

WELSH LONG COURSE RECORDS



WOMEN

DIST	STROKE	TIME	NAME	CLUB	VENUE	DATE
50m	FREESTYLE	00:25.91	Hannah McCARTHY	Swansea Performance	Cardiff International Meet	06/06/2014
100m	FREESTYLE	00:55.64	Georgia DAVIES	Loughborough University	British Champs. Sheffield	21/04/2017
200m	FREESTYLE	01:56.88	Jazmin CARLIN	Bath University	British Champs, London	18/04/2015
400m	FREESTYLE	04:01.23	Jazmin CARLIN	Bath University	Olympic Games, Rio	07/08/2016
800m	FREESTYLE	08:15.54	Jazmin CARLIN	Swansea Performance	Berlin European Championships	21/08/2014
1500m	FREESTYLE	15:47.26	Jazmin CARLIN	Swansea Performance	BG World Trials, Sheffield	28/06/2013
50m	BACKSTROKE	00:27.49	Georgia DAVIES	Loughborough University	World Champs, Budapest	26/07/2017
100m	BACKSTROKE	00:59.34	Georgia DAVIES	Loughborough University	British Champs, Sheffield	19/04/2017
200m	BACKSTROKE	02:10.96	Georgia DAVIES	Swansea Performance	British Champs, Sheffield	20/03/2009
50m	BREASTSTROKE	00:31.03	Lowri TYNAN	Wrexham	World Champs, Rome	01/08/2009
100m	BREASTSTROKE	01:06.88	Chloe TUTTON	City of Cardiff	Olympic Games, Rio	07/08/2016
200m	BREASTSTROKE	02:22.34	Chloe TUTTON	City of Cardiff	British Champs, Glasgow	13/04/2016
50m	BUTTERFLY	00:26.63	Harriet JONES	City of Cardiff	TYR Pro Swim Series	13/01/2018
100m	BUTTERFLY	00:57.43	Jemma LOWE	Swansea Performance	British Champs, Sheffield	14/06/2011
200m	BUTTERFLY	02:05.36	Jemma LOWE	Swansea Performance	ASA Nationals, Sheffield	17/06/2011
200m	IND. MEDLEY	02:15:35	Chloe TUTTON	City of Cardiff	Arena National Swimming League, Cardiff	24/04/2016
400m	IND. MEDLEY	04:47.58	Rachel WILLIAMS	Melksham ASC	ASA Nationals, Sheffield	04/08/2013
4x100m	FREE TEAM	03:45.40	Sian MORGAN , Chloe TUTTON , Mari DAVIES , Hannah McCARTHY	National Team	Commonwealth Games, Glasgow	24/07/2014
4x100m	MEDLEY TEAM	04:05.88	Georgia DAVIES , Sara LOUGHER , Jemma LOWE , Jazmin CARLIN	National Team	Commonwealth Games, Delhi	09/10/2010
4x200m	FREE TEAM	8:08.50	Danielle STIRRAT , Alys THOMAS , Georgia DAVIES , Jazmin CARLIN	National Team	Commonwealth Games, Delhi	06/10/2010

