

**Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022****Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****Event 31 Men 18-24 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Rhys Chiles	23	Hinckley-	2:38.34	2:48.43
	35.82	1:17.52 (41.70)	2:03.04 (45.52)	2:48.43 (45.39)
2 Timon Chapman	20	Co Norwich-	2:46.80	2:56.56
	37.56	1:23.51 (45.95)	2:10.84 (47.33)	2:56.56 (45.72)

**Event 31 Men 25-29 200 LC Meter Breaststroke**

1 Martin Potts	28	Co Cambridge-	2:51.36	3:06.99
	39.86	1:26.53 (46.67)	2:15.98 (49.45)	3:06.99 (51.01)

**Event 31 Men 30-34 200 LC Meter Breaststroke**

1 Christopher Street	33	Bristol Nor-	2:59.00	2:56.52
	40.31	1:26.92 (46.61)	2:12.31 (45.39)	2:56.52 (44.21)
2 Soren Mikkelsen	31	Bristol Pen-	2:58.02	3:03.84
	41.00	1:27.60 (46.60)	2:15.93 (48.33)	3:03.84 (47.91)

**Event 31 Men 35-39 200 LC Meter Breaststroke**

1 David Blakemore	38	Cally Mast-	3:22.80	3:28.52
	46.97	1:39.72 (52.75)	2:34.96 (55.24)	3:28.52 (53.56)

**Event 31 Men 40-44 200 LC Meter Breaststroke**

1 Christopher Jones	41	Co Cardiff-	2:17.23	2:28.57
	32.94	1:10.23 (37.29)	1:48.54 (38.31)	2:28.57 (40.03)
2 Christopher Hanmer	43	Chirk-	3:33.05	3:38.68
	48.57	1:45.13 (56.56)	2:44.68 (59.55)	3:38.68 (54.00)

**Event 31 Men 45-49 200 LC Meter Breaststroke**

1 Martin Butler	49	C Dolphins-	3:05.00	3:36.28
	46.30	1:41.20 (54.90)	2:39.23 (58.03)	3:36.28 (57.05)

**Event 31 Men 60-64 200 LC Meter Breaststroke**

1 David Milburn	60	Newbury-	2:48.59	2:48.19
	36.27	1:18.82 (42.55)	2:48.19 (1:29.37)	
2 David Bryant	61	Woking-	2:54.61	2:56.66
	40.70	1:26.14 (45.44)	2:11.87 (45.73)	2:56.66 (44.79)
3 Mark Jones	62	Warrington M-	3:12.35	3:17.46
	44.83	1:35.97 (51.14)	2:27.68 (51.71)	3:17.46 (49.78)
4 Ian Yates	60	Bridgend SC-	3:16.00	3:26.08
	43.42	1:33.30 (49.88)	2:28.99 (55.69)	3:26.08 (57.09)
5 Stevan Eggleton	62	Camphill Ed-	3:45.00	3:33.08
	48.11	1:42.77 (54.66)	2:39.21 (56.44)	3:33.08 (53.87)

**Event 31 Men 65-69 200 LC Meter Breaststroke**

1 Thomas Morrow	66	Gloucester M-	3:11.80	3:10.96
	43.25	1:32.09 (48.84)	2:21.53 (49.44)	3:10.96 (49.43)

**Event 31 Men 70-74 200 LC Meter Breaststroke**

1 Stuart McLellan	73	Hadleigh-	3:58.00	3:50.55
	51.90	1:51.17 (59.27)	2:50.71 (59.54)	3:50.55 (59.84)

**Event 31 Men 80-84 200 LC Meter Breaststroke**

1 Dudley Lloyd-Evans	80	Poole-	4:30.00	4:24.66
	1:00.47	2:08.86 (1:08.39)	3:18.17 (1:09.31)	4:24.66 (1:06.49)
2 Paul Clarke	80	Beaver Mast-	4:48.00	4:46.87
	1:02.38	2:18.18 (1:15.80)	3:34.21 (1:16.03)	4:46.87 (1:12.66)

**Event 32 Women 18-24 200 LC Meter Breaststroke**

1 Harriet Pugh	21	Wycombe Dist-	3:04.02	3:00.81
	40.27	1:25.66 (45.39)	2:12.92 (47.26)	3:00.81 (47.89)
2 Rhian Jones	22	Cardiff Mast-	3:03.31	3:09.38
	42.95	1:31.02 (48.07)	2:20.41 (49.39)	3:09.38 (48.97)

**Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022****Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****Event 32 Women 25-29 200 LC Meter Breaststroke**

1	Megan McDonagh	29	Otter-	3:01.71	2:57.10
	39.32	1:23.65 (44.33)	2:10.29 (46.64)	2:57.10 (46.81)	

**Event 32 Women 30-34 200 LC Meter Breaststroke**

1	Ana Iglesias Romero	34	Co Cambridge-	2:59.91	3:07.86
	43.75	1:31.67 (47.92)	2:19.40 (47.73)	3:07.86 (48.46)	
2	Hannawell Storey	34	Hinckley-	3:35.74	3:29.64
	45.93	1:39.86 (53.93)	2:35.38 (55.52)	3:29.64 (54.26)	

**Event 32 Women 35-39 200 LC Meter Breaststroke**

1	Jennie Clarke	37	Woking-	3:12.35	3:06.96
	42.41	1:29.61 (47.20)	2:18.53 (48.92)	3:06.96 (48.43)	

**Event 32 Women 40-44 200 LC Meter Breaststroke**

1	Jordanna Roberts	40	Swansea Mast-	3:10.08	3:15.79
	43.66	1:34.20 (50.54)	2:27.16 (52.96)	3:15.79 (48.63)	

**Event 32 Women 45-49 200 LC Meter Breaststroke**

1	Joanna Powell	49	Bridgend SC-	3:20.28	3:30.17
	46.11	1:38.36 (52.25)	2:33.85 (55.49)	3:30.17 (56.32)	
2	Maida Shivik	48	Camden Swiss-	3:40.00	3:45.01
	52.47	1:50.35 (57.88)	2:48.73 (58.38)	3:45.01 (56.28)	

**Event 32 Women 50-54 200 LC Meter Breaststroke**

1	Helen Gorman	50	Co Cardiff-	2:46.20	2:48.36
	37.88	1:22.18 (44.30)	2:05.01 (42.83)	2:48.36 (43.35)	
2	Claudine Day	51	Redhill & R-	4:11.30	4:00.59
	55.47	1:59.03 (1:03.56)	2:59.91 (1:00.88)	4:00.59 (1:00.68)	

**Event 32 Women 55-59 200 LC Meter Breaststroke**

1	Joanna Collins	56	Welshpool-	3:13.15	3:12.09
	41.16	1:30.41 (49.25)	2:21.84 (51.43)	3:12.09 (50.25)	
2	Joanne Seymour	57	Gloucester M-	3:10.50	3:13.66
	42.72	1:32.02 (49.30)	2:23.53 (51.51)	3:13.66 (50.13)	
3	Lynda Coggins	58	Woking-	3:15.00	3:20.04
	45.71	1:36.69 (50.98)	2:29.34 (52.65)	3:20.04 (50.70)	
4	Wendy Figures	57	Co Sheffield-	3:30.29	3:38.00
	49.31	1:44.81 (55.50)	2:41.80 (56.99)	3:38.00 (56.20)	
5	Anne Raymond	59	Croydon Amph-	3:41.63	3:44.98
	52.26	1:49.97 (57.71)	2:48.63 (58.66)	3:44.98 (56.35)	

**Event 32 Women 60-64 200 LC Meter Breaststroke**

1	Judith Pearson	62	Carlisle Aq-	3:12.31	3:15.43
	45.93	1:35.70 (49.77)	2:25.34 (49.64)	3:15.43 (50.09)	
2	Frances Baker	62	Carrick Mas-	3:56.23	3:57.43
	55.03	1:55.99 (1:00.96)	2:56.94 (1:00.95)	3:57.43 (1:00.49)	

**Event 32 Women 65-69 200 LC Meter Breaststroke**

1	Amanda Heath	65	Spencer-	3:19.50	3:15.56
	45.11	1:35.20 (50.09)	2:25.30 (50.10)	3:15.56 (50.26)	

**Event 32 Women 70-74 200 LC Meter Breaststroke**

1	Sally Lelean	71	Diss Otters-	4:39.00	4:33.04
	1:04.02	2:13.76 (1:09.74)	3:24.99 (1:11.23)	4:33.04 (1:08.05)	

**Event 32 Women 75-79 200 LC Meter Breaststroke**

1	Marilyn Dinsdale	76	Heads Valley-	5:16.60	5:28.44
	1:12.40	2:36.88 (1:24.48)	4:05.49 (1:28.61)	5:28.44 (1:22.95)	

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1	Muriel Hitchcock	84	Spencer-	5:15.00	5:05.74
	1:11.66	2:28.93	(1:17.27)	3:48.04	(1:19.11)
				5:05.74	(1:17.70)

