

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****Event 701 Women 18-24 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Lucy Gale	24	Boldmere-	5:02.70	5:03.17
33.65 38.52 38.96	39.24 39.20 38.39	38.39	36.82	
2 Jennifer Chaplin	23	Guildford Ct-	5:07.78	5:05.72
35.75 39.04 38.56	38.38 38.68 38.56	38.59	38.16	
3 Nicola Lawrence	21	Hackney-	5:07.71	5:11.69
33.38 37.60 38.79	40.33 40.26 41.24	40.33	39.76	
4 Rose Stride	19	Crawley-	5:07.59	5:14.79
35.42 39.25 40.34	40.30 40.36 40.20	40.31	38.61	
5 Alexandra Dobell	22	Co Coventry-	5:14.70	5:26.50
35.18 40.85 42.21	42.16 42.08 42.42	42.14	39.46	
6 Bethany Evans	20	Soundwell-	5:33.54	5:47.92
35.04 39.16 43.32	44.65 46.86 46.89	47.90	44.10	

Event 701 Women 25-29 400 LC Meter Freestyle

1 Hannah Munday	28	Swansea Masters-	4:46.00	4:36.61
31.92 34.60 34.93	35.59 35.31 35.23	34.77	34.26	
2 Cathryn Thomson	29	St Ives-	4:53.59	4:55.13
32.22 35.95 37.39	37.33 37.89 38.59	38.71	37.05	
3 Georgina Quayle	25	Spencer-	5:17.55	5:05.78
35.72 39.19 40.02	39.59 39.81 39.20	37.84	34.41	
4 Sophie Liddament	27	Co Norwich-	5:00.41	5:20.03
36.06 39.22 39.97	40.81 40.94 41.40	41.67	39.96	
5 Zuzana Manhartova	27	Out To Swim-	5:23.00	5:27.38
36.32 40.45 41.98	42.16 42.31 42.77	41.87	39.52	
6 Leona Hinds	28	Nottingham Leander SC-	5:55.90	5:57.44
39.62 44.51 46.60	46.19 46.43 45.58	45.32	43.19	

Event 701 Women 30-34 400 LC Meter Freestyle

1 Laura Molyneaux	32	Fareham N'Ds-	4:41.61	4:43.92
32.58 35.41 35.96	36.47 35.87 36.41	36.00	35.22	
2 Katie Walker-Stabeler	30	Birmingham M-	4:48.10	4:52.35
32.17 36.10 36.84	37.28 37.58 37.77	38.05	36.56	
3 Alice Lane	32	Birmingham M-	4:56.50	5:08.60
34.44 40.00 40.43	39.75 39.56 39.82	38.97	35.63	
4 Camille Vrain	31	Otter-	5:20.13	5:14.28
36.17 39.92 39.25	40.24 40.06 40.06	39.82	38.76	
5 Danielle Ryan	34	Kent Weald-	5:23.36	5:33.94
39.20 41.66 42.68	42.43 42.84 42.12	42.66	40.35	
6 Laura Kerrigan	34	Spencer-	5:42.06	5:43.37
38.22 42.50 44.76	43.88 44.45 43.73	43.30	42.53	
7 Kate McCormack	30	East Anglian-	5:56.80	5:52.05
39.67 44.67 45.71	46.08 45.38 45.41	44.49	40.64	

Event 701 Women 35-39 400 LC Meter Freestyle

1 Rebecca Rimmington	36	Trafford Met-	4:59.20	4:53.71
34.22 37.03 37.73	37.53 36.70 36.56	37.61	36.33	
2 Catherine Markwell	38	East Anglian-	5:14.88	5:10.35
33.55 38.06 39.47	40.02 40.25 40.27	39.75	38.98	
3 Kirsty Johnson	38	Bracknell-	5:14.00	5:19.54
35.64 39.35 41.00	41.77 42.10 41.74	40.99	36.95	
4 Sarah Kerr	35	Trojan-	5:34.50	5:19.63
34.73 37.60 39.64	41.03 41.48 42.06	42.79	40.30	
5 Lucy Gruner	37	Fareham N'Ds-	5:25.64	5:19.73
35.99 39.51 40.52	41.30 41.50 41.57	40.74	38.60	
6 Kathleen Craig	36	Sudbury-	5:29.10	5:23.65
36.77 40.86 40.70	41.57 40.41 41.81	41.38	40.15	
7 Jodie Cox	38	Guildford Ct-	5:32.41	5:35.18
37.26 41.64 42.68	43.53 42.98 43.54	42.77	40.78	

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****(Event 701 Women 35-39 400 LC Meter Freestyle)**

