

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 1 Men 18-24 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Thomas Beamer	20	Swansea Uni-	4:00.37	4:10.64
27.75	58.94 (31.19)	1:31.02 (32.08)	2:03.47 (32.45)	
2:35.14 (31.67)	3:07.35 (32.21)	3:39.61 (32.26)	4:10.64 (31.03)	
2 Dafydd Price	22	Cardiff Mast-	4:26.66	4:41.86
29.60	1:03.39 (33.79)	1:39.31 (35.92)	2:14.79 (35.48)	
2:50.74 (35.95)	3:28.06 (37.32)	4:05.21 (37.15)	4:41.86 (36.65)	
3 Samuel McKelvie-Warsop	23	Bristol Nor-	4:55.21	4:48.81
30.47	1:05.13 (34.66)	1:41.46 (36.33)	2:17.73 (36.27)	
2:55.46 (37.73)	3:33.53 (38.07)	4:12.57 (39.04)	4:48.81 (36.24)	
4 Josh Hooper	24	Bristol Nor-	4:48.36	4:50.32
31.12	1:06.58 (35.46)	1:43.36 (36.78)	2:21.43 (38.07)	
2:59.75 (38.32)	3:38.40 (38.65)	4:16.22 (37.82)	4:50.32 (34.10)	

Event 1 Men 25-29 400 LC Meter Freestyle

1 Matthew James	29	Birmingham M-	4:20.00	4:27.28
29.18	1:02.25 (33.07)	1:36.37 (34.12)	2:10.66 (34.29)	
2:45.15 (34.49)	3:19.65 (34.50)	3:54.14 (34.49)	4:27.28 (33.14)	
2 Ross Hosking	26	Cardiff Mast-	4:30.00	4:32.80
30.02	1:03.78 (33.76)	1:37.99 (34.21)	2:13.23 (35.24)	
2:47.68 (34.45)	3:23.05 (35.37)	3:57.51 (34.46)	4:32.80 (35.29)	

Event 1 Men 30-34 400 LC Meter Freestyle

1 Michael Tansini	31	Co Cambridge-	4:28.66	4:34.67
30.43	1:04.37 (33.94)	1:39.15 (34.78)	2:14.38 (35.23)	
2:49.71 (35.33)	3:25.39 (35.68)	4:00.51 (35.12)	4:34.67 (34.16)	
2 Andrew Benson	33	Out To Swim-	4:50.23	4:49.11
30.87	1:06.15 (35.28)	1:42.95 (36.80)	2:20.45 (37.50)	
2:58.30 (37.85)	3:36.20 (37.90)	4:14.16 (37.96)	4:49.11 (34.95)	
3 Adam Warner	32	Barnet Copt-	4:34.20	5:00.73
31.60	1:07.49 (35.89)	1:44.69 (37.20)	2:22.85 (38.16)	
3:00.61 (37.76)	3:40.34 (39.73)	4:20.37 (40.03)	5:00.73 (40.36)	
4 Arran Bluck	30	Bridgend SC-	5:08.00	5:22.04
35.55	1:14.63 (39.08)	1:55.64 (41.01)	2:37.34 (41.70)	
3:18.67 (41.33)	4:01.21 (42.54)	4:43.30 (42.09)	5:22.04 (38.74)	
5 Andrew Mason	30	Cardiff Mast-	6:00.00	5:37.76
34.40	1:13.79 (39.39)	1:56.73 (42.94)	2:40.43 (43.70)	
3:24.56 (44.13)	4:09.26 (44.70)	4:54.01 (44.75)	5:37.76 (43.75)	

Event 1 Men 40-44 400 LC Meter Freestyle

1 Christopher Hanmer	43	Chirk-	6:15.00	6:12.09
40.00	1:25.53 (45.53)	2:14.34 (48.81)	3:02.01 (47.67)	
3:50.60 (48.59)		5:26.84 ()	6:12.09 (45.25)	

Event 1 Men 45-49 400 LC Meter Freestyle

1 Andrew Martin	47	Cardiff Mast-	4:52.00	4:53.84
32.03		1:44.05 ()	2:21.45 (37.40)	
2:58.91 (37.46)	3:37.48 (38.57)	4:16.18 (38.70)	4:53.84 (37.66)	

Event 1 Men 50-54 400 LC Meter Freestyle

1 Peter Dixon	54	Bo Newham-	4:30.61	4:42.45
31.12	1:05.17 (34.05)	1:40.92 (35.75)	2:16.94 (36.02)	
2:53.61 (36.67)	3:30.29 (36.68)	4:07.30 (37.01)	4:42.45 (35.15)	
2 Paul Hatton	53	Caradon-	5:00.00	5:05.10
34.64	1:12.01 (37.37)	1:50.49 (38.48)	2:29.53 (39.04)	
3:08.16 (38.63)	3:47.49 (39.33)	4:26.40 (38.91)	5:05.10 (38.70)	
3 Sean McQuaid	54	Barnet Copt-	5:15.00	5:09.11
36.00	1:15.99 (39.99)	1:55.69 (39.70)		
3:15.14 ()	3:54.44 (39.30)	4:32.54 (38.10)	5:09.11 (36.57)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 1 Men 50-54 400 LC Meter Freestyle)**

4 Phillip Albright	52 Camden Swiss-	4:58.00	5:19.55
33.82	1:11.28 (37.46)	1:50.98 (39.70)	2:31.53 (40.55)
3:13.35 (41.82)	3:55.48 (42.13)	4:38.38 (42.90)	5:19.55 (41.17)
5 Stephen Croall	50 Swansea Mast-	5:18.00	5:20.67
33.46	1:12.80 (39.34)	1:54.04 (41.24)	2:35.78 (41.74)
	4:00.18 ()	4:42.34 (42.16)	5:20.67 (38.33)
6 Chris Adams	50 Bridgend SC-	7:30.00	7:36.01
47.28	1:43.32 (56.04)	2:39.69 (56.37)	
4:38.62 ()	5:39.00 (1:00.38)	6:37.67 (58.67)	7:36.01 (58.34)

