

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Women 18-24 800 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Deryn Cressey-Rodgers	19	Oxford Uni-	9:39.68	9:56.75
32.95	1:08.81 (35.86)	1:46.04 (37.23)	2:23.29 (37.25)	
3:00.94 (37.65)	3:38.46 (37.52)	4:16.36 (37.90)	4:54.08 (37.72)	
5:32.64 (38.56)	6:10.67 (38.03)	6:48.66 (37.99)	7:26.67 (38.01)	
8:04.62 (37.95)	8:42.57 (37.95)	9:20.43 (37.86)	9:56.75 (36.32)	
2 Lois Davies	19	Cardiff Mast-	9:30.00	10:25.90
34.17	1:11.37 (37.20)	1:49.83 (38.46)	2:28.36 (38.53)	
3:08.21 (39.85)	3:47.71 (39.50)	4:27.87 (40.16)	5:07.85 (39.98)	
5:48.18 (40.33)	6:28.42 (40.24)	7:08.91 (40.49)	7:48.77 (39.86)	
8:29.33 (40.56)	9:08.97 (39.64)	9:48.28 (39.31)	10:25.90 (37.62)	

Event 38 Women 30-34 800 LC Meter Freestyle

1 Hannah Munday	31	Swansea Mast-	9:34.45	9:43.86
33.13	1:08.90 (35.77)	1:45.84 (36.94)	2:22.77 (36.93)	
3:00.16 (37.39)	3:37.28 (37.12)	4:14.77 (37.49)	4:51.76 (36.99)	
5:29.14 (37.38)	6:05.93 (36.79)	6:42.90 (36.97)	7:19.57 (36.67)	
7:56.39 (36.82)	8:32.95 (36.56)	9:09.14 (36.19)	9:43.86 (34.72)	
2 Rebecca O'Brien	33	Wycombe Dist-	11:00.01	9:55.15
32.52	1:08.19 (35.67)	1:45.49 (37.30)	2:23.35 (37.86)	
3:01.42 (38.07)	3:39.40 (37.98)	4:17.51 (38.11)	4:55.83 (38.32)	
5:33.85 (38.02)	6:11.96 (38.11)	6:49.81 (37.85)	7:28.31 (38.50)	
8:05.98 (37.67)	8:43.78 (37.80)	9:20.51 (36.73)	9:55.15 (34.64)	
3 Stephanie McNally	33	Bristol Nor-	10:08.01	10:12.31
34.17	1:11.56 (37.39)	1:49.70 (38.14)	2:28.21 (38.51)	
3:06.95 (38.74)	3:45.68 (38.73)	4:24.46 (38.78)	5:03.57 (39.11)	
5:42.36 (38.79)	6:21.11 (38.75)	6:59.96 (38.85)	7:38.89 (38.93)	
8:17.75 (38.86)	8:56.66 (38.91)	9:35.11 (38.45)	10:12.31 (37.20)	
4 Carrie Power	34	British Army-	12:15.00	12:29.30
39.16	1:23.35 (44.19)	2:09.50 (46.15)	2:55.92 (46.42)	
3:43.04 (47.12)	4:30.42 (47.38)	5:17.79 (47.37)	6:05.85 (48.06)	
6:53.35 (47.50)	7:41.59 (48.24)	8:29.39 (47.80)	9:17.26 (47.87)	
10:04.90 (47.64)	10:53.15 (48.25)	11:41.39 (48.24)	12:29.30 (47.91)	

Event 38 Women 40-44 800 LC Meter Freestyle

1 Emma Harvey	41	A.N.T. SC-	11:40.00	11:46.65
37.96	1:20.51 (42.55)	2:04.94 (44.43)	2:48.97 (44.03)	
3:34.57 (45.60)	4:18.56 (43.99)	5:04.34 (45.78)	5:49.16 (44.82)	
6:35.33 (46.17)	7:20.17 (44.84)	8:06.37 (46.20)	8:51.01 (44.64)	
9:36.06 (45.05)	10:20.48 (44.42)	11:04.88 (44.40)	11:46.65 (41.77)	
2 Rebecca Lennon	40	Trafford Met-	11:32.79	11:46.91
40.93	1:25.12 (44.19)	2:10.43 (45.31)	2:55.14 (44.71)	
3:40.42 (45.28)	4:24.93 (44.51)	5:10.16 (45.23)	5:54.39 (44.23)	
6:39.13 (44.74)	7:23.39 (44.26)	8:07.97 (44.58)	8:52.16 (44.19)	
9:36.65 (44.49)	10:20.66 (44.01)	11:05.01 (44.35)	11:46.91 (41.90)	