8	Emma Harvey			38	Cwmbran-				5:44.36	5:42.20
	36.79	41.78	43.55	43.90	44.03	44.75	45.01	42.39		

Event 701 Women 40-44 400 LC Meter Freestyle

1	Emma Wills			40	York City-				4:37.04	4:40.42
	31.70	34.20	35.02	35.55	35.96	36.11	36.14	35.74		
2	Ceri Edwards			41	Portsmouth N-				4:50.42	4:50.01
	32.13	35.87	36.82	37.13	37.50	37.07	37.29	36.20		
3	Sarah Hempenstall			41	G B Police-				5:14.53	5:03.00
	33.96	37.66	39.38	39.53	38.74	38.30	38.29	37.14		
4	Alison Browning			41	Exeter City-				5:08.40	5:13.41
	36.46	38.80	39.88	40.04	40.57	39.98	40.43	37.25		
5	Tracy Van Deventer			44	Berkhamsted-				5:17.50	5:26.58
	36.33	40.28	41.60	42.13	41.99	42.38	41.84	40.03		
6	Jackie Carribine			40	Warrington M-				5:30.30	5:34.46
	36.58	41.19	42.80	43.09	44.23	44.45	41.76	40.36		
7	Joy Hopkins			44	S Bournem'th-				5:40.53	5:42.94
	38.12	42.06	44.00	44.58	44.08	44.70	1:25.40			
8	Kerry King			42	Aylesbury-				5:40.60	5:52.25
	38.79	42.98	44.67	45.20	45.10	45.68	45.21	44.62		
9	Bronwyn Cummings			41	Aer Lingus Masters - Ireland-				6:13.49	6:13.02
	39.60	45.93	47.89	48.50	48.08	48.39	48.27	46.36		

Event 701 Women 45-49 400 LC Meter Freestyle

1	Claire Thorn			48	G B Police-				4:59.13	5:03.92
	34.23	37.54	39.04	39.16	39.46	38.94	39.21	36.34		
2	Nicola Latty			48	Holywell-				4:52.79	5:08.92
	34.61	38.21	39.11	40.02	40.19	40.23	40.47	36.08		
3	Sophie Matthews			45	Co Coventry-				5:22.06	5:23.14
	36.20	40.23	40.38	40.77	41.05	41.63	41.81	41.07		
4	Susan Geill			48	Co Coventry-				5:17.70	5:25.30
	37.03	40.62	42.30	41.58	41.35	40.33	41.34	40.75		
5	Bryony Wilkes			49	Loughborough-				5:22.07	5:26.26
	35.88	40.82	41.58	41.98	41.78	42.56	41.30	40.36		
6	Karen Howells			48	Cardiff Mast-				5:39.62	5:50.73
	38.23	42.69	44.64	45.28	45.72	45.61	46.13	42.43		
7	Sarah Jones			45	S Bournem'th-				5:56.84	6:03.45
	41.12	44.85	46.43	46.76	46.26	47.00	46.49	44.54		

Event 701 Women 50-54 400 LC Meter Freestyle

1	Jane McMenemy			51	Otter-				5:07.90	5:20.14
	35.91	39.50	39.84	40.99	41.06	41.67	41.14	40.03		
2	Adele Parham			52	Wincanton-				5:41.71	5:44.34
	37.82	41.83	44.55	44.25	44.43	44.66	44.80	42.00		
3	Alison Findlater			53	Silver City-				6:05.91	5:46.40
	38.62	42.59	44.40	44.47	44.94	44.95	44.37	42.06		
4	Jill Rocky			54	Mid Sussex-				5:36.82	5:48.76
	37.75	41.92	44.21	44.35	44.80	44.81	46.73	44.19		
5	Karen Bassett			51	Bracknell-				5:47.93	5:48.82
	38.84	43.27	44.29	44.33	45.10	44.97	45.10	42.92		
6	Suzanne Maidment			53	Spencer-				5:41.47	5:59.24
	38.69	42.69	45.23	46.12	46.50	46.83	47.07	46.11		
7	Kate King			51	Aylesbury-				6:11.26	6:18.74
	42.06	47.76	48.20	48.28	48.76	49.21	48.16	46.31		

Event 701 Women 55-59 400 LC Meter Freestyle

1	Judy Brown			55	Warrington M-				5:08.60	5:13.57
	36.30	39.39	40.04	40.12	40.17	40.61	39.56	37.38		

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2	Nuala Muir-Cochrane	55	Barnet Copt-	5:12.56	5:19.71
	36.16	39.93	41.08	40.55	40.86
				40.83	40.72
				39.58	
3	Dymphna Morris	58	Aer Lingus Masters - Ireland-	5:24.90	5:24.38
	37.11	39.73	40.89	41.51	41.59
				41.52	41.85
				40.18	
4	June Falconer	55	Silver City-	5:18.23	5:28.62
	38.52	41.43	42.13	41.99	42.06
				41.59	41.53
				39.37	
5	Heidi Gore	57	Cardiff Mast-	5:46.41	5:42.41
	38.35	42.66	44.10	44.62	43.81
				44.33	43.41
				41.13	
6	Hannah Ueckermann	56	Witham Dolph-	5:47.38	5:42.91
	39.47	43.02	43.05	43.82	43.90
				44.53	43.75
				41.37	
7	Elaine Seager	56	Loughborough-	5:33.17	5:48.33
	40.31	43.72	44.44	44.39	44.23
				44.68	44.33
				42.23	
8	Kathleen Raymond	56	Kent Weald-	6:21.21	6:22.35
	42.61	48.10	49.39	48.98	48.91
				48.84	49.22
				46.30	
9	Caroline Madden	59	Bracknell-	6:37.80	6:28.00
	44.84	47.64	49.31	49.21	49.46
				49.46	49.89
				48.19	
10	Gillian Main	56	Silver City-	6:37.14	6:28.35
	43.10	48.00	49.73	49.49	49.45
				49.90	50.18
				48.50	
11	Cherie Crozier	55	Frome-	7:22.00	7:26.71
	49.93	56.44	58.49	58.13	58.08
				57.14	56.68
				51.82	
12	Jacqueline Patel	59	Kings Corm-	7:09.89	7:35.04
	49.14	56.45	57.93	59.80	58.45
				58.74	58.07
				56.46	