**Event 33 Men 18-24 100 LC Meter Butterfly**

1	Sam Crew	20	Swansea Uni-	59.32	59.86
	26.48	59.86	(33.38)		
2	Dafydd Price	22	Cardiff Mast-	1:01.36	1:02.43
	29.00	1:02.43	(33.43)		

**Event 33 Men 25-29 100 LC Meter Butterfly**

1	Matthew Fairless	26	C Dolphins-	1:05.00	1:00.79
	28.20	1:00.79	(32.59)		
2	Matthew James	29	Birmingham M-	1:02.00	1:02.31
	28.68	1:02.31	(33.63)		
3	Liam Herbert	29	Birmingham M-	1:02.81	1:03.81
	28.47	1:03.81	(35.34)		
4	Ross Hosking	26	Cardiff Mast-	1:05.00	1:03.83
	29.49	1:03.83	(34.34)		
5	Callum Morris	27	Cardiff Mast-	1:10.65	1:12.37
	32.85	1:12.37	(39.52)		
6	Adam Davidson	28	Birmingham M-	1:15.00	1:14.59
	33.62	1:14.59	(40.97)		

**Event 33 Men 30-34 100 LC Meter Butterfly**

1	Gareth Allen	30	East Leeds-	1:00.93	1:01.33
	28.22	1:01.33	(33.11)		
2	Karsten Bach	32	Co Cambridge-	1:02.60	1:05.60
	29.92	1:05.60	(35.68)		

**Event 33 Men 35-39 100 LC Meter Butterfly**

1	Paul Wilkes	38	Birmingham M-	58.58	58.75
	27.54	58.75	(31.21)		
2	Steven Millican	37	Trafford Met-	1:04.00	1:03.29
	29.06	1:03.29	(34.23)		
3	David Blakemore	38	Cally Mast-	1:35.89	1:40.51
	42.48	1:40.51	(58.03)		

**Event 33 Men 40-44 100 LC Meter Butterfly**

1	Christopher Malpass	43	Trafford Met-	1:05.00	1:05.87
	30.55	1:05.87	(35.32)		
2	Tomasz Rybak	42	Wantage-	1:08.19	1:09.75
	32.77	1:09.75	(36.98)		
---	Marco Menegazzi	42	Asa Temp 2-	1:05.00	DQ
	31.93	DQ	(45.20)		

**Event 33 Men 50-54 100 LC Meter Butterfly**

1	Jamie McHale	50	Co Sheffield-	1:10.50	1:06.46
	30.77	1:06.46	(35.69)		
2	Sean McQuaid	54	Barnet Copt-	1:13.00	1:15.57
	33.72	1:15.57	(41.85)		
3	Stuart Colston	51	C Dolphins-	1:20.00	1:19.12
	35.17	1:19.12	(43.95)		

**Event 33 Men 55-59 100 LC Meter Butterfly**

1	Jonathan Saunders	56	Co Sheffield-	1:15.00	1:14.74
	34.82	1:14.74	(39.92)		

**Event 33 Men 60-64 100 LC Meter Butterfly**

1	Mark Jones	62	Warrington M-	1:25.37	1:28.60
	41.55	1:28.60	(47.05)		

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2	Adam Lelean	60	Diss Otters-	1:29.08	1:32.85
	42.87		1:32.85 (49.98)		

**Event 33 Men 65-69 100 LC Meter Butterfly**

1	Vladimir Sveds	66	Cardiff Mast-	1:39.60	1:43.51
	46.06		1:43.51 (57.45)		

**Event 34 Women 18-24 100 LC Meter Butterfly**

1	Gemma Owen	22	Bristol Nor-	1:15.49	1:22.60
	36.91		1:22.60 (45.69)		

**Event 34 Women 25-29 100 LC Meter Butterfly**

1	Isabella Centeleghe	26	Cardiff Mast-	1:06.00	1:04.55
	29.45		1:04.55 (35.10)		
2	Rebecca Reid	26	Bristol Nor-	1:25.00	1:26.67
	37.19		1:26.67 (49.48)		