Event 38 Women 45-49 800 LC Meter Freestyle

1 Jessica Wooddisse	47	Stroud Mast-	10:03.33	10:04.40
34.70	1:12.03 (37.33)	1:49.44 (37.41)	2:27.28 (37.84)	
3:05.20 (37.92)	3:43.53 (38.33)	4:21.84 (38.31)	5:00.42 (38.58)	
5:38.45 (38.03)	6:16.79 (38.34)	6:54.99 (38.20)	7:33.72 (38.73)	
8:11.91 (38.19)	8:50.09 (38.18)	9:27.56 (37.47)	10:04.40 (36.84)	
2 Rachel Wood	45	Bristol Nor-	11:50.00	11:44.30
38.00	1:20.44 (42.44)	2:04.76 (44.32)	2:49.34 (44.58)	
3:34.24 (44.90)	4:19.25 (45.01)	5:04.31 (45.06)	5:49.32 (45.01)	
6:34.79 (45.47)	7:20.51 (45.72)	8:06.18 (45.67)	8:51.52 (45.34)	
9:36.15 (44.63)	10:21.07 (44.92)	11:03.17 (42.10)	11:44.30 (41.13)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Women 45-49 800 LC Meter Freestyle)**

3 Sarah Jones	48 S Bournem'th-	12:45.00	13:35.11
45.32	1:34.48 (49.16)	2:26.43 (51.95)	3:18.29 (51.86)
	5:03.41 ()		6:47.48 ()
	8:31.05 ()	9:22.93 (51.88)	10:14.01 (51.08)
11:05.47 (51.46)	11:56.04 (50.57)	12:47.43 (51.39)	13:35.11 (47.68)

Event 38 Women 50-54 800 LC Meter Freestyle

1 Beverley Bourne	54 Barnet Copt-	11:42.05	12:21.51
39.12	1:24.79 (45.67)	2:10.98 (46.19)	2:57.74 (46.76)
3:44.62 (46.88)	4:32.60 (47.98)	5:20.05 (47.45)	6:07.59 (47.54)
6:54.97 (47.38)	7:42.02 (47.05)	8:29.84 (47.82)	9:16.39 (46.55)
10:02.74 (46.35)	10:49.82 (47.08)	11:36.47 (46.65)	12:21.51 (45.04)
2 Zorika Adams	52 Camden Swiss-	12:45.00	12:46.76
42.35	1:29.92 (47.57)	2:18.58 (48.66)	3:07.92 (49.34)
3:57.26 (49.34)	4:46.96 (49.70)	5:35.17 (48.21)	6:24.11 (48.94)
7:12.59 (48.48)	8:00.96 (48.37)	8:48.75 (47.79)	9:37.04 (48.29)
10:24.79 (47.75)	11:13.56 (48.77)	12:01.28 (47.72)	12:46.76 (45.48)

