



## Swim Wales Masters Long Course Championships

Saturday 5<sup>th</sup> March – Sunday 6<sup>th</sup> March

Wales National Pool Swansea

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Meet Pack

# General Information

## Event summary

The 2022 Swim Wales Masters Long Course Championships will be held at Wales National Pool, Swansea from Saturday 5<sup>th</sup> to Sunday 6<sup>th</sup> March. This long course meet is open to Swim Wales, Swim England, Swim Scotland registered members, those competitors registered with a country affiliated to FINA and non-members taking up temporary membership before the meet.

## Entry Information

This event is held under FINA laws & Swim Wales conditions (please see general conditions).

## Entries Open

Monday 10<sup>th</sup> January 2022, 10 am.

## Entries Close

Sunday 6<sup>th</sup> February 2022, 4 pm.

# Event Conditions

## 1. General Conditions

- 1.1. The event promoter is Swim Wales, who will appoint a Technical Director for the competition. Anything not covered by these conditions will be decided by the Technical Director.
- 1.2. This event is held under FINA laws & Swim Wales conditions.
- 1.3. For individual and team events, competitors must be registered in one of the following categories:
  - 1.3.1. Category 2 (Competitive over 10) or equivalent with Swim Wales, Swim England or Scottish Swimming, or
  - 1.3.2. Category 4 (Competitive over 70) or equivalent with Swim Wales, Swim England or Scottish Swimming, or
  - 1.3.3. Swim England Student Membership or equivalent with Swim Wales or Scottish Swimming, or
  - 1.3.4. Competitive membership of a club which belongs to a swimming federation affiliated to FINA, or
  - 1.3.5. Temporary Club Compete membership or equivalent (e.g. Temporary Category 2) with Swim England, Swim Wales or Scottish Swimming. Note: Temporary members are not eligible to claim Masters Records.
- 1.4. Temporary Club Compete membership or equivalent (e.g. Temporary Category 2) with Swim England, Swim Wales or Scottish Swimming. Note: Temporary members are not eligible to claim Masters Records. The age of competitors shall be determined at midnight on 31st December in the year of competition. All competitors must be 18 years or over on the first day of the Championships.
- 1.5. A competitor can only compete for one club in the competition and must be a registered member of that club on the day that they enter.

- 1.6. Swim Wales event management reserves the right to cancel and/or make amendments to the event/programme. In the event of cancellation entries only will be refunded.
- 1.7. Swimmers are encouraged to book flexible/refundable travel and accommodation arrangements.

## 2. Entries

- 2.1. The online entry link will be available from the Swim Wales website at 10 am Monday 10th January 2022.
- 2.2. Entries are allocated on a first come first served basis until full – whichever comes first.
- 2.3. Once the competition capacity is full no further entries will be accepted.
- 2.4. Entries will be processed online and open at 10 am Monday 10th January 2022 and close at 4 pm Sunday 6<sup>th</sup> February 2022.
- 2.5. Heats will be limited to:
  - 2.5.1. 50m – 10 heats for males and 10 heats for females
  - 2.5.2. 100m, 200m & 400m – 6 heats for males and 6 heats for females
  - 2.5.3. 800m - 9 heats mixed entry
  - 2.5.4. 1500m – 4 heats mixed entry
- 2.6. After entries close, a confirmed list will be published, swimmers are asked to check their entries and inform the team of any errors before Friday 18<sup>th</sup> February 2022.
- 2.7. Swim Wales reserve the right to scratch entries based on times. Entries are not confirmed until the draft entry list is published after entries close.
- 2.8. Competitors and teams whose entries have been accepted are expected to swim unless they have formally withdrawn in accordance with withdrawal policy.
- 2.9. If your chosen event is full, please contact the team to be added to the reserve list. Withdrawn entries and empty lanes will be filled until 25<sup>th</sup> February.
- 2.10. Once submitted, entries cannot be amended, updated or altered
- 2.11. Submitting an entry to this meet means you have read and will abide by all conditions in this meet pack and the general meet conditions of Swim Wales.
- 2.12. By entering this event, you consent to report to Doping Control if requested at any time during this event. You also agree to abide by the British Swimming & UKAD Anti-Doping Rules. For further information, See Anti-Doping | British Swimming

## 3. Entry Pricing

Individual Events	£10
Team Relays	£20

- 1.1. Payment will be taken at the point of entry via the online entry system. Failure to complete the payment at this point will result in the entry being invalid.

