

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
MENS								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>50m BACKSTROKE</b>								
S	18-24	Gareth	FOWLER	1989	Amersham	27.99	Sheffield	Oct-11
A	25-29	Andrew	CAMPBELL	1974	Wrexham	27.51	Bangor	Nov-02
B	30-34	Chris	JONES	1971	G.B. Police	27.78	Sheffield	Oct-03
C	35-39	Patrick	GORE	1968	CLAMS	29.06	Sheffield	Oct-09
D	40-44	Austyn	SHORTMAN	1972	Tenby Masters	29.09	Sheffield	Oct-13
E	45-49	Andrew	CAMPBELL	1974	Wrexham	29.26	Stockport	Jul-19
F	50-54	Patrick	GORE	1968	Cardiff Masters	30.70	Sheffield	Oct-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	33.46	Sheffield	Oct-15
H	60-64	Eric	HODGSON	1947	Wrexham	33.75	Shrewsbury	Jan-07
J	65-69	James	ARTHUR	1948	Celtic Dolphins	37.96	Gloucester	Apr-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	43.39	Newport	Nov-10
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	45.96	Sheffield	1991
M	80-84	Graham	HUXTABLE	1916	Welsh G'oldfish	51.27	Cardiff	1996
N	85-89	Graham	HUXTABLE	1916	Carmarthen M	57.57	Penarth	2001
O	90-94							
<b>100m BACKSTROKE</b>								
S	18-24	Alex	GRIFFITHS	1997	Cardiff Masters	1.01.26	Bristol	Sep-15
A	25-29	Andrew	CAMPBELL	1974	Wrexham	1.00.09	Sheffield	Dec-03
B	30-34	Chris	JONES	1971	G.B. Police	58.59	Sheffield	Nov-02
C	35-39	Andrew	LUXTON	1983	Swansea Aq Mas	1.04.29	Newport	Nov-18
D	40-44	Patrick	GORE	1968	CLAMS	1.03.00	Sheffield	Oct-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	1.03.55	Newport	Nov-19
F	50-54	Patrick	GORE	1968	Cardiff Masters	1.05.47	Sheffield	Oct-19
G	55-59	Jonathan	HOPKINS	1960	City of Cardiff	1.10.02	Gloucester	Apr-15
H	60-64	Eric	HODGSON	1947	Wrexham	1.14.87	Sheffield	Oct-07
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.22.53	Gloucester	Apr-14
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.36.90	Newport	Nov-10
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	1.44.07	Sheffield	1991
M	80-84	Graham	HUXTABLE	1916	Welsh G'oldfish	1.55.29	Sheffield	1998
N	85-89	Graham	HUXTABLE	1916	Carmarthen	2.22.95	Penarth	2001
O	90-94							
<b>200m BACKSTROKE</b>								
S	18-24	Andrew	LUXTON	1983	Swim Swansea	2.10.61	Sheffield	Oct-03
A	25-29	Paul	GRIFFITHS	1970	Rhyl	2.10.16	Sheffield	1999
B	30-34	Chris	JONES	1971	G.B. Police	2.05.57	Sheffield	Nov-02
C	35-39	Andrew	LUXTON	1983	Swansea Aq Mas	2.21.33	Newport	Nov-18
D	40-44	Patrick	GORE	1968	CLAMS	2.17.25	Sheffield	Oct-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	2.23.97	Arfon	Sep-19
F	50-54	Patrick	GORE	1968	Cardiff Masters	2.23.64	Sheffield	Oct-18
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.31.09	Sheffield	Oct-16
H	60-64	James	ARTHUR	1948	Swansea Valley	2.57.38	Glasgow	Nov-08
J	65-69	James	ARTHUR	1948	Celtic Dolphins	3.00.84	Sheffield	Oct-16
K	70-74	Keith	ROTHWELL	1949	Arfon Masters	4.00.36	Carlisle	Feb-19
L	75-79	T.P.(Tony).	SUMMERS	1924	Newport Maindee	3.46.74	Wrexham	2002
M	80-84							
N	85-89							
O	90-94							
			<b>New Welsh Record</b>					

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
MENS								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>50m BREASTSTROKE</b>								
S	18-24	Ben	NORTHALL	2001	Chrik SC	32.42	Newport	Nov-19
A	25-29	Kiroless	SABA	1990	Cardiff Masters	29.06	Sheffield	Oct-19
B	30-34	David	MORGAN	1975	Gwent Police	30.81	Sheffield	Oct-06
C	35-39	Scott	TANCOCK	1982	Cardiff Masters	32.5	Sheffield	Oct-19
D	40-44	Phillip	BURCHELL	1980	Holywell	33.83	Blackpool	Sept-21
E	45-49	Walter	SYRETT	1959	Pontypool	32.79	Sheffield	Oct-06
F	50-54	Walter	SYRETT	1959	Cardiff Masters	32.72	Sheffield	Oct-09
G	55-59	Walter	SYRETT	1959	Heads/Valley	35.56	Shrewsbury	Jan-17
H	60-64	Ian	HAPGOOD	1957	Welsh Indy	36.71	Sheffield	Oct-18
J	65-69	James	ARTHUR	1948	Celtic Dolphins	39.98	Gloucester	Mar-14
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	44.03	Bangor	Sep-10
L	75-79	Edward	LLOYD	1931	Wrexham	46.76	Bangor	Sep-06
M	80-84	Les	STAGG	1932	Co Cardiff	57.99	Cardiff I.S.V.	Dec-12
N	85-89							
O	90-94							
<b>100m BREASTSTROKE</b>								
S	18-24	Gareth	COCKS	1989	Cardiff Masters	1.11.13	Barnet	Mar-13
A	25-29	Leigh	ATKINSON	1958	Cardiff	1.08.95	W.I.S.Cardiff	1984
B	30-34	David	MORGAN	1975	Gwent Police	1.07.20	Sheffield	Oct-06
C	35-39	Phillip	BURCHELL	1980	Holywell/Sub160	1.11.22	Sheffield	Oct-17
D	40-44	Walter	SYRETT	1959	Pontypool	1.14.05	Sheffield	Oct-03
E	45-49	Walter	SYRETT	1959	Pontypool	1.12.62	Sheffield	Oct-06
F	50-54	Walter	SYRETT	1959	Cardiff Masters	1.13.26	Sheffield	Oct-09
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	1.16.52	Gloucester	Apr-17
H	60-64	Walter	SYRETT	1959	Heads of Valleys	1.21.69	Horfield	May-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.28.42	Eastbourne	Mar-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.41.60	Bangor	Sep-10
L	75-79	Robert	LLOYD-EVANS	1942	Poole	1.48.61	Millfield	Mar-17
M	80-84	Les	STAGG	1932	Co Cardiff	2.09.67	Cardif I.S.V.	Dec-11
N	85-89							
O	90-94							
<b>200m BREASTSTROKE</b>								
S	18-24	Richard	HEALEY	1998	Chirk Dragons	2.50.89	Sheffield	Oct-17
A	25-29	Carl	ROBERTS	1966	Holywell	2.38.57	W.I.S.Cardiff	1995
B	30-34	David	MORGAN	1975	Gwent Police	2.30.91	Sheffield	Oct-06
C	35-39	Phillip	BURCHELL	1980	Holywell/Sub160	2.35.86	Sheffield	Oct-17
D	40-44	Paul	JENKINS	1953	CLAMS	2.41.77	Bangor	1994
E	45-49	Walter	SYRETT	1959	Pontypool	2.42.34	Sheffield	Oct-05
F	50-54	Walter	SYRETT	1959	Cardiff Masters	2.40.97	Sheffield	Oct-09
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.51.13	Sheffield	Oct-16
H	60-64	James	ARTHUR	1948	Swansea Valley	3.07.06	Glasgow	Nov-09
J	65-69	James	ARTHUR	1948	Celtic Dolphins	3.13.41	Sheffield	Oct-16
K	70-74	Robert	LLOYD-EVANS	1942	Poole	3.38.41	Sheffield	Oct-12
L	75-79	Robert	LLOYD-EVANS	1942	Poole	3.53.60	Horfield Bristol	Sep-17
M	80-84	Ernest	CLEMETT	1917	St. Austell	5.50.89	Bangor	1997
N	85-89							
O	90-94							
			<b>New Welsh Record</b>					