Event 38 Women 55-59 800 LC Meter Freestyle

1 Joanna Collins	56 Welshpool-	12:25.00	11:46.79
36.18	1:19.72 (43.54)	2:05.56 (45.84)	2:51.70 (46.14)
3:37.23 (45.53)	4:22.70 (45.47)	5:07.83 (45.13)	5:52.69 (44.86)
6:37.64 (44.95)	7:22.83 (45.19)	8:08.23 (45.40)	8:53.24 (45.01)
9:38.18 (44.94)	10:22.81 (44.63)	11:07.29 (44.48)	11:46.79 (39.50)
2 Suzanne Welham	58 St Albans Ma-	12:15.00	11:59.55
40.96	1:25.91 (44.95)	2:12.09 (46.18)	2:58.33 (46.24)
3:44.56 (46.23)	4:30.79 (46.23)	5:16.75 (45.96)	6:02.88 (46.13)
6:48.40 (45.52)	7:33.98 (45.58)	8:19.19 (45.21)	9:04.20 (45.01)
9:48.80 (44.60)	10:33.52 (44.72)	11:17.67 (44.15)	11:59.55 (41.88)
3 Hannah Ueckermann	59 Witham Dolph-	15:06.40	12:35.11
44.63	1:32.76 (48.13)	2:20.69 (47.93)	3:08.02 (47.33)
3:55.93 (47.91)	4:43.59 (47.66)	5:31.11 (47.52)	6:18.88 (47.77)
7:06.65 (47.77)	7:54.39 (47.74)	8:41.63 (47.24)	9:29.33 (47.70)
10:16.95 (47.62)	11:03.96 (47.01)	11:50.70 (46.74)	12:35.11 (44.41)
4 Helen Andrews	56 S D Trojan-	13:00.55	12:54.18
41.97	1:29.64 (47.67)	2:19.28 (49.64)	3:08.40 (49.12)
3:57.77 (49.37)	4:46.76 (48.99)	5:35.75 (48.99)	6:24.49 (48.74)
7:13.22 (48.73)	8:02.16 (48.94)	8:50.67 (48.51)	9:39.99 (49.32)
10:28.89 (48.90)	11:18.18 (49.29)	12:07.06 (48.88)	12:54.18 (47.12)
5 Suzanne Maidment	56 Spencer-	12:35.22	13:00.26
40.45	1:25.73 (45.28)	2:13.69 (47.96)	3:02.63 (48.94)
3:51.77 (49.14)	4:41.67 (49.90)	5:31.48 (49.81)	6:21.82 (50.34)
7:11.83 (50.01)	8:02.12 (50.29)	8:52.25 (50.13)	9:42.55 (50.30)
10:32.25 (49.70)	11:21.91 (49.66)	12:11.86 (49.95)	13:00.26 (48.40)
6 Anne Raymond	59 Croydon Amph-	15:00.00	13:48.32
44.95	1:35.93 (50.98)	2:28.41 (52.48)	3:20.73 (52.32)
4:12.95 (52.22)	5:05.56 (52.61)	5:58.79 (53.23)	6:51.06 (52.27)
7:43.84 (52.78)	8:36.79 (52.95)	9:29.38 (52.59)	10:21.89 (52.51)
11:14.29 (52.40)	12:06.71 (52.42)	12:58.71 (52.00)	13:48.32 (49.61)
7 Elaine Harrison	59 Cardiff Mast-	14:57.60	14:47.08
48.42	1:41.66 (53.24)	2:37.63 (55.97)	3:33.48 (55.85)
4:30.33 (56.85)	5:26.39 (56.06)	6:22.68 (56.29)	7:19.14 (56.46)
8:16.24 (57.10)	9:12.95 (56.71)	10:09.85 (56.90)	11:06.49 (56.64)
12:02.72 (56.23)	12:58.73 (56.01)	13:53.95 (55.22)	14:47.08 (53.13)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Women 60-64 800 LC Meter Freestyle**

1	Dymphna Morris	61	Aer Lingus Masters-	11:20.00	11:14.88
	38.35	1:19.63 (41.28)	2:01.95 (42.32)	2:44.74 (42.79)	
	3:27.44 (42.70)	4:10.77 (43.33)	4:54.00 (43.23)	5:36.99 (42.99)	
	6:19.61 (42.62)	7:02.53 (42.92)	7:45.13 (42.60)	8:27.98 (42.85)	
	9:10.31 (42.33)	9:52.80 (42.49)	10:34.83 (42.03)	11:14.88 (40.05)	
2	Frances Baker	62	Carrick Mas-	12:17.83	11:54.70
	39.23	1:23.06 (43.83)	2:08.11 (45.05)	2:53.86 (45.75)	
	3:38.92 (45.06)		5:08.52 ()	5:53.96 (45.44)	
	6:38.74 (44.78)	7:24.58 (45.84)	8:09.95 (45.37)	8:54.65 (44.70)	
	9:39.54 (44.89)	10:24.98 (45.44)	11:11.20 (46.22)	11:54.70 (43.50)	
3	Catherine Hartle	64	Co Sheffield-	13:15.00	13:05.63
	43.89	1:31.56 (47.67)	2:21.28 (49.72)	3:11.10 (49.82)	
	4:01.40 (50.30)	4:51.37 (49.97)	5:41.84 (50.47)	6:30.88 (49.04)	
	7:20.75 (49.87)	8:10.11 (49.36)	8:59.92 (49.81)	9:49.03 (49.11)	
	10:38.58 (49.55)	11:28.13 (49.55)	12:17.88 (49.75)	13:05.63 (47.75)	
4	Sharon McLellan	64	Hadleigh-	14:15.00	13:23.14
	45.62	1:34.94 (49.32)	2:26.04 (51.10)	3:16.66 (50.62)	
	4:07.80 (51.14)	4:58.63 (50.83)	5:50.02 (51.39)	6:41.06 (51.04)	
	7:32.69 (51.63)	8:23.79 (51.10)	9:14.82 (51.03)	10:05.00 (50.18)	
	10:55.61 (50.61)	11:46.08 (50.47)	12:35.69 (49.61)	13:23.14 (47.45)	
5	Delia Keen	61	Carm Masters-	17:30.00	17:27.03
	56.57	2:01.32 (1:04.75)	3:06.54 (1:05.22)	4:13.75 (1:07.21)	
	5:19.90 (1:06.15)	6:27.41 (1:07.51)	7:34.06 (1:06.65)	8:40.31 (1:06.25)	
	9:46.40 (1:06.09)	10:53.49 (1:07.09)	11:59.73 (1:06.24)	13:06.85 (1:07.12)	
	14:12.55 (1:05.70)	15:18.91 (1:06.36)	16:23.10 (1:04.19)	17:27.03 (1:03.93)	

