. Check visa requirements with your travel agent or contact the **Consulate or Embassy** of the country you plan to visit. If you are a British Dependent Territories Citizen, British Overseas Citizen, British Subject, British National Overseas, or a British Protected Person, you may need a visa that is not required by British Citizens.

General Tips:

- Make a note of the passport number, date and place of issue (or take a photocopy), and keep separately in a safe place.
- Check the passport expiry date.
- Write the full details of your next of kin in your passport.
- Leave a photocopy with a friend or relative at home.
- Take a second means of photo-identification with you.
- Keep your passport in the hotel safe and carry a photocopy with you.
- If your passport is lost or stolen overseas, contact the nearest **British Embassy, High Commission or Consulate**

For further advice visit the [Foreign & Commonwealth Office website](#)

UK Global Health Insurance Card (UK GHIC)

For most people, the UK Global Health Insurance Card (UK GHIC) replaces the existing European Health Insurance Card (EHIC) for new applications. The UK GHIC entitles you to free, or reduced-cost, health care if you become ill, or have an accident, while on holiday in an EU Country, Montenegro or in Switzerland. If you are travelling to an EU Country, Montenegro or Switzerland, and you haven't got a UK GHIC card, you will need to apply for one by:

- completing the online form <https://services.nhsbsa.nhs.uk/cra/start>
- Every family member needs to have their own UK GHIC card. You can apply for an UK GHIC for your spouse, or partner, and any children up to the age of 16 (or 19 if they are in full-time education) at the same time as applying for your own. When applying, you need to have the name, date of birth and NHS, or national insurance (NI) number, of everyone you are applying for.
- The treatment will be free or at a reduced cost, but private treatment is not usually covered.
- A European Health Insurance Card (EHIC) is still valid until the date of expiry so can be used as an alternative to the UK GHIC for those that have one.
- An EHIC can be applied for as an alternative to the UK GHIC if you have rights under the [Withdrawal Agreement](#).



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Remember that even with a UK GHIC, it's still advisable to take out full travel insurance, so make sure that you are covered for all eventualities.

You can find more information about the UK GHIC on the NHS website - <https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>

If you lose your card you can apply for a Provisional Replacement Certificate (PRC) to prove your entitlement to medically necessary healthcare if you travel to Europe without your existing EHIC, UK GHIC or new UK EHIC and need treatment during your visit. To apply for a PRC contact NHS Overseas Healthcare Services.

For further advice, visit the Department of Health website

7 – Extracts from World Aquatics rules

General Rules

These General Rules are basic regulations for World Aquatics competitions in all kinds of Swimming, Open Water Swimming, Diving, High Diving, Water Polo, Artistic Swimming, and Masters Competitions as well as for uniform regulations for the development of competition facilities.

In these Rules, competitors shall include swimmers, open water swimmers, divers, water polo players, artistic swimmers, or masters swimmers, either male or female.

World Aquatics recognizes that these Rules may be adjusted for competitions within a given Federation but recommends that all Members adhere to these Rules as closely as possible.

GR 1 ELIGIBILITY

GR 1.1 All competitors shall be registered with their National Federation to be eligible to compete.

GR 2 INTERNATIONAL RELATIONS

GR 2.1 A competition organised by a National Federation, Regional Body or Club in which other FINA recognised Federations, Clubs or Individuals participate, shall be regarded as an International Competition.

GR 2.2 A Member shall not admit to its membership any club affiliated to another Member.

GR 2.3 Any competitor who temporarily or permanently changes his residence to another country may join a club affiliated to the Member in the new country and shall be regarded as coming within the jurisdiction of the latter.

GR 2.4 No team shall be designated by the title of a country or Sport Country unless the competitors have been selected by the Member of the country or Sport Country.

GR 2.5 When a competitor or competition official represents his/her country in a competition, he/she shall be a citizen, whether by birth or naturalisation, of the nation he/she represents, provided that a naturalised citizen shall have lived in that country for at least one year prior to that competition. Competitors, who have more than one nationality according to the laws of the respective nations must choose one "Sport Nationality". This choice shall be exercised by the first representation of the competitor for one (1) of the countries.

As an additional requirement for the Sport Countries, when a competitor or competition official is eligible to represent a Sport Country (within the meaning of FINA rule C 3.17), the Competitor or competition official shall establish the specific link with the Sport Country by one (1) of the following documents: (i) Birth certificate of the Competitor or competition official in the Sport Country; or (ii) Proof of current residency for at least twelve (12) months in the Sport Country (as provided in FINA Rule GR 2.6.1); or (iii) Birth certificate of the mother, father, grandmother or grandfather of the Competitor or competition official in the Sport Country.

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GR 2.6 Any competitor or competition official changing his sport nationality from one national governing body to another must have resided in the territory of and been under the jurisdiction of the latter for at least twelve months prior to his first representation for the country.

GR 2.7 Any application for change of affiliation must be approved by FINA.

GR 2.8 Competition Officials must be on current FINA Lists approved by the respective Technical Committee for the aquatics discipline in order to officiate at Olympic Games and World Championships. Nominated officials must be members of the nominating Federation and certified by the Member Federation on the nomination form.

GR 3 TOURS IN FOREIGN COUNTRIES

GR 3.1 A competitor competing at a competition in a foreign country shall be a member of an affiliated Member or of a club affiliated thereto. This section shall apply equally to judges, officials, trainers, and coaches.

GR 3.2 All competitions must have received sanction by the Member where the competition takes place, and all competitors or clubs must have permission from their respective Member.

GR 3.3 In every case of a dispute, the rules of the Member or recognised Continental Body under whose jurisdiction the competition is held shall be enforced. During the Olympic Games, World Championships, and other FINA competitions, FINA Rules are applicable.

GR 4 UNAUTHORISED RELATIONS

GR 4.1 No affiliated Member shall have any kind of relationship with a non-affiliated or suspended body.

GR 4.2 The exchange of competitors, administrators, directors, judges, officials, trainers, coaches, etc., with non-affiliated or suspended bodies is not permissible.

GR 4.3 The holding of demonstrations and/or exhibitions, clinics, training, competitions, etc., with non-affiliated or suspended bodies is not permissible.

GR 4.4 The Bureau may authorise relations with non-affiliated or suspended bodies as in Rules GR 4.1 through GR 4.3 above.

GR 4.5 Each Member that organizes or sanctions the organization of a competition shall strictly enforce or procure the enforcement of the FINA Rules, including but not limited to the rules governing eligibility at or in connection with the competition.