Event 701 Women 60-64 400 LC Meter Freestyle

1	Joan Edwards	61	Gates &whick-	5:19.40	5:26.51
	36.67	41.76	42.29	42.17	41.51
				41.81	41.44
				38.86	
2	Laura Quye	61	Hastings-	5:42.45	5:39.69
	38.89	43.03	44.57	44.18	43.79
				42.80	42.44
				39.99	
3	Verity Dobbie	60	Newcastle-	5:44.97	5:55.64
	39.92	43.96	45.55	45.73	45.43
				45.66	45.30
				44.09	
4	Catherine Hartle	61	Cardiff Mast-	6:00.63	6:06.72
	41.43	44.87	46.94	47.10	46.66
				47.38	47.08
				45.26	
5	Sharon McLellan	61	Sudbury-	6:24.98	6:35.14
	45.06	48.72	50.57	50.59	50.52
				50.39	50.96
				48.33	
6	Frances Wilson	61	Croydon Amph-	7:41.47	7:36.58
	51.59	56.99	59.61	1:00.65	1:00.09
				59.27	57.65
				50.73	

Event 701 Women 65-69 400 LC Meter Freestyle

1	Audrey Cooper	65	Silver City-	5:32.00	5:42.49
	39.76	42.50	42.91	43.38	43.84
				43.71	43.75
				42.64	
2	Anne Bourne	65	Camphill Ed-	5:41.28	5:47.68
	39.54	44.63	44.98	45.75	43.22
				43.88	43.15
				42.53	
3	Jayne Stephenson	65	Gloucester M-	5:49.50	5:53.37
	40.11	43.81	46.59	45.83	46.03
				45.36	44.40
				41.24	
4	Teresa Stringer	66	Mid Sussex-	6:43.07	6:44.58
	46.43	49.36	52.64	50.79	52.97
				51.72	51.74
				48.93	
5	Shelley Robinson	67	Sevenoaks SC-	7:22.89	7:26.56
	47.96	55.24	58.51	57.94	58.30
				57.54	57.07
				54.00	
6	Lorraine Crook	65	Caldicot-	8:43.67	9:01.68
	1:00.83	1:08.03	1:08.50	1:10.04	1:09.65
				1:10.22	1:08.14
				1:06.27	

Event 701 Women 70-74 400 LC Meter Freestyle

1	Rose Dudeney	72	Mid Sussex-	7:01.02	6:55.64
	48.48	51.98	52.83	54.52	52.67
				53.12	52.40
				49.64	
2	Margaret Rouse	71	Littled Mast-	6:51.40	7:04.00
	49.43	53.94	53.53	54.63	54.59
				53.93	53.44
				50.51	

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****Event 701 Women 75-79 400 LC Meter Freestyle**

1	Elizabeth Savidge			75	Kings Corm-				7:40.80	7:42.94
	50.81	57.82			1:00.35	59.43	59.35	53.14		
2	Elaine Bromwich			77	Birmingham M-				8:10.07	9:54.79
	1:04.53	1:16.64	1:16.01	1:16.91	1:17.25	1:16.92	1:15.66	1:10.87		

Event 701 Women 80-84 400 LC Meter Freestyle

1	Jenny Ball			81	Camphill Ed-				8:17.48	8:38.16
	57.03	1:03.88	1:06.45	1:06.77	1:06.35	1:07.21	1:06.88	1:03.59		

Event 702 Men 18-24 400 LC Meter Freestyle

1	Jack Endersby			19	Reading-				4:24.20	4:41.51
	30.20	33.85	35.31	35.49	35.59	36.99	36.96	37.12		

Event 702 Men 25-29 400 LC Meter Freestyle

1	William Jolly			28	Newcastle-				4:15.31	4:18.86
	29.68	32.55	33.13	33.56	33.20	33.73	33.55	29.46		
2	Adam Warner			29	Barnet Copt-				4:36.58	4:45.68
	30.67	33.97	36.25	36.58	37.36	37.00	37.91	35.94		
3	Cameron Kelly			26	Serpentine-				4:52.00	5:04.83
	33.63	36.42	38.20	38.79	39.66	40.00	40.82	37.31		
4	Calum Winton			27	Kent Weald-				5:09.08	5:08.02
	32.74	37.85	39.77	40.19	39.80	39.77	39.70	38.20		
5	Christopher May			27	Ealing-				5:24.40	5:18.03
	32.94	38.51	40.74	42.13	42.36	42.90	40.33	38.12		

Event 702 Men 30-34 400 LC Meter Freestyle

1	Robert Doran			34	Guildford Ct-				4:25.03	4:23.12
	29.74	32.14	33.12	33.44	33.22	33.92	33.92	33.62		
2	Dan John			32	Totnes-				4:27.93	4:28.81
	30.56	33.70	34.58	34.37	34.71	34.11	33.72	33.06		
3	John Wood			33	Bristol Hen-				4:28.19	4:32.30
	30.03	33.61	34.24	35.18	34.88	35.10	35.12	34.14		
4	Ian Lang			31	Exeter City-				4:57.40	5:10.83
	35.54	38.31	39.42	39.94	40.36	40.23	39.36	37.67		
5	Gregory Smedley			34	Silver City-				5:08.00	5:14.18
	33.09	38.28	40.37	41.50	41.48	41.61	40.53	37.32		
6	Douglas Alexander			33	Swindon Dolp-				5:07.40	5:17.00
	34.90	38.67	39.59	40.98	40.94	41.53	40.74	39.65		
7	Jonathan Burnett			31	Welsh Ind-				5:23.37	5:19.92
	33.68	38.34		41.77	42.32	42.01	39.82			

