



SWIM WALES
NOFIO CYMRU

[illegible]



Age	Event		First Name	Surname	YoB	Club	Time	Venue	Date	Record Type
18-24	50	Fly	Alexander	MORRIS	1999	Swansea University	25.85	Gloucester	Aug-22	New Welsh Record
18-24	100	Fly	Alexander	MORRIS	1999	Swansea University	57.58	Gloucester	Aug-22	New Welsh Record
40-44	100	Breaststroke	Phillip	BURCHELL	1980	Holywell	1.11.88	Braunston Leisure	Sep-22	New Welsh Record
25-29	200	IM	Henry	GOODLUD	1997	Woking SC	2.12.30	Sheffield	Oct-22	New Welsh Record
25-29	100	IM	Henry	GOODLUD	1997	Woking SC	59.96	Sheffield	Oct-22	New Welsh Record
25-29	100	Breaststroke	Henry	GOODLUD	1997	Woking SC	1.04.25	Sheffield	Oct-22	New Welsh Record
40-44	100	Breaststroke	Phillip	BURCHELL	1980	Holywell	1.09.92	Sheffield	Oct-22	New Welsh Record
80-84	100	Breaststroke	Robert	LLOYD-EVANS	1942	Poole	2.02.79	Millfield	Oct-22	New Welsh Record
25-29	200	Breaststroke	Henry	GOODLUD	1997	Woking SC	2.24.46	Sheffield	Oct-22	New Welsh Record
40-44	200	Breaststroke	Phillip	BURCHELL	1980	Holywell	2.33.91	Sheffield	Oct-22	New Welsh Record
80-84	200	Breaststroke	Robert	LLOYD-EVANS	1942	Poole	4.19.93	Millfield	Oct-22	New Welsh Record
18-24	50	Breaststroke	Alexander	MORRIS	1999	Gloucester Master	31.52	Millfield	Nov-22	New Welsh Record
18-24	50	Fly	Alexander	MORRIS	1999	Gloucester Master	25.69	Newport	Dec-22	New Welsh Record
40-44	100	Free	Dan	CLEMENTS	1980	Cardiff Masters	54.41	Newport	Dec-22	New Welsh Record
35-39	50	Breaststroke	Matthew	LEWIS	1985	Pembrokeshire County Swimming	32.44	Newport	Dec-22	New Welsh Record
18-24	50	Free	Alexander	MORRIS	1999	Gloucester Master	23.75	Millfield	Nov-22	New Welsh Record
40-44	50	Free	Dan	CLEMENTS	1980	Cardiff Masters	23.73	Sheffield	Oct-22	New Welsh Record
60-64	200	Breaststroke	Jonathan	HOPKINS	1960	Celtic Dolphins	2.47.99	Newport	Dec-22	New Welsh Record
60-64	200	Breaststroke	Jonathan	HOPKINS	1960	Celtic Dolphins	3.04.38	Newport	Dec-22	New Welsh Record
40-44	100	Breaststroke	Chris	Jones	1981	Portsmouth N'sea	01.02.75	Newport	Dec-22	New British Record
New Welsh Record										
& British Record										
& European										
& World										



SWIM WALES
NOFIO CYMRU

[illegible]



SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP RECORDS 2022

WOMEN'S SHORT COURSE



Age	Event		First Name	Surname	YoB	Club	Time	Venue	Date	Record Type
65-69	50	Back	Julia	BUCHANAN	1957	Caldicot	43.48	Gloucester	Aug-22	New Welsh Record
65-69	100	Back	Julia	BUCHANAN	1957	Caldicot	1.37.65	Gloucester	Aug-22	New Welsh Record
65-69	50	Free	Julia	BUCHANAN	1957	Caldicot	37.66	Gloucester	Aug-22	New Welsh Record
65-69	200	Free	Julia	BUCHANAN	1957	Caldicot	3.03.18	Gloucester	Aug-22	New Welsh Record
65-69	400	Free	Julia	BUCHANAN	1957	Caldicot	6.26.38	Gloucester	Aug-22	New Welsh Record
50-54	200	IM	Helen	GORMAN	1972	City of Cardiff	2.33.87	Barnet Copthall	Sep-22	New Welsh Record
50-54	50	Free	Helen	GORMAN	1972	City of Cardiff	29.13	Barnet Copthall	Sep-22	New Welsh Record
60-64	100	Back	Micaela	MORRIS	1961	Gloucester	1.31.40	Gloucester	Aug-22	New Welsh Record
55-59	400	Free	Allie	PRICE	1965	Bridgend Swim Club	5.20.56	Barnet Copthall	Sep-22	New Welsh Record
60-64	50	Fly	Heidi	GORE	1962	Reading Swimming Club	37.26	Sheffield	Oct-22	New Welsh Record
55-59	100	Fly	Allie	PRICE	1965	Bridgend Swim Club	1.17.29	Sheffield	Oct-22	New Welsh Record
60-64	100	Fly	Heidi	GORE	1962	Reading Swimming Club	1.26.40	Sheffield	Oct-22	New Welsh Record
18-24	200	Fly	Hannah	SWIFT	2004	Wrexham	2.33.18	Sheffield	Oct-22	New Welsh Record
55-59	50	Back	Allie	PRICE	1965	Bridgend Swim Club	34.89	Sheffield	Oct-22	New Welsh Record
60-64	100	Back	Micaela	MORRIS	1961	Gloucester	1.29.68	Sheffield	Oct-22	New Welsh Record
60-64	200	Back	Micaela	MORRIS	1961	Gloucester	3.16.58	Sheffield	Oct-22	New Welsh Record
55-59	100	Breaststroke	Joanna	COLLINS	1966	Wrexham	1.25.49	Sheffield	Oct-22	New Welsh Record
55-59	100	Free	Joanna	COLLINS	1966	Wrexham	1.10.03	Sheffield	Oct-22	New Welsh Record
60-64	200	Free	Heidi	GORE	1962	Reading Swimming Club	2.38.82	Sheffield	Oct-22	New Welsh Record
18-24	400	Free	Hannah	SWIFT	2004	Wrexham	4.48.12	Sheffield	Oct-22	New Welsh Record
65-69	50	Free	Julia	BUCHANAN	1957	Caldicot	37.20	Newport	Dec-22	New Welsh Record
30-34	400	Free	Hannah	MUNDAY	1991	Swansea Master	4.40.18	Newport	Dec-22	New Welsh Record
30-34	200	Free	Hannah	MUNDAY	1991	Swansea Master	2.12.34	Newport	Dec-22	New Welsh Record
25-29	100	Free	Danielle	STIRRAT	1993	Cardiff Masters	57.74	Sheffield	Oct-22	New Welsh Record
25-29	50	Back	Danielle	STIRRAT	1993	Cardiff Masters	29.32	Sheffield	Oct-22	New Welsh Record
25-29	100	IM	Danielle	STIRRAT	1993	Cardiff Masters	1.05.88	Sheffield	Oct-22	New Welsh Record
25-29	100	Backstroke	Danielle	STIRRAT	1993	Cardiff Masters	1.04.34	Newport	Dec-22	New Welsh Record
50-54	100	IM	Helen	GORMAN	1972	Cardiff Masters	1.08.33	Sheffield	Oct-22	New British Record
50-54	200	IM	Helen	GORMAN	1972	Cardiff Masters	2.31.25	Sheffield	Oct-22	New British Record
50-54	50	Breaststroke	Helen	GORMAN	1972	Cardiff Masters	34.41	Sheffield	Oct-22	New British Record
50-54	200	Breaststroke	Helen	GORMAN	1972	Cardiff Masters	2.41.45	Sheffield	Oct-22	New World Record
50-54	100	Free	Helen	GORMAN	1972	Cardiff Masters	1.03.94	Sheffield	Oct-22	New Welsh Record

50-54	400	IM	Nicola	LATTY	1971	Holywell	5.25.49	Sheffield	Oct-22	New British Record
50-54	400	Free	Nicola	LATTY	1971	Holywell	4.56.34	Stockport	Jul-22	New Welsh Record
50-54	800	Free	Nicola	LATTY	1971	Holywell	10.00.67	Glasgow	Apr-22	New Welsh Record
50-54	100	Breaststroke	Helen	GORMAN	1972	Cardiff Masters	1.13.95	Barnet Copthall	Jul-22	New World Record
65-69	100	Breaststroke	Amanda	HEATH	1957	Spencer Swim Team	1.28.03	Newport	Dec-22	New World Record
45-49	400	Free	Ceri	EDWARDS	1978	Portsmouth North Sea	4.40.94	Milfield	Feb-23	New British Record
45-49	800	Free	Ceri	EDWARDS	1978	Portsmouth North Sea	09.37.56	Medina	Feb-23	New British Record
New Welsh Record										
& British Record										
& European										
& World										



SWIM WALES
NOFIO CYMRU

[illegible]



SWIM WALES
WELSH MASTERS AND SENIOR AGE GROUP RECORDS 2022
SHORT COURSE RELAYS



Age	Event		Club	Time	Venue	Date	Record Type
200-239yrs	4x50	Medley (mixed)	Bridgend	2.15.93	Newport	Dec-22	New Welsh Record
200-239yrs	4x50	Free (mixed)	Bridgend	2.00.20	Newport	Dec-22	New Welsh Record
New Welsh Record							
& British Record							
& European							
& World							