

Are you Water Wise?



(a)



(b)



(c)



(d)



(e)

1. What do these signs mean?
2. Why is open water so dangerous to swim in? Give at least three reasons.
3. Why is it safer to go to a swimming pool than to swim in open water? Give at least three reasons.
4. How can cold water affect your swimming ability?
5. Why is diving into shallow water dangerous?
6. How can people doing water sports stay safe?
7. What could you throw to someone in the water to help them float? Give three things.
8. Why is it a bad idea to jump in to try to save someone?
9. How can you get help in an emergency?
10. How could vandalism lead to someone being in danger in open water? danger in open water?



Are you Water Wise?

Answers

1. What do these signs mean?

- a. No Running
- b. Danger Deep Water
- c. No Swimming
- d. No Diving
- e. Lifejackets must be worn



(a)



(b)



(c)



(d)



(e)

2. Very deep water; very cold water; hidden obstacles; strong currents; no lifeguards; difficult to be rescued; murky water; high banks; fast watercraft, etc.

3. The water is warm; the water is clear; you know the depths; there are no hidden obstacles under the water; there is a lifeguard to watch you; there is someone to rescue you, etc.

4. It is harder to swim; you can get cramp; it takes your breath away, etc.

5. You could hit your head on the bottom and damage your neck, or even become paralysed.

6. Wear a buoyancy aid; join a club to learn safely; never go without an adult; don't mess around, etc.

7. Anything that floats - lifebuoy; football; inflated armband; empty sealed plastic drink bottle, etc.

8. What caused the problem for the victim may well cause the same problem for the rescuer (e.g. cold, currents); the victim may pull you under; the victim may be too heavy to tow; there may not be anyone to help you or the victim climb out of the water, etc.

9. Run for help; dial 999 from the nearest call box or mobile phone.

10. If the fence is broken, a child may fall in; if people cannot read the warning signs they may not realise how deep the water is or that swimming is not allowed; there may be no lifebuoy in place to throw to someone in difficulties; the rope on a lifebuoy may be missing, so if the first throw misses, there will be no second chance, etc.