Event 702 Men 35-39 400 LC Meter Freestyle

1	Pip Bennett			38	Otter-				4:43.84	4:47.67
	32.30	35.74	36.30	36.64	36.51	37.40	37.33	35.45		
2	Ned Gill			39	Swansea Masters-				4:59.66	4:57.17
	34.47	37.22	37.72	37.78	38.14	38.28	37.09	36.47		

Event 702 Men 40-44 400 LC Meter Freestyle

1	Johannes Berbers			44	Fareham N'Ds-				4:40.26	4:30.32
	30.44	33.41	34.55	34.86	34.41	34.33	34.54	33.78		
2	Richard Hope			43	Guildford Ct-				4:35.66	4:37.35
	31.52	34.61	35.15	35.24	35.50	35.61	35.26	34.46		
3	Steven Hurley			44	Exeter City-				4:42.22	4:40.00
	32.07	34.82	35.23	35.90	35.53	36.25	35.77	34.43		
4	Adam Acland			43	Teddington-				4:45.50	4:49.14
	32.34	35.30	37.06	37.69	37.72	37.85	37.39	33.79		
5	Nigel Gaskin			42	G B Police-				4:44.70	4:49.17
	30.75	36.04	37.72	38.57	35.81	39.05	36.43	34.80		

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6	Adam Rose			40	Nottingham Leander SC-			5:31.77	5:42.80
	37.20	40.48	42.99	43.85	44.60	45.02	45.46	43.20	

Event 702 Men 45-49 400 LC Meter Freestyle

1	Stuart Dyble			48	Norfolk Vikg-			4:44.30	4:49.23
	31.85	35.83	36.81	37.40	36.95	37.27	37.29	35.83	
2	Ian Wallace			49	Brentwood-			4:55.19	4:53.11
	33.70	35.73	37.03	37.03	37.77	37.65	37.50	36.70	
3	Christopher Morgan			47	Otter-			5:00.96	4:55.92
	33.22	36.58	37.81	37.85	38.55	38.27	37.62	36.02	
4	Nick White			48	Loughborough-			5:07.50	5:10.39
	34.45	38.68	39.86	40.06	39.59	40.05	39.30	38.40	
5	Stuart Gibbs			46	Swindon Dolp-			5:06.60	5:14.82
	34.85	38.78	40.39	40.39	40.62	40.75	40.58	38.46	
6	Neville King			48	Exeter City-			5:09.80	5:16.03
	34.74	38.70	40.34	41.12	41.17	41.01	40.52	38.43	

Event 702 Men 50-54 400 LC Meter Freestyle

1	Peter Dixon			51	Tower Hamlet-			4:28.95	4:32.83
	30.41	33.33	34.97	34.97	35.41	35.24	35.27	33.23	
2	Alan Burrows			51	Kent Weald-			4:53.70	5:01.49
	33.61	36.23	37.77	38.07	39.41	39.31	39.56	37.53	
3	Paul Hatton			50	Caradon-			5:02.26	5:04.79
	35.74	38.35	38.83	39.69	38.09	38.36	38.39	37.34	
4	Philip Croxall			50	Colne-			5:11.10	5:12.40
	35.47	40.51	40.83	40.08	40.08	39.83	39.27	36.33	
5	Glen Isaacs			54	Kent Weald-			5:09.46	5:14.45
	34.76	39.71	41.07	41.56	39.94	39.99	39.78	37.64	

Event 702 Men 55-59 400 LC Meter Freestyle

1	Mark Reynolds			56	Barnet Copt-			4:36.52	4:43.79
	32.48	35.49	36.66	36.34	36.63	36.08	35.61	34.50	
2	Mark Jones			59	Warrington M-			5:01.51	5:02.03
	35.25	38.12	39.10	39.00	37.71	38.33	37.87	36.65	
3	Boyd Freeman			57	Aer Lingus Masters - Ireland-			5:30.00	5:12.34
	35.20	39.11	41.58	40.58	40.14	40.35	39.20	36.18	
4	Colin Robbins			55	Nottingham Leander SC-			5:12.62	5:15.67
	33.20	38.72	40.65	41.22	42.68	42.42	41.47	35.31	
5	Mark Strakosch			58	Hemel Hemp-			5:12.18	5:21.15
	36.20	39.33	41.24	41.13	41.34	41.15	41.42	39.34	
6	Andrew Gristwood			55	Cleethorpes-			5:14.44	5:34.38
	37.76	41.30	42.13	42.23	42.64	42.61	43.79	41.92	
7	Adam Lelean			57	East Anglian-			5:26.84	5:37.92
	37.08	41.73	42.51	43.16	42.80	43.61	43.95	43.08	
8	Brian Armstrong			57	Gloucester M-			5:41.90	5:44.40
	38.87	42.57	43.97	43.90	44.17	44.50	44.70	41.72	
9	Patrick Allen			57	Guildford Ct-			5:50.21	5:50.45
	39.88	44.33	45.20	45.18	44.72	44.25	44.08	42.81	