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
MENS								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>50m BUTTERFLY</b>								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	26.28	Sheffield	Oct-07
A	25-29	Andrew	CAMPBELL	1974	Wrexham	26.45	Bangor	Oct-02
B	30-34	Mark	JONES	1972	Llanelli	26.03	Penlan	Mar-03
C	35-39	Mark	JONES	1972	Ealing	26.36	Maidenhead	Nov-09
D	40-44	Jason	COOK	1978	Welsh INDY	26.99	Newport	Nov-19
E	45-49	Andrew	CAMPBELL	1974	Wrexham	27.89	Newport	Nov-19
F	50-54	Tony	DAY	1965	Darlington	28.78	South Shields	Jul-19
G	55-59	Tony	DAY	1965	Darlington	29.60	Billingham	Feb-20
H	60-64	Malcolm	GORDON SMITH	1958	Bridgend SC	31.95	Newport	Nov-19
J	65-69	Garfield	THOMAS	1940	Bridgend Cty	35.75	Bangor	Sep-06
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	37.88	Gloucester	Apr-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	43.68	Nuneaton	May-17
M	80-84	Ernest	CLEMETT	1917	St. Austell	1.06.65	Bangor	1997
N	85-89							
O	90-94							
<b>100m BUTTERFLY</b>								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	58.22	Sheffield	Oct-07
A	25-29	Gareth	COCKS	1989	Cardiff Masters	58.72	Sheffield	Oct-15
B	30-34	Calvin	HARRIS	1965	Pontypool	1.00.73	Pontypool	1995
C	35-39	Mark	JONES	1972	Ealing	1.01.35	Maidenhead	Nov-09
D	40-44	Jason	COOK	1978	Welsh INDY	1.01.77	Newport	Nov-19
E	45-49	Andrew	CAMPBELL	1974	Wrexham	1.02.06	Newport	Nov-19
F	50-54	Patrick	GORE	1968	Cardiff Masters	1.05.36	Sheffield	Oct-18
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	1.10.81	Millfield	May-18
H	60-64	Stuart	SHERMAN	1955	Cardiff Masters	1.17.78	Stafford	Mar-15
J	65-69	Garfield	THOMAS	1940	Bridgend Cty	1.26.06	Barnet	Sep-06
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.33.35	Millfield	Mar-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	1.53.83	Millfield	May-16
M	80-84	Ernest	CLEMETT	1917	St. Austell	2.37.38	Sheffield	1997
N	85-89							
O	90-94							
<b>200m BUTTERFLY</b>								
S	18-24	Gareth	COCKS	1989	Cardiff Masters	2.13.83	Sheffield	Oct-11
A	25-29	Gareth	COCKS	1989	Cardiff Masters	2.11.17	Sheffield	Oct-15
B	30-34	Calvin	HARRIS	1965	Pontypool	2.14.97	Bangor	1997
C	35-39	Phillip	BURCHELL	1980	Holywell/Sub160	2.37.47	Blackpool	Feb 18
D	40-44	Ray	PONTING	1955	Fontygary	2.35.57	Swansea	1998
E	45-49	Andrew	CAMPBELL	1974	Wrexham	2.35.11	Arfon	Sep-19
F	50-54	Keith	ROTHWELL	1949	Arfon Masters	3.14.56	Sheffield	2000
G	55-59	David	BURCHELL	1955	Mold	2.55.40	Blackpool	Jul-10
H	60-64	Stuart	SHERMAN	1955	Cardiff Masters	3.05.22	Sheffield	Oct-15
J	65-69	Garfield	THOMAS	1940	Welsh Indy	3.40.53	Bracknell	Mar-09
K	70-74	Keith	ROTHWELL	1949	Arfon Masters	4.20.36	Guernsey	Apr-19
L	75-79	Ernest	CLEMETT	1917	St. Austell	6.19.50	Bangor	1994
M	80-84	Ernest	CLEMETT	1917	St. Austell	5.47.33	Bangor	1997
N	85-89							
O	90-94							
					New Welsh Record			

