

# SWIM WALES WATER POLO WORKING GROUP

## NEWSLETTER FEB 23



SWIM WALES  
NOFIO CYMRU  
WATERPOLO

## SWWPWG

Swim Wales water polo working group (SWWPWG) recently spent a full day assessing progress over the last year and focussing on some key ambitions we would like to achieve in 2023. An overview of these can be found on the next page. If you would like more detail or feel that you could contribute to any of these please do not hesitate to contact any of the Working Group.

It was the first time the group had all met face to face in several years and was a productive and energising day!



Maxine McKinnell - Chair  
chairswwpwg@gmail.com

Julian Knight - Finance & administration  
financeswwpwg@gmail.com

Darryl Ward - Events lead  
coachsenwomwaleswp@gmail.com

Kate Chilcott - Safeguarding Lead  
safeguardingswwpwg@gmail.com

John Evans - Officials Lead & Head of RTC  
RTCswwpwg@gmail.com

Jemma Alderson - Education Lead  
educationswwpwg@gmail.com

Matthew Griffiths - Social Media Lead  
onlineswwpwg@gmail.com

Recently appointed  
Player representatives Faye/Ailsa/JoeJ-D

VACANT Positions  
Club Liaison  
Calendar Co-ordinator

## POLO SKILLS SESSIONS

Please help promote to new or beginner polo players. A fun skills based session ideal for those work

Saturday 11th March

Saturday 8th April

16.00 - 17.00

Sobell Leisure Centre, Aberdare

For more info contact

RTCswwpwg@gmail.com



Wales Water Polo



@WalesWaterPolo



@PoloDwrCymru

## AMBITIONS FOR 2023

---

### FACILITIES

Reintroduce the RTC to West Wales.  
Reintroduce the Swim Sets for players.  
Introduce a strength and conditioning session.  
Fill the sessions that we currently run to maximise pool time.

### FINANCE

Open a SWWPWG bank account by 1st April.  
Increase players to ensure that costs are covered and we are generating income  
Source additional funding.  
Complete an equipment audit

### MARKETING/CO MMS

Improve the Swim Wales communications/marketing of water polo.  
Create 3 newsletters per year  
Continue to improve the reach and engagements of Welsh Water Polo social media..  
Create information flyers/templates for notice boards.  
Create a calendar for events to promote.

### WORKFORCE

Hold a Level 2 Water Polo Coach course every 2 years and a Level 1 Course every year.  
Hold 6 x coach education workshops per year  
Create development plans for national teams

### MEMBERSHIP RECRUITMENT

Run 4 x mini-polo CPDs per year.  
Run 2 x mini-polo festivals.  
Hold competitions between clubs, like a 'league'.  
Target secondary schools who have pools to introduce mini polo  
Create better links with swimming clubs

## STAFFING UPDATE

Victoria Waters was integral in the inception of the Swim Wales Water Polo Working Group and helped establish many of our procedures and policies. She has now taken up a new role as Aquatics partnership and participation manager. Victoria will continue to champion water polo and advocate the benefits of water polo skills in developing all round aquatic athletes. The SWWPWG would like to note our sincere thanks in helping Wales water polo to achieve what we have to date.

A new post of Sport Development and Pathway manager has been created in Swim Wales and Amy Brumby has been successful in securing this position. Amy was part of our planning day and we look forward to working alongside her in the future. Please see press release below about Amy.

## REGIONAL TRAINING CENTRE

Swim England have recently launched Four water polo talent centres across the country to "Improve performance of England and Great Britain sides in international competition. To do that the first goal is to improve the frequency of high-quality training and coaching that is available to our youngest talent, which in turn will drive improved competitive international results.

SWWPWG will be working closely with Swim England to ensure the RTCs in Wales mirror these talents centres as much as practically possible.

If you would like any more information on the RTC please do not hesitate to contact John Evans, RTC Lead.

### AMY BRUMBY

SPORT DEVELOPMENT  
AND PATHWAY MANAGER



Amy has worked closely with Swim Wales over a number of years as a tutor during her time in the leisure industry, where she has worked across a range of roles to gain rich experience in the sector. She will now use those skills in the new role of Sport Development & Pathway Manager.

"My career in aquatics started with becoming a swimming teacher. I worked for Pembrokeshire Leisure for over 15 years, and during my time working there I gained experience in a variety of job roles in the leisure industry.

"I progressed to become a Swim Wales tutor and have spent a number of years delivering teaching courses, CPDs and masterclasses. I've loved teaching and tutoring and now I can't wait to develop our pathway to provide more aquatic opportunities across our sports.

"I am really excited to become a part of the aquatic development team at Swim Wales and I am looking forward to working with all our different aquatic sports."



## LEVEL 2 WATER POLO

---

Swim Wales are looking to host a Water Polo Coaching course, the first in a very long time! It builds on the Swim England Assistant Water Polo Coach certificate, developing your knowledge, skills and abilities ahead of becoming an independent water polo coach or fulfilling a Head Coach role within a club setting.

Who is the course designed for?

Anyone who has a Swim England Assistant Water Polo Coach certificate who wants to become an independent coach or fulfil a Head Coach role within a club setting.

Prerequisites

You must be at least 18 years of age and hold the Swim England Assistant Water Polo Coach, ASA Level 1 Award (QCF) in Coaching Water Polo or equivalent Swim England/ASA qualification.

Course Timetable

Theory Sessions delivered via Zoom

- Tuesday 21st March - 6:00pm - 9:00pm
- Wednesday 19th April - 6:00pm - 9:00pm
- Tuesday 6th June - 6:00pm - 9:00pm
- Tuesday 13th June - 6:00pm - 9:00pm
- Wednesday 28th June - 6:00pm - 9:00pm

Practical Sessions

- Sunday 9th July - 10:00am - 12:00pm at Cardiff International Pool, Olympian Drive, Cardiff, CF11 0JS
- Sunday 16th July - 10:00am - 12:00pm & 2:00pm - 4:00pm at Aberavon Celtic Leisure Centre, The Princess Margaret Way, Port Talbot, SA12 6QW

For more information or to book on please contact  
[swimwales-training@swimming.org](mailto:swimwales-training@swimming.org)

---

We are still looking for more volunteers to help both on and off poolside. If you have a spare hour then please get in touch with any of the working group. No skills necessary just some enthusiasm to support water polo in Wales

## INTER REGIONALS

---

Under 14 Boys ,Under 14 Girls \*& Under 18 Girls - Wales did not enter a team as there were not enough players in these age groups.

Under 18 Division 2 - Watford  
Wales 13 – 6 North East Steelers  
Wales 8 – 8 London Sharks  
Wales 9 – 9 East  
East Midlands 1 – 16 Wales  
Overall Position - 2nd

---

## LLONGYFARCHIADAU



---

## WELSH ELIGIBILITY

Do you know anyone who may qualify to play for Wales? Do they have a parent or grandparent who are Welsh? Have they been resident in Wales for 12 months continuously (under 16) or 36 months (over 16). We would like to broaden our player pool so we have enough players to enter competitions. Please help spread the word !