

# Swim Wales Training & Development Portfolio

Swim Wales offer a comprehensive and wide-ranging portfolio of courses for aspiring aquatic volunteers, teachers, and coaches. Please see below a selection of our programme.

## Courses

### Swimming Teaching Courses

These qualifications are suitable for those wishing to teach within the 'Learn to Swim' environment, this could be at a Local Authority pool or a private provider.

#### **Swim England Level 1 Swimming Assistant (Teaching)**

- Minimum age requirement 16 years old.
- Cost per person £395.00
- This qualification is a practical qualification, which develops the knowledge, skills and abilities needed to be a Swimming Assistant (Teaching). This has been endorsed by CIMSPA as meeting the requirements of the assistant swimming teacher professional standard.

#### **Swim England Level 2 Teacher (Swimming)**

- Minimum age requirement 16 years old.
- Cost per person £680.00
- Pre-requisite - Level 1 Swimming Assistant (Teaching) qualification
- This qualification is a practical qualification, which develops the knowledge, skills and abilities needed to be a Swimming Teacher. This qualification builds on the knowledge, skills and abilities developed in the Swim England Level 1 Swimming Assistant (Teaching) qualification. This has been endorsed by CIMSPA.

#### **Combined Swim England Level 1 and Level 2 Teaching Swimming**

- Minimum age requirement 16 years old.
- Cost per person £950.00
- This qualification is a practical qualification, which develops the knowledge, skills and abilities needed to be a Swimming Assistant (Teaching). This has been endorsed by CIMSPA as meeting the requirements of the assistant swimming teacher professional standard.

#### **Level 3 Swim Coordinator Course**

- Minimum age requirement 18 years old.
- Cost per person £700.00
- This brand new qualification from SEQ, and delivered through Swim Wales is designed for those learners, who wish to undertake the role (or already do so) of swim coordinator and coordinate the safe delivery of high quality swimming programmes. The qualification covers a wide range of tasks associated with the role, including developing one's knowledge, skills and understanding, enabling them to coordinate the safe delivery of high quality swimming programmes. This has been endorsed by CIMSPA

## Coaching Courses

### **Swim England Assistant Swimming Coach**

- Minimum age requirement 16 years' old
- Cost per person £395.00
- The Swim England Assistant Swimming Coach course is designed to provide you with an introduction to the knowledge, skills and understanding of the safe and ethical principles for effective coaching practices in swimming. As an aspiring coach, this course will equip you with the knowledge and tools to actively support a more experienced Swim England Swimming Coach in the delivery of a pre-prepared training session.

### **Swim England Swim Coach**

- Minimum age requirement 18 years' old
- Cost per person £680.00
- Pre-requisite – Assistant Swimming coach
- Building on the knowledge and skills developed as an assistant coach the Swim England Swimming Coach course focuses on the planning, delivery, and evaluation of coaching sessions. The certificate aims to provide and equip you, with the skills, knowledge, tools, and techniques to effectively plan, prepare, deliver, monitor, and evaluate swimming coaching sessions.

### **Swim England Level 2 Coaching Open Water Swimming**

- Minimum age requirement 17 years
- Cost per person £420.00
- Pre-requisite - Swim England Swimming Coach (or equivalent\*), Triathlon Coach or Swimming Teacher with experience of swimming in an open water environment.
- The Swim England Level 2 Coaching Open Water Swimming Qualification has been designed to provide learners with the specialist knowledge needed to deliver open water swimming sessions.  
Successful completion of this qualification will give learners the skills needed to work as an open water coach and effectively and independently plan, prepare, deliver, monitor and evaluate a series of open water training sessions.

### **Aquatic Safety Qualification (Institute of Outdoor Learning Accredited)**

**Cost per person £300.00**

In partnership with Atlantic Crest, this vocational qualification is structured to comply with the requirements of industry and support organisations to meet their statutory obligations. The flexible programme can be tailored to meet specific industry needs. The prime focus is prevention and management of aquatic activities, and is tailored to organisational requirements. Aimed at occupational operations and activities in, on or around the water margins.

### **Water Polo Assistant (Coaching) Certificate**

- Minimum age requirement 16 years' old
- Cost per person £350.00
- This qualification teaches the basics of coaching water polo. It will equip you with the knowledge and tools to actively support a more experienced water polo coach in the delivery of a pre-prepared session.

### **Water Polo Coach Certificate**

- Minimum age requirement 17 years' old
- Cost per person £620.00
- Pre-requisite – Assistant Water Polo Coach
- This qualification will train you as an independent water polo coach. It will provide the skills needed to plan, prepare, deliver, monitor, and evaluate a series of training sessions.

### **Diving Assistant (Coaching) Certificate**

- Minimum age requirement 16 years' old
- Cost per person £350.00
- This qualification teaches the basics of coaching diving. It will equip you with the knowledge and tools to actively support a more experienced diving coach in the delivery of a pre-prepared session.

## **Masterclasses**

### **Swim Wales Masterclasses**

#### **Bubbles Masterclass (CIMSPA Endorsed)**

**Cost per person £70.00 Online**

**Pre-requisite – Level 2 Teaching Swimming**

Designed for Level 2 teachers this 6 hour masterclass (plus 1 hour practical) will give you the basic health & safety, customer service, participant's needs, confidence, and ideas to teach 0-3 years with responsible adults. Attendance will include 10-week schemes of work and lesson plans.