Event 1 Men 55-59 400 LC Meter Freestyle

1 Mark Reynolds	59 Barnet Copt-	4:50.00	4:49.62
33.12	1:09.76 (36.64)	1:47.24 (37.48)	2:24.80 (37.56)
3:02.34 (37.54)	3:39.30 (36.96)	4:15.15 (35.85)	4:49.62 (34.47)
2 Colin Robbins	58 NottmLeander-	5:28.25	5:39.22
36.70	1:17.72 (41.02)	2:00.46 (42.74)	2:43.93 (43.47)
3:27.54 (43.61)	4:12.42 (44.88)	4:56.87 (44.45)	5:39.22 (42.35)
3 Martin Bradford	55 Out To Swim-	5:45.37	5:46.07
38.56	1:21.92 (43.36)	2:05.89 (43.97)	2:49.94 (44.05)
3:34.39 (44.45)	4:18.45 (44.06)	5:02.72 (44.27)	5:46.07 (43.35)

Event 1 Men 60-64 400 LC Meter Freestyle

1 Ralph Pinel	60 Bo Newham-	4:55.30	5:07.25
34.28	1:11.09 (36.81)	1:49.19 (38.10)	2:28.85 (39.66)
3:07.95 (39.10)	3:47.87 (39.92)	4:27.89 (40.02)	5:07.25 (39.36)
2 Boyd Freeman	60 Aer Lingus Masters-	5:30.00	5:11.49
35.73	1:15.67 (39.94)	1:55.86 (40.19)	2:36.32 (40.46)
3:16.20 (39.88)	3:55.52 (39.32)	4:34.05 (38.53)	5:11.49 (37.44)
3 Mark Jones	62 Warrington M-	5:05.86	5:11.61
36.14	1:14.89 (38.75)	1:54.99 (40.10)	2:34.96 (39.97)
3:14.61 (39.65)	3:54.10 (39.49)	4:33.61 (39.51)	5:11.61 (38.00)
4 Jonathan Hopkins	62 Cardiff Mast-	5:22.50	5:16.88
35.05	1:14.47 (39.42)	1:54.70 (40.23)	2:34.78 (40.08)
3:15.53 (40.75)		4:37.03 ()	5:16.88 (39.85)
5 Gordon Coutts	62 Totnes-	5:20.00	5:19.47
36.14	1:14.80 (38.66)	1:54.99 (40.19)	2:35.78 (40.79)
3:17.36 (41.58)	3:58.50 (41.14)	4:40.18 (41.68)	5:19.47 (39.29)
6 Paul Tallentire	60 Carlisle Aq-	5:20.46	5:27.42
36.73	1:17.12 (40.39)	1:58.55 (41.43)	
3:22.26 ()	4:04.80 (42.54)	4:46.94 (42.14)	5:27.42 (40.48)
7 Adam Lelean	60 Diss Otters-	5:30.00	5:29.57
36.46		2:00.44 ()	
		4:49.37 ()	5:29.57 (40.20)
8 Ian Yates	60 Bridgend SC-	5:45.00	6:01.83
39.31	1:22.66 (43.35)	2:08.27 (45.61)	2:54.20 (45.93)
3:42.43 (48.23)	4:29.67 (47.24)	5:17.35 (47.68)	6:01.83 (44.48)
9 Patrick Allen	60 Guildford Ct-	6:15.00	6:04.78
41.60	1:28.01 (46.41)	2:14.87 (46.86)	3:01.24 (46.37)
3:48.00 (46.76)	4:34.35 (46.35)	5:20.43 (46.08)	6:04.78 (44.35)
10 Euryn Williams	60 Asa Temp 2-	6:30.00	6:15.13
40.85	1:26.24 (45.39)	2:14.50 (48.26)	3:03.71 (49.21)
3:52.32 (48.61)	4:41.42 (49.10)	5:29.71 (48.29)	6:15.13 (45.42)
11 Michael Battersby	64 Cardiff Mast-	6:11.32	6:18.25
38.20	1:24.71 (46.51)	2:14.23 (49.52)	3:04.04 (49.81)
3:53.65 (49.61)	4:43.34 (49.69)	5:31.69 (48.35)	6:18.25 (46.56)
12 Stuart McGurk	61 Kendal-	6:57.40	6:57.47
45.78	1:37.83 (52.05)	2:30.42 (52.59)	3:25.38 (54.96)
4:19.00 (53.62)		6:06.85 ()	6:57.47 (50.62)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 1 Men 65-69 400 LC Meter Freestyle**

1	Christopher Goulden	65	Cardiff Mast-	5:39.10	5:31.34
			2:43.43 ()		
			4:07.61 ()	4:49.87 (42.26)	5:31.34 (41.47)
2	Trevor Clark	68	Kenilworth M-	5:45.00	5:45.18
	37.70	1:20.53 (42.83)	2:04.31 (43.78)	2:48.87 (44.56)	
	3:33.00 (44.13)	4:17.67 (44.67)	5:01.93 (44.26)	5:45.18 (43.25)	
3	Robert Steel	65	NottmLeander-	6:01.87	5:54.16
	38.58	1:22.39 (43.81)	2:08.51 (46.12)	2:54.34 (45.83)	
	3:40.24 (45.90)	4:25.51 (45.27)	5:11.06 (45.55)	5:54.16 (43.10)	
4	Nick Minns	69	St Felix Sch-	6:08.49	6:06.33
	41.89	1:27.67 (45.78)	2:14.68 (47.01)	3:00.98 (46.30)	
	3:47.66 (46.68)	4:33.91 (46.25)	5:20.55 (46.64)	6:06.33 (45.78)	
5	David Granger	66	Evesham-	5:47.69	6:22.33
	42.81	1:30.42 (47.61)	2:18.94 (48.52)	3:07.57 (48.63)	
	3:57.02 (49.45)	4:46.92 (49.90)	5:36.86 (49.94)	6:22.33 (45.47)	