Event 38 Women 65-69 800 LC Meter Freestyle

1	Anne Bourne	68	Camphill Ed-	12:10.49	12:27.46
	41.17	1:27.13 (45.96)	2:14.22 (47.09)	3:01.43 (47.21)	
	3:48.73 (47.30)	4:35.89 (47.16)	5:23.34 (47.45)	6:10.96 (47.62)	
	6:57.95 (46.99)	7:45.72 (47.77)	8:32.86 (47.14)	9:20.64 (47.78)	
	10:07.85 (47.21)	10:55.26 (47.41)	11:42.08 (46.82)	12:27.46 (45.38)	
2	Catherine Beckett	66	Winchester-	12:25.00	12:35.20
	41.43	1:27.48 (46.05)	2:15.65 (48.17)	3:02.96 (47.31)	
	3:51.40 (48.44)	4:39.29 (47.89)	5:27.75 (48.46)	6:15.22 (47.47)	
	7:03.25 (48.03)	7:50.60 (47.35)	8:39.28 (48.68)	9:26.36 (47.08)	
	10:14.54 (48.18)	11:01.74 (47.20)	11:50.06 (48.32)	12:35.20 (45.14)	
3	Julia Buchanan	65	Caldicot-	14:30.00	13:49.65
	45.12	1:36.92 (51.80)	2:30.87 (53.95)	3:24.79 (53.92)	
	4:17.47 (52.68)	5:10.88 (53.41)	6:03.88 (53.00)	6:57.54 (53.66)	
	7:49.50 (51.96)	8:41.14 (51.64)	9:33.20 (52.06)	10:25.60 (52.40)	
	11:17.79 (52.19)	12:10.36 (52.57)	13:01.37 (51.01)	13:49.65 (48.28)	

Event 38 Women 75-79 800 LC Meter Freestyle

1	Rose Dudeny	75	Mid Sussex-	15:15.00	14:59.17
	50.07	1:45.70 (55.63)	2:41.67 (55.97)	3:38.20 (56.53)	
	4:36.65 (58.45)	5:33.59 (56.94)	6:29.94 (56.35)	7:27.01 (57.07)	
	8:23.61 (56.60)	9:20.88 (57.27)	10:18.43 (57.55)	11:15.43 (57.00)	
	12:12.45 (57.02)	13:09.94 (57.49)	14:06.22 (56.28)	14:59.17 (52.95)	
2	Elaine Blower	77	Barnet Copt-	17:54.00	16:45.47
	57.47	2:01.61 (1:04.14)	3:06.75 (1:05.14)	4:11.07 (1:04.32)	
	5:15.67 (1:04.60)	6:19.43 (1:03.76)	7:24.12 (1:04.69)	8:27.88 (1:03.76)	
	9:32.74 (1:04.86)	10:36.15 (1:03.41)	11:39.90 (1:03.75)	12:42.28 (1:02.38)	
	13:44.91 (1:02.63)	14:46.85 (1:01.94)	15:48.76 (1:01.91)	16:45.47 (56.71)	
3	Susan Lauder	79	Spencer-	18:17.73	18:11.92
	59.47	2:08.16 (1:08.69)	3:18.25 (1:10.09)	4:29.64 (1:11.39)	
	5:38.05 (1:08.41)	6:48.08 (1:10.03)	7:56.23 (1:08.15)	9:04.06 (1:07.83)	
	10:12.99 (1:08.93)	11:22.87 (1:09.88)	12:30.62 (1:07.75)	13:40.16 (1:09.54)	
	14:48.37 (1:08.21)	15:57.23 (1:08.86)	17:05.68 (1:08.45)	18:11.92 (1:06.24)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Women 75-79 800 LC Meter Freestyle)**