WELSH LONG COURSE RECORDS



MEN

DIST	STROKE	TIME	NAME	CLUB	VENUE	DATE
50m	FREESTYLE	00:22.67	Owen MORGAN	Box hill	British Gas Swimming Champs, Manchester	11/03/2011
100m	FREESTYLE	00:48.93	Calum JARVIS	Bath	British Champs, London	15/04/2015
200m	FREESTYLE	01:46.53	Calum JARVIS	Bath	Commonwealth Games, Glasgow	25/07/2014
400m	FREESTYLE	03:45.24	David DAVIES	City of Cardiff	British Champs, Sheffield	16/03/2009
800m	FREESTYLE	07:44.32	David DAVIES	Loughborough	World Champs, Rome	29/07/2009
1500m	FREESTYLE	14:45.95	David DAVIES	City of Cardiff	Olympic Games, Athens	21/08/2004
50m	BACKSTROKE	00:25.03	Marco LOUGHRAN	Nofio Cymru	British Champs, Glasgow	12/04/2014
100m	BACKSTROKE	00:54.26	Marco LOUGHRAN	Guildford City	BG World Trials, Sheffield	27/06/2013
200m	BACKSTROKE	01:58.16	Marco LOUGHRAN	Guildford City	British Champs, Sheffield	02/04/2008
50m	BREASTSTROKE	00:27.93	Robert HOLDERNESS	Millfield	Commonwealth Games, Glasgow	28/07/2014
100m	BREASTSTROKE	01:00.71	Robert HOLDERNESS	Millfield	Commonwealth Games, Glasgow	25/07/2014
200m	BREASTSTROKE	02:10.61	Robert HOLDERNESS	Millfield	BG World Trials, Sheffield	28/06/2013
50m	BUTTERFLY	00:24.05	Thomas LAXTON	Loughborough	BG World Trials, Sheffield	28/06/2013
100m	BUTTERFLY	00:52.37	Thomas LAXTON	Loughborough	World Championships, Kazan	07/08/2015
200m	BUTTERFLY	01:59.10	Thomas ALLEN	Swim Flintshire	ASA Nats, Sheffield	30/07/2009
200m	IND. MEDLEY	01:58.63	Ieuan LLOYD	City of Cardiff	BG World Trials, Sheffield	29/06/2013
400m	IND. MEDLEY	04:11.32	Thomas HAFIELD	City of Cardiff	World Champs, Rome	02/08/2009
4x100m	FREE TEAM	03:19.82	Calum JARVIS , Otto PUTLAND , Xavier MOHAMMED , Ieuan LLOYD	National Team	Commonwealth Games, Glasgow	25/07/2014
4x100m	MEDLEY TEAM	03:37.25	Marco LOUGHRAN , Robert HOLDERNESS , Thomas LAXTON , Calum JARVIS	National Team	Commonwealth Games, Glasgow	29/07/2014
4x200m	FREE TEAM	07:15.96	Calum JARVIS , Otto PUTLAND , Xavier MOHAMMED , Ieuan LLOYD	National Team	Commonwealth Games, Glasgow	27/07/2014

WELSH LONG COURSE RECORDS



GIRLS

Please note that Welsh Junior Records are Under 16 years on the day of competition

DIST	STROKE	TIME	NAME	CLUB	VENUE	DATE
50m	FREESTYLE	00:26.90	Hannah MCCARTHY Annaliese BEYNON	Cheltenham S&WP City of Cardiff	ASA National Youth Champs Wycombe Inaugural Long Course Premier Meet	02/08/2009 12/03/2016
100m	FREESTYLE	00:57.19	Chloe TUTTON	City of Cardiff	British Gas Champs, Manchester	09/03/2011
200m	FREESTYLE	02:02.26	Kathryn GREENSLADE	Preston	ASA National Youth Champs	06/08/2014
400m	FREESTYLE	04:17.78	Jazmin CARLIN	Tigersharks ASC	Com Trials, Sheffield	09/08/2005
800m	FREESTYLE	08:44.25	Jazmin CARLIN	Tigersharks ASC	Com Trials, Sheffield	06/08/2005
1500m	FREESTYLE	17:09.03	Jazmin CARLIN	Tigersharks ASC	Rushmoor Open, Aldershot	23/10/2005
50m	BACKSTROKE	00:29.34	Medi HARRIS	Caernarfon	Commonwealth Youth Games, Bahamas	20/07/2017
100m	BACKSTROKE	01:02.71	Medi HARRIS	Swim Gwynedd	Swim Wales Winter Championships	02/12/2017
200m	BACKSTROKE	02:16.52	Rebecca SUTTON Medi HARRIS	Bridgend County Caernarfon	British Summer Champs, Sheffield Commonwealth Youth Games, Bahamas	29/07/2016 21/07/2017
50m	BREASTSTROKE	00:32.45	Sara LOUGHER	Bridgend County	European Jr., Prague	08/07/2009
100m	BREASTSTROKE	01:10.18	Sara LOUGHER	Bridgend County	Celtic Tri Nations	20/02/2009
200m	BREASTSTROKE	02:32.84	Sara LOUGHER	Bridgend County	Dragon Meet, Swansea	10/01/2010
50m	BUTTERFLY	00:27.48	Sian HARKIN	City of Cardiff	Glasgow	22/06/2010
100m	BUTTERFLY	01:00.23	Jemma LOWE	National Team	CWG, Melbourne	18/03/2006
200m	BUTTERFLY	02:13.75	Jemma LOWE	National Team	CWG, Melbourne	21/03/2006
200m	IND. MEDLEY	02:17.22	Chloe TUTTON	City of Cardiff	European Champs, Antwerp	07/07/2012
400m	IND. MEDLEY	04:48.47	Chloe TUTTON	City of Cardiff	European Champs, Antwerp	04/07/2012
4x100m	Free Team	3:58.71	Siwan THOMAS , Carys THOMAS , Siriol ROBERTS , Mari DAVIES	National Team	UK School Games London	09/05/2012
4x100m	Medley Team	4.24.00	Standard	/	/	/
4x200m	Free Team	8.40.00	Standard	/	/	/