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
MENS								
	AGE		YoB	CLUB	TIME	VENUE	DATE	
<b>50m FREESTYLE</b>								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	23.91	Sheffield	Oct-07
A	25-29	Kiroless	SABA	1990	Cardiff Masters	23.93	Sheffield	Oct-19
B	30-34	Austyn	SHORTMAN	1972	Tenby	22.68	Sheffield	Oct-03
C	35-39	Kevin	HARRISON	1965	Nottm Leander	24.43	Sheffield	Oct-03
D	40-44	Kevin	HARRISON	1965	Carmarthen	25.46	W.I.S.Cardiff	Apr-05
E	45-49	Andrew	CAMPBELL	1974	Wrexham	26.07	Stockport	Jul-19
F	50-54	Tony	DAY	1965	Darlington	27.41	Blackpool	Nov-16
G	55-59	Tony	DAY	1965	Darlington	27.55	Billingham	Feb-20
H	60-64	Peter	GILPIN	1958	Exmouth S.C.	29.57	Sheffield	Oct-18
J	65-69	James	ARTHUR	1948	Celtic Dolphins	31.52	Millfield	May-15
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	32.12	Gloucester	Apr-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	36.01	Nuneaton	May-17
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	38.73	Millfield	Feb-20
N	85-89	William	DODGSON	1920	Abergavenny	42.75	W.I.S.Cardiff	Apr-05
O	90-94							
<b>100m FREESTYLE</b>								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	53.18	Sheffield	Oct-07
A	25-29	David	ROBERTS	1981	B'ham Masters	53.19	Sheffield	Dec-06
B	30-34	Austyn	SHORTMAN	1972	Tenby	51.37	Sheffield	Oct-03
C	35-39	Mark	JONES	1972	Ealing	54.53	Newport	Nov-09
D	40-44	Patrick	GORE	1968	CLAMS	55.93	Newport	Nov-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	57.48	Blackpool	Oct-21
F	50-54	Patrick	GORE	1968	Cardiff Masters	58.28	Sheffield	Oct-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	1.01.96	Sheffield	Oct-15
H	60-64	Malcolm	GORDON SMITH	1958	Bridgend SC	1.06.69	Newport	Nov-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.09.75	Gloucester	Apr-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.13.91	Newport	Nov-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	1.20.05	Sheffield	Oct-16
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	1.31.25	Millfield	Feb-20
N	85-89	Graham	HUXTABLE	1916	Carmarthen	2.01.68	Penarth	2001
O	90-94							
<b>200m FREESTYLE</b>								
S	18-24	Rhys	DAVIES	2001	Nofio Sir Gar	1.59.88	Newport	Nov-19
A	25-29	Calvin	HARRIS	1965	Pontypool	2.01.05	Bangor	1994
B	30-34	Calvin	HARRIS	1965	Pontypool	2.04.05	Barnett	1996
C	35-39	Rhodri	HUMPHREYS	1982	Royal Navy	2.02.52	Millfield	Mar-17
D	40-44	Patrick	GORE	1968	CLAMS	2.01.01	Sheffield	Oct-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	2.07.78	Blackpool	Sep-19
F	50-54	Tony	DAY	1965	Darlington SC	2.09.46	South Shields	Jul-17
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.18.77	Gloucester	May-16
H	60-64	Malcolm	GORDON SMITH	1958	Bridgend SC	2.26.57	Newport	Nov-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	2.36.44	Gloucester	Apr-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	2.56.24	Barnet Copthall	Jul-12
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	2.57.87	Blackpool	Apr-15
M	80-84	Graham	HUXTABLE	1916	Brecon	3.55.76	Brecon	1997
N	85-89							
O	90-94							
			NAME	YoB	CLUB	TIME	VENUE	DATE
<b>400m FREESTYLE</b>								
S	18-24	Rhys	DAVIES	2001	Nofio Sir Gar	4.21.96	Newport	Nov-19

A	25-29	Stuart	MORRISH	1967	Newport Maindee	4.16.28	Pontypool	Jun-05
B	30-34	Rhodri	HUMPHREYS	1982	Royal Navy	4.19.40	Sheffield	Oct-12
C	35-39	Calvin	HARRIS	1965	Pontypool	4.22.88	Bangor	2000
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	4.34.09	Bangor	Jun-05
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	4.36.05	Sheffield	Oct-06
F	50-54	Tony	DAY	1965	Darlington SC	4.29.86	Harrogate	Sep-17
G	55-59	Tony	DAY	1965	Darlington	4.36.30	Billingham	Feb-20
H	60-64	Christopher	GOULDEN	1957	Cardiff Masters	5.10.02	Newport	Nov-18
J	65-69	James	ARTHUR	1948	Celtic Dolphins	5.29.53	Gloucester	Apr-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	6.08.91	Gloucester	Apr-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	6.43.73	Gloucester	May-16
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	7.18.15	Millfield	Feb-20
N	85-89							
O	90-94							

### 800m FREESTYLE

S	18-24	Richard	HEALEY	1998	Chirk Dragons	10.42.98	Sheffield	Oct-17
A	25-29	Stuart	MORRISH	1967	Newport Maindee	8.53.54	Liverpool	1996
B	30-34	Calvin	HARRIS	1965	Pontypool	9.01.12	Swansea	1998
C	35-39	Jonathan	HOPKINS	1960	Swansea Valley	9.44.43	Monmouth	1999
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	9.35.79	Sheffield	Nov-02
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	9.34.57	Sheffield	Oct-06
F	50-54	Tony	DAY	1965	Darlington S.C	9.17.97	Sheffield	Oct-18
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	10.16.25	Sheffield	Oct-15
H	60-64	Christopher	GOULDEN	1957	Cardiff Masters	10.38.53	Sheffield	Oct-18
J	65-69	James	ARTHUR	1948	Celtic Dolphins	11.41.05	Barnet	Nov-15
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	13.58.52	Barnet	Jul-14
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	14.10.29	California (USA)	Nov-18
M	80-84	Ernest	CLEMETT	1917	St. Austell	18.27.73	Sheffield	1997
N	85-89							
O	90-94							

### 1500m FREESTYLE

S	18-24							
A	25-29	Stuart	MORRISH	1967	Newport Maindee	17.30.27	Liverpool	1995
B	30-34	Calvin	HARRIS	1965	Pontypool	17.23.14	Swansea	1998
C	35-39	Jonathan	HOPKINS	1960	Swansea Valley	18.27.83	Sheffield	1999
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	18.24.33	Barnet	Jun-05
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	18.42.06	Barnet	Nov-06
F	50-54	Tony	DAY	1965	Darlington Mast	18.09.04	Blackpool	Feb-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	19.43.34	Barnet	Nov-15
H	60-64	Christopher	GOULDEN	1957	Cardiff Masters	20.12.96	Sheffield	Oct-18
J	65-69	James	ARTHUR	1948	Celtic Dolphins	22.24.02	Barnet	Nov-15
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	26.18.34	Sheffield	Oct-14
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	27.02.72	Barnet Copthall	Nov-16
M	80-84	Ernest	CLEMETT	1917	St.Austell	34.28.78	Sheffield	1997
N	85-89							
O	90-94							