Event 702 Men 60-64 400 LC Meter Freestyle

1	Simon Veale			63	Totnes-			5:07.94	5:13.20
	35.15	39.49	40.79	40.21	40.07	40.14	39.48	37.87	
2	Ian Murray			62	Flitwick-			5:27.91	5:31.86
	37.68	40.18	42.17	42.15	42.74	42.76	42.89	41.29	
3	Chris Orchard			60	Deepings-			6:06.80	6:01.63
	40.86	43.42	45.16	45.24	46.42	46.79	47.32	46.42	

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****Event 702 Men 65-69 400 LC Meter Freestyle**

1	Nicholas Minns	66	St Felix Sch-	6:02.47	6:07.27
	41.47 44.62 46.39 45.83 48.17 46.19 48.57 46.03				
2	Ian Whyte	65	Co Sund'land-	6:33.94	6:20.56
	41.01 45.87 48.22 48.52 48.91 50.14 50.82 47.07				
3	Christopher Preston	68	Out To Swim-	6:50.13	6:46.61
	43.61 52.14 52.27 53.38 52.54 52.65 51.41 48.61				
4	Peter Rank	67	Co Cambridge-	7:08.48	7:10.59
	45.60 53.58 54.15 57.69 55.22 56.95 54.90 52.50				

Event 702 Men 70-74 400 LC Meter Freestyle

1	Stuart McLellan	70	Sudbury-	5:50.17	5:52.78
	38.77 43.74 45.16 45.91 45.38 45.67 44.96 43.19				
2	James Pearson	71	Kent Weald-	6:01.20	5:54.56
	39.57 46.08 46.11 46.01 45.52 45.61 44.62 41.04				
3	Peter Stephens	72	Spencer-	6:31.59	6:40.08
	44.12 49.95 53.21 53.24 52.06 51.65 49.69 46.16				

Event 702 Men 75-79 400 LC Meter Freestyle

1	Tony Cherrington	77	Gloucester M-	6:38.75	6:45.46
	43.36 50.27 52.96 53.88 53.56 52.93 52.76 45.74				
2	Michael Read	78	Brighton-	6:41.16	6:47.53
	44.96 51.51 52.31 52.34 52.86 52.77 51.91 48.87				

Event 702 Men 80-84 400 LC Meter Freestyle

1	Geoff Stokes	80	Rushmoor Ryl-	6:38.80	6:45.80
	45.08 50.74 52.02 53.11 52.90 53.61 51.78 46.56				

Event 703 Women 18-24 100 LC Meter Backstroke

1	Lauren Pate	22	Cosacss-	1:07.21	1:08.38
	33.70 34.68				
2	Ellie Westoby	19	Swansea Uni-	1:07.71	1:09.51
	33.62 35.89				
3	Ekaterina Zossimova	23	Exeter Uni A-	1:11.09	1:11.98
	34.89 37.09				
4	Samantha Girle	19	Basingstoke-	1:08.62	1:12.57
	34.69 37.88				
5	Hannah Osborne	21	Winchester-	1:11.43	1:12.70
	35.11 37.59				
6	Melissa Eley	19	Chelmsford-	1:11.54	1:15.44
	35.65 39.79				
7	Amy Barton	24	Otter-	1:13.10	1:15.57
	36.44 39.13				
8	Georgia Harrod	19	DunmowAtlant-	1:13.06	1:16.40
	35.84 40.56				
9	Nicola Lawrence	21	Hackney-	1:13.97	1:17.07
	37.03 40.04				
10	Abigail Morrison	20	Birm'ham Uni-	1:16.20	1:19.30
	37.83 41.47				
11	Victoria Malcolm	24	Exe Masters-	1:22.40	1:21.89
	39.16 42.73				
12	Aoife Power	18	Royston-	1:17.41	1:22.01
	39.36 42.65				
13	Rachael Coles	20	S Bournem'th-	1:29.30	1:28.76
	45.67 43.09				

Event 703 Women 25-29 100 LC Meter Backstroke

1	Sophie Clarke	28	Portsmouth N-	1:11.84	1:11.02
	34.42 36.60				

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****(Event 703 Women 25-29 100 LC Meter Backstroke)**

2	Cathryn Thomson	29	St Ives-	1:13.28	1:13.89
	35.25 38.64				
3	Laura Atkinson	29	Corsham-	1:15.00	1:13.91
	34.47 39.44				
4	Melanie Thomas	25	Spencer-	1:21.61	1:17.81
	37.59 40.22				
5	Harriet Smith	25	Co Sheffield-	1:23.20	1:22.19
	39.66 42.53				
6	Samantha Crosby	29	Caradon-	1:22.30	1:24.00
	41.31 42.69				

Event 703 Women 35-39 100 LC Meter Backstroke

1	Susan Przywara	36	Scw Eshborn - Germany-	1:11.73	1:09.71
	33.90 35.81				
2	Hayley Davis	35	Otter-	1:10.32	1:10.84
	34.77 36.07				

