

South East Wales Regional Championships - 03/02/2017 to 12/02/2017

Results

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Williams-Jones, Phoebe	11 Bridgend County	41.25
2	Iles, Georgia	11 City Of Cardiff	42.78
3	Brassington, Sophie	11 City Of Cardiff	43.38
4	Stevens, Ruby	11 City Of Cardiff	45.06
5	Greenslade, Holly	11 Torfaen Dolphins	48.81
6	Williams, Lily	11 City Of Cardiff	49.45
7	Wilkes-Hibbert, Amelia	11 Caerphilly	49.63
8	Edwards, Georgina	11 Abertillery	49.97

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Williams-Jones, Phoebe	11 Bridgend County	41.77
2	Brassington, Sophie	11 City Of Cardiff	43.24
3	Iles, Georgia	11 City Of Cardiff	43.62
4	Stevens, Ruby	11 City Of Cardiff	46.38
5	Greenslade, Holly	11 Torfaen Dolphins	47.69
6	Williams, Lily	11 City Of Cardiff	47.79
7	Edwards, Georgina	11 Abertillery	48.50
8	Wilkes-Hibbert, Amelia	11 Caerphilly	50.34
9	Hale, Chloe	11 Heads ot Valleys	50.50
10	Lee, Lucia	11 Chepstow	50.64
11	Blake, Ffion	11 City Of Cardiff	51.25
12	Chayka, Sofia	11 Bridgend County	52.14
13	Leaf, Jemima	11 Chepstow	52.57
14	Wratten, Isabelle	11 Cwmbran	54.01
---	Velasco, Mikayla	11 City Of Cardiff	DQ

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Stephens, Arwen	12 City Of Cardiff	37.20
2	Jones, Emily	12 City of Newport	37.96
3	Stride, Tamzin	12 Torfaen Dolphins	38.62
4	Donovan, Kelsey	12 City Of Cardiff	42.67
5	Jones, Emilia	12 Bridgend County	44.06
6	Fowler, Jazz	12 Heads ot Valleys	44.40
7	Illman, Lili	12 Torfaen Dolphins	44.46

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Stephens, Arwen	12 City Of Cardiff	37.03
2	Jones, Emily	12 City of Newport	38.21
3	Stride, Tamzin	12 Torfaen Dolphins	38.98
4	Donovan, Kelsey	12 City Of Cardiff	42.22
5	Fowler, Jazz	12 Heads ot Valleys	44.11
6	Jones, Emilia	12 Bridgend County	44.18
7	Illman, Lili	12 Torfaen Dolphins	44.26
8	Fox, Imogen	12 City Of Cardiff	44.47
9	Legg, Caitlin	12 Caerphilly	44.69
10	Emes, Eleanor	12 Torfaen Dolphins	45.49
11	Davies-Amos, Angelica	12 Bridgend County	46.82
12	Mcrae, Cariad	12 Torfaen Dolphins	47.00
13	Cribb, Millie Lacie	12 Caerphilly	47.35
14	Clayton, Karys	12 Torfaen Dolphins	47.43
15	Graville, Carys	12 City Of Cardiff	47.53

16	Maude, Rose	12 City Of Cardiff	47.55
17	Faulkner, Marie	12 City Of Cardiff	47.80
18	Nowell, Gabriella	12 Torfaen Dolphins	48.76
---	Harnedy, Lexie	12 Merthyr Tydfil	DQ

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	De Torres, Becci	13 City Of Cardiff	37.47
2	Domican, Rosie	13 City Of Cardiff	37.81
3	O'Callaghan, Jennifer	13 City Of Cardiff	38.66
4	Dallyn, Isobel	13 Chepstow	38.81
5	Ward, Ellie	13 City of Newport	38.87
6	Girling, Grace	13 City Of Cardiff	41.11
7	Warrender, Niamh	13 Torfaen Dolphins	41.12
8	Brassington, Isabel	13 City Of Cardiff	41.15

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Domican, Rosie	13 City Of Cardiff	37.84
2	De Torres, Becci	13 City Of Cardiff	38.84
3	Dallyn, Isobel	13 Chepstow	38.94
4	Ward, Ellie	13 City of Newport	39.29
5	O'Callaghan, Jennifer	13 City Of Cardiff	39.32
6	Girling, Grace	13 City Of Cardiff	39.54
7	Boswall, Saffron	13 City Of Cardiff	40.08
*8	Brassington, Isabel	13 City Of Cardiff	41.36
*8	Warrender, Niamh	13 Torfaen Dolphins	41.36

