

British Masters 2019 - 14/06/2019 to 16/06/2019

Wales National Pool, Swansea

Results - Session 3 - Warmup 4.45pm

Event 301 Women 18-24 200 LC Meter Breaststroke					2	Melanie Sayed	45	Co Liverpool-	3:17.81
1	Lucy Park	23	Watford SC-	2:50.73		45.78	50.50	51.32	50.21
	39.54	42.86	44.27	44.06	3	Joanna Powell	46	Bridgend SC-	3:20.28
2	Rebecca Beal	24	South Dorset-	2:54.25		43.11	49.08	53.53	54.56
	39.62	44.37	45.45	44.81	4	Deryn Creasy	48	Aylesbury-	3:25.39
3	Emily Gordon	23	Solihull-	2:55.49		46.69	52.34	53.15	53.21
	38.71	44.84	45.80	46.14	5	Judith McGregor-Harper	49	Exe Masters-	3:41.55
4	Rose Stride	19	Crawley-	3:09.52		51.98	56.23	57.84	55.50
	43.53	48.12	49.83	48.04	6	Sarah Jones	45	S Bournem'th-	3:42.73
5	Sarah Procter	23	Barnet Copt-	3:12.63		49.97	56.90	58.29	57.57
	43.42	48.45	50.37	50.39	Event 301 Women 50-54 200 LC Meter Breaststroke				
6	Sophie Beckingham	21	Birm'ham Uni-	3:14.22	1	Philippa O'Grady	50	Wincanton-	3:08.71
	43.44	49.05	50.43	51.30		41.84	47.95	49.51	49.41
7	Jade Burton	21	Sborne Storm-	3:17.26	2	Ali Skirvin	50	Strat Sharks-	3:16.90
	43.71	49.40	51.57	52.58		43.88	49.33	51.71	51.98
8	Kayleigh Ward	19	Chelmsford-	3:30.42	3	Elizabeth Shaw	53	Otter-	3:24.96
	45.38	52.44	55.67	56.93		46.38	51.96	53.46	53.16
Event 301 Women 25-29 200 LC Meter Breaststroke					4	Tracey Hull	54	Lisburn City-	3:32.53
1	E Budzynski-Seymour	25	Basingstoke-	3:09.15		48.68	55.53	56.31	52.01
	42.28	47.48	49.30	50.09	Event 301 Women 55-59 200 LC Meter Breaststroke				
2	Zuzana Manhartova	27	Out To Swim-	3:11.19	1	Lynda Coggins	55	Guildford Ct-	3:11.14
	42.44	48.39	49.57	50.79		44.44	48.93	49.24	48.53
3	Emily Aust	29	Loughborough-	3:13.86	2	Hannah Ueckermann	56	Witham Dolph-	3:14.83
	44.34	48.54	50.15	50.83		44.61	48.60	50.25	51.37
Event 301 Women 30-34 200 LC Meter Breaststroke					3	Kathleen Raymond	56	Kent Weald-	3:34.86
1	Jessica Thorpe	34	Hackney-	2:58.89		48.45	55.93	56.19	54.29
	41.90	45.33	45.83	45.83	4	Patricia Reilly	59	Aer Lingus Mast-	3:43.32
2	Camille Vrain	31	Otter-	2:58.96		52.00	57.71	59.65	53.96
	41.44	45.56	46.11	45.85	5	Michele Romain	56	DunmowAtlant-	3:49.89