4 Margaret Weare	78 Caldicot-	19:30.00	20:01.22
1:03.64	2:16.21 (1:12.57)	3:28.61 (1:12.40)	4:46.33 (1:17.72)
6:01.87 (1:15.54)	7:18.94 (1:17.07)	8:33.78 (1:14.84)	9:52.18 (1:18.40)
11:06.68 (1:14.50)	12:24.21 (1:17.53)	13:38.54 (1:14.33)	14:55.60 (1:17.06)
16:13.69 (1:18.09)	17:31.02 (1:17.33)	18:47.42 (1:16.40)	20:01.22 (1:13.80)

Event 38 Men 18-24 800 LC Meter Freestyle

1 Timon Chapman	20 Co Norwich-	10:21.87	9:52.01
31.74	1:07.42 (35.68)	1:43.71 (36.29)	2:20.98 (37.27)
2:58.38 (37.40)	3:36.43 (38.05)	4:13.73 (37.30)	4:52.75 (39.02)
5:30.76 (38.01)	6:08.80 (38.04)	6:46.84 (38.04)	7:25.25 (38.41)
8:02.52 (37.27)	8:40.64 (38.12)	9:17.14 (36.50)	9:52.01 (34.87)

Event 38 Men 25-29 800 LC Meter Freestyle

1 Ross Hosking	26 Cardiff Mast-	9:00.00	9:22.37
31.65	1:05.95 (34.30)	1:41.80 (35.85)	2:17.30 (35.50)
2:53.51 (36.21)	3:28.71 (35.20)	4:04.42 (35.71)	4:39.97 (35.55)
5:15.99 (36.02)	5:51.14 (35.15)	6:26.78 (35.64)	7:01.73 (34.95)
7:37.33 (35.60)	8:12.07 (34.74)	8:47.44 (35.37)	9:22.37 (34.93)

Event 38 Men 30-34 800 LC Meter Freestyle

1 Michael Tansini	31 Co Cambridge-	9:30.00	9:31.08
31.63	1:06.96 (35.33)	1:43.12 (36.16)	2:20.05 (36.93)
2:56.41 (36.36)	3:32.98 (36.57)	4:09.30 (36.32)	4:45.87 (36.57)
5:21.85 (35.98)	5:58.37 (36.52)	6:34.43 (36.06)	7:10.85 (36.42)
7:46.69 (35.84)	8:22.67 (35.98)	8:57.44 (34.77)	9:31.08 (33.64)
2 Craig Thomas	31 Rct Squad-	8:40.00	9:31.60
32.06	1:06.71 (34.65)	1:42.46 (35.75)	2:17.81 (35.35)
2:53.85 (36.04)	3:29.07 (35.22)	4:04.80 (35.73)	4:40.25 (35.45)
5:17.12 (36.87)	5:52.82 (35.70)	6:29.85 (37.03)	7:06.78 (36.93)
7:44.10 (37.32)	8:20.84 (36.74)	8:56.99 (36.15)	9:31.60 (34.61)
3 Andrew Mason	30 Cardiff Mast-	11:00.00	11:33.95
37.65	1:18.89 (41.24)	2:00.60 (41.71)	2:44.25 (43.65)
3:28.09 (43.84)	4:12.90 (44.81)	4:57.39 (44.49)	5:42.48 (45.09)
6:27.20 (44.72)	7:12.20 (45.00)	7:56.32 (44.12)	8:41.11 (44.79)
9:25.13 (44.02)	10:09.61 (44.48)	10:52.86 (43.25)	11:33.95 (41.09)