Event 1 Men 70-74 400 LC Meter Freestyle

1	Stuart McLellan	73	Hadleigh-	6:30.00	6:20.53
	43.13	1:30.41 (47.28)	2:20.06 (49.65)	3:09.49 (49.43)	
	3:58.99 (49.50)	4:47.42 (48.43)	6:20.53 (1:33.11)	6:20.53 ()	
2	Terence Mansi	73	Hadleigh-	7:15.00	7:01.94
	46.16		2:33.02 ()	3:28.65 (55.63)	
		5:17.21 ()	7:01.94 (1:44.73)		

Event 1 Men 75-79 400 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	5:20.00	5:32.59
	37.70	1:19.35 (41.65)	2:00.73 (41.38)	2:43.45 (42.72)	
	3:25.85 (42.40)	4:09.20 (43.35)	4:51.92 (42.72)	5:32.59 (40.67)	
2	Peter Stephens	75	Spencer-	6:44.13	6:46.32
	45.72	1:35.69 (49.97)	2:29.86 (54.17)	3:22.49 (52.63)	
	4:14.83 (52.34)	5:05.99 (51.16)	5:58.55 (52.56)	6:46.32 (47.77)	

Event 1 Men 80-84 400 LC Meter Freestyle

1	Paul Clarke	80	Beaver Mast-	8:49.00	9:04.99
	58.10	2:06.43 (1:08.33)	3:16.71 (1:10.28)	4:28.28 (1:11.57)	
	5:39.73 (1:11.45)	6:50.85 (1:11.12)	8:00.30 (1:09.45)	9:04.99 (1:04.69)	

Event 2 Women 18-24 400 LC Meter Freestyle

1	Lois Davies	19	Cardiff Mast-	4:56.54	5:04.03
	32.82		1:47.98 ()		
	3:06.11 ()		4:25.27 ()	5:04.03 (38.76)	
2	Elke Morgan	23	Exeter City-	5:30.00	5:53.15
	37.62	1:21.06 (43.44)	2:06.09 (45.03)	2:52.62 (46.53)	
	3:39.05 (46.43)	4:26.08 (47.03)	5:10.17 (44.09)	5:53.15 (42.98)	

Event 2 Women 25-29 400 LC Meter Freestyle

1	Hannah Griffiths	28	Swansea Mast-	5:20.00	5:36.72
	34.28	1:13.26 (38.98)	1:54.71 (41.45)	2:38.66 (43.95)	
		4:07.80 ()	4:53.11 (45.31)	5:36.72 (43.61)	

Event 2 Women 30-34 400 LC Meter Freestyle

1	Rebecca O'Brien	33	Wycombe Dist-	5:25.02	4:43.98
	32.16	1:07.45 (35.29)	1:43.54 (36.09)	2:20.03 (36.49)	
	2:56.16 (36.13)	3:32.48 (36.32)	4:08.66 (36.18)	4:43.98 (35.32)	
2	Hannah Munday	31	Swansea Mast-	4:36.61	4:44.73
	31.92	1:07.02 (35.10)	1:43.16 (36.14)	2:19.62 (36.46)	
	2:56.13 (36.51)	3:32.58 (36.45)	4:09.32 (36.74)	4:44.73 (35.41)	
3	Hannah Angell	32	Woking-	4:56.55	4:54.16
	32.98	1:09.07 (36.09)	1:45.74 (36.67)	2:23.00 (37.26)	
	3:00.77 (37.77)	3:38.68 (37.91)	4:16.89 (38.21)	4:54.16 (37.27)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 2 Women 30-34 400 LC Meter Freestyle)**

4	Stephanie McNally	33	Bristol Nor-	4:55.07	4:58.40
	33.11	1:09.00 (35.89)	1:46.18 (37.18)	2:23.93 (37.75)	
	3:02.34 (38.41)	3:41.06 (38.72)	4:20.22 (39.16)	4:58.40 (38.18)	
5	Carrie Power	34	British Army-	5:48.22	5:58.82
	38.28	1:20.31 (42.03)	2:05.33 (45.02)	2:50.61 (45.28)	
	3:37.11 (46.50)	4:23.50 (46.39)	5:11.34 (47.84)	5:58.82 (47.48)	

Event 2 Women 40-44 400 LC Meter Freestyle

1	Emma Harvey	41	A.N.T. SC-	5:42.20	5:49.07
	36.23		2:01.51 ()	2:46.36 (44.85)	
	3:31.09 (44.73)	4:17.02 (45.93)	5:03.48 (46.46)	5:49.07 (45.59)	

Event 2 Women 45-49 400 LC Meter Freestyle

1	Maida Shivik	48	Camden Swiss-	5:45.00	5:51.40
	39.81	1:24.47 (44.66)	2:09.22 (44.75)	2:54.76 (45.54)	
	3:39.65 (44.89)	4:24.65 (45.00)	5:08.96 (44.31)	5:51.40 (42.44)	
2	Sarah Jones	48	S Bournem'th-	6:01.94	6:27.22
	41.54	1:28.00 (46.46)	2:17.12 (49.12)	3:06.31 (49.19)	
	3:56.66 (50.35)	4:46.49 (49.83)	5:37.56 (51.07)	6:27.22 (49.66)	

Event 2 Women 50-54 400 LC Meter Freestyle

1	Beverley Bourne	54	Barnet Copt-	5:39.29	6:05.27
	37.80	1:20.28 (42.48)	2:06.15 (45.87)	2:52.70 (46.55)	
	3:40.20 (47.50)		5:18.32 ()	6:05.27 (46.95)	
2	Zorika Adams	52	Camden Swiss-	6:18.00	6:12.57
	42.38	1:29.78 (47.40)	2:19.12 (49.34)	3:07.41 (48.29)	
	3:55.27 (47.86)	4:42.42 (47.15)	5:29.58 (47.16)	6:12.57 (42.99)	
3	Geertje Van Keulen	53	Swansea Mast-	6:00.00	6:21.87
	41.91	1:28.61 (46.70)		3:03.52 ()	
		4:41.90 ()	6:21.87 (1:39.97)		
4	Emma France	54	Guildford Ct-	6:42.57	6:42.01
	46.67	1:36.09 (49.42)	2:26.93 (50.84)	3:17.71 (50.78)	
	4:09.47 (51.76)	5:00.57 (51.10)	5:52.07 (51.50)	6:42.01 (49.94)	