3	Kimberley Durno	32	Camden Swiss-	3:10.11		52.00	59.37	1:00.02	58.50
	42.22	47.75	49.73	50.41	6	Heather Patrick	57	South Beds-	4:08.38
4	Joanne Blount	34	Swindon Dolp-	3:23.16		55.14	1:02.30	1:05.53	1:05.41
	47.58	52.75	54.06	48.77	7	Geraldine Thompson	57	Aer Lingus Mast-	4:09.11
Event 301 Women 35-39 200 LC Meter Breaststroke						57.76	1:04.23	1:05.33	1:01.79
1	Georgina Heyn	35	Teddington-	2:50.46	8	Jacqueline Patel	59	Kings Corm-	4:18.26
	39.60	44.81	44.68	41.37		1:00.64	1:05.47	1:07.06	1:05.09
2	Lucy Hall	37	Hackney-	3:04.03	Event 301 Women 60-64 200 LC Meter Breaststroke				
	40.73	46.13	47.89	49.28	1	Amanda Heath	62	Spencer-	3:15.63
3	Kirsty Johnson	38	Bracknell-	3:04.61		45.17	50.17	50.38	49.91
	40.60	47.45	48.52	48.04	2	Verity Dobbie	60	Newcastle-	3:28.67
4	Kathleen Craig	36	Sudbury-	3:08.48		46.77	52.31	55.25	54.34
	42.31	47.59	49.72	48.86	3	Susan Procter	63	Barnet Copt-	3:50.49
5	Rhiannon Berrill	39	Cardiff Mast-	3:38.56		52.19	58.54	59.75	1:00.01
	49.64	55.71	57.41	55.80	Event 301 Women 65-69 200 LC Meter Breaststroke				
6	Katherine Hodkinson	35	Newbury-	3:43.07	1	Christine Ayers	66	South Beds-	3:55.84
	51.14	56.46	58.27	57.20		50.86	1:00.55	1:04.40	1:00.03
7	Lisa Mills	39	Mid Sussex-	3:46.95	2	Teresa Stringer	66	Mid Sussex-	4:09.19
	52.40	1:00.21	57.57	56.77		57.08	1:04.17	1:06.28	1:01.66
Event 301 Women 40-44 200 LC Meter Breaststroke					3	Sally Lelean	68	East Anglian-	4:20.78
1	Charlotte Reid	40	Aer Lingus Mast-	3:01.11		59.80	1:07.19	1:07.46	1:06.33
	41.07	46.07	47.63	46.34	Event 301 Women 70-74 200 LC Meter Breaststroke				
2	Jackie Carribine	40	Warrington M-	3:08.65	1	Frances Jenkins	73	Southport-	4:05.84
	43.00	48.09	49.26	48.30		55.43	1:02.39	1:02.92	1:05.10
3	Jessica Wooddisse	44	Stroud Mast-	3:13.50	2	Patricia Jackson	72	East Anglian-	4:13.80
	45.63	49.04	49.46	49.37		57.89	1:05.99	1:04.67	1:05.25
Event 301 Women 45-49 200 LC Meter Breaststroke					3	Marilyn Dinsdale	73	Heads Valley-	4:46.86
1	Claire Thorn	48	G B Police-	3:02.12		1:03.95	1:13.12	1:15.92	1:13.87
	41.61	46.47	47.50	46.54					