WELSH LONG COURSE RECORDS



BOYS

Please note that Welsh Junior Records are Under 16 years on the day of competition

DIST	STROKE	TIME	NAME	CLUB	VENUE	DATE
50m	FREESTYLE	00:24.18	Joshua THOMAS	Bridgend County	Youth Champs, Sheffield	01/08/2009
100m	FREESTYLE	00:52.26	Matthew RICHARDS	Royal Wolverhampton	Edinburgh International Inc British Champs	01/03/2018
200m	FREESTYLE	01:51.29	Matthew RICHARDS	Royal Wolverhampton	Swim Wales Winter Championships	02/12/2017
400m	FREESTYLE	03:57.46	Ieuan LLOYD	City of Cardiff	Scottish Nationals, Glasgow	26/06/2009
800m	FREESTYLE	08:26.17	Thomas ALLEN	Swim Flintshire	Speedo Cup, Norway	30/05/2008
1500m	FREESTYLE	15:45.30	Thomas ALLEN	Swansea University	British Champs, Sheffield	04/04/2008
50m	BACKSTROKE	00:27.38	Marco LOUGHRAN	Guildford	GB Trials, Manchester	18/03/2005
100m	BACKSTROKE	00:58.53	Ieuan EVANS	City of Cardiff	Swim Wales Winter Championships	02/12/2017
200m	BACKSTROKE	02:04.16	Ieuan EVANS	City of Cardiff	Swim Wales Winter Championships	01/12/2017
50m	BREASTSTROKE	00:30.17	Lewis FRASER	City of Swansea	FFN Golden Tour, Marseille	04/03/2016
100m	BREASTSTROKE	01:04.42	Kyle BOOTH	City of Cardiff	European Youth Olympic Festival Gyor	24/07/2017
200m	BREASTSTROKE	02:18.18	Kyle BOOTH	City of Cardiff	European Youth Olympic Festival Gyor	26/07/2017
50m	BUTTERFLY	00:25.68	Matthew RICHARDS	Royal Wolverhampton	British Champs, Sheffield	30/07/2017
100m	BUTTERFLY	00:57.09	Matthew RICHARDS	Royal Wolverhampton	British Champs, Sheffield	28/07/2017
200m	BUTTERFLY	02:05.97	Thomas ALLEN	Swim Flintshire	British Champs, Sheffield	05/04/2008
200m	IND. MEDLEY	02:04.89	Ieuan LLOYD	City of Cardiff	Sheffield	17/03/2009
400m	IND. MEDLEY	04:27.65	Ieuan LLOYD	City of Cardiff	Scottish Nats, Glasgow	28/06/2009
4x100m	FREE TEAM	3:37.58	Jonah LEWIS , Cameron BROWN , Alex GRIFFITHS , Daniel JONES	National Team	London UK School Games	09/05/2012
4x100m	MEDLEY TEAM	4.03.66	Ieuan EVANS , Bradley NEWMAN , Benjamin CHOOYIN , Kyle BOOTH	City of Cardiff	Swim Wales Long Course Champs	15/04/2017
4x200m	FREE TEAM	8.03.69	Daniel JONES , Jonah LEWIS , Daniel JERVIS , Cameron BROWN	National Team	London UK School Games	09/05/2012