Event 2 Women 55-59 400 LC Meter Freestyle

1	Helen Harris	56	Larkfield SC-	5:51.32	5:55.42
	39.21	1:23.32 (44.11)	2:08.45 (45.13)	2:53.86 (45.41)	
	3:39.61 (45.75)	4:25.58 (45.97)	5:11.04 (45.46)	5:55.42 (44.38)	
2	Suzanne Welham	58	St Albans Ma-	6:00.00	5:57.96
	41.39	1:27.39 (46.00)	2:13.51 (46.12)	2:59.84 (46.33)	
	3:45.40 (45.56)	4:31.12 (45.72)	5:15.78 (44.66)	5:57.96 (42.18)	
3	Hannah Ueckermann	59	Witham Dolph-	5:55.52	6:02.25
	42.23	1:29.19 (46.96)	2:15.00 (45.81)	3:01.63 (46.63)	
	3:46.39 (44.76)	4:32.85 (46.46)	5:18.08 (45.23)	6:02.25 (44.17)	
4	Ceri Thomas	57	Bridgend SC-	5:55.57	6:04.04
	40.84	1:25.61 (44.77)	2:11.88 (46.27)	2:57.90 (46.02)	
	3:44.70 (46.80)	4:30.97 (46.27)	5:17.97 (47.00)	6:04.04 (46.07)	
5	Helen Andrews	56	S D Trojan-	6:13.61	6:14.85
	41.56	1:28.88 (47.32)	2:17.75 (48.87)	3:07.27 (49.52)	
	3:55.32 (48.05)	4:43.26 (47.94)	5:30.01 (46.75)	6:14.85 (44.84)	
6	Suzanne Maidment	56	Spencer-	6:08.34	6:17.95
	39.18	1:24.07 (44.89)	2:11.80 (47.73)	3:00.76 (48.96)	
	3:49.60 (48.84)	4:39.43 (49.83)	5:28.97 (49.54)	6:17.95 (48.98)	
7	Lucille Thirlby	58	Out To Swim-	6:49.18	7:23.40
	46.83		2:35.68 ()		
	4:30.93 ()		6:26.82 ()	7:23.40 (56.58)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 2 Women 60-64 400 LC Meter Freestyle**

1	Dymphna Morris	61	Aer Lingus Masters-	5:45.00	5:27.89
	37.61	1:18.10 (40.49)	1:59.80 (41.70)	2:41.34 (41.54)	
	3:23.43 (42.09)	4:04.99 (41.56)	4:47.43 (42.44)	5:27.89 (40.46)	
2	Frances Baker	62	Carrick Mas-	6:30.48	5:59.41
	39.89	1:23.46 (43.57)	2:09.15 (45.69)	2:55.87 (46.72)	
		4:27.87 ()	5:14.09 (46.22)	5:59.41 (45.32)	
3	Catherine Hartle	64	Co Sheffield-	6:30.00	6:14.61
	43.02	1:28.67 (45.65)	2:16.47 (47.80)	3:04.58 (48.11)	
	3:52.69 (48.11)	4:40.79 (48.10)	5:29.02 (48.23)	6:14.61 (45.59)	
4	Micaela Morris	61	Gloucester M-	6:13.78	6:14.98
	40.54	1:26.86 (46.32)	2:14.33 (47.47)	3:03.99 (49.66)	
	3:52.02 (48.03)	4:41.24 (49.22)	5:29.08 (47.84)	6:14.98 (45.90)	
5	Sharon McLellan	64	Hadleigh-	7:30.00	6:29.10
	44.71	1:33.97 (49.26)	2:23.75 (49.78)		
	4:03.65 ()		5:42.12 ()	6:29.10 (46.98)	
6	Alison Chatterjea	60	Bude-	6:22.56	6:35.19
	42.30	1:30.60 (48.30)	2:21.01 (50.41)		
	4:03.53 ()	4:55.20 (51.67)	5:46.49 (51.29)	6:35.19 (48.70)	
7	Frances Wilson	64	Croydon Amph-	8:10.00	8:19.15
	55.98	1:57.95 (1:01.97)	3:02.20 (1:04.25)	4:06.96 (1:04.76)	
	5:11.98 (1:05.02)	6:16.60 (1:04.62)	7:19.75 (1:03.15)	8:19.15 (59.40)	

Event 2 Women 65-69 400 LC Meter Freestyle

1	Anne Bourne	68	Camphill Ed-	5:51.43	5:59.93
	41.45	1:27.47 (46.02)	2:13.93 (46.46)	3:00.60 (46.67)	
	3:45.86 (45.26)	4:31.22 (45.36)	5:16.59 (45.37)	5:59.93 (43.34)	
2	Jayne Stephenson	68	Gloucester M-	5:59.90	6:01.97
	41.47		2:14.16 ()	3:01.05 (46.89)	
	3:46.55 (45.50)		5:18.02 ()	6:01.97 (43.95)	
3	Julia Buchanan	65	Caldicot-	6:45.00	6:36.88
	43.35	1:32.60 (49.25)	2:23.96 (51.36)	3:15.71 (51.75)	
	4:05.95 (50.24)	4:57.90 (51.95)	5:47.65 (49.75)	6:36.88 (49.23)	
4	Lorraine Crook	68	Caldicot-	9:36.38	9:40.74
	1:05.92	2:18.36 (1:12.44)	3:31.77 (1:13.41)	4:46.90 (1:15.13)	
	6:01.23 (1:14.33)	7:15.61 (1:14.38)	8:28.44 (1:12.83)	9:40.74 (1:12.30)	

Event 2 Women 70-74 400 LC Meter Freestyle

1	Alison Gwynn	74	Mid Sussex-	6:59.41	6:57.75
	47.68	1:39.33 (51.65)	2:33.52 (54.19)	3:27.75 (54.23)	
	4:21.92 (54.17)	5:16.10 (54.18)	6:09.50 (53.40)	6:57.75 (48.25)	