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Event 301 Women 75-79 200 LC Meter Breaststroke					3	Christopher Morgan	47	Otter-	2:57.48
1	Diane Ford	76	Spencer-	3:50.18		40.76	46.05	46.29	44.38
	51.84	59.95	1:01.50	56.89	4	Nick White	48	Loughborough-	2:59.52
2	Elaine Bromwich	77	Birmingham M-	5:26.80		42.32	47.09	46.65	43.46
	1:13.61	1:25.37	1:26.89	1:20.93	5	Keith Dunnett	49	Silver City-	3:01.94
						41.08	46.84	48.09	45.93
Event 301 Women 80-84 200 LC Meter Breaststroke					6	Neville King	48	Exeter City-	3:06.54
1	Muriel Hitchcock	81	Spencer-	5:05.62		42.62	47.44	48.31	48.17
	1:08.81	1:16.77	1:20.88	1:19.16	7	Ashley Raines	48	Aylesbury-	3:10.00
						42.17	48.76	49.71	49.36
Event 302 Men 18-24 200 LC Meter Breaststroke					Event 302 Men 50-54 200 LC Meter Breaststroke				
1	Ryan Kelly	20	Chelmsford-	2:45.26	1	Philip Bradley	51	Kent Weald-	2:58.02
	36.68	42.53	43.74	42.31		39.96	46.16	47.48	44.42
Event 302 Men 25-29 200 LC Meter Breaststroke					2	Philip Croxall	50	Colne-	3:12.08
1	Dean Heaps	27	Preston-	2:34.72		43.75	50.72	49.57	48.04
	35.51	40.07	40.03	39.11	3	Michael Wilks	50	Kenilworth M-	3:14.24
2	Christopher Unsworth	28	Out To Swim-	2:40.69		42.75	50.13	51.82	49.54
	34.59	41.36	42.31	42.43	Event 302 Men 55-59 200 LC Meter Breaststroke				
3	Calum Winton	27	Kent Weald-	2:57.45	1	David Bryant	58	Guildford Ct-	2:53.62
	36.28	44.27	47.96	48.94		41.28	45.79	44.71	41.84
4	Christopher May	27	Ealing-	3:08.10	2	Mark Jones	56	Warrender Ba-	2:59.61
	40.06	48.00	49.69	50.35		41.25	46.67	47.22	44.47
Event 302 Men 30-34 200 LC Meter Breaststroke					3	Mark Jones	59	Warrington M-	3:09.61
1	Gregory Du Tertre	30	Wycombe Dist-	2:36.02		43.10	49.15	49.06	48.30
	35.92	40.77	38.85	40.48	4	Martyn Fresher	57	Team Anglia-	3:18.39
2	Matt Wan	34	Out To Swim-	2:46.63		41.63	50.85	53.11	52.80
	36.46	41.91	43.74	44.52	5	Mark Partridge	56	Stroud Mast-	3:19.91
3	Andrew Benson	30	Out To Swim-	2:47.23		43.81	50.73	53.22	52.15
	37.28	42.33	43.89	43.73	6	Colin Robbins	55	NottmLeander-	3:20.52
4	Christopher Street	30	Bristol Nor-	2:54.18		45.62	52.45	53.39	49.06
	40.13	44.34	45.96	43.75	7	Adam Lelean	57	East Anglian-	3:28.75
5	Ian Lang	31	Exeter City-	3:00.28		46.26	52.80	54.89	54.80
	41.30	46.87	46.73	45.38	8	Mark Strakosch	58	Hemel Hemp-	3:35.15
6	Steven Clark	31	Exeter City-	3:02.21		48.46	55.13	56.63	54.93
	42.42	47.73	46.85	45.21	9	Russell Simpson	57	Amersham-	3:37.69
7	Douglas Alexander	33	Swindon Dolp-	3:03.49		45.72	55.41	58.26	58.30
	39.85	46.46	48.61	48.57	Event 302 Men 60-64 200 LC Meter Breaststroke				
Event 302 Men 35-39 200 LC Meter Breaststroke					1	Walter Syrett	60	Heads Valley-	2:59.68
1	Stewart Grant	35	Kent Weald-	2:43.67		41.01	46.46	48.14	44.07
	36.10	42.51	43.09	41.97	2	David Pirrie	62	Hemel Hemp-	3:09.24
2	Phillip Burchell	39	Holywell-	2:45.34		41.86	48.29	49.85	49.24
	37.59	42.41	43.10	42.24	3	Malcolm Barton	64	Team Luton-	3:20.73
3	Enrico Hahn	38	Otter-	2:45.93		45.49	52.17	53.02	50.05
	36.60	41.61	42.83	44.89	4	David Burchell	64	Mold-	3:26.16
4	James Mactavish	37	Co South'ton-	3:03.54		46.49	52.97	54.24	52.46
	42.57	46.67	47.64	46.66	Event 302 Men 65-69 200 LC Meter Breaststroke				
Event 302 Men 40-44 200 LC Meter Breaststroke					1	John Anderson	66	Wincanton-	3:17.78
1	David Bower	41	BelperMarlin-	2:50.59		44.21	49.40	51.90	52.27
	37.83	43.48	44.80	44.48	Event 302 Men 70-74 200 LC Meter Breaststroke				
2	Mariusz Barcikowski	43	Kent Weald-	2:50.94	1	J Macpherson-Stewart	70	Free Style-	3:34.57
	37.40	43.14	45.35	45.05		47.83	55.68	56.56	54.50
3	Isidoros Pagiavlas	42	Olympiacos Sfp-	2:56.62	Event 302 Men 75-79 200 LC Meter Breaststroke				
	38.28	43.69	46.69	47.96	1	Keith Ingram	79	Birmingham M-	3:58.67
Event 302 Men 45-49 200 LC Meter Breaststroke						51.79	1:01.08	1:03.94	1:01.86
1	Geoff Boddie	46	G B Police-	2:43.64	2	Dudley Lloyd-Evans	77	Poole-	4:13.17
	35.77	40.85	42.53	44.49		58.60	1:04.24	1:05.19	1:05.14
2	Nigel Masters	48	Swindon Dolp-	2:44.63					
	36.45	41.67	43.44	43.07					