Swim-Off Required			
Name	Age	Team	Time
10	Lovell, Madison	13 Heads ot Valleys	41.98
11	Palmer, Meghan	13 Rhondda	42.63
12	Nicholls, Hannah	13 Caerphilly	42.93
13	Lewis, Kacey	13 Merthyr Tydfil	43.36
14	Thomas, Ashley	13 R.C.T.Swim Squad	44.15
15	Whitlock, Carys	13 Torfaen Dolphins	44.59
16	Davies, Orla	13 City Of Cardiff	45.79
17	Davies, Tegan	13 Bridgend County	45.94
18	Fry, Meghan	13 Brecon	46.15
19	Griffiths, Lucy	13 Bridgend County	46.56
20	Date, Alana	13 City Of Cardiff	47.13
21	Froley, Megan	13 Bridgend County	47.39
22	Meek, Emily	13 R.C.T.Swim Squad	47.58

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke			
Name	Age	Team	Finals Time
Finals			
1	Major, Scarlet	14 City of Newport	1:07.94
2	Cottrell, Emma	14 City Of Cardiff	1:08.95
3	Withers-Boalch, Georgina	14 City Of Cardiff	1:11.19
4	Beynon, Bethan	14 City Of Cardiff	1:13.36
5	Edwards, Megan	14 Bridgend County	1:13.81
6	Protheroe, Chloe	14 Bridgend County	1:15.87
7	Porter, Emma	14 Torfaen Dolphins	1:16.51
---	Witchell, Bethan	14 City Of Cardiff	DQ

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Major, Scarlet	14 City of Newport	1:07.76
2	Cottrell, Emma	14 City Of Cardiff	1:09.37
3	Withers-Boalch, Georgina	14 City Of Cardiff	1:10.18

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Preliminaries ... (Event 36 Girls 14 Year Olds 100 SC Meter Backstroke)

Name	Age Team	Prelim Time
4 Witchell, Bethan	14 City Of Cardiff	1:11.66
5 Edwards, Megan	14 Bridgend County	1:13.37
6 Beynon, Bethan	14 City Of Cardiff	1:14.75
7 Protheroe, Chloe	14 Bridgend County	1:15.36
8 Porter, Emma	14 Torfaen Dolphins	1:17.34
9 Matthews, Jodie	14 R.C.T.Swim Squad	1:18.29
10 Davies, Lois	14 Bridgend County	1:19.44
11 Watkins, Sadie	14 R.C.T.Swim Squad	1:20.06
12 Griffith, Lili	14 R.C.T.Swim Squad	1:20.29
13 Collins, Amy	14 City Of Cardiff	1:20.76
14 Davies, Cora	14 R.C.T.Swim Squad	1:21.09
15 Foley, Joanna	14 Merthyr Tydfil	1:21.42
16 Williams, Mia	14 R.C.T.Swim Squad	1:22.30
17 Lewis, Becky	14 R.C.T.Swim Squad	1:23.11
18 Jaworska, Maja	14 Caerphilly	1:24.80
--- Leaf, Hattie	14 Chepstow	DQ
--- Phillips, Ella	14 City Of Cardiff	DQ

Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Evans, Holly	15 Bridgend County	1:07.02
2 Blake, Sophie	16 City of Newport	1:08.80
3 Morris, Ciara	15 City Of Cardiff	1:09.43
4 Lawlor, Ciara	15 City of Newport	1:09.44
5 Mason, Teoni	15 Torfaen Dolphins	1:10.00
6 Randell, Niamh	16 R.C.T.Swim Squad	1:11.14
7 Snow, Sophie	15 City Of Cardiff	1:11.44
8 Thomas, Niamh	16 City of Newport	1:11.54

Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Evans, Holly	15 Bridgend County	1:07.59
2 Blake, Sophie	16 City of Newport	1:08.29
3 Morris, Ciara	15 City Of Cardiff	1:08.30
4 Randell, Niamh	16 R.C.T.Swim Squad	1:09.47
5 Mason, Teoni	15 Torfaen Dolphins	1:10.07
6 Lawlor, Ciara	15 City of Newport	1:10.51
7 Horton, Ellana	15 City of Newport	1:11.23
8 Thomas, Niamh	16 City of Newport	1:11.79
9 Snow, Sophie	15 City Of Cardiff	1:12.17
10 Maiden, Mya	16 Bridgend County	1:13.18
11 Lewis, Jessica	16 R.C.T.Swim Squad	1:13.95
12 Legg, Abbie	15 Caerphilly	1:14.25
13 Simmons, Paige	15 City of Newport	1:14.53
14 Rowles, Freya	16 Torfaen Dolphins	1:14.61
15 Morgan, Sophie	15 R.C.T.Swim Squad	1:14.87
16 Lewis, Helen	15 Merthyr Tydfil	1:15.84
17 Walters, Aisha	15 Merthyr Tydfil	1:17.06
18 Thomas, Anya	15 City Of Cardiff	1:17.52
19 Flood, Holly	15 R.C.T.Swim Squad	1:17.61
20 Davies, Katie-May	16 Merthyr Tydfil	1:17.88
21 Freegard, Aimee	15 R.C.T.Swim Squad	1:18.23
22 Lipetz-Robic, Qui Ming	15 City Of Cardiff	1:19.23
23 Grattidge, Catrin	15 R.C.T.Swim Squad	1:20.42
24 Harris-Thomas, Elle	15 Chepstow	1:21.16
25 Popsys, Ruby	15 Brecon	1:21.30
26 Harper, Fizz	16 Chepstow	1:21.49