Event 2 Women 75-79 400 LC Meter Freestyle

1	Rose Dudeney	75	Mid Sussex-	7:30.00	7:08.07
	50.07	1:44.70 (54.63)	2:39.19 (54.49)	3:33.87 (54.68)	
		5:23.12 ()	6:17.22 (54.10)	7:08.07 (50.85)	
2	Susan Lauder	79	Spencer-	8:50.26	8:52.04
	57.30	2:04.76 (1:07.46)	3:12.04 (1:07.28)	4:19.83 (1:07.79)	
	5:28.32 (1:08.49)	6:37.06 (1:08.74)	7:45.85 (1:08.79)	8:52.04 (1:06.19)	

Event 2 Women 90-94 400 LC Meter Freestyle

1	Jane Asher	91	Kings Corm-	8:10.00	8:25.92
	58.42	2:03.27 (1:04.85)	3:07.83 (1:04.56)	4:13.01 (1:05.18)	
	5:18.29 (1:05.28)	6:25.61 (1:07.32)	8:25.92 (2:00.31)		

Event 3 Men 18-24 200 LC Meter IM

1	Timon Chapman	20	Co Norwich-	2:22.45	2:26.84
	30.05	1:05.91 (35.86)	1:51.29 (45.38)	2:26.84 (35.55)	
2	Jack Endersby	22	Cardiff Mast-	2:20.03	2:27.57
	29.25	1:07.67 (38.42)	1:52.82 (45.15)	2:27.57 (34.75)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 3 Men 18-24 200 LC Meter IM)**

3	Sam Crew	20	Swansea Uni-	2:17.00	2:35.14
	26.47	1:04.41 (37.94)	1:52.01 (47.60)	2:35.14 (43.13)	
4	Dylan Hughes	20	Torfaen D-	3:47.57	3:53.03
	47.80	1:44.22 (56.42)	3:00.70 (1:16.48)	3:53.03 (52.33)	

Event 3 Men 25-29 200 LC Meter IM

1	Matthew James	29	Birmingham M-	2:09.18	2:16.67
	28.35	1:04.92 (36.57)	1:44.13 (39.21)	2:16.67 (32.54)	
2	Matthew Fairless	26	C Dolphins-	2:25.00	2:25.43
	29.02	1:06.43 (37.41)	1:49.85 (43.42)	2:25.43 (35.58)	
3	Ross Hosking	26	Cardiff Mast-	2:30.00	2:27.09
	29.26	1:09.47 (40.21)	1:52.07 (42.60)	2:27.09 (35.02)	
4	Callum Morris	27	Cardiff Mast-	2:35.00	2:42.67
		1:16.41 ()	2:05.72 (49.31)	2:42.67 (36.95)	
5	Sam Bradley	29	Team Luton-	3:12.13	3:11.73
	42.21	1:29.42 (47.21)	2:29.72 (1:00.30)	3:11.73 (42.01)	
6	Rhodri Evans	27	Cardiff Mast-	2:50.00	3:17.59
	37.02	1:24.28 (47.26)	2:29.91 (1:05.63)	3:17.59 (47.68)	

Event 3 Men 30-34 200 LC Meter IM

1	Karsten Bach	32	Co Cambridge-	2:38.00	2:30.93
	31.24	1:11.07 (39.83)	1:56.34 (45.27)	2:30.93 (34.59)	
2	Adam Warner	32	Barnet Copt-	2:25.92	2:50.28
	34.40	1:19.03 (44.63)	2:12.52 (53.49)	2:50.28 (37.76)	
3	Soren Mikkelsen	31	Bristol Pen-	2:58.12	2:51.38
	34.88	1:24.94 (50.06)	2:12.15 (47.21)	2:51.38 (39.23)	

Event 3 Men 35-39 200 LC Meter IM

1	David Blakemore	38	Cally Mast-	3:06.45	3:12.26
	38.93	1:29.11 (50.18)	2:25.75 (56.64)	3:12.26 (46.51)	

Event 3 Men 40-44 200 LC Meter IM

1	Christopher Jones	41	Co Cardiff-	2:17.99	2:18.91
	29.29	1:06.36 (37.07)	1:44.48 (38.12)	2:18.91 (34.43)	
2	Christopher Malpass	43	Trafford Met-	2:30.00	2:33.79
	30.09	1:09.63 (39.54)	1:56.43 (46.80)	2:33.79 (37.36)	
3	James Barwick	40	East Leeds-	2:40.00	2:41.64
	30.91	1:13.92 (43.01)	2:03.22 (49.30)	2:41.64 (38.42)	

Event 3 Men 50-54 200 LC Meter IM

1	Jamie McHale	50	Co Sheffield-	2:39.77	2:35.20
	30.92	1:13.10 (42.18)	1:59.60 (46.50)	2:35.20 (35.60)	
2	Stuart Colston	51	C Dolphins-	3:00.00	2:52.11
	40.03	1:23.80 (43.77)	2:13.79 (49.99)	2:52.11 (38.32)	

Event 3 Men 55-59 200 LC Meter IM

1	Mark Reynolds	59	Barnet Copt-	2:30.00	2:33.34
	32.67	1:18.01 (45.34)	1:59.79 (41.78)	2:33.34 (33.55)	

Event 3 Men 60-64 200 LC Meter IM

1	David Bryant	61	Woking-	2:38.34	2:36.09
	32.12	1:15.19 (43.07)	1:58.31 (43.12)	2:36.09 (37.78)	
2	Mark Jones	62	Warrington M-	3:03.82	2:57.68
	41.37	1:30.46 (49.09)	2:19.64 (49.18)	2:57.68 (38.04)	
3	Stuart McGurk	61	Kendal-	4:00.00	3:54.74
		1:56.77 ()	3:05.01 (1:08.24)	3:54.74 (49.73)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 3 Men 65-69 200 LC Meter IM**

---	Ian Woollard	68	Barnet Copt-	3:25.00	DNF
	37.26	1:31.03	(53.77)		