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Event 303 Women 18-24 50 LC Meter Backstroke

1	Emily Lawrence	18	Preston-	32.27
2	Ellie Westoby	19	Swansea Uni-	32.42
3	Ekaterina Zossimova	23	Exeter Uni A-	33.10
4	Callie-Ann Warrington	19	Kent Weald-	33.34
5	Samantha Girle	19	Basingstoke-	34.27
6	Georgia Harrod	19	DunmowAtlant-	34.61
7	Zara Pretious-White	19	Bishop Stort-	34.64
8	Amy Barton	24	Otter-	34.98
9	Katie Maloney	22	East Anglian-	35.49
10	Melissa Eley	19	Chelmsford-	35.96
11	Nicola Lawrence	21	Hackney-	36.06
12	Emily Gordon	23	Solihull-	36.21
13	Laura Joyce	23	Preston-	36.46
14	Jade Burton	21	Sborne Storm-	36.84
15	Abigail Morrison	20	Birm'ham Uni-	36.93
16	Victoria Malcolm	24	Exe Masters-	38.09
17	Rachael Coles	20	S Bournem'th-	40.12

Event 303 Women 25-29 50 LC Meter Backstroke

1	Sophie Clarke	28	Portsmouth N-	33.23
2	Harriet Smith	25	Co Sheffield-	38.25

Event 303 Women 30-34 50 LC Meter Backstroke

1	Alice Lane	32	Birmingham M-	33.58
2	Kelly McIntosh	30	Silver City-	34.40
3	Sarah Edwards	33	DunmowAtlant-	35.48
4	Megan Pardoe	30	Bristol Nor-	37.50
5	Kate McCormack	30	East Anglian-	39.40

Event 303 Women 35-39 50 LC Meter Backstroke

*1	Hayley Davis	35	Otter-	32.77
*1	Kirsty Johnson	38	Bracknell-	32.77
3	Susan Przywara	36	Scw Eshborn-	33.17

Event 303 Women 40-44 50 LC Meter Backstroke

1	Rebecca Smith	40	BradfordAvon-	33.70
2	Ceri Edwards	41	Portsmouth N-	34.56
3	Charlotte Reid	40	Aer Lingus Mast-	34.77
4	Tara Stroud	40	DunmowAtlant-	35.91
5	Gina Hobson	42	Otter-	35.97
6	Lisa Dawson	41	Barnet Copt-	36.31
7	Joy Ravenhall	40	Co Coventry-	36.71

Event 303 Women 45-49 50 LC Meter Backstroke

1	Michelle Ware	46	Guildford Ct-	32.10
2	Joanna Corben	49	Fareham N'Ds-	32.36
3	Gail Henry	45	Portsmouth N-	36.10
4	Karen Mackenzie	46	Team Luton-	36.98
5	Sarah Forbes	48	Swindon Dolp-	37.10
6	Rhona Courtier	48	Larkfield-	37.14

