



Open Masters and Seniors Short Course 2021

SATURDAY 27TH NOVEMBER

Newport International Sports Village

#SWMASC21



Our Vision

A world leading National Governing Body delivering excellence, **inspiring** our nation to **enjoy, participate, learn** and **compete** in Welsh aquatics.

Ein Gweledigaeth

Corff Llywodraethu blaenllaw sy'n cynnig rhagoriaeth, gan **ysbrydoli** cenedl i **fwynhau, cymryd rhan, dysgu** a **chystadlu** mewn campau dŵr yng Nghymru.

General Information

We're back!

Swim Wales are delighted to announce the return of our competitive opportunities with our opening event, the Welsh Masters and Seniors Short Course 2021.

This open short course will be held at Newport International Sports Village, Saturday 27th November 2021. This meet is open to Swim Wales, Swim England, Scottish Swimming registered members, competitors registered with a country affiliated to FINA and non-members taking up temporary membership prior to the meet (further information available below).

License: under FINA laws & Swim Wales conditions (please see general conditions)

Entries open: 15th October 10am

Closing date: 12th November 1pm

Entries:

- Entry to this meet will be online based on a first come first serve basis (all events are capped)
- Entry will close for each event as soon as the available spaces are full or on the 12th November 1pm – whichever comes first
- If your chosen event is full, please contact the team to be added to the reserve list. Withdrawn entries and empty lanes will be filled until November 25th: swimwales-events@swimming.org
- The online entry link will be available from the Swim Wales website 15th October 10am
- Once submitted, entries cannot be amended, updated or altered
- Submitting an entry to this meet means you have read and will abide by all conditions in this meet pack and the general meet conditions of Swim Wales
- Refunds will be processed for medical withdrawal only, to complete a medical withdrawal application email swimwales-events@swimming.org
- Swim Wales event management reserve the right to cancel and/or make amendments to the event/programme. In the event of cancellation entries only will be refunded
- Refunds will only be processed (as above) for medical withdrawals, refunds will not be considered by any incurred expenses e.g. hotels travel etc.
- Swimmers are encouraged to book flexible/refundable travel and accommodation arrangements
- Swim Wales reserve the right to scratch entries based on times. Entries are not confirmed until the draft entry list is published after

close of entries. Swimmers are required to check these entries, and inform the team of any errors before the 18th of November

Entry Fees (Swim Wales/SASA/Swim England Members)

- Individual events
 - £5 per 25m
 - £8 per 50m
 - £10 per 100, 200 and 400m
 - £16 per relay

Payment will be taken at point of entry via the online entry system. Failure to complete payment at this point will result in the entry being invalid.

Non-member entry:

Non-member's can enter this competition on a day membership. To enter as a day member you will need to:

- Complete and return the Temporary Membership Application available on the event webpage to: swimwales-events@swimming.org
- Once this has been processed you will be able to enter online via the entry system
- A charge of £5 for temporary membership will be invoiced separately. The fee includes insurance cover and administration costs
- Please be aware temporary membership may take 3-5 working days to process
- Temporary members are not eligible to claim Masters Records

Overseas entry:

Swimmer registered with a country affiliated to FINA can compete in this event. To submit an overseas entry please contact the team: swimwales-events@swimming.org

Meet conditions

Individual events

Age of athlete is acknowledged as 31st of December 2021.

S 18yrs –24yrs **A** 25yrs - 29yrs **B** 30yrs - 34yrs **C** 35yrs - 39yr
D 40yrs-44yrs **E** 45yrs - 49yrs **F** 50yrs - 54yrs **G** 55yrs - 59yrs
H 60yrs - 64yrs **J** 65yrs - 69yrs **K** 70yrs - 74yrs **L** 75yrs - 79yrs
M 80yrs - 84yrs **N** 85yrs - 89yrs **P** 90yrs - 94yrs **Q** 95yrs - 99yrs

NOTE

- *Masters Group A must be at least 25 years of age in the year of competition i.e. by 31st December 2021*

- *Group S swimmers must have achieved their 18th birthday on or before the 1st day of the competition.*

Heats

- All events are Heat Declared Winner in each age category
- All events will be seeded according to entry time, split male and female (except for mixed events)

Medals

- Medals shall be awarded to the first three placed individual competitors and teams in each age category

Team Events

Men & Women & Mixed (2 Men/2 Women):

4 x 50m Freestyle and 4 x 50m Medley in the following age-groups:-

- (1) 72+
- (2) 100 - 119yrs (total age)
- (3) 120 - 159yrs (total age)
- (4) 160 - 199yrs (total age)
- (5) 200 - 239yrs (total age)
- (6) 240 - 279yrs (total age)
- (7) 280 - 319yrs (total age)
- (8) 320 - 359yrs (total age)

Relay Conditions:

- A competitor may only represent one club in the event
- Total age of team as at 31st December 2021
- The (1) Relay team shall be defined as 18 years on the day of the swim with an aggregate age from 72+
- Masters relay teams shall by definition (MSW2) contain only Masters swimmers aged 25yrs or over on 31st December in the year of the swim
- In relay events, the team of a swimmer whose feet lose touch with the starting platform, or, if in the water losing contact with the starting wall before the preceding team-mate touches the wall, shall be disqualified

- The names of competitors must be submitted to the Information Desk located in the front reception area before the start of warm up for the start of the relevant session
- Relay entries are made online

Swim Wales reserve the right to scratch entries based on times. Entries are not confirmed until the draft entry list is published after close of entries. Swimmers are required to check these entries, and inform the team of any errors before the 18th of November.

Programme of Events

Session 1	Session 2	Session 3	Session 4	
400m Free	50 Breast F	4 x50m IM Relay (F and M)	4 x50m Free Relay (F and M)	
	50 Breast M	200 Free F	200 Breast F	
	100 Back F	200 Free M	200 Breast M	
	100 Back M	100 IM F	100 Fly F	
	25 Fly F	100 IM M	100 Fly M	
	25 Fly M	200 Back F	200 IM F	
	25 Back F	200 Back M	200 IM M	
	25 Back M	25 Breast F	50 Back F	
	200 Fly F	25 Breast M	50 Back M	
	200 Fly M	25 Free F	100 Free F	
	50 Free F	25 Free M	100 Free M	
	50 Free M		100 Breast F	SKINS F
			100 Breast M	SKINS M
			50 Fly F	
			50 Fly M	
	<i>5 min break</i>	<i>5 min break</i>		
4 x50m IM Relay Mixed		4 x50m Free Relay Mixed		

SKINS

To qualify for SKINS events, swimmers must place top 4 in the 100IM in the following categories:

- Female 100IM under 50 (age group S-E)
- Female 100IM over 50 (age group F-Q)
- Male 100IM under 50 (age group S-E)
- Male 100IM over 50 (age group F-Q)

Each age group will occupy 4 lanes of the 8 lane pool (e.g. age group S-E lane 1-4 and age group F-Q lane 5-8). SKINS will be swum as three 50m

races, with the stroke randomly selected before each race by the Referee (one stroke will not be swum). Each race, the slowest swimmer in each category will be eliminated until a winner is decided. Races are swum female, male, female, male, female, male.

General Information

COVID:

Due to the ongoing and ever changing landscape, event management will confirm the use of mitigating risk considerations, such as Lateral Flow Testing, masks and social distance prior to the commencement of the event. Swimmers are advised that adherence to any published rules, regulations and/or requirements imposed by Welsh Government, Local Authority/Facility and/or Swim Wales is binding. Swimmers unwilling to adhere to the above will not be permitted site entry.

Car Park:

Newport International Sport Village has a car park which is free for users.

Newport Sports Village:

Newport International Sports Village is a multi-sport complex located at Lliswerry in the South East of the city of Newport, South Wales. It is known locally as Spytty Park, the name coming from the original Spytty Fields on which it is built.

Website:

<http://www.newportlive.co.uk/venues/newport-international-sports-village>

Address: Velodrome Way, Newport NP19 4RA

The venue has changing facilities and a café onsite.

Social Media:

Swim Wales would like to share your experience with us on social media, tweet and tag us in your photos and results using #SWMASC21 @SwimWales

Photos may be used in Swim Wales communications including newsletters, website and social media.

By attending Swim Wales Meets, individuals are agreeing to adhere to the Swim Wales Media policy. This ensures that the use of social media whilst attending the meet is appropriate and safe. Clubs are responsible for the behaviour of their member, swimmers and supporters. Inappropriate behaviour will be dealt with accordingly.

Behaviour and Attitude:

Swim Wales has a zero tolerance policy on negative behaviour at meets. Disrespectful and poor attitude resulting in unacceptable behaviour will not be tolerated. All those on site, are expected to behave in an appropriate manner, respectful of officials, volunteers, staff and others. Swim Wales holds the right to ask those behaving inappropriately to leave the event and/or meet if deemed necessary. Refunds will not be issued for dismissal from an event. The right to remove swimmers and/or clubs from the meet

is held by the meet manager and senior team of officials. We ask that you adhere to the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of staff on site.

Jewellery:

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

Officials and Volunteers:

Swim Wales invites officials and volunteers to support this meet. Official's applications can be found on the event webpage, positions are open to those qualified from Time-keeper to Referee. Volunteer roles include marshalling, announcing, call room duties, front of house and many more. Application forms can be found online. For more information please contact swimwales-events@swimming.org

All of our volunteers and officials are provided with event kit, refreshments, meals and expenses claims. The Swim Wales volunteer expenses policy can be found on the website.