## 4. Individual Events

- 4.1. The individual events shall be (for both men and women)
  - 4.1.1. 50m, 100m, 200m, 400m, 800m and 1500m Freestyle
  - 4.1.2. 50m, 100m, and 200m Backstroke, Breaststroke, and Butterfly
  - 4.1.3. 200m, and 400m Individual Medley.

- 4.2. All events are Heat Declared Winner within each individual age classification.
- 4.3. All events will be seeded according to entry time, split male and female (except for mixed events).
- 4.4. The age groups for individual Masters events shall be for men and women:  
18-24 years    25-29 years    30-34 years    35-39 years    40-44 years  
45-49 years    50-54 years    55-59 years    60-64 years    65-69 years  
70-74 years    75-79 years    80-84 years  
And in five year bands as high as necessary.

## 5. Team Events

- 5.1. The team events shall be:
- Men's and Women's 4 x 50 m Freestyle and Medley Team Relays
  - Mixed 4 x 50 m Freestyle and Medley Team Relays
- 5.2. All team events will be Heat Declared Winner within each age group classification.
- 5.3. The age groups for Masters team events shall be:
- (1) 72+
  - (2) 100 - 119yrs (total age)
  - (3) 120 - 159yrs (total age)
  - (4) 160 - 199yrs (total age)
  - (5) 200 - 239yrs (total age)
  - (6) 240 - 279yrs (total age)
  - (7) 280 - 319yrs (total age)
  - (8) 320 - 359yrs (total age)
- 5.4 A competitor may only represent one club in the event
- 5.5 Total age of team as of 31<sup>st</sup> December 2022
- 5.6 The (1) Relay team shall be defined as 18 years on the day of the swim with an aggregate age of 72+.
- 5.7 Masters relay teams (2) to (8) shall by definition (MSW2) contain only Masters swimmers aged 25yrs or over on 31st December in the year of the swim.
- 5.8 The names of competitors must be submitted to the Information Desk located in the front reception area before the start of warm-up for the start of the relevant session.

## 6. Withdrawals

- 6.1. Withdrawals must be received before February 21st to ensure they are removed from seeding.
- 6.2. After this date lanes shall be swum empty.
- 6.3. Refunds will only be processed for medical withdrawals, refunds will not be considered by any incurred expenses e.g. hotels travel etc.
- 6.4. Medical withdrawals must be submitted prior to the start of the competition and accompanied by a supported medical note.
- 6.5. To submit a medical withdrawal please email [swimwales-events@swimming.org](mailto:swimwales-events@swimming.org)

## 7. Non-member entry:

- 7.1. Non-members can enter this competition on a day membership. To enter as a day member you will need to:

- Complete and return the Temporary Membership Application available on the event webpage to: [swimwales-events@swimming.org](mailto:swimwales-events@swimming.org)
- Once this has been processed you will be able to enter online via the entry system
- A charge of £5 for temporary membership will be invoiced separately. The fee includes insurance cover and administration costs
- Please be aware temporary membership may take 3-5 working days to process
- Temporary members are not eligible to claim Masters Records

## **8. Overseas entry**

8.1. Swimmers registered with a country affiliated to FINA can compete in this event. To submit an overseas entry please contact the team: [swimwales-events@swimming.org](mailto:swimwales-events@swimming.org)

## **9. Competitors with a Permanent Disability**

9.1. A competitor who has a permanent disability shall not be disqualified where the disability prevents them from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or their representative before the race takes place, supported by a Certificate of Swimming Disability or similar document issued by their federation or a copy of their entry on the British Swimming database identifying their disability.

## **10. Awards**

10.1. Medals shall be awarded to the first three placed individual competitors and teams in each age.

## **11. Safety**

11.1. All competitors must ensure that they observe all safety announcements and conduct themselves with safety in mind at all times. Swimmers must follow the instructions of the warm-up marshals, failure to do so may exclude them from the competition.