**Event 34 Women 45-49 100 LC Meter Butterfly**

1	Jessica Wooddisse	47	Stroud Mast-	1:15.06	1:15.06
	35.35		1:15.06 (39.71)		

**Event 34 Women 50-54 100 LC Meter Butterfly**

1	Nicola Latty	51	Holywell-	1:16.48	1:13.05
	34.59		1:13.05 (38.46)		
2	Jeanne Petit	52	Leic Peng-	1:17.49	1:16.02
	35.67		1:16.02 (40.35)		
3	Karen Howells	51	Cardiff Mast-	1:28.11	1:35.21
	40.61		1:35.21 (54.60)		

**Event 34 Women 60-64 100 LC Meter Butterfly**

1	Judith Pearson	62	Carlisle Aq-	1:15.57	1:14.75
	35.35		1:14.75 (39.40)		
2	Micaela Morris	61	Gloucester M-	1:39.60	1:39.55
	43.46		1:39.55 (56.09)		

**Event 34 Women 65-69 100 LC Meter Butterfly**

1	Lorraine Crook	68	Caldicot-	2:30.00	2:40.67
	1:12.24		2:40.67 (1:28.43)		

**Event 35 Men 18-24 50 LC Meter Freestyle**

1	Kjetil Rehm	23	Bristol Nor-	25.53	26.02
2	Samuel McKelvie-Warsop	23	Bristol Nor-	30.12	26.88
3	Martin Schofield	23	East Leeds-	26.71	26.95
4	Louis Batten	22	Atlantis-	27.19	27.79
5	Nathan Goodridge	23	Dove Valley-	27.99	28.12

**Event 35 Men 25-29 50 LC Meter Freestyle**

1	Connor Brunt	28	Guildford Ct-	23.58	25.42
2	Ross Hosking	26	Cardiff Mast-	27.00	26.98
3	Adam Davidson	28	Birmingham M-	26.13	27.06
4	Callum Morris	27	Cardiff Mast-	26.07	27.12
5	Michael Rees	29	Cardiff Mast-	27.50	27.24
6	Joseph Ainsworth	28	C Dolphins-	29.00	27.94
7	Joseph Tucker	27	Swansea Mast-	28.50	28.73
8	Matthew Dickinson	26	Swansea Mast-	27.98	28.75
9	Rhodri Evans	27	Cardiff Mast-	31.00	30.75

**Event 35 Men 30-34 50 LC Meter Freestyle**

1	Oliver Harris	32	Cardiff Mast-	23.78	24.59
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**Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022****Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****(Event 35 Men 30-34 50 LC Meter Freestyle)**

2	Jack Thomas	31	Cardiff Mast-	26.00	26.60
3	Gareth Allen	30	East Leeds-	26.90	27.28
4	Karsten Bach	32	Co Cambridge-	27.78	27.66
5	Eamon Sharkh	30	Guildford Ct-	28.20	28.05
6	Mark Williams	33	Swansea Mast-	27.05	28.16
7	Christopher Street	33	Bristol Nor-	27.99	28.52
8	Arran Bluck	30	Bridgend SC-	29.00	29.13

**Event 35 Men 40-44 50 LC Meter Freestyle**

1	James Barwick	40	East Leeds-	26.00	27.15
2	Marco Menegazzi	42	Asa Temp 2-	28.00	29.65
3	Barnaby Rudd	44	Guildford Ct-	31.66	31.83

**Event 35 Men 45-49 50 LC Meter Freestyle**

1	Martin Butler	49	C Dolphins-	28.50	30.11
2	Jonathan Leech	46	Co Sheffield-	30.00	33.06
3	Rupert Hough	49	Dove Valley-	31.64	33.07

**Event 35 Men 50-54 50 LC Meter Freestyle**

1	Sean McQuaid	54	Barnet Copt-	28.50	27.67
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**Event 35 Men 55-59 50 LC Meter Freestyle**

1	Michael Hodgson	55	Woking-	25.75	25.76
2	Julian Swain	56	Maidenhead-	26.66	26.95
3	Russell Crew	55	Guildford Ct-	28.51	29.06
4	Glen Isaacs	57	MwayMaritime-	28.95	29.98
5	Mark Partridge	59	Stroud Mast-	30.00	30.82
6	Frank Morris	55	A.N.T. SC-	37.09	33.37
7	Jeff Thomas	56	Bridgend SC-	35.00	33.54