#### **Splash Masterclass (CIMSPA Endorsed)**

**Cost per person £70.00 Online**

**Pre-requisite – Level 2 Teaching Swimming**

Designed for Level 2 teachers this 6 hour masterclass (plus 1 hour practical) will give you the basic health & safety, customer service, child development information, confidence, and creative ideas to teach 3-5 years. Attendance will include 10-week schemes of work and lesson plans.

#### **Aquatic Disability Inclusion Training Workshop**

**Cost per person £35.00 Online**

Inclusive practice is something that every teacher and coach should be aware of and capable of implementing so that people with a disability have a great experience of aquatic activity. The principles of inclusion are the same regardless of your role and this course is designed to help people who are delivering aquatic activity to become more aware of how they can adapt their practice to meet the demands of learners.

## **Teaching Adults Masterclass**

**Cost per person £35.00 Online**

This masterclass will aim to give swim teachers the relevant skills, knowledge, and improved understanding to deliver effectively, whilst at the same time reduce any fears that previously may have had. This masterclass will explore the learner's motivations and barriers when thinking about learning to swim, and how you can adapt the lesson to the individual needs.

## **Long Term Health Conditions**

**Cost per person £35.00 Online**

An 'essential tool' which will help swimming teachers, coaches, pool operators and carers to improve the overall experience of aquatic activity for those with long-term health conditions has been launched by Swim England Qualifications.

The Introduction to Supporting Swimmers with Long-Term Health Conditions CPD is now available and aims to upskill individuals so they are equipped to provide aquatic adaptations around health conditions. It is open to all members of the aquatics community, as well as those working outside the leisure sector.

## **Sport Leaders Awards**

**Sport Leader Award in Competitive Swimming & Sport Leader Award in Learn to Swim**

**Cost per person £20.00 Online**

**Minimum age 13years old**

These awards will give you the opportunity to develop many skills which will be of use to you, both in a sporting environment and in life in general. The Sports Leaders Awards are courses which is not concerned with your sporting ability but instead will help you to develop many different volunteering skills, such as being able to communicate with others in a sports setting. These are ideal for current or new volunteers who may completing their Duke of Edinburgh or Welsh Baccalaureate, but also great opportunity for current swimmers and parents alike, and great first step into the coaching or teaching ladder.

## **Safeguarding Workshops**

**Safeguarding & Protecting Children**

**Cost per person £35.00 Online**

**Minimum age 18years old**

In partnership with UK Coaching, Swim Wales are excited to offer a facilitated 'live' safeguarding workshop, delivered by an accredited and highly experienced UK Coaching tutor. This workshop is essential for all coaches, teachers and volunteers who work within aquatic sports and beyond.

## **Safeguarding & Protecting Children (16-18)**

**Cost per person £30.00 Online**

**Minimum age 16 years old**

As with the 18+ Safeguarding & Protecting Children Online Classroom this session will include access to a digital resource for each learner (valid on their dashboard for 3 months) and their certification – valid for two years, after which time the young coach will need to attend the face to face 18+ Safeguarding & Protecting Children workshop.

**Time to listen**

**Cost per person £35.00 Online**

**Pre-requisite – Valid Safeguarding and Protecting Children Certificate**

This training programme has been developed by the Child Protection in Sport Unit (CPSU) specifically for people who have a designated role in safeguarding within a sports setting.

## **Skills Masterclasses**

Great opportunity and resource for swim teachers and facilities alike to deliver an additional aquatic activity and retain children within their own aquatic programme. Candidates will be given relevant resources to take away and use within their swim lesson programme.

### **Diving Skills**

**Cost per person £30.00 includes practical session**

**Pre req – Level 1 Swimming Assistant (Teaching)**

As an aspiring swim teacher, this workshop will equip you with the knowledge and tools to deliver the fundamentals of Diving, within the swim lesson environment (shallow entry in water less than 1.8m deep).

### **Water Polo Skills**

**Cost per person £30.00 includes practical session**

**Pre req – Level 1 Swimming Assistant (Teaching)**

Mini-Polo is a more basic version of the aquatic sport Water Polo, with much simpler rules. The aim is to build water confidence as well as encouraging a fun team atmosphere.

## **Swim Wales National Curriculum Training Programme**

**The National Curriculum workshop**

**Cost per person £60.00**

This workshop is aimed at any person working within a Primary School Swimming Programme, and hold a current DBS. The Certificate for Teaching School Swimming (Key stages 1 and 2) is open to any person working within a primary school swimming programme e.g. schoolteacher, classroom assistant, learning support staff, nursery nurse, qualified swimming teachers, parent, other helpers etc. In addition, students involved in initial teacher training may also attend.

**E: [swimwales-training@swimming.org](mailto:swimwales-training@swimming.org) W: [www.swimwales.org/education](http://www.swimwales.org/education)**

## Tutor/Mentor Packages (cost will depend on customer bespoke need)

### **The Tutor/Mentor Packages**

These packages will provide a product fit for the needs of partners to regularly update and refresh the knowledge, skills and behaviours of the aquatic workforce. Being the best aquatic workforce and ambitious in Swim Wales values and delivery standards. This is bespoke training designed for the needs of the aquatic staff and employer.

The aim of this CPD is to provide individuals with an introduction to supporting swimmers with Long Term Health Conditions. It is designed to be engaging throughout and ensures the individual obtains current up-to-date knowledge and aquatic adaptations around health conditions and tools to help improve the overall experience of aquatic activity programmes.