New Welsh Record

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
MENS								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>100m INDIVIDUAL MEDLEY</b>								
S	18-24	Gareth	COCKS	1989	Cardiff Masters	1.03.34	Millfield	Mar-11
A	25-29	Andrew	CAMPBELL	1974	Wrexham	1.01.38	Sheffield	Dec-03
B	30-34	Paul	GRIFFITHS	1970	Rhyl	1.02.76	Sheffield	2000
C	35-39	Calvin	HARRIS	1965	Pontypool	1.03.88	Bangor	2000
D	40-44	Patrick	GORE	1968	CLAMS	1.04.30	Newport	Nov-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	1.02.94	Newport	Nov-19
F	50-54	Tony	DAY	1965	Darlington	1.08.34	Billingham	Mar-17
G	55-59	Tony	DAY	1965	Darlington	1.08.01	Billingham	Feb-20
H	60-64	Stuart	SHERMAN	1955	Cardiff Masters	1.15.78	Stafford	Mar-15
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.20.05	Eastbourne	May-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.28.31	Millfield	Mar-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	1.35.97	Bracknell	Feb-15
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	1.51.25	Millfield	Feb-20
N	85-89							
O	90-94							
<b>200m INDIVIDUAL MEDLEY</b>								
S	18-24	Rhys	DAVIES	2001	Nofio Sir Gar	2.17.39	Newport	Nov-19
A	25-29	Paul	GRIFFITHS	1970	Rhyl	2.16.45	Sheffield	1999
B	30-34	Chris	JONES	1972	S.W. Police	2.11.58	Penarth	2001
C	35-39	Calvin	HARRIS	1965	Pontypool	2.17.70	Bangor	2000
D	40-44	Paul	JENKINS	1953	CLAMS	2.24.25	Sheffield	1993
E	45-49	Andrew	CAMPBELL	1974	Wrexham	2.24.81	Blackpool	Sep-19
F	50-54	J (Tony)	DAY	1965	Darlington	2.25.63	Harrogate	Sep-16
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.34.18	Sheffield	Oct-15
H	60-64	James	ARTHUR	1948	Swansea Valley	2.52.77	Glasgow	Nov-09
J	65-69	James	ARTHUR	1948	Celtic Dolphins	2.58.60	Barnet Copthall	Jul-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	3.27.17	Bangor	Sep-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	3.45.07	Sheffield	Oct-16
M	80-84	Ernest	CLEMETT	1917	St. Austell	4.57.69	Sheffield	1997
N	85-89							
O	90-94							
<b>400m INDIVIDUAL MEDLEY</b>								
S	18-24							
A	25-29	Gareth	COCKS	1989	Cardiff Masters	4.50.85	Sheffield	Oct-15
B	30-34	Paul	GRIFFITHS	1970	Rhyl	4.49.55	Sheffield	2000
C	35-39	Calvin	HARRIS	1965	Pontypool	4.53.80	Bangor	2000
D	40-44	Paul	JENKINS	1953	CLAMS	5.11.91	Sheffield	1993
E	45-49	Andrew	CAMPBELL	1974	Wrexham	5.12.98	Blackpool	Feb-20
F	50-54	Jonathan	HOPKINS	1960	Cardiff Masters	5.29.73	Sheffield	Oct-12
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	5.31.64	Sheffield	Oct-15
H	60-64	James	ARTHUR	1948	Swansea Valley	6.13.87	Barnet Copthall	Jul-11
J	65-69	James	ARTHUR	1948	Celtic Dolphins	6.27.66	Barnet Copthall	Jul-13
K	70-74	Keith	ROTHWELL	1949	Arfon Masters	8.07.94	Carlisle	Feb-19
L	75-79							
M	80-84	Ernest	CLEMETT	1917	St. Austell	10.42.14	Bangor	1997
N	85-89							
O	90-94							
			<b>New Welsh Record</b>					

SWIM WALES				
WELSH MASTERS SHORT COURSE RECORDS				
MENS				
4x50m MEN's FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	Chirk Dragoms SC	1.49.87	Newport	Nov-19
	Ben Northall : Luke Evans : Richard Healey : Harri Wilk			
100-119yrs	CLAMS	1.43.54	W.I.S.Cardiff	1997
	????			
120-159yrs	CLAMS	1.46.37	Bangor	1994
	????			
160-199yrs	Pembroke	1.44.99	Sheffield	Oct-04
	A. Shortman : M. James : J. Richards : N. Goddard			
200-239yrs	Tenby	1.53.27	Sheffield	Oct-13
	Martyn James : Jeff Richards : Norman Goddard : Austyn Shortman			
240-279yrs	Cardiff Masters	2.02.85	Newport	Nov-19
	Andy Thomas : Adrian Morris : Dave Lowe : Malcolm Wilson			
280-319yrs				
320-359yrs				
4x100m MEN's FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
	New Welsh Record			

**SWIM WALES**  
**WELSH MASTERS SHORT COURSE RECORDS**  
**MENS**

**4x50m MENS MEDLEY TEAM**

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	Chirk Dragons Richard Healey : Ben Northall : Luke Evans : Harri Wilk	2.03.11	Newport	Nov-19
100-119yrs	CLAMS P.Griffiths : A.Lockyer : S. Bryant : P. Lewis	1.55.91	Bangor	1997
120-159yrs	CLAMS P.Griffiths : A.Lockyer : S. Bryant : G. Carter	1.57.18	Bangor	1997
160-199yrs	Pembroke A. Shortman : M. James : J. Richards : N. Goddard	2.00.13	Sheffield	Oct-04
200-239yrs	Tenby Masters Austyn Shortman : Jeff Richards : Martyn James : Norman Goddard	2.07.25	Sheffield	Oct-13
240-279yrs	Cardiff Masters Malcolm Wilson : Andy Thomas : Adrian Morris : Dave Lowe	2.22.10	Newport	Nov-19
280-319yrs	City of Cardiff Andrew Fawcett : Les Stagg : Vladimirs Sveds : Errol Alexis	2.30.25	Cardiff I.S.V.	Dec-12
320-359yrs				