Event 38 Men 40-44 800 LC Meter Freestyle

1 Christopher Malpass	43 Trafford Met-	10:15.00	10:22.84
33.51	1:12.05 (38.54)	1:51.58 (39.53)	2:31.14 (39.56)
3:10.66 (39.52)	3:50.47 (39.81)	4:30.21 (39.74)	5:09.67 (39.46)
5:49.46 (39.79)	6:28.96 (39.50)	7:08.43 (39.47)	7:47.97 (39.54)
8:27.38 (39.41)	9:06.64 (39.26)	9:45.94 (39.30)	10:22.84 (36.90)
2 Ned Gill	42 Swansea Mast-	10:30.00	10:37.13
37.19	1:17.85 (40.66)	1:58.78 (40.93)	2:39.42 (40.64)
3:19.15 (39.73)	3:58.27 (39.12)	4:37.68 (39.41)	5:17.38 (39.70)
5:57.01 (39.63)	6:36.95 (39.94)	7:17.14 (40.19)	7:57.50 (40.36)
8:38.28 (40.78)	9:19.58 (41.30)	9:59.77 (40.19)	10:37.13 (37.36)
3 Barnaby Rudd	44 Guildford Ct-	12:38.00	12:22.49
39.42	1:25.52 (46.10)	2:11.65 (46.13)	2:58.91 (47.26)
3:46.21 (47.30)	4:34.27 (48.06)	5:21.86 (47.59)	6:09.47 (47.61)
6:56.38 (46.91)	7:43.45 (47.07)	8:30.17 (46.72)	9:17.48 (47.31)
10:03.87 (46.39)	10:50.66 (46.79)	11:37.35 (46.69)	12:22.49 (45.14)

Event 38 Men 45-49 800 LC Meter Freestyle

1 Andrew Martin	47 Cardiff Mast-	9:52.00	10:07.04
33.61	1:09.66 (36.05)	1:46.97 (37.31)	2:25.06 (38.09)
3:03.61 (38.55)	3:42.11 (38.50)	4:20.87 (38.76)	4:59.72 (38.85)
5:38.48 (38.76)	6:17.30 (38.82)	6:56.26 (38.96)	7:35.04 (38.78)
8:13.99 (38.95)	8:52.93 (38.94)	9:31.21 (38.28)	10:07.04 (35.83)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Men 50-54 800 LC Meter Freestyle**

1	Peter Dixon	54	Bo Newham-	9:25.63	9:44.55
	31.90	1:07.25 (35.35)	1:43.85 (36.60)	2:20.26 (36.41)	
	2:57.13 (36.87)	3:33.98 (36.85)	4:10.81 (36.83)	4:47.81 (37.00)	
	5:25.23 (37.42)	6:02.44 (37.21)	6:40.08 (37.64)	7:17.16 (37.08)	
	7:54.88 (37.72)	8:32.22 (37.34)	9:09.76 (37.54)	9:44.55 (34.79)	
2	Paul Hatton	53	Caradon-	10:24.43	10:51.63
	36.07	1:15.40 (39.33)	1:55.90 (40.50)	2:36.12 (40.22)	
	3:17.23 (41.11)	3:58.05 (40.82)	4:39.51 (41.46)	5:20.53 (41.02)	
	6:02.23 (41.70)	6:43.94 (41.71)	7:26.39 (42.45)	8:08.33 (41.94)	
	8:50.50 (42.17)	9:32.18 (41.68)	10:14.02 (41.84)	10:51.63 (37.61)	
3	Simon Berrey	51	Spencer-	10:31.83	11:14.96
	36.30	1:16.26 (39.96)	1:57.90 (41.64)	2:39.83 (41.93)	
	3:21.78 (41.95)	4:05.16 (43.38)	4:47.32 (42.16)	5:30.30 (42.98)	
	6:13.32 (43.02)	6:56.67 (43.35)	7:40.17 (43.50)	8:23.40 (43.23)	
	9:06.36 (42.96)	9:49.57 (43.21)	10:32.43 (42.86)	11:14.96 (42.53)	

Event 38 Men 55-59 800 LC Meter Freestyle

1	Martin Bradford	55	Out To Swim-	12:30.76	11:40.58
	37.69	1:20.35 (42.66)	2:04.81 (44.46)	2:48.70 (43.89)	
	3:33.69 (44.99)	4:17.93 (44.24)	5:02.82 (44.89)	5:47.46 (44.64)	
	6:32.48 (45.02)	7:17.08 (44.60)	8:01.11 (44.03)	8:45.36 (44.25)	
	9:30.06 (44.70)	10:14.47 (44.41)	10:57.97 (43.50)	11:40.58 (42.61)	
2	Mark Partridge	59	Stroud Mast-	12:15.00	12:54.42
	41.76	1:28.49 (46.73)	2:17.69 (49.20)	3:06.80 (49.11)	
	3:56.80 (50.00)	4:46.35 (49.55)	5:35.98 (49.63)	6:25.38 (49.40)	
	7:14.90 (49.52)	8:04.46 (49.56)	8:54.06 (49.60)	9:42.60 (48.54)	
	10:31.40 (48.80)	11:19.57 (48.17)	12:08.03 (48.46)	12:54.42 (46.39)	