**Event 35 Men 60-64 50 LC Meter Freestyle**

1	Alec Johnson	60	Trafford Met-	27.23	27.61
2	Ralph Pinel	60	Bo Newham-	27.51	28.43
3	Colin Stephenson	64	Gloucester M-	29.22	28.60
4	David Bryant	61	Woking-	28.94	28.70
5	Adrian Morris	60	Cardiff Mast-	29.44	29.91
6	Paul Cartwright	61	Camden Swiss-	31.00	30.94
7	Adam Lelean	60	Diss Otters-	32.00	32.60
8	Ian Yates	60	Bridgend SC-	31.00	33.93
9	Dale Lewis	64	Cardiff Mast-	36.84	37.03

**Event 35 Men 65-69 50 LC Meter Freestyle**

1	Ian Woollard	68	Barnet Copt-	33.90	32.69
2	Godfrey Admans	68	Spencer-	33.97	33.67

**Event 35 Men 70-74 50 LC Meter Freestyle**

1	Terence Mansi	73	Hadleigh-	36.50	36.61
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**Event 35 Men 75-79 50 LC Meter Freestyle**

1	Chris Dunn	76	Hatfield-	31.00	30.76
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**Event 35 Men 80-84 50 LC Meter Freestyle**

1	Tim Pearce	83	Mid Sussex-	45.00	42.48
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**Event 36 Women 18-24 50 LC Meter Freestyle**

1	Amelia Tucker	19	Swansea Mast-	28.68	29.18
2	Nadine James	24	Cardiff Mast-	28.23	29.26
3	Lois Davies	19	Cardiff Mast-	30.14	30.19
4	Laura Shinton	18	Welshpool-	29.43	30.46

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5	Anya Thomas	20	Co Cardiff-	29.50	30.78
6	Alice Reeves-Turner	24	Woking-	30.98	30.85
7	Chloe Lewis	22	Bristol Nor-	32.00	32.29
8	Rhian Jones	22	Cardiff Mast-	32.83	32.58
9	Gemma Spencer	20	Woking-	32.00	32.63
10	Gemma Owen	22	Bristol Nor-	30.64	32.81
11	Alycia Clarke	21	Hinckley-	34.86	33.76

**Event 36 Women 25-29 50 LC Meter Freestyle**

1	Danielle Stirrat	29	Cardiff Mast-	28.50	27.83
2	Louisa Zolkiewski	29	Oxford Uni-	27.65	28.33
3	Isabella Centeleghe	26	Cardiff Mast-	28.00	28.91
4	Hannah Palfrey	29	Cardiff Mast-	29.65	29.09
5	Megan McDonagh	29	Otter-	30.10	29.82
6	Emily Whiting	25	Bristol Nor-	31.74	31.76

**Event 36 Women 30-34 50 LC Meter Freestyle**

1	Holly Booth	31	Trafford Met-	28.90	28.16
2	Megan Pardoe	33	Bristol Nor-	30.71	30.34
3	Hannah Angell	32	Woking-	31.17	30.62
4	Alice Eaton	30	Bristol Nor-	34.73	34.18
5	Carrie Power	34	British Army-	34.82	34.66

**Event 36 Women 35-39 50 LC Meter Freestyle**

1	Lauren Willcox	36	Saxon Crown-	29.00	29.53
2	Laura Cranshaw	35	Birmingham M-	29.22	30.40

**Event 36 Women 40-44 50 LC Meter Freestyle**

1	Emma Wills	43	York City-	29.50	29.19
2	Lisa Dawson	44	Barnet Copt-	30.98	32.09
3	Emma Harvey	41	A.N.T. SC-	32.17	33.35

**Event 36 Women 45-49 50 LC Meter Freestyle**

1	Michelle Ware	49	Woking-	27.79	28.58
2	Joanna Powell	49	Bridgend SC-	33.00	32.48
3	Melissa Spears	49	Barnet Copt-	36.00	36.48

**Event 36 Women 50-54 50 LC Meter Freestyle**

1	Helen Gorman	50	Co Cardiff-	29.50	29.87
2	Karen Howells	51	Cardiff Mast-	33.29	34.46
3	Emma France	54	Guildford Ct-	46.59	43.89
4	Claudine Day	51	Redhill & R-	49.63	43.98

**Event 36 Women 55-59 50 LC Meter Freestyle**

1	Joanna Collins	56	Welshpool-	33.20	31.34
2	Joanne Seymour	57	Gloucester M-	32.10	31.48
3	Suzanne Maidment	56	Spencer-	35.69	37.22
4	Ceri Thomas	57	Bridgend SC-	38.80	38.68
5	Elaine Harrison	59	Cardiff Mast-	44.54	44.39