**4x100m MENS MEDLEY TEAM**

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				

**4x200m MENS MEDLEY TEAM**

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				

**New Welsh Record**



SWIM WALES							
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS							
WOMEN							
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE
<b>50m BACKSTROKE</b>							
S	18-24	Keely	EMPSON	1996	C of Cardiff	30.10	Sheffield Oct-16
A	25-29	Amy	ROWLINSON	1985	Connah's Quay	32.79	Sheffield Oct-14
B	30-34	Sian	CLEMENT	1977	Swansea Sharks	33.01	Sheffield Oct-11
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	33.21	Sheffield Oct-17
D	40-44	Michelle	WARE	1973	Guildford	30.90	Sheffield Oct-17
E	45-49	Michelle	WARE	1973	Guildford	30.82	Sheffield Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	34.17	Sheffield Oct-18
G	55-59	Caroline	JUPP	1962	Swansea Masters	38.44	Newport Nov-19
H	60-64	Colette	PRICE	1955	Arfon Masters	40.70	Llandudno Oct-15
J	65-69	Christina	VICTOR	1954	Guildford M	46.97	Sheffield Oct-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	52.80	Llandudno Oct-12
L	75-79	Edna	DILWORTH	1925	Arfon Masters	55.84	Rhondda 2001
M	80-84	Edna	DILWORTH	1925	Arfon Masters	1.08.53	Bangor Oct-05
N	85-89	Emily	GODSALL	1917	CLAMS	1.22.37	W.I.S.Cardiff Mar-03
O	90-94						
<b>100m BACKSTROKE</b>							
S	18-24	Keely	EMPSON	1996	C of Cardiff	1.03.95	Sheffield Oct-16
A	25-29	Julie	WILSON	1966	Torrriageside	1.11.21	Sheffield 1994
B	30-34	Lesley	WILDE	1959	Rhyl	1.12.40	Bangor 1993
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	1.10.72	Sheffield Oct-17
D	40-44	Michelle	WARE	1973	Guildford Cty	1.08.20	Sheffield Oct-14
E	45-49	Michelle	WARE	1973	Guildford Cty	1.09.10	Sheffield Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.13.67	Sheffield Oct-18
G	55-59	Allie	PRICE	1965	Cardiff Masters	1.15.62	Rotterdam Jan-20
H	60-64	Julia	BUCHANAN	1957	Caldicot Masters	1.32.97	Newport Nov-19
J	65-69	Christina	VICTOR	1954	Guildford M	1.44.68	Surrey June-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	1.53.84	Llandudno Oct-12
L	75-79	Helen	HUGHES	1942	Arfon Masters	2.00.15	Llandudno Oct-17
M	80-84	Kathy	CLAPP	1924	Connah's Quay	2.33.11	Sheffield Oct-05
N	85-89	Emily	GODSALL	1917	Nofio Cymru	2.57.23	Sheffield Oct-03
O	90-94						
<b>200m BACKSTROKE</b>							
S	18-24	Keely	EMPSON	1996	C of Cardiff	2.26.54	Sheffield Oct-16
A	25-29	Carol-Ann	WILSON	1966	Torrriageside	2.40.30	Sheffield 1994
B	30-34	Lesley	WILDE	1959	Rhyl	2.39.48	Sheffield 1992
C	35-39	Lesley	WILDE	1959	Rhyl	2.34.80	Bangor 1994
D	40-44	Lesley	WILDE	1959	Rhyl	2.30.26	Glasgow 2000
E	45-49	Lesley	WILDE	1959	Holywell	2.34.50	Sheffield Oct-04
F	50-54	Nicola	LATTY	1971	Holywell	2.37.17	Blackpool Sept-21
G	55-59	Allie	PRICE	1965	Cardiff Masters	2.42.77	Rotterdam Jan-20
H	60-64	Julia	BUCHANAN	1957	Caldicot	3.22.10	Sheffield Oct-19
J	65-69	Christina	VICTOR	1954	Guildford City	3.39.25	Maidenhead Sep-19
K	70-74	Edna	DILWORTH	1925	Arfon Masters	4.13.52	Guernsey 1995
L	75-79	Helen	HUGHES	1942	Arfon Masters	4.07.57	Llandudno Oct-17
M	80-84	Emily	GODSALL	1917	CLAMS	6.06.23	W.I.S.Cardiff 1997
N	85-89	Emily	GODSALL	1917	CLAMS	6.17.69	Wrexham 2002
O	90-94						
					New Welsh Record		
					Welsh & British Record		

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
WOMEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>50m BREASTSTROKE</b>								
S	18-24	Sophie	STANFORD	1987	Tenby	35.99	Llanelli	Nov-08
A	25-29	Jenny	JONES	1990	Cardiff Masters	34.91	Sheffield	Oct-19
B	30-34	Louise	HENLEY	1985	R.A.F. Swim	33.13	Sheffield	Oct-17
C	35-39	Friederike	SCHMIDT	1977	Fishguard Flyers	36.38	Sheffield	Oct-13
D	40-44	Michelle	WARE	1973	Guildford M	37.51	Sheffield	Oct-14
E	45-49	Helen	GORMAN	1972	Cardiff Masters	33.85	Sheffield	Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	36.98	Sheffield	Oct-17
G	55-59	Allie	PRICE	1965	Cardiff Masters	38.13	Rotterdam	Jan-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	42.25	Sheffield	Oct-08
J	65-69	Christina	VICTOR	1954	Guildford City M	45.52	Sheffield	Oct-19
K	70-74	Gwenda (Marilyn)	DINSDALE	1946	Heads / Valley	56.1	Horfield	May-19
L	75-79	Edna	DILWORTH	1925	Arfon Masters	59.01	Bangor	2000
M	80-84	Kathy	CLAPP	1924	Connah's Quay	1.11.50	Sheffield	Oct-04
N	85-89	Emily	GODSALL	1917	Nofio Cymru	1.37.24	Sheffield	Oct-03
O	90-94							
<b>100m BREASTSTROKE</b>								
S	18-24	Sophie	STANFORD	1987	Tenby	1.17.51	Llanelli	Nov-08
77	25-29	Jenny	JONES	1990	Cardiff Masters	1.17.72	Gloucester	Apr-18
B	30-34	Louise	HENLEY	1985	R.A.F. Swim	1.11.78	Sheffield	Oct-17
C	35-39	Friederike	SCHMIDT	1972	Fishguard Flyers	1.21.36	Llandudno	Oct-15
D	40-44	Lesley	WILDE	1959	Rhyl Dolphin	1.23.34	Bangor	Oct-02
E	45-49	Helen	GORMAN	1972	City of Cardiff	1.13.45	Barnet Copthall	Jul-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.22.26	Sheffield	Oct-18
G	55-59	Allie	PRICE	1965	Cardiff Masters	1.26.96	Rotterdam	Jan-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.37.00	Sheffield	Oct-08
J	65-69	Christina	VICTOR	1954	Guildford City M	1.39.55	Sheffield	Oct-19
K	70-74	Gwenda(Marilyn)	DINSDALE	1946	Heads / Valley	2.05.40	Sheffield	Oct-19
L	75-79	Edna	DILWORTH	1925	Arfon Masters	2.15.81	Rhondda	2001
M	80-84	Emily	GODSALL	1917	CLAMS	3.17.73	W.I.S.Cardiff	1997
N	85-89	Emily	GODSALL	1917	CLAMS	3.43.50	Penlan	Mar-03
O	90-94							
<b>200m BREASTSTROKE</b>								
S	18-24	Anna	WALKER	1981	Cardiff Masters	2.53.80	Sheffield	Oct-05
A	25-29	Julia	GILKES	1971	Bracknell	2.52.08	Sheffield	2000
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.49.07	Sheffield	Oct-15
C	35-39	Jordanna	ROBERTS	1982	Swansea Masters	3.07.34	Newport	Nov-19
D	40-44	Anne	WILLIAMS	1957	Brecon	3.16.92	Bangor	1997
E	45-49	Helen	GORMAN	1972	City of Cardiff	2.40.46	Barnet Copthall	Jul-18
F	50-54	Julie	CRAYFORD	1948	Barry	3.15.28	Sheffield	1999
G	55-59	Julie	CRAYFORD	1948	CLAMS	3.17.38	Sheffield	Oct-03
H	60-64	Julie	CRAYFORD	1948	City of Cardiff	3.35.72	Sheffield	Oct-10
J	65-69	Christina	VICTOR	1954	Guildford City M	3.42.86	Surrey	Oct-19
K	70-74	Edna	DILWORTH	1925	Arfon Masters	4.25.84	Guernsey	1995
L	75-79	Edna	DILWORTH	1925	Arfon Masters	4.56.80	Sheffield	2000
M	80-84	Emily	GODSALL	1917	Dragon	7.22.64	Sheffield	1997
N	85-89	Emily	GODSALL	1917	CLAMS	8.15.99	Barnett	Jul-03
O	90-94							
					New Welsh Record			
					Welsh & British Record			