Event 38 Men 60-64 800 LC Meter Freestyle

1	Boyd Freeman	60	Aer Lingus Masters-	10:30.00	10:40.68
	36.63	1:17.34 (40.71)	1:58.54 (41.20)	2:39.58 (41.04)	
	3:20.03 (40.45)	4:00.60 (40.57)	4:41.16 (40.56)	5:21.87 (40.71)	
	6:01.71 (39.84)	6:42.49 (40.78)	7:22.95 (40.46)	8:03.40 (40.45)	
	8:43.86 (40.46)	9:24.46 (40.60)	10:03.88 (39.42)	10:40.68 (36.80)	
2	Mark Jones	62	Warrington M-	10:34.47	10:47.10
	36.87	1:16.79 (39.92)	1:57.63 (40.84)	2:38.23 (40.60)	
	3:19.60 (41.37)	4:00.26 (40.66)	4:41.56 (41.30)	5:22.91 (41.35)	
	6:03.85 (40.94)	6:44.73 (40.88)	7:25.94 (41.21)	8:07.39 (41.45)	
	8:48.35 (40.96)	9:29.60 (41.25)	10:09.09 (39.49)	10:47.10 (38.01)	
3	Ralph Pintel	60	Bo Newham-	10:43.58	10:50.17
	37.80	1:17.48 (39.68)	1:58.61 (41.13)	2:40.22 (41.61)	
	3:21.98 (41.76)	4:03.16 (41.18)	4:44.56 (41.40)	5:26.03 (41.47)	
	6:06.81 (40.78)	6:47.69 (40.88)	7:28.52 (40.83)	8:09.37 (40.85)	
	8:50.50 (41.13)	9:31.25 (40.75)	10:11.91 (40.66)	10:50.17 (38.26)	
4	Dale Barker	60	Team Anglia-	11:00.00	11:04.63
	37.34	1:18.08 (40.74)	1:59.74 (41.66)	2:41.09 (41.35)	
	3:23.24 (42.15)	4:05.20 (41.96)	4:47.68 (42.48)	5:30.10 (42.42)	
	6:12.90 (42.80)	6:55.13 (42.23)	7:37.46 (42.33)	8:19.35 (41.89)	
	9:01.70 (42.35)	9:43.55 (41.85)	10:25.11 (41.56)	11:04.63 (39.52)	
5	Adam Lelean	60	Diss Otters-	11:15.00	11:11.73
	36.99		2:01.07 ()		
	3:26.66 ()	4:09.92 (43.26)	4:52.20 (42.28)	5:35.01 (42.81)	
	6:17.19 (42.18)	6:59.70 (42.51)	7:41.99 (42.29)	8:24.81 (42.82)	
	9:07.28 (42.47)		10:31.70 ()	11:11.73 (40.03)	
6	Gordon Coutts	62	Totnes-	11:16.00	11:13.55
	36.46	1:15.69 (39.23)	1:57.07 (41.38)	2:39.02 (41.95)	
	3:21.28 (42.26)	4:03.20 (41.92)	4:45.64 (42.44)	5:28.93 (43.29)	
	6:12.41 (43.48)	6:55.39 (42.98)	7:38.50 (43.11)	8:22.07 (43.57)	
	9:05.75 (43.68)	9:49.53 (43.78)	10:32.80 (43.27)	11:13.55 (40.75)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Men 60-64 800 LC Meter Freestyle)**

7	Alan Parkins	62	Spencer-	11:10.00	11:26.28
	35.61	1:15.60 (39.99)	1:57.73 (42.13)	2:40.90 (43.17)	
	3:24.15 (43.25)	4:07.56 (43.41)	4:52.10 (44.54)	5:36.56 (44.46)	
	6:21.20 (44.64)	7:06.54 (45.34)	7:50.70 (44.16)	8:35.13 (44.43)	
	9:19.33 (44.20)	10:02.91 (43.58)	10:46.56 (43.65)	11:26.28 (39.72)	
8	Patrick Allen	60	Guildford Ct-	12:40.00	12:25.57
	41.17	1:27.83 (46.66)	2:15.01 (47.18)	3:02.22 (47.21)	
	3:49.85 (47.63)	4:37.72 (47.87)	5:24.72 (47.00)	6:11.83 (47.11)	
	6:58.48 (46.65)	7:45.93 (47.45)	8:33.25 (47.32)	9:20.37 (47.12)	
	10:07.86 (47.49)	10:54.66 (46.80)	11:41.01 (46.35)	12:25.57 (44.56)	