Event 303 Women 50-54 50 LC Meter Backstroke

1	Nicola Harris	51	Swindon Dolp-	34.69
2	Lydia Anne Lock	50	Leic Peng-	34.89
3	Elizabeth Woolner	52	Team Anglia-	35.94
4	Jennifer Powell	51	B C & P Mast-	38.89
5	Jill Rocky	54	Mid Sussex-	42.18
6	Ali Skirvin	50	Strat Sharks-	42.36
7	Hilary Coulson	52	Hemel Hemp-	42.67
8	Denise Humphries	52	Godalming-	43.39
*9	Lynne Dawson	52	Chapeltown-	44.33
*9	Kate King	51	Aylesbury-	44.33

Event 303 Women 55-59 50 LC Meter Backstroke

1	Lynda Coggins	55	Guildford Ct-	37.14
2	Hayley Bettinson	56	Birmingham M-	37.37
3	Philippa Williams	57	Wycombe Dist-	37.62
4	Caroline Jupp	57	Swansea Mast-	38.88
5	Carolyn Irvine	56	Bo Kirklees-	40.17
6	Heidi Gore	57	Cardiff Mast-	42.33
7	Frances Baker	59	Spencer-	43.02
8	Jayne Spencer	56	Godalming-	43.49

Event 303 Women 60-64 50 LC Meter Backstroke

1	Helen Kula-Przezanski	60	Caradon-	37.75
2	Kathy Bidnall	64	Mid Sussex-	40.85
3	Pauline Hogg	62	Guernsey-	43.02
4	Julia Buchanan	62	Caldicot-	43.87
5	Ann Gale	63	Mid Sussex-	45.66
6	Christine Goodair	62	Kings Corm-	46.84
7	Julia Hodgson	64	Bracknell-	48.44

Event 303 Women 65-69 50 LC Meter Backstroke

1	Kathleen Tunnicliffe	67	B C & P Mast-	40.63
2	Wendy Offord	65	Bo Kirklees-	42.88
3	Mary Johnson	69	Mid Sussex-	43.71
4	Marianne Davey	66	Crawley-	50.99
5	Shelley Robinson	67	Sevenoaks-	52.71
6	Vicki Buck	69	Caradon-	53.72
7	Alison Varley	67	Cardiff Mast-	59.01
8	Sally Lelean	68	East Anglian-	1:01.15

Event 303 Women 70-74 50 LC Meter Backstroke

1	Alison Gwynn	71	Mid Sussex-	43.80
2	Helen Trippe	73	Spencer-	45.55
3	Frances Jenkins	73	Southport-	47.00
4	Lynne Tanner	72	Witney-	49.20
5	Susan Dewar	73	Havant & Wat-	53.84

Event 303 Women 75-79 50 LC Meter Backstroke

1	Janet Masters	79	South Beds-	52.95
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Event 303 Women 80-84 50 LC Meter Backstroke

1	Jenny Ball	81	Camphill Ed-	57.78
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Event 303 Women 85-89 50 LC Meter Backstroke

1	Jane Asher	88	Kings Corm-	55.44
2	Grace Isaac	87	Spencer-	1:15.13

Event 304 Men 18-24 50 LC Meter Backstroke

1	Ryan Kelly	20	Chelmsford-	28.76
2	Joel Green	19	Hemel Hemp-	29.93
3	Seb Leather	24	Elmbridge-	30.59
4	Daniel Thomas	22	Pembs Cty-	31.09
5	Callum Morris	24	Cardiff Mast-	31.47
---	Charlie Madden	22	Bracknell-	DQ

Event 304 Men 25-29 50 LC Meter Backstroke

1	Daniel Morgan	25	Aylesbury-	27.60
2	Kalon Veale	28	Totnes-	28.12
3	Martin Sartorius	27	Otter-	30.69
4	David Booth	28	Cardiff Mast-	31.31
5	Paul Gray	29	Out To Swim-	31.83
6	Stephen McQuilliam	26	Co Liverpool-	32.65
7	Craig Booth	26	Arfon-	37.79