## SWIM WALES

## WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS

## WOMEN

	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE
<b>50m BUTTERFLY</b>							
S	18-24	Clare	GRUNDY	1982	Swim Swansea	30.63	Llanelli
A	25-29	Jenny	JONES	1990	Cardiff Masters	30.43	Gloucester
B	30-34	Maxine	McKINNELL	1967	CLAMS	29.72	Bangor
C	35-39	Friederike	SCHMIDT	1977	Fishguard Flyers	31.26	Sheffield
D	40-44	Michelle	WARE	1973	Guildford M	29.06	Sheffield
E	45-49	Michelle	WARE	1974	Guildford M	29.71	Sheffield
F	50-54	Allie	PRICE	1965	Cardiff Masters	31.85	Sheffield
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	34.31	Gloucester
H	60-64	Christina	VICTOR	1954	Guildford M	37.88	Sheffield
J	65-69	Christina	VICTOR	1954	Guildford M	38.32	Sheffield
K	70-74	Edna	DILWORTH	1925	Arfon Masters	1.00.64	Pontypool
L	75-79	Edna	DILWORTH	1925	Arfon Masters	1.09.07	Penarth
M	80-84						
N	85-89						
O	90-94						
<b>100m BUTTERFLY</b>							
S	18-24	Grace	PETIT	1996	Cardiff Masters	1.07.52	Bristol
A	25-29	Jennifer	DEVIN	1977	Mold	1.05.03	Bangor
B	30-34	Kathryn	OWENS	1974	C o Derby	1.07.70	Leamington
C	35-39	Heidi	LIA	1962	CLAMS	1.14.63	W.I.S.Cardiff
D	40-44	Michelle	WARE	1973	Guildford	1.06.17	Sheffield
E	45-49	Michelle	WARE	1974	Guildford	1.08.27	Sheffield
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.11.14	Horfield
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	1.20.33	Gloucester
H	60-64	Christina	VICTOR	1954	Guildford M	1.28.42	Sheffield
J	65-69	Christina	VICTOR	1954	Guildford City M	1.32.06	Sheffield
K	70-74	Helen	HUGHES	1942	Arfon Masters	2.16.15	Llandudno
L	75-79	Margaret	WEARE	1944	Caldicot Masters	2.39.03	Saltash
M	80-84						
N	85-89						
O	90-94						
<b>200m BUTTERFLY</b>							
S	18-24	Gemma	SIMS	1982	Carmarthen	2.55.32	Penlan
A	25-29	Sian	JENKINS	1972	Staines	2.37.58	Barnet
B	30-34	Sian	JENKINS	1972	Staines	2.34.36	Barnet
C	35-39	Karen	FROST	1967	Rhyl	2.54.84	Wrexham
D	40-44	Ceri	THOMAS	1965	Bridgend Cty	3.03.77	Sheffield
E	45-49	Nicola	LATTY	1971	Holywell	2.33.71	Sheffield
F	50-54	Allie	PRICE	1965	Cardiff Masters	2.45.51	Nuneaton
G	55-59	Julie	CRAYFORD	1948	Nofio Cymru	3.08.77	Leamington
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.29.91	Barnet
J	65-69	Christina	VICTOR	1954	Guildford City M	3.55.81	Waterlooville
K	70-74	Margaret	WEARE	1944	Caldicot Masters	5.51.06	Weston-s-Mare
L	75-79	Margaret	WEARE	1944	Caldicot Masters	6.14.28	Saltash
M	80-84						
N	85-89						
O	90-94						
					New Welsh Record		
					Welsh & British Record		

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
WOMEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>50m FREESTYLE</b>								
S	18-24	Keely	EMPSON	1996	C of Cardiff	28.30	Sheffield	Oct-16
A	25-29	Jenny	JONES	1990	Cardiff Masters	27.13	Sheffield	Oct-18
B	30-34	Maxine	McKINNELL	1967	CLAMS	27.19	Swansea	1998
C	35-39	Sarah	VALE	1975	Llantrisant Sharks	28.92	Sheffield	Oct-10
D	40-44	Michelle	WARE	1973	Guildford	27.28	Sheffield	Oct-14
E	45-49	Michelle	WARE	1973	Guildford	27.58	Sheffield	Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	30.13	Horfield	May-19
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	32.34	Gloucester	Apr-14
H	60-64	Julia	BUCHANAN	1957	Caldicot Masters	35.53	Sheffield	Oct-19
J	65-69	Jan	ALBIN	1950	Arfon Masters	39.24	Carlisle	May-15
K	70-74	Helen	HUGHES	1942	Arfon Masters	45.31	Llandudno	Oct-12
L	75-79	Edna	DILWORTH	1925	Arfon Masters	51.99	Sheffield	Nov-02
M	80-84	Edna	DILWORTH	1925	Arfon Masters	1.00.09	W.I.S.Cardiff	Nov-05
N	85-89							
O	90-94							
<b>100m FREESTYLE</b>								
S	18-24	Jenny	JONES	1990	Cardiff Masters	1.01.82	Sheffield	Oct-14
A	25-29	Jenny	JONES	1990	Cardiff Masters	59.24	Sheffield	Oct-16
B	30-34	Maxine	McKINNELL	1967	CLAMS	59.00	Bangor	1997
C	35-39	Sarah	VALE	1975	Llantrisant Sharks	1.03.14	Sheffield	Oct-10
D	40-44	Michelle	WARE	1973	Guildford	59.67	Sheffield	Oct-15
E	45-49	Michelle	WARE	1974	Guildford	1.00.19	Sheffield	Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.07.11	Barnet Copthall	Sep-19
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	1.11.07	Gloucester	Apr-14
H	60-64	Julia	BUCHANAN	1957	Caldicot Masters	1.19.26	Barnet Copthall	Sep-19
J	65-69	Elsa	STEWART	1954	Cardiff Masters	1.27.93	Gloucester	Mar-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	1.35.30	Llandudno	Oct-12
L	75-79	Helen	HUGHES	1942	Arfon Masters	1.56.33	Llandudno	Oct-17
M	80-84	Edna	DILWORTH	1925	Arfon Masters	2.19.95	W.I.S.Cardiff	Nov-05
N	85-89							
O	90-94							
<b>200m FREESTYLE</b>								
S	18-24	Zoe	THOMAS	1993	Bridgend Cty	2.13.63	Cardiff I.S.V	Dec-12
A	25-29	Jenny	JONES	1990	Cardiff Masters	2.09.56	Sheffield	Oct-16
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.20.72	Sheffield	Oct-15
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	2.16.77	Sheffield	Oct-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N.	2.15.35	Southampton	Apr-18
E	45-49	Nicola	LATTY	1971	Holywell	2.15.09	Newport	Nov-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	2.29.08	Millfield	May-16
G	55-59	Heidi	GORE	1962	Cardiff Masters	2.39.12	Sheffield	Oct-19
H	60-64	Stella	FARRAR	1959	Arfon Masters	2.45.58	Sheffield	Oct-19
J	65-69	Christina	VICTOR	1954	Guildford City M	3.07.47	Surrey	Jun-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	3.58.00	Llandudno	Oct-13
L	75-79	Margaret	WEARE	1944	Caldicot Masters	4.28.71	Newport	Nov-19
M	80-84	Bernice	HOOPER	1919	Newport Maindee	5.56.74	Ynysawdre	1999
N	85-89							
O	90-94							
<b>400m FREESTYLE</b>								
S	18-24	Anna	WALKER	1981	Cardiff Masters	4.56.71	Sheffield	Oct-05
A	25-29	Hannah	MUNDAY	1991	Swansea Masters	4.34.26	Newport	Nov-19