Event 703 Women 40-44 100 LC Meter Backstroke

1	Ceri Edwards	41	Portsmouth N-	1:14.35	1:15.02
	36.49 38.53				
2	Gina Hobson	42	Otter-	1:15.09	1:15.10
	36.28 38.82				
3	Lisa Dawson	41	Barnet Copt-	1:18.87	1:17.76
	37.77 39.99				
4	Jackie Carribine	40	Warrington M-	1:23.50	1:21.25
	39.30 41.95				
5	Victoria Davies	44	Mid Sussex-	1:29.90	1:31.96
	44.32 47.64				

Event 703 Women 45-49 100 LC Meter Backstroke

1	Joanna Corben	49	Fareham N'Ds-	1:07.98	1:07.79
	33.53 34.26				
2	Michelle Ware	46	Guildford Ct-	1:11.74	1:12.62
	34.30 38.32				
3	Sarah Forbes	48	Swindon Dolp-	1:18.00	1:20.40
	39.66 40.74				
4	Karen Mackenzie	46	Team Luton-	1:21.62	1:21.97
	39.12 42.85				

Event 703 Women 50-54 100 LC Meter Backstroke

1	Lydia Anne Lock	50	Leic Peng-	1:13.20	1:14.00
	34.68 39.32				
2	Allie Price	54	Cardiff Mast-	1:15.13	1:14.89
	36.41 38.48				
3	Jennifer Powell	51	B C & P Mast-	1:21.50	1:23.88
	40.02 43.86				
4	Hilary Coulson	52	Hemel Hemp-	1:31.15	1:31.28
	44.58 46.70				
5	Ali Skirvin	50	Strat Sharks-	1:30.00	1:31.80
	44.69 47.11				
6	Kate King	51	Aylesbury-	1:32.50	1:38.00
	48.36 49.64				
7	Lynne Dawson	52	Chapeltown-	1:29.10	1:38.90
	47.97 50.93				
8	Denise Humphries	52	Godalming-	1:36.60	1:39.53
	47.03 52.50				

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****Event 703 Women 55-59 100 LC Meter Backstroke**

1	Judy Brown	55	Warrington M-	1:14.75	1:15.22
	37.30 37.92				
2	Lynda Coggins	55	Guildford Ct-	1:18.93	1:20.24
	38.99 41.25				
3	Philippa Williams	57	Wycombe Dist-	1:27.19	1:26.71
	41.08 45.63				
4	Carolyn Irvine	56	Bo Kirklees-	1:27.45	1:27.91
	41.95 45.96				
5	Caroline Jupp	57	Swansea Masters-	1:33.60	1:29.19
	43.33 45.86				
6	Heidi Gore	57	Cardiff Mast-	1:31.30	1:31.08
	44.23 46.85				
7	Frances Baker	59	Spencer-	1:35.57	1:34.26
	46.56 47.70				
8	Jayne Spencer	56	Godalming-	1:34.18	1:35.50
	47.25 48.25				
9	Alison Cox	59	Y Swim-	1:35.66	1:38.33
	48.42 49.91				
10	Kathleen Raymond	56	Kent Weald-	1:37.70	1:46.82
	52.92 53.90				

Event 703 Women 60-64 100 LC Meter Backstroke

1	Helen Kula-Przewanski	60	Caradon-	1:20.43	1:20.38
	39.07 41.31				
2	Kathy Bidnall	64	Mid Sussex-	1:29.51	1:28.90
	42.85 46.05				
3	Pauline Hogg	62	Guernsey-	1:35.29	1:34.06
	46.27 47.79				
4	Julia Buchanan	62	Caldicot-	1:37.00	1:38.91
	46.09 52.82				
5	Ann Gale	63	Mid Sussex-	1:38.99	1:40.16
	48.72 51.44				

Event 703 Women 65-69 100 LC Meter Backstroke

1	Kathleen Tunncliffe	67	B C & P Mast-	1:28.95	1:33.10
	45.11 47.99				
2	Mary Johnson	69	Mid Sussex-	1:36.16	1:35.85
	46.54 49.31				
3	Wendy Offord	65	Bo Kirklees-	1:40.60	1:38.43
	47.24 51.19				
4	Marianne Davey	66	Crawley-	1:47.90	1:51.74
	53.25 58.49				
5	Vicki Buck	69	Caradon-	1:56.40	1:55.00
	57.94 57.06				
6	Shelley Robinson	67	Sevenoaks SC-	1:54.03	1:58.06
	57.49 1:00.57				
7	Sally Lelean	68	East Anglian-	1:58.27	2:05.66
	1:02.03 1:03.63				
8	Alison Varley	67	Cardiff Mast-	2:06.12	2:08.74
	1:01.54 1:07.20				

Event 703 Women 70-74 100 LC Meter Backstroke

1	Alison Gwynn	71	Mid Sussex-	1:35.00	1:38.74
	47.95 50.79				
2	Helen Trippe	73	Spencer-	1:40.79	1:42.46
	48.96 53.50				
3	Lynne Tanner	72	Witney-	1:41.80	1:50.35
	50.85 59.50				

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****(Event 703 Women 70-74 100 LC Meter Backstroke)**