**Event 36 Women 60-64 50 LC Meter Freestyle**

1	Martine Hall	64	S Bournem'th-	35.94	36.46
2	Micaela Morris	61	Gloucester M-	36.32	36.71
3	Frances Wilson	64	Croydon Amph-	45.00	44.22
4	Delia Keen	61	Carm Masters-	55.51	53.93

**Event 36 Women 65-69 50 LC Meter Freestyle**

1	Amanda Heath	65	Spencer-	35.06	34.64
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2	Jayne Stephenson	68	Gloucester M-	36.36	35.61
3	Julia Buchanan	65	Caldicot-	40.00	37.59
4	Marianne Davey	69	Redhill & R-	42.78	44.17
5	Lorraine Crook	68	Caldicot-	1:02.29	1:06.57

**Event 36 Women 70-74 50 LC Meter Freestyle**

1	Alison Gwynn	74	Mid Sussex-	39.59	38.42
2	Alison Varley	70	Cardiff Mast-	48.05	52.00

**Event 36 Women 80-84 50 LC Meter Freestyle**

1	Muriel Hitchcock	84	Spencer-	58.00	59.47
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**Event 37 Mixed 72-99 200 LC Meter Freestyle Relay**

1	Bristol Nor	A	NT	2:03.10
	1) Kjetil Rehm M23	2) Alice Eaton W30	3) Chloe Lewis W22	4) Samuel McKelvie-Warsop M23
	26.98	1:02.19 (35.21)	1:35.30 (33.11)	2:03.10 (27.80)

**Event 37 Mixed 120-159 200 LC Meter Freestyle Relay**

1	Cardiff Mast	A	NT	1:52.03
	28.20	1:02.04 (33.84)	1:28.07 (26.03)	1:52.03 (23.96)
2	Swansea Mast	A	NT	1:53.81
	1) Mark Williams M33	2) Hannah Griffiths W28	3) David Hanbury M29	4) Hannah Munday W31
	27.60	58.83 (31.23)	1:24.51 (25.68)	1:53.81 (29.30)
3	Camden Swiss	A	NT	2:09.50
	1) Paul Cartwright M61	2) Zorika Adams W52	3) Maida Shivik W48	4) Phillip Albright M52
	30.83	1:07.14 (36.31)	1:40.36 (33.22)	2:09.50 (29.14)
4	Cardiff Mast	C	NT	2:46.42
	45.98	1:35.69 (49.71)	2:10.00 (34.31)	2:46.42 (36.42)
---	Cardiff Mast	B	NT	DQ
	34.40	1:16.19 (41.79)	DQ (56.27)	

**Event 37 Mixed 160-199 200 LC Meter Freestyle Relay**

1	Swansea Mast	B	NT	2:06.69
	1) Ned Gill M42	2) Jordanna Roberts W40	3) Bethan Raby W49	4) Stephen Croall M50
	30.25	1:02.25 (32.00)	1:38.08 (35.83)	2:06.69 (28.61)

**Event 37 Mixed 200-239 200 LC Meter Freestyle Relay**

1	Woking	A	NT	1:52.50
	1) Michael Hodgson M55	2) Jennie Clarke W37	3) Michelle Ware W49	4) David Bryant M61
	26.07	56.38 (30.31)	1:24.79 (28.41)	1:52.50 (27.71)
2	Co Sheffield	A	NT	2:15.58
	1) Jonathan Saunders M56	2) Wendy Figures W57	3) Jamie McHale M50	4) Catherine Hartle W64
	28.94	1:09.31 (40.37)	1:37.66 (28.35)	2:15.58 (37.92)

**Event 37 Mixed 280-319 200 LC Meter Freestyle Relay**

1	Spencer	A	NT	2:40.58
	1) Godfrey Admans M68	2) Peter Stephens M75	3) Susan Lauder W79	4) Amanda Heath W65
	31.18	1:10.02 (38.84)	2:03.67 (53.65)	2:40.58 (36.91)

**Event 37 Mixed 320-359 200 LC Meter Freestyle Relay**

1	Mid Sussex	A	NT	2:47.30
	1) Anthony Gimson M85	2) Jennifer Dean W79	3) Tim Pearce M83	4) Alison Gwynn W74
	41.72	1:28.20 (46.48)	2:10.26 (42.06)	2:47.30 (37.04)