Event 3 Men 70-74 200 LC Meter IM

1	Stuart McLellan	73	Hadleigh-	3:40.00	3:24.47
	45.10	1:38.95	(53.85) 2:39.52 (1:00.57)	3:24.47 (44.95)	

Event 3 Men 75-79 200 LC Meter IM

1	Chris Dunn	76	Hatfield-	3:10.00	3:08.11
	40.20	1:30.76	(50.56) 2:27.44 (56.68)	3:08.11 (40.67)	

Event 4 Women 18-24 200 LC Meter IM

1	Jennifer Green	19	Swansea Uni-	2:24.04	2:27.83
	30.18	1:10.97	(40.79) 1:52.18 (41.21)	2:27.83 (35.65)	
2	Francesca Beddow	23	Guildford Ct-	2:41.71	2:48.03
	33.78	1:17.31	(43.53) 2:10.11 (52.80)	2:48.03 (37.92)	
3	Naomi Pollard	20	Swansea Uni-	2:49.02	2:57.96
	35.98	1:22.51	(46.53) 2:16.45 (53.94)	2:57.96 (41.51)	
4	Arwen Teagle	21	Merthyr Tydf-	3:01.03	3:01.60
	40.31	1:25.90	(45.59) 2:18.37 (52.47)	3:01.60 (43.23)	
5	Jordan Holroyd	24	Exeter City-	2:44.80	3:07.70
	38.59	1:24.20	(45.61) 2:20.96 (56.76)	3:07.70 (46.74)	

Event 4 Women 25-29 200 LC Meter IM

1	Megan McDonagh	29	Otter-	2:40.00	2:40.07
	33.68	1:17.44	(43.76) 2:02.86 (45.42)	2:40.07 (37.21)	
2	Jessica Sutton	25	Hinckley-	2:37.50	2:41.18
	32.92	1:10.14	(37.22) 2:41.18 (1:31.04)		
3	Emily Whiting	25	Bristol Nor-	2:42.23	2:57.31
	35.16	1:18.81	(43.65) 2:13.51 (54.70)	2:57.31 (43.80)	

Event 4 Women 30-34 200 LC Meter IM

1	Rebecca O'Brien	33	Wycombe Dist-	3:05.50	2:42.70
	34.71	1:19.18	(44.47) 2:08.06 (48.88)	2:42.70 (34.64)	

Event 4 Women 35-39 200 LC Meter IM

1	Stephanie Baron	35	S D Trojan-	3:06.92	3:03.57
	39.79	1:26.61	(46.82) 2:20.01 (53.40)	3:03.57 (43.56)	

Event 4 Women 40-44 200 LC Meter IM

1	Emma Wills	43	York City-	2:35.00	2:32.30
	33.92	1:12.26	(38.34) 1:57.80 (45.54)	2:32.30 (34.50)	
2	Elizabeth Bellinger	44	Bishop Stort-	2:45.82	2:40.53
	31.68	1:13.48	(41.80) 2:02.13 (48.65)	2:40.53 (38.40)	
3	Lisa Dawson	44	Barnet Copt-	2:46.97	2:49.92
	36.79	1:21.39	(44.60) 2:10.23 (48.84)	2:49.92 (39.69)	

Event 4 Women 45-49 200 LC Meter IM

1	Michelle Ware	49	Woking-	2:38.00	2:38.11
	31.77	1:13.90	(42.13) 2:00.58 (46.68)	2:38.11 (37.53)	
2	Karen Mackenzie	49	Team Luton-	3:06.18	3:06.53
	39.15	1:25.94	(46.79) 2:24.07 (58.13)	3:06.53 (42.46)	
3	Bethan Raby	49	Swansea Mast-	3:26.00	3:12.22
	41.15	1:31.24	(50.09) 2:27.08 (55.84)	3:12.22 (45.14)	

Event 4 Women 50-54 200 LC Meter IM

1	Helen Gorman	50	Co Cardiff-	2:35.00	2:36.14
	33.99	1:15.80	(41.81) 1:58.52 (42.72)	2:36.14 (37.62)	
2	Karen Howells	51	Cardiff Mast-	3:05.00	3:18.70
	40.03	1:35.68	(55.65) 2:34.20 (58.52)	3:18.70 (44.50)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 4 Women 50-54 200 LC Meter IM)**

3	Beverley Bourne	54	Barnet Copt-	3:10.02	3:21.59
		1:36.71 ()	2:36.34 (59.63)	3:21.59 (45.25)	
4	Claudine Day	51	Redhill & R-	3:46.62	3:54.96
		1:01.29	2:01.08 (59.79)	3:02.55 (1:01.47)	3:54.96 (52.41)

Event 4 Women 55-59 200 LC Meter IM

1	Wendy Figures	57	Co Sheffield-	3:18.90	3:25.07
		46.38	1:40.29 (53.91)	2:36.15 (55.86)	3:25.07 (48.92)
2	Anne Raymond	59	Croydon Amph-	3:40.00	3:35.35
		50.76	1:52.29 (1:01.53)	2:47.93 (55.64)	3:35.35 (47.42)
3	Lucille Thirlby	58	Out To Swim-	3:55.54	4:00.25
		2:00.62 ()	3:06.94 (1:06.32)	4:00.25 (53.31)	

Event 4 Women 60-64 200 LC Meter IM

1	Judith Pearson	62	Carlisle Aq-	2:55.45	2:53.70
		36.19	1:22.51 (46.32)	2:13.38 (50.87)	2:53.70 (40.32)
2	Frances Baker	62	Carrick Mas-	3:21.88	3:20.37
		46.61	1:36.50 (49.89)	2:38.51 (1:02.01)	3:20.37 (41.86)
3	Delia Keen	61	Carm Masters-	5:40.00	4:51.89

Event 4 Women 65-69 200 LC Meter IM

1	Jayne Stephenson	68	Gloucester M-	3:30.45	3:28.27
		47.19	1:45.82 (58.63)	2:41.43 (55.61)	3:28.27 (46.84)
2	Lorraine Crook	68	Caldicot-	5:30.00	5:06.82