Event 38 Men 65-69 800 LC Meter Freestyle

1	Ian Murray	65	Flitwick-	11:59.51	11:54.78
	39.64		2:08.59 ()		
	3:38.50 ()	4:24.13 (45.63)	5:08.95 (44.82)	5:54.85 (45.90)	
	6:39.66 (44.81)		8:11.29 ()	8:56.83 (45.54)	
	9:42.99 (46.16)	10:27.59 (44.60)	11:12.73 (45.14)	11:54.78 (42.05)	
2	Nick Minns	69	St Felix Sch-	12:37.88	12:40.97
	42.71	1:29.15 (46.44)	2:17.31 (48.16)	3:04.82 (47.51)	
	3:53.70 (48.88)	4:41.71 (48.01)	5:30.24 (48.53)	6:18.66 (48.42)	
	7:06.13 (47.47)	7:54.40 (48.27)	8:42.27 (47.87)	9:30.59 (48.32)	
	10:18.62 (48.03)	11:06.70 (48.08)	11:54.93 (48.23)	12:40.97 (46.04)	

Event 38 Men 70-74 800 LC Meter Freestyle

1	Stuart McLellan	73	Hadleigh-	13:20.00	13:06.08
	43.69	1:31.86 (48.17)	2:21.95 (50.09)	3:12.46 (50.51)	
	4:03.11 (50.65)	4:53.78 (50.67)	5:44.35 (50.57)	6:34.18 (49.83)	
	7:23.86 (49.68)	8:14.28 (50.42)	9:03.89 (49.61)	9:54.38 (50.49)	
	10:43.59 (49.21)	11:33.11 (49.52)	12:21.09 (47.98)	13:06.08 (44.99)	
2	Terence Mansi	73	Hadleigh-	14:30.00	14:44.09
	47.38	1:42.07 (54.69)	2:39.18 (57.11)	3:35.07 (55.89)	
	4:32.36 (57.29)	5:28.35 (55.99)	6:24.92 (56.57)	7:20.90 (55.98)	
	8:17.80 (56.90)	9:13.76 (55.96)	10:10.24 (56.48)	11:06.35 (56.11)	
	12:02.51 (56.16)	12:58.02 (55.51)	13:52.73 (54.71)	14:44.09 (51.36)	

Event 38 Men 75-79 800 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	11:10.00	11:25.81
	38.62	1:20.86 (42.24)	2:02.91 (42.05)	2:46.25 (43.34)	
	3:29.06 (42.81)	4:12.70 (43.64)	4:55.52 (42.82)	5:39.29 (43.77)	
	6:22.33 (43.04)	7:06.63 (44.30)	7:49.86 (43.23)	8:33.70 (43.84)	
	9:17.32 (43.62)	10:01.38 (44.06)	10:44.26 (42.88)	11:25.81 (41.55)	
2	Peter Stephens	75	Spencer-	13:52.49	14:08.80
	47.64		2:36.24 ()	3:31.40 (55.16)	
	4:26.47 (55.07)	5:20.46 (53.99)	6:14.09 (53.63)	7:07.77 (53.68)	
	8:01.86 (54.09)	8:55.69 (53.83)	9:49.39 (53.70)	10:42.82 (53.43)	
	11:35.77 (52.95)	12:29.28 (53.51)	13:21.63 (52.35)	14:08.80 (47.17)	

Event 38 Men 80-84 800 LC Meter Freestyle

1	Donald Leatherbarrow	84	Gloucester M-	15:30.00	14:49.11
	47.86	1:42.75 (54.89)	2:39.31 (56.56)	3:35.27 (55.96)	
	4:31.80 (56.53)	5:27.86 (56.06)	6:24.43 (56.57)	7:20.63 (56.20)	
	8:17.42 (56.79)	9:13.21 (55.79)	10:10.94 (57.73)	11:07.63 (56.69)	
	12:06.04 (58.41)	13:02.93 (56.89)	13:58.07 (55.14)	14:49.11 (51.04)	
2	Paul Clarke	80	Beaver Mast-	18:38.00	18:24.63
	58.10	2:07.72 (1:09.62)	3:16.42 (1:08.70)	4:25.79 (1:09.37)	
	5:36.66 (1:10.87)	6:47.30 (1:10.64)	7:55.23 (1:07.93)	9:05.91 (1:10.68)	
	10:14.42 (1:08.51)		12:33.50 ()	13:46.00 (1:12.50)	
	14:57.38 (1:11.38)	16:05.52 (1:08.14)	17:16.81 (1:11.29)	18:24.63 (1:07.82)	