B	30-34	Julia	GILKES	1971	Bracknell	4.46.69	Sheffield	2001
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	4.52.80	Sheffield	Oct-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N.	4.38.77	Sheffield	Oct-19
E	45-49	Allie	PRICE	1965	Cardiff Masters	5:13.97	Sheffield	Oct-10
F	50-54	Allie	PRICE	1965	Cardiff Masters	5.11.58	Plymouth	Jun-19
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	5.28.59	Gloucester	Apr-14
H	60-64	Stella	FARRAR	1959	Arfon Masters	5.41.62	Sheffield	Oct-19
J	65-69	Christina	VICTOR	1954	Guildford City M	6.48.62	Sheffield	Oct-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	7.43.24	Llandudno	Oct-14
L	75-79	Helen	HUGHES	1942	Arfon Masters	8.09.70	Llandudno	Oct-17
M	80-84	Edna	DILWORTH	1925	Arfon Masters	10.52.39	Shrewsbury	Jan-05
N	85-89							
O	90-94							

### 800m FREESTYLE

S	18-24	Keely	EMPSON	1996	C of Cardiff	10.14.57	Sheffield	Oct-16
A	25-29	Sharon	TAYLOR	1971	Pontypool	9.45.30	Sheffield	2000
B	30-34	Julia	GILKES	1971	Bracknell	9.48.80	Sheffield	2001
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	10.00.73	Barnet	Nov-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N.	9.35.40	Sheffield	Oct-19
E	45-49	Allie	PRICE	1965	Cardiff Masters	10.49.97	Barnet	Jul-14
F	50-54	Stel	FARRAR	1959	Arfon Masters	10.33.31	Sheffield	Oct-09
G	55-59	Stel	FARRAR	1959	Arfon Masters	11.04.71	Sheffield	Oct-15
H	60-64	Stella	FARRAR	1959	Arfon Masters	11.29.32	Sheffield	Oct-19
J	65-69	Christina	VICTOR	1954	Guildford City M	13.41.13	Sheffield	Oct-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	15.36.10	Llandudno	Oct-14
L	75-79	Helen	HUGHES	1942	Arfon Masters	16.22.72	Llandudno	Oct-17
M	80-84							
N	85-89							
O	90-94							

### 1500m FREESTYLE

S	18-24	Keely	EMPSON	1996	C of Cardiff	19.24.89	Sheffield	Oct-16
A	25-29	Sarah	JAMES	1975	Cardiff	20.26.95	Sheffield	Nov-02
B	30-34	Emma	DAVIES	1979	C o Derby	19.51.65	Blackpool	Feb-11
C	35-39	Ceri	EDWARDS	1978	Portsmouth N.	18.43.91	Barnet	Nov-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N.	18.14.18	Sheffield	Oct-19
E	45-49	Stel	FARRAR	1959	Arfon Masters	20.41.85	Sheffield	Oct-08
F	50-54	Nicola	LATTY	1971	Holywell	19.02.48	Blackpool	Sept-21
G	55-59	Stel	FARRAR	1959	Arfon Masters	20.38.92	Sheffield	Oct-15
H	60-64	Stella	FARRAR	1959	Arfon Masters	21.36.72	Sheffield	Oct-19
J	65-69	Christina	VICTOR	1954	Guildford City M	25.24.54	Sheffield	Oct-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	29.34.29	Llandudno	Oct-14
L	75-79							
M	80-84							
N	85-89							
O	90-94							