4	Susan Dewar	73	Havant & Wat-	1:58.22	2:02.52
	1:01.02		1:01.50		

Event 703 Women 75-79 100 LC Meter Backstroke

1	Janet Masters	79	South Beds-	1:47.14	1:54.34
	54.92		59.42		

Event 703 Women 80-84 100 LC Meter Backstroke

1	Jenny Ball	81	Camphill Ed-	2:03.59	2:07.01
	1:02.12		1:04.89		

Event 703 Women 85-89 100 LC Meter Backstroke

1	Jane Asher	88	Kings Corm-	2:00.59	1:56.02
	57.93		58.09		
2	Grace Isaac	87	Spencer-	2:36.27	2:47.92
	1:21.64		1:26.28		

Event 704 Men 18-24 100 LC Meter Backstroke

1	Ryan Kelly	20	Chelmsford-	1:01.36	1:01.24
	29.82		31.42		
2	Joel Green	19	Hemel Hemp-	1:05.02	1:03.37
	30.62		32.75		
3	Michael Andrews	24	Fareham N'Ds-	1:03.50	1:05.30
	31.92		33.38		
4	Daniel Thomas	22	Pembs Cty-	1:08.78	1:08.15
	32.74		35.41		
5	Liam Jefferies	22	Swindon Dolp-	1:07.00	1:09.07
	33.77		35.30		

Event 704 Men 25-29 100 LC Meter Backstroke

1	Daniel Morgan	25	Aylesbury-	1:01.66	59.47
	29.16		30.31		
2	Kalon Veale	28	Totnes-	59.80	1:01.21
	28.91		32.30		
3	Ryan Borthwick	25	Co Sheffield-	1:06.90	1:07.53
	32.48		35.05		
4	Paul Gray	29	Out To Swim-	1:07.50	1:07.66
	32.79		34.87		
5	Christopher Unsworth	28	Out To Swim-	1:04.90	1:08.91
	33.04		35.87		
6	Stephen McQuilliam	26	Co Liverpool-	1:13.95	1:15.14
	34.90		40.24		

Event 704 Men 30-34 100 LC Meter Backstroke

1	John Molyneaux	31	G B Police-	1:02.18	1:00.68
	29.13		31.55		
2	Matt Wan	34	Out To Swim-	1:07.97	1:08.63
	33.38		35.25		
3	Christopher Street	30	Bristol Nor-	1:12.77	1:14.05
	37.08		36.97		
4	David McLaughlan	34	Out To Swim-	1:14.50	1:15.13
	35.76		39.37		
5	Stuart Reid	31	Aylesbury-	1:18.10	1:20.10
	38.72		41.38		

Event 704 Men 35-39 100 LC Meter Backstroke

1	Jonathan Audis	39	Swindon Dolp-	1:01.88	1:03.65
	30.81		32.84		

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****(Event 704 Men 35-39 100 LC Meter Backstroke)**

2	Craig Steenhoff	37	Hailsham-	1:06.58	1:05.28
	31.62 33.66				
3	Andrew Luxton	36	Swansea Masters-	1:06.07	1:06.29
	32.64 33.65				
4	Nicholas Hope	35	Wigan-	1:05.38	1:06.35
	32.15 34.20				
5	Gye Whitlam	38	DerbyPhoenix-	1:10.02	1:09.55
	33.05 36.50				
6	James Grigg	38	Rochford-	1:11.85	1:10.61
	34.00 36.61				
7	Scott Tancock	37	Cardiff Mast-	1:12.69	1:13.90
	35.23 38.67				

Event 704 Men 40-44 100 LC Meter Backstroke

1	Richard Hope	43	Guildford Ct-	1:08.40	1:06.89
	33.28 33.61				
2	Robert Macey	40	Exe Masters-	1:08.20	1:10.37
	33.28 37.09				
3	Mariusz Barcikowski	43	Kent Weald-	1:13.67	1:14.99
	36.61 38.38				

Event 704 Men 45-49 100 LC Meter Backstroke

1	Daniel Cotton	45	Spencer-	1:04.10	1:02.00
	30.05 31.95				
2	Greg Kahn	49	Spencer-	1:03.05	1:04.18
	30.59 33.59				
3	Neil Mitchell	49	Basingstoke-	1:22.40	1:24.34
	41.20 43.14				

Event 704 Men 50-54 100 LC Meter Backstroke

1	Patrick Gore	51	Cardiff Mast-	1:10.07	1:07.87
	32.89 34.98				
2	Ian Wilkes	52	Loughborough-	1:10.70	1:12.67
	34.58 38.09				
3	Stephen Beal	50	DunmowAtlant-	1:18.60	1:13.68
	36.09 37.59				
4	Kevin McKenna	53	Hemel Hemp-	1:13.80	1:19.03
	38.29 40.74				
5	Stephen Atherley	53	Leic Peng-	1:20.40	1:22.05
	41.03 41.02				
6	Matthew Conrad-Jones	52	Wycombe Dist-	1:24.32	1:25.01
	41.04 43.97				
7	Phil Attwood	54	Godalming-	1:24.00	1:26.12
	40.87 45.25				

Event 704 Men 55-59 100 LC Meter Backstroke

1	Guy Emerson	56	Spencer-	1:14.55	1:16.94
	35.96 40.98				
2	Antony Corben	57	Fareham N'Ds-	1:22.30	1:25.13
	42.57 42.56				
3	Mark Partridge	56	Stroud Mast-	1:18.90	1:25.78
	40.91 44.87				

Event 704 Men 60-64 100 LC Meter Backstroke

1	Robert Guy	61	Bristol Nor-	1:11.48	1:13.04
	35.75 37.29				
2	Graham Perry	60	Swindon Dolp-	1:24.40	1:26.54
	39.75 46.79				