Event 304 Men 30-34 50 LC Meter Backstroke

1	John Molyneaux	31	G B Police-	28.27
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(Event 304 Men 30-34 50 LC Meter Backstroke)				9 Christopher Preston	68	Out To Swim-	43.91	
2	Daniel Korcz	30	Trafford Met-	29.92				
3	Olegas Petrikas	31	Spencer-	31.86				
4	Richard Hill	31	Bridgwater-	32.16				
5	Stuart Reid	31	Aylesbury-	37.10				
Event 304 Men 35-39 50 LC Meter Backstroke								
1	Jonathan Audis	39	Swindon Dolp-	29.88				
2	Oliver Espinasse	35	Basingstoke-	29.91				
3	Nicholas Hope	35	Wigan-	31.08				
4	Andrew Luxton	36	Swansea Mast-	31.25				
5	Douglas Flockhart	36	Out To Swim-	31.39				
6	Gye Whitlam	38	DerbyPhoenix-	31.53				
7	James Barwick	37	East Leeds-	31.85				
8	James Grigg	38	Rochford-	33.34				
9	Ryan Clay	39	Portsmouth N-	34.51				
Event 304 Men 40-44 50 LC Meter Backstroke								
1	Ben Harkin	41	Warrington M-	28.62				
2	Robert Macey	40	Exe Masters-	31.31				
3	Dean Blackman	44	Elmbridge-	33.03				
4	Mariusz Barcikowski	43	Kent Weald-	33.09				
Event 304 Men 45-49 50 LC Meter Backstroke								
1	Daniel Cotton	45	Spencer-	29.43				
2	Greg Kahn	49	Spencer-	29.75				
3	Paul Allen	47	Boston-	31.73				
Event 304 Men 50-54 50 LC Meter Backstroke								
1	Michael Hodgson	52	Guildford Ct-	30.38				
2	Patrick Gore	51	Cardiff Mast-	31.90				
3	Ian Wilkes	52	Loughborough-	33.45				
4	Stephen Beal	50	DunmowAtlant-	33.59				
5	Alan Burrows	51	Kent Weald-	33.80				
6	Richard Stock	52	Leic Peng-	35.06				
7	Phil Attwood	54	Godalming-	37.28				
8	Matthew Conrad-Jones	52	Wycombe Dist-	38.80				
Event 304 Men 55-59 50 LC Meter Backstroke								
1	Michael Brett	56	NottmLeander-	32.74				
2	Guy Emerson	56	Spencer-	34.10				
3	Stephen Allen	59	East Leeds-	34.22				
4	Ross Donaldson	57	Jersey-	35.37				
5	Colin Robbins	55	NottmLeander-	35.44				
6	Dale Barker	57	Team Anglia-	36.30				
7	Alastair Gibb	59	Team Luton-	39.52				
8	Shaun Cairns	55	Chippenham-	45.16				
Event 304 Men 60-64 50 LC Meter Backstroke								
1	Robert Guy	61	Bristol Nor-	33.57				
2	Simon Veale	63	Totnes-	35.44				
3	Michael Whitehead	62	Aylesbury-	35.99				
4	Graham Perry	60	Swindon Dolp-	37.33				
Event 304 Men 65-69 50 LC Meter Backstroke								
1	Graeme Milne	65	Truro City-	35.29				
2	Trevor Clark	65	Birmingham M-	35.47				
3	Eddie Riach	66	Milngavie &B-	35.66				
4	Alan McMullan	66	Bangor (Ni)-	37.89				
5	Nigel Foster	69	Littled Mast-	38.47				
6	Ian Woollard	65	Barnet Copt-	38.86				
7	Godfrey Admans	65	Spencer-	38.97				
8	Anthony Meek	69	Kent Weald-	40.06				
				Event 304 Men 70-74 50 LC Meter Backstroke				
				1 Lee Curtis	74	Brighton Dol-	48.36	
				2 Peter Stephens	72	Spencer-	49.75	
				Event 304 Men 75-79 50 LC Meter Backstroke				