## Programme of Events

<b>Saturday 5<sup>th</sup> March</b>	<b>Sunday 6<sup>th</sup> March</b>
<i>Session 1</i>	<i>Session 4</i>
1. M - 400 Freestyle	23. M - 400m Ind. Medley
2. F - 400 Freestyle	24. F - 400m Ind. Medley
3. M – 200m Ind. Medley	25. M – 200m Freestyle
4. F – 200m Ind. Medley	26. F – 200m Freestyle
5. M – 50m Breaststroke	27. M – 100m Backstroke
6. F – 50m Breaststroke	28. F – 100m Backstroke
7. Mixed 200m Medley Relay	29. M – 200m Freestyle Relay
<i>Session 2</i>	30. F – 200m Freestyle Relay
8. M – 200m Backstroke	<i>Session 5</i>
9. F – 200m Backstroke	31. M – 200m Breaststroke
10. M – 100m Breaststroke	32. F – 200m Breaststroke
11. F – 100m Breaststroke	33. M – 100m Butterfly
12. M - 50m Butterfly	34. F – 100m Butterfly
13. F – 50m Butterfly	35. M – 50m Freestyle
14. M - 200m Medley Relay	36. F – 50m Freestyle
15. F – 200m Medley Relay	37. Mixed 200m Freestyle Relay
<i>Session 3</i>	<i>Session 6</i>
16. M – 200m Butterfly	38. Mixed 800m Freestyle
17. F – 200m Butterfly	
18. M – 100m Freestyle	
19. F – 100m Freestyle	
20. M – 50m Backstroke	
21. F – 50m Backstroke	
22. Mixed 1500m Freestyle	

# General Information

## COVID

Due to the ongoing pandemic and ever-changing landscape, event management will confirm the use of mitigating risk considerations, such as Lateral Flow Testing, masks and social distance prior to the commencement of the event. Swimmers are advised that adherence to any published rules, regulations and/or requirements imposed by Welsh Government, Local Authority/Facility and/or Swim Wales is binding. Swimmers unwilling to adhere to the above will not be permitted site entry.

## Car Park

The Wales National Pool Swansea has a car park facilities on site. This is managed by the WNPS site staff. The car park facility is limited and events can fill the car park quickly. Please be aware that the car park is busy on event days. Swim Wales advises that drop off and pick up arrangements are made where possible to minimise cars on site. Swim Wales has an allocated car park area for staff and volunteers, including officials. It is important that these spaces are reserved for staff and volunteers to ensure the smooth running of the meet. Please do not park in these reserved spaces.

## Social Media

Swim Wales would like to share your experience with us on social media, tweet and tag us in your photos and results using @SwimWales.

Photos may be used in Swim Wales communications including newsletters, website and social media.

By attending Swim Wales Meets, individuals are agreeing to adhere to the Swim Wales Media policy. This ensures that the use of social media whilst attending the meet is appropriate and safe. Clubs are responsible for the behaviour of their member, swimmers and supporters. Inappropriate behaviour will be dealt with accordingly.

## Behaviour and Attitude

Swim Wales has a zero-tolerance policy on negative behaviour at meets. Antisocial and disrespectful behaviour will not be tolerated. All those on-site including swimmers, parents, coaches and clubs are expected to behave in an appropriate manner, be respectful of officials, volunteers, staff and others. Swim Wales has the right to ask those behaving inappropriately to leave the event and/or meet if deemed necessary. A refund will not be issued for dismissal from an event. The right to remove swimmers and/or clubs from the meet is held by the meet manager and senior team of officials. We ask that you remind your swimmers of the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of staff on site.

## Jewellery

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and/or competition. This includes watches, necklaces, chains,

bangles, wrist bands, earrings (except studs), and rings (except wedding bands). Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

### **Officials and Volunteers**

Swim Wales invites officials and volunteers to support this meet. Official's applications can be found on the event webpage, positions are open to those qualified from Time-keeper to Referee. Volunteer roles include announcing, runner front of house and many more. Application forms can be found online. For more information please contact: [swimwales-events@swimming.org](mailto:swimwales-events@swimming.org)

All of our volunteers and officials are provided with event kit, refreshments, meals and expenses claims. The Swim Wales volunteer expenses policy can be found on the website.