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****Event 704 Men 65-69 100 LC Meter Backstroke**

1	Trevor Clark	65	Birmingham M-	1:16.55	1:17.53
	37.83 39.70				
2	Mike Foskett	67	Hemel Hemp-	1:15.56	1:18.28
	37.68 40.60				
3	Nigel Foster	69	Littled Mast-	1:21.30	1:23.48
	40.76 42.72				
4	Alan McMullan	66	Bangor (Ni) - Swim Ireland-	1:24.75	1:23.91
	40.16 43.75				
5	Godfrey Admans	65	Spencer-	1:25.62	1:25.93
	40.71 45.22				
6	Christopher Preston	68	Out To Swim-	1:41.98	1:43.70
	48.62 55.08				

Event 704 Men 75-79 100 LC Meter Backstroke

1	Roger Billing	76	Guildford Ct-	1:30.96	1:33.38
	45.60 47.78				

Event 705 Mixed 72-99 200 LC Meter Freestyle Relay

1	Preston	A		2:00.00	1:43.72
	1) Luke Pool M25	2) Rachel Ritchie W23	3) Patrick Hill M21	4) Katie Jepson W23	
	24.08 27.55 25.20	26.89			
2	Basingstoke	A		2:00.00	1:49.18
	1) Oliver Espinasse M35	2) Spencer Turner M50	3) Samantha Girle W19	4) Fleur Parker W43	
	26.24 25.68 29.34	27.92			
3	Otter	A		2:00.00	1:50.22
	1) Fraser Peh M29	2) Utku Bozkurt M24	3) Amy Barton W24	4) Camille Vrain W31	
	25.68 23.96 30.56	30.02			
4	Preston	B		2:00.00	1:54.30
	1) Alex Metcalfe M52	2) Emily Lawrence W18	3) Byron Hall M29	4) Elissa Gornall W19	
	28.11 28.39 27.96	29.84			
5	Kent Weald	A		2:00.00	1:58.34
	1) Callie-Ann Warrington W19	2) Stewart Grant M35	3) Calum Winton M27	4) Danielle Ryan W34	
	28.35 26.68 29.11	34.20			

Event 705 Mixed 120-159 200 LC Meter Freestyle Relay

1	Cardiff Mast	A		2:20.00	1:49.34
	1) Kiroless Saba M29	2) Scott Tancock M37	3) Allie Price W54	4) Jennifer Jones W29	
	24.71 27.12 29.99	27.52			
2	Spencer	A		2:20.00	1:54.02
	1) Olegas Petrikas M31	2) Becky Wilkinson W26	3) Georgina Quayle W25	4) Olivier Geleoc M45	
	27.33 29.52 30.50	26.67			

Event 705 Mixed 160-199 200 LC Meter Freestyle Relay

1	Fareham N'Ds	A		2:30.00	1:52.12
	1) Martin Bennell M42	2) Joanna Corben W49	3) Laura Molyneaux W32	4) Johannes Berbers M44	
	26.22 30.49 29.40	26.01			
2	Loughborough	A		2:30.00	2:05.70
	1) Felix Ng M34	2) Elaine Seager W56	3) Bryony Wilkes W49	4) Ian Wilkes M52	
	28.73 36.48 32.48	28.01			

Event 705 Mixed 200-239 200 LC Meter Freestyle Relay

1	Guildford Ct	A		2:40.00	1:52.84
	1) Michael Hodgson M52	2) Lynda Coggins W55	3) Michelle Ware W46	4) David Bryant M58	
	25.68 31.61 27.77	27.78			
2	Leic Peng	A		2:40.00	1:56.44
	1) Richard Stock M52	2) Lydia Anne Lock W50	3) Hayley Bird W51	4) Stephen Atherley M53	
	27.95 29.86 31.14	27.49			

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 7 - Warmup 8.00am****(Event 705 Mixed 200-239 200 LC Meter Freestyle Relay)**

3	Spencer			A		2:40.00	2:03.84
	1) Guy Emerson M56		2) Claudia Goldschmidt W52		3) Abba Newbery W46		4) Luca Milana M47
	29.98	31.64	31.55	30.67			
4	Silver City			A		2:40.00	2:07.39
	1) Chris Ferguson M37		2) Gillian Main W56		3) Alison Findlater W53		4) Peter Long M56
	26.85	37.79	34.49	28.26			

Event 705 Mixed 240-279 200 LC Meter Freestyle Relay

1	B C & P Mast			A		3:00.00	2:06.24
	1) Lindsey Gowland W62		2) Kathleen Tunnicliffe W67		3) Martyn Finney M61		4) Philip Carpenter M55
	31.34	34.30	31.25	29.35			
2	Cardiff Mast			A		3:00.00	2:17.49
	1) Malcolm Wilson M66		2) David Lowe M63		3) Jenny Burns W52		4) Catherine Hartle W61
	32.40	32.55	36.72	35.82			

Event 705 Mixed 320-359 200 LC Meter Freestyle Relay

1	Spencer			A		3:30.00	3:43.20
	1) Anthony Hayward M78		2) Grace Isaac W87		3) Muriel Hitchcock W81		4) Nigel Salisbury M79
	49.15	1:14.91	58.88	40.26			