Event 4 Women 70-74 200 LC Meter IM

1	Sally Lelean	71	Diss Otters-	4:55.00	5:02.61
		1:27.77	2:37.35 (1:09.58)	3:50.08 (1:12.73)	5:02.61 (1:12.53)

Event 4 Women 80-84 200 LC Meter IM

1	Helen Hughes	80	Arfon-	6:50.00	4:44.14
---	--------------	----	--------	---------	---------

Event 5 Men 18-24 50 LC Meter Breaststroke

1	Archie Forrester	21	Loughborough-	32.12	32.36
2	Rhys Chiles	23	Hinckley-	32.39	32.73
3	Kjetil Rehm	23	Bristol Nor-	32.35	33.50
4	Jack Endersby	22	Cardiff Mast-	34.13	34.76
5	Nathan Goodridge	23	Dove Valley-	36.39	38.14

Event 5 Men 25-29 50 LC Meter Breaststroke

1	Martin Potts	28	Co Cambridge-	33.10	34.39
2	Joseph Tucker	27	Swansea Mast-	34.62	35.07

Event 5 Men 30-34 50 LC Meter Breaststroke

1	Andrew Benson	33	Out To Swim-	31.26	32.65
2	Mark Williams	33	Swansea Mast-	34.55	35.40
3	Christopher Street	33	Bristol Nor-	35.67	35.57
4	Eamon Sharkh	30	Guildford Ct-	40.00	37.77

Event 5 Men 40-44 50 LC Meter Breaststroke

1	Christopher Jones	41	Co Cardiff-	30.93	31.60
2	Oliver Newcombe	40	Cardiff Mast-	35.00	34.69
3	Christopher Hanmer	43	Chirk-	44.67	42.36

Event 5 Men 45-49 50 LC Meter Breaststroke

1	Martin Butler	49	C Dolphins-	37.50	38.35
2	Jonathan Leech	46	Co Sheffield-	35.00	42.13

Event 5 Men 55-59 50 LC Meter Breaststroke

1	Michael Hodgson	55	Woking-	32.00	32.08
---	-----------------	----	---------	-------	-------

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 5 Men 55-59 50 LC Meter Breaststroke)**

2	Russell Crew	55	Guildford Ct-	37.40	37.62
3	Frank Morris	55	A.N.T. SC-	39.33	40.41
4	Colin Robbins	58	NottmLeander-	40.35	41.65

Event 5 Men 60-64 50 LC Meter Breaststroke

1	David Milburn	60	Newbury-	32.56	33.28
2	David Bryant	61	Woking-	34.44	34.11
3	James Hobsley	62	Barnet Copt-	34.92	36.06
4	Philip Holme	63	Barnet Copt-	37.50	37.42
5	Ian Yates	60	Bridgend SC-	40.00	39.75
6	Adam Lelean	60	Diss Otters-	40.00	40.68
7	Michael Battersby	64	Cardiff Mast-	42.12	42.13
8	Dylan Gravelle	60	Swansea Mast-	46.00	44.01
9	Euryn Williams	60	Asa Temp 2-	1:25.00	52.91
---	Dale Lewis	64	Cardiff Mast-	51.38	DQ

Event 5 Men 65-69 50 LC Meter Breaststroke

1	Thomas Morrow	66	Gloucester M-	39.30	38.87
2	Trevor Clark	68	Kenilworth M-	39.45	40.32
3	Robert Steel	65	NottmLeander-	41.87	42.31
4	Arend Dikkers	65	Barnes SC-	44.91	43.77

Event 5 Men 75-79 50 LC Meter Breaststroke

1	Peter Stephens	75	Spencer-	53.63	57.92
---	----------------	----	----------	-------	-------

Event 5 Men 80-84 50 LC Meter Breaststroke

1	Dudley Lloyd-Evans	80	Poole-	1:00.00	54.65
2	Paul Clarke	80	Beaver Mast-	57.00	54.70
3	Tim Pearce	83	Mid Sussex-	1:05.00	1:02.30

Event 5 Men 85-89 50 LC Meter Breaststroke

1	Geoff Bishop	86	Royal Navy-	56.00	59.54
---	--------------	----	-------------	-------	-------

Event 5 Men 90-94 50 LC Meter Breaststroke

1	Grenville Cole	91	Ast Burnham-	1:09.20	1:08.28
---	----------------	----	--------------	---------	---------

Event 6 Women 18-24 50 LC Meter Breaststroke

1	Lili-May Mustoe	20	Co Cardiff-	36.00	35.64
2	Amelia Tucker	19	Swansea Mast-	38.54	37.78
3	Laura Shinton	18	Welshpool-	37.23	38.05
4	Rhian Jones	22	Cardiff Mast-	37.70	38.09
5	Harriet Pugh	21	Wycombe Dist-	38.07	38.79
6	Lily McGowan	21	Caradon-	40.00	39.71
7	Alice Reeves-Turner	24	Woking-	43.75	40.31
8	Nadine James	24	Cardiff Mast-	41.00	40.91
9	Verity Howell	24	Leicester Ne-	40.95	41.27
10	Gemma Spencer	20	Woking-	39.42	41.38
11	Arwen Teagle	21	Merthyr Tydf-	41.23	42.77
12	Ashleigh Howells	22	Cardiff Mast-	41.25	43.75
13	Francesca Beddow	23	Guildford Ct-	44.20	45.90

Event 6 Women 25-29 50 LC Meter Breaststroke

1	Lucy Strowger	27	S D Trojan-	37.86	37.96
2	Hannah Palfrey	29	Cardiff Mast-	38.66	38.63
3	Sophie Hutin	25	S D Trojan-	41.12	41.50

Event 6 Women 30-34 50 LC Meter Breaststroke

1	Ana Iglesias Romero	34	Co Cambridge-	37.80	39.27
---	---------------------	----	---------------	-------	-------

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 6 Women 30-34 50 LC Meter Breaststroke)**

