



Torfaen Dolphins
Performance Swim Centre
Canolfan Perfformiad Nofio

(Under FINA Technical Rules and Swim Wales Laws)

Torfaen Dolphins
are proud to present their 2021

‘Christmas Cracker’

Level 3 CLUB MEET

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Pontypool Active Living Centre

25 Metre 6 Lane Pool

Licence No:

??????



Thursday 23rd December 2021 5.30-8pm

A Christmas Gift and Participation Medal for Every Competitor

Anti Wave Lanes, Electronic Timing.

Entries close at Midnight: 9th December

For further information please email:

competition@torfaendolphins.com



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TORFAEN DOLPHINS

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General Event Information

ENTRIES

All entries will be electronic for this meet using the Active Portal. Payment is to be by bank transfer. If you require further payment information, please email our Treasurer: hello@torfaendolphins.com.

Entries may be rejected for the following reasons:

- * They are received without the relevant fee.
- * Incorrectly completed.
- * Improved entry times.
- * Received after the closing date of the 9th December

Age as at **31st Dec 2021**

Open to all swimmers from age 8 and over.

ENTRY FEES

£4.00 per race event

MARSHALLING

Swimmers must make themselves available for marshalling as soon as advised by the public address system.

OFFICIALS

Will be supplied by Torfaen Dolphins and refreshments will be provided.

MEDALS

There will be a participation medal for every swimmer.



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SPECTATORS - Admission Charge

Admission is £3.00 per person

CAR PARKING

There is free car parking for approximately 200 vehicles plus there are several overflow car parks.

REFRESHMENTS

There is a coffee shop on site. There is also a Tesco very close by.

CAMERA USE

The use of all photographic equipment including mobile phones and tablets is controlled at this Meet and everyone is reminded that such equipment should not be used without registration. Registration forms can be obtained from the entry desk.

MOBILE PHONES

Mobile phones must not be used in the pool hall and changing rooms.

MEET CO-ORDINATOR

A Meet Co-ordinator will be available for the duration of the Meet and can be contacted by emailing hello@torfaendolphins.com

SWIM DOWN FACILITIES

We will try to provide the opportunity for a swim down at the end of each session but this cannot be guaranteed and will depend on time.



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Promoters Conditions

- The meet will be swum under the following rules and conditions: FINA Technical Rules and Swim Wales Laws.
- All entrants must be members of an Affiliated club, amateurs as defined by Swim Wales Laws and hold a valid Swim Wales/ASA membership number.
- The promoters reserve the right to limit entry in the interests of safety and timely completion of the meet.
- Over the top starts will, where necessary or appropriate, be used during this meet.
- No entries will be accepted without the correct full payment.
- Due to the short time between the closing date and the start of the competition no refunds can be made for withdrawals unless accompanied by a doctor's note.
- We reserve the right to allow further entries on the day should there be space within the programme and time to add that swimmer.
- Marshalling will take place, and it is the Swimmers responsibility to ensure they arrive in sufficient time for their race.
- The safety rules of the pool must be adhered to at all times. Anyone not adhering to these rules (which will be read out at the start of each session) may be removed from the pool.
- All valuables/clothing etc. left in the changing rooms will be entirely at the owner's risk.
- Events will be swum in heats, slowest to fastest.
- **Anyone wishing to use video or still cameras must register before using such equipment and they will be issued with a camera pass for which a charge may be made.**
- DATA PROTECTION ACT 1998 – Torfaen Dolphins uses a computer to record entries and results. By submitting entries and accepting entry to the meet, consent is thereby given (as required under the Data Protection Act 1998) to the holding of personal information in a computer/s. Personal data recorded, such as name, club, date of birth and times may be made public during or after the meet.
- Warm up and start times for all sessions will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.
- The promoters reserve the right to remove or amend any of the above conditions as required.



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HEALTH & SAFETY

- ❖ All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.
- ❖ It is the responsibility of the swimmer and/or parent/guardian/coach to declare to the referee any disability or medical condition that could present a health or safety risk.
- ❖ If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems.
- ❖ Footwear **MUST** be worn on poolside, on the Balcony and throughout the building.
- ❖ The Balcony is for spectators only.
- ❖ Stairways and the Balcony are to be kept **CLEAR** at **ALL TIMES** and should not be used to sit on. The wellbeing of all swimmers, officials, volunteers, spectators and visitors is paramount, all Health and Safety rules / regulations/ requirements must be complied with at all times.
- ❖ A full risk assessment will be carried out in accordance with the Swim Wales Meet License Report Pack.
- ❖ A copy of the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility being hired for a meet is available from the duty manager throughout the duration of the Meet. All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.
- ❖ Unacceptable Behaviour - Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following: Theft, willful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.
- ❖ Competitive Start Award: Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach). Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.
- ❖ Jewellery: For safety and security reasons, the wearing of jewelry is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). The Meet organisers will not be responsible for any jewelry brought to events and will not be liable if such jewelry is lost or damaged.
- ❖ **By entering this competition, the swimmer, parent or guardian accepts photographs taken by an accredited professional photographer may be used for promotional purposes by Torfaen Dolphins or Torfaen Leisure Trust.**
- ❖ Swimmers are warned that doping controls may take place during this competition and by submitting entries, swimmers/parents/guardians are thereby giving consent to any random control methods. Further information can be found at www.100percentme.co.uk



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**Below is the list of events. All events need to be entered via the portal.
There will not be age group winners, this is a participation event enabling swimmers to get times.**

| Session 1 - aged 8 and over (Age at 31/12/2021) | | | | | |
|---|-------|-------------|------|--------------|------------|
| Event | | Age Group | | | Entry Time |
| 1 | Girls | 8 and over | 50m | Frontcrawl | |
| 2 | Boys | 8 and over | 50m | Frontcrawl | |
| 3 | Girls | 9 and over | 100m | Backcrawl | |
| 4 | Boys | 9 and over | 100m | Backcrawl | |
| 5 | Girls | 8 and over | 50m | Breaststroke | |
| 6 | Boys | 8 and over | 50m | Breaststroke | |
| 7 | Girls | 9 and over | 100m | Butterfly | |
| 8 | Boys | 9 and over | 100m | Butterfly | |
| 9 | Girls | 8 and over | 50m | Backcrawl | |
| 10 | Boys | 8 and over | 50m | Backcrawl | |
| 11 | Girls | 9 and over | 100m | Frontcrawl | |
| 12 | Boys | 9 and over | 100m | Frontcrawl | |
| 13 | Girls | 8 and over | 50m | Butterfly | |
| 14 | Boys | 8 and over | 50m | Butterfly | |
| 15 | Girls | 9 and over | 100m | Breaststroke | |
| 16 | Boys | 9 and over | 100m | Breaststroke | |
| 17 | Girls | 8 and over | 100m | I.M. | |
| 18 | Boys | 8 and over | 100m | I.M. | |
| 19 | Girls | 10 and over | 200m | I.M. | |
| 20 | Boys | 10 and over | 200m | I.M. | |

Times will be used from those submitted on the portal and No Time entries are allowed