New Welsh Record

Welsh & British Record

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP SHORT COURSE RECORDS								
WOMEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
<b>100m INDIVIDUAL MEDLEY</b>								
S	18-24	Claire	GRUNDY	1982	Swim Swansea	1.09.88	Llanelli	Nov-02
A	25-29	Sarah	VALE	1975	Reading	1.10.68	Sheffield	Oct-04
B	30-34	Louise	HENLEY	1985	R.A.F. Swim	1.07.00	Sheffield	Oct-17
C	35-39	Friederike	SCHMIDT	1977	Fishguard Flyers	1.11.88	Sheffield	Oct-13
D	40-44	Michelle	WARE	1973	Guildford	1.09.45	Guildford	Oct-15
E	45-49	Helen	GORMAN	1972	Cardiff Masters	1.07.46	Sheffield	Oct-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.12.32	Sheffield	Oct-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	1.14.57	Rotterdam	Jan-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.29.05	Bracknell	Mar-09
J	65-69	Christina	VICTOR	1954	Guildford City	1.33.94	Sheffield	Oct-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	1.59.87	Llandudno	Oct-12
L	75-79	Edna	DILWORTH	1925	Arfon Masters	2.10.49	Bangor	2000
M	80-84	Edna	DILWORTH	1925	Arfon Masters	2.31.83	W.I.S.Cardiff	Nov-05
N	85-89							
O	90-94							
<b>200m INDIVIDUAL MEDLEY</b>								
S	18-24	Anna	WALKER	1981	Cardiff Masters	2.36.69	W.I.S.Cardiff	Apr-05
A	25-29	Sarah	DAVIES	1975	Reading	2.31.35	Sheffield	Nov-02
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.36.41	Sheffield	Oct-15
C	35-39	Lesley	WILDE	1959	Rhyl	2.41.05	Sheffield	1998
D	40-44	Michelle	WARE	1973	Guildford	2.33.86	Sheffield	Oct-14
E	45-49	Helen	GORMAN	1972	Cardiff Masters	2.29.85	Sheffield	Oct-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	2.38.99	Sheffield	Oct-18
G	55-59	Allie	PRICE	1965	Cardiff Masters	2.46.19	Rotterdam	Jan-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.15.79	Leamington Spa	Apr-08
J	65-69	Christina	VICTOR	1954	Guildford City	3.23.27	Sheffield	Oct-19
K	70-74	Helen	HUGHES	1943	Arfon Masters	4.08.31	Llandudno	Oct-14
L	75-79	Edna	DILWORTH	1925	Arfon Masters	5.06.98	Penlan	Mar-03
M	80-84	Kathy	CLAPP	1924	Connah's Quay	6.17.92	Sheffield	Oct-05
N	85-89	Kathy	CLAPP	1924	Connah's Quay	6.41.69	Bangor	Sep-09
O	90-94							
<b>400m INDIVIDUAL MEDLEY</b>								
S	18-24	Emma	MAXWELL	1983	Rhyl	5.44.80	Wrexham	Feb-02
A	25-29							
B	30-34	Natasha	MORGAN	1982	Southwark Aq	5.30.75	Sheffield	Oct-15
C	35-39	Lesley	WILDE	1959	Rhyl	5.42.04	Bangor	1997
D	40-44	Lesley	WILDE	1959	Rhyl Dolphin	5.33.92	Sheffield	Nov-02
E	45-49	Nicola	LATTY	1971	Holywell	5.27.92	Sheffield	Oct-19
F	50-54	Nicola	LATTY	1971	Holywell	5.26.42	Tollcross	Sept-21
G	55-59	Julie	CRAYFORD	1948	CLAMS	6.17.37	Sheffield	Oct-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	6.52.67	Sheffield	Oct-08
J	65-69	Lorraine	CROOK	1954	Caldicot Masters	10.19.66	Caldicot	Jan-20
K	70-74	Ann	WHATHAM	1928	Arfon Masters	12.26.63	Bangor	2000
L	75-79	Margaret	WEARE	1944	Caldicot Masters	11.16.20	Gloucester	Mar-19
M	80-84							
N	85-89							
O	90-94							
					New Welsh Record			
					Welsh & British Record			

SWIM WALES				
WELSH MASTERS SHORT COURSE RECORDS				
WOMEN				
4x50m WOMEN's FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs	CLAMS	2.03.62	Bangor	1997
	A.Williams : C. Parry : H. Lia : M.McKinnell			
120-159yrs	Bridgend County	2.07.27	Sheffield	Oct-07
	H. Packman : R. Jones : C. Smale : C. Thomas			
160-199yrs	Cardiff Masters	2.04.38	Newport	Nov-19
	Hannah Palfrey : Sorcha Kennedy : Emma Harvey : Allie Price			
200-239yrs	Arfon Masters	3.09.61	Bangor	1997
	????			
240-279yrs				
280-319yrs				
320-359yrs				
4x100m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
	New Welsh Record			

SWIM WALES				
WELSH MASTERS SHORT COURSE RECORDS				
WOMEN				
4x50m WOMENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs	CLAMS	2.22.00	Pontypool	1995
120-159yrs	CLAMS	2.19.00	Bangor	1997
	H.Lia : C. Parry : M.McKinnell : A. Williams			
160-199yrs	Cardiff Masters	2.20.49	Newport	Nov-19
	Allie Price : Holly McGee : Sorcha Kennedy : Emma Harvey			
200-239yrs	City of Cardiff	2.28.78	Sheffield	Oct-10
	Allie Price : Anne Williams : Julie Crayford : Ceri Thomas			
240-279yrs	Arfon Masters	3.00.52	Wrexham	2002
	E.Dilworth : L.Yule : M.Roberts : H. Hughes			
280-319yrs				
320-359yrs				
4x100m WOMENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m WOMENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
	New Welsh Record			



SWIM WALES				
WELSH MASTERS SHORT COURSE RECORDS				
MIXED				
4x50m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs	City of Cardiff	1.55.42	Cardiff	Dec-12
	Gareth Cocks : Joanne Randles : David Cocks : Jenny Jones			
100-119yrs				
120-159yrs	Cardiff Masters	1.45.49	Sheffield	Oct-18
	David Booth : Kiroless Saba : Allie Price : Jenny Jones			
160-199yrs	Cardiff Masters	2.02.61	Cardiff I.S.V.	Dec-13
	Allie Price : Rhian Andrews : Stuart Colston : Tom Stewart			
200-239yrs	Cardiff Masters	2.04.41	Newport	Nov-19
	Adrian Morris : Andy Thomas : Sarah Hyde : Sorcha Kennedy			
240-279yrs				
280-319yrs	CLAMS	3.15.97	W.I.S. Cardiff	May-07
	J.Crayford : E. Alexis : L.Stagg : V. Batten			
320-359yrs				
4x100m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
			New Welsh Record	

SWIM WALES				
WELSH MASTERS SHORT COURSE RECORDS				
MIXED				
4x50m MIXED MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	City of Cardiff	2.06.76	Cardiff I.S.V.	Dec-12
	Joann Randles : David Cocks : Gareth Cocks : Jenny Jones			
100-119yrs	Cardiff Masters	2.08.62	Sheffield	Oct-19
	James Moggridge : Scott Tancock : Hannah Palfrey : Holly McGee			
120-159yrs	Cardiff Masters	1.56.76	Sheffield	Oct-18
	David Booth : Kiroless Saba : Allie Price : Jenny Jones			
160-199yrs	Cardiff Masters	1.58.42	Sheffield	Oct-19
	Patrick Gore : Kiroless Saba : Allie Price : Jenny Jones			
200-239yrs	Cardiff Masters	2.16.72	Newport	Nov-19
	Sarah Hyde : Andy Thomas : Sorcha Kennedy : Adrian Morris			
240-279yrs				
280-319yrs	CLAMS	3.37.91	W.I.S. Cardiff	May-07
	L.Stagg : E. Alexis : J. Crayford : V. Batten			
320-359yrs				
4x100m MIXED MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m MIXED MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
			New Welsh Record	