2	Hannawell Storey	34	Hinckley-	41.41	41.95
3	Carrie Power	34	British Army-	48.00	48.56

Event 6 Women 35-39 50 LC Meter Breaststroke

1	Sophie Mountain	35	Carm Masters-	36.51	38.33
2	Stephanie Baron	35	S D Trojan-	44.32	45.39

Event 6 Women 40-44 50 LC Meter Breaststroke

1	Sarah Pearse	40	South Beds-	36.50	37.06
2	Jordanna Roberts	40	Swansea Mast-	38.71	38.60
3	Emma Harvey	41	A.N.T. SC-	43.21	45.56
4	Gillian Morfey	40	Caldicot-	46.03	45.73
5	Ceri Rees	44	Carm Masters-	43.30	46.06
6	Lydia Tang	44	Swansea Mast-	51.68	54.68

Event 6 Women 45-49 50 LC Meter Breaststroke

1	Victoria Codling	46	Caldicot-	42.38	42.66
2	Joanna Powell	49	Bridgend SC-	44.13	43.92

Event 6 Women 50-54 50 LC Meter Breaststroke

1	Helen Gorman	50	Co Cardiff-	35.00	35.53
---	--------------	----	-------------	-------	-------

Event 6 Women 55-59 50 LC Meter Breaststroke

1	Joanne Seymour	57	Gloucester M-	38.10	38.40
2	Joanna Collins	56	Welshpool-	38.72	39.10
3	Lynda Coggins	58	Woking-	39.42	40.72
4	Wendy Figures	57	Co Sheffield-	44.93	45.49
5	Suzanne Maidment	56	Spencer-	47.96	48.94

Event 6 Women 65-69 50 LC Meter Breaststroke

1	Kathy Bidnall	67	Mid Sussex-	54.50	52.20
---	---------------	----	-------------	-------	-------

Event 6 Women 70-74 50 LC Meter Breaststroke

1	Sally Lelean	71	Diss Otters-	1:05.00	59.45
---	--------------	----	--------------	---------	-------

Event 6 Women 75-79 50 LC Meter Breaststroke

1	Marilyn Dinsdale	76	Heads Valley-	1:01.54	1:03.52
---	------------------	----	---------------	---------	---------

Event 6 Women 80-84 50 LC Meter Breaststroke

1	Muriel Hitchcock	84	Spencer-	58.00	58.15
---	------------------	----	----------	-------	-------

Event 6 Women 90-94 50 LC Meter Breaststroke

1	Jane Asher	91	Kings Corm-	1:30.00	1:12.56
---	------------	----	-------------	---------	---------

Event 7 Mixed 72-99 200 LC Meter Medley Relay

1	Cardiff Mast	A		NT	2:02.38
	1) Dafydd Price M22	2) Hannah Palfrey W29	3) Isabella Centeleghe W26	4) Oliver Harris M32	
	32.06	1:10.22 (38.16)	1:38.60 (28.38)	2:02.38 (23.78)	
2	Bristol Nor	A		NT	2:11.76
	1) Megan Pardoe W33	2) Christopher Street M33	3) Josh Hooper M24	4) Stephanie McNally W33	
	37.43	1:13.42 (35.99)	1:41.93 (28.51)	2:11.76 (29.83)	

Event 7 Mixed 100-119 200 LC Meter Medley Relay

1	Swansea Mast	A		NT	2:08.93
	1) David Hanbury M29	2) Joseph Tucker M27	3) Hannah Munday W31	4) Hannah Griffiths W28	
	30.72	1:05.70 (34.98)	1:36.99 (31.29)	2:08.93 (31.94)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 7 Mixed 120-159 200 LC Meter Medley Relay**

1	C Dolphins	A		NT	2:16.48
	1) Nicola Grange W24	2) Martin Butler M49	3) Katie Huane W24	4) Matthew Fairless M26	
	37.96	1:17.34 (39.38)	1:49.87 (32.53)	2:16.48 (26.61)	
2	Cardiff Mast	B		NT	2:22.63
	1) Melanie Thomas W28	2) Callum Morris M27	3) Karen Howells W51	4) Oliver Newcombe M40	
	37.83	1:15.23 (37.40)	1:54.72 (39.49)	2:22.63 (27.91)	

Event 7 Mixed 160-199 200 LC Meter Medley Relay

1	Swansea Mast	B		NT	2:39.53
	1) Bethan Raby W49	2) Lydia Tang W44	3) Stephen Croall M50	4) Ned Gill M42	
	42.49	1:37.87 (55.38)	2:09.92 (32.05)	2:39.53 (29.61)	

Event 7 Mixed 200-239 200 LC Meter Medley Relay

1	Woking	A		NT	2:03.68
	1) Michelle Ware W49	2) David Bryant M61	3) Michael Hodgson M55	4) Jennie Clarke W37	
	32.82	1:06.24 (33.42)	1:33.17 (26.93)	2:03.68 (30.51)	
2	Co Sheffield	A		NT	2:27.06
	1) Jamie McHale M50	2) Wendy Figures W57	3) Jonathan Saunders M56	4) Catherine Hartle W64	
	33.53	1:17.60 (44.07)	1:49.06 (31.46)	2:27.06 (38.00)	
3	Camden Swiss	A		NT	2:34.21
	1) Paul Cartwright M61	2) Maida Shivik W48	3) Phillip Albright M52	4) Zorika Adams W52	
	37.75		58.07 ()	2:34.21 (1:36.14)	

Event 7 Mixed 240-279 200 LC Meter Medley Relay

---	Cardiff Mast	C		NT	DQ
	1) Alison Varley W70	2) Dale Lewis M64	3) Dave Lowe M66	4) Susan Flanigan W54	
	56.97	1:49.22 (52.25)	DQ (1:24.94)		

Event 7 Mixed 320-359 200 LC Meter Medley Relay

1	Mid Sussex	A		NT	3:21.84
	1) Tim Pearce M83	2) Anthony Gimson M85	3) Alison Gwynn W74	4) Jennifer Dean W79	
	52.32	1:48.97 (56.65)	3:21.84 (1:32.87)		