



SWIM WALES
NOFIO CYMRU

#GETINFO PARASWIMMING

CLASSIFICATION S14

Swimmers who have an Intellectual Impairment.

IQ of 75 or below

Evidence of significant limitations in
adaptive behaviour

Evidence of onset before the age of 18.
(Swimmers can be classified after the
age of 18)



Intellectual impairment is often confused with specific learning difficulties such as dyslexia, attention deficit hyperactivity disorder (ADHD) and some forms of autism.

May sometimes struggle with social interactions

May receive extra support at school/college/ university

May have difficulty with everyday activities

COACHES' CORNER

- Swimmers may only exhibit some of the characteristics above and everyone is different
- May well be within the club system already but not classified. Get in touch!
- Ask the swimmer and/or parent about any support required or additional relevant information
- Instructions may need to be communicated in different and/or multiple ways
- Use visual demonstrations as well as verbal instructions and repetition to help reinforce key messages

WANT TO KNOW MORE?

www.swimwales.org/swimming/para-swimming

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