				1 Roger Billing	76	Guildford Ct-	40.24	
				2 Robert Thomas	76	Gold Coast Masts-	43.77	
				3 Tony Cherrington	77	Gloucester M-	45.20	
				4 Nigel Salisbury	79	Spencer-	49.19	
				5 Graham Ling	75	Hythe-	53.27	
				Event 305 Mixed 72-99 800 LC Meter Freestyle Relay				
				1 Preston	A		9:18.65	
				1) Patrick Hill M21	2) Katie Gaffing W22			
				3) Laura Joyce W23	4) Stephen Marshall M24			
				29.24	1:01.43	1:35.39	2:08.34	
				32.78	1:10.13	1:49.37	2:27.40	
				32.90	1:10.90	1:50.87	2:29.71	
				29.77	1:03.64	1:38.94	2:13.20	
				2 Kent Weald	A		9:46.80	
				1) Callie-Ann Warrington W19	2) Guy Armstrong M37			
				3) Calum Winton M27	4) Danielle Ryan W34			
				31.35	1:06.61	1:43.97	2:21.08	
				32.18	1:08.69	1:47.05	2:23.71	
				30.43	1:06.86	1:46.55	2:24.57	
				36.35	1:16.51	1:57.43	2:37.44	
				3 Exe Masters	A		10:31.57	
				1) Graham Cridland M51	2) Victoria Malcolm W24			
				3) Judith McGregor-Harper W49	4) Jamie Page M42			
				32.77	1:09.37	1:48.65	2:26.65	
				36.71	1:20.65	2:05.58	2:46.18	
				36.96	1:20.01	2:05.15	2:48.54	
				33.19	1:11.18	1:50.53	2:30.20	
				Event 305 Mixed 120-159 800 LC Meter Freestyle Relay				
				1 Loughborough	A		11:17.88	
				1) Felix Ng M34	2) Fiona Conway W29			
				3) Nick White M48	4) Emily Aust W29			
				33.89	1:14.08	1:56.45	2:38.04	
				46.19	1:36.94	2:30.68	3:24.60	
				35.06	1:14.88	1:55.42	2:33.87	
				35.18	1:15.59	1:58.70	2:41.37	
				Event 305 Mixed 160-199 800 LC Meter Freestyle Relay				
				1 Fareham N'Ds	A		8:55.63	
				1) Laura Molyneaux W32	2) Martin Bennell M42			
				3) Johannes Berbers M44	4) Joanna Corben W49			
				31.61	1:05.77	1:40.74	2:15.76	
				29.02	1:01.54	1:35.22	2:08.56	
				29.05	1:01.43	1:34.37	2:06.42	
				33.80	1:11.15	1:48.83	2:24.89	
				2 Cardiff Mast	A		10:17.52	
				1) Scott Tancock M37	2) Karen Howells W48			
				3) Sorcha Kennedy W43	4) Adrian Morris M57			
				32.79	1:09.52	1:47.67	2:26.17	
				38.06	1:19.38	2:03.10	2:45.66	
				34.51	1:14.08	1:55.54	2:37.43	
				33.78	1:11.09	1:49.98	2:28.26	

British Masters 2019 - 14/06/2019 to 16/06/2019**Wales National Pool, Swansea****Results - Session 3 - Warmup 4.45pm**

Event 305 Mixed 200-239 800 LC Meter Freestyle Relay

1	Spencer	A			11:20.19
	1) Laura Kerrigan W34		2) Suzanne Maidment W53		
	3) Stephen Baker M65		4) Michael Barnett M56		
	36.74	1:18.25	2:00.59	2:43.54	
	36.76	1:19.03	2:03.99	2:49.31	
	42.83	3:03.82	3:41.05	4:23.58	
	44.04	1:23.76			

Event 305 Mixed 240-279 800 LC Meter Freestyle Relay

1	Spencer	A			10:46.27
	1) Greg Kahn M49		2) Clive Benson M56		
	3) Diane Ford W76		4) Esther Iseppi W61		
	31.78	1:06.17	1:41.17	2:14.49	
	31.86	1:09.62	1:49.48	2:26.25	
	43.89	1:35.21	2:27.49	3:19.70	
	35.46	1:17.74	2:01.14	2:45.83	