27 Foley, Caitlin	16 Merthyr Tydfil	1:21.52
28 Barry, Eva	15 City of Newport	1:23.85
29 Underwood, Rebecca	15 Cwmbran	1:24.64
30 Athwal, Jasmine	15 Torfaen Dolphins	1:24.66
31 Horscroft-Prest, Lowri	15 R.C.T.Swim Squad	1:28.74
--- Addecott, Ffion	15 R.C.T.Swim Squad	DQ
--- Davies, Anna	15 City of Newport	DQ

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Hunt, Imogen	19 Bridgend County	1:03.22
2 Gibbs, Livi	17 Bridgend County	1:07.93
3 Harvey, Morgan	17 City Of Cardiff	1:08.86
4 Groves, Chloe	18 Torfaen Dolphins	1:09.09
5 Jones, Georgia	17 Chepstow	1:09.66
6 Jenkins, Hannah	17 Bridgend County	1:10.78
7 Jenkins, Sarah	17 Bridgend County	1:10.81
8 Thomas, Emme	17 City Of Cardiff	1:10.97

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Hunt, Imogen	19 Bridgend County	1:03.77
2 Thomas, Emme	17 City Of Cardiff	1:07.09
3 Gibbs, Livi	17 Bridgend County	1:07.55
4 Groves, Chloe	18 Torfaen Dolphins	1:08.05
5 Harvey, Morgan	17 City Of Cardiff	1:08.80
6 Jenkins, Hannah	17 Bridgend County	1:11.03
7 Jenkins, Sarah	17 Bridgend County	1:11.40
8 Jones, Georgia	17 Chepstow	1:11.46
9 Collingbourne, Sioned	17 Heads of Valleys	1:11.94
10 Flynn, Lauren	19 Merthyr Tydfil	1:14.03
11 Hyde, Lydia	17 Heads of Valleys	1:17.07
12 Causon, Hannah	17 Merthyr Tydfil	1:20.37

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Langdon, Ben	14 City of Newport	1:06.42
2 Salmon, Carwyn	14 R.C.T.Swim Squad	1:09.57
3 Leach, Owen	14 Bridgend County	1:10.94
4 Collins, Tyler	14 R.C.T.Swim Squad	1:11.34

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Langdon, Ben	14 City of Newport	1:07.04
2 Salmon, Carwyn	14 R.C.T.Swim Squad	1:10.60
3 Leach, Owen	14 Bridgend County	1:12.15
4 Collins, Tyler	14 R.C.T.Swim Squad	1:12.40
5 Selby, Morgan	14 R.C.T.Swim Squad	1:24.54
--- Nixon, Rhys	14 City Of Cardiff	DQ

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Richards, Owen	16 Torfaen Dolphins	59.52
2 Parfitt, Shaye	16 City Of Cardiff	1:00.76
3 Evans, Ioan	15 City Of Cardiff	1:01.20
4 Clarke, Kameron	15 City of Newport	1:01.63
5 Baker, Luke	16 Torfaen Dolphins	1:01.89

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Finals ... (Event 37 Boys 15-16 100 SC Meter Butterfly)

Name	Age Team	Finals Time
6 Chooyin, Benjamin	15 City Of Cardiff	1:03.97
7 Hobbs, James	16 R.C.T.Swim Squad	1:07.21
--- Chim, Danny	16 Bridgend County	XDQ

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Richards, Owen	16 Torfaen Dolphins	59.52
2 Evans, Ioan	15 City Of Cardiff	1:00.78
3 Parfitt, Shaye	16 City Of Cardiff	1:01.40
4 Baker, Luke	16 Torfaen Dolphins	1:01.78
5 Chooyin, Benjamin	15 City Of Cardiff	1:02.27
6 Clarke, Kameron	15 City of Newport	1:03.45
7 Chim, Danny	16 Bridgend County	1:05.62
8 Rickard-Frost, Celyn	15 City Of Cardiff	1:06.07

9 Hobbs, James	16 R.C.T.Swim Squad	1:06.59
10 Cousins, Jacob	15 R.C.T.Swim Squad	1:06.67
11 Jones, Iwan	15 City of Newport	1:07.23
12 Rees, Brandon	16 Rhondda	1:08.70
13 Savage- Taylor, Tomos	15 Heads of Valleys	1:08.95
14 Gibbs, Morgan	15 Bridgend County	1:09.17
15 Hunt, Tobias	16 Bridgend County	1:13.39
16 Steven, Ryan	15 City of Newport	1:16.51
17 Clegg, Sam	16 Brecon	1:25.88
--- Hall, Daniel	15 Chepstow	DQ

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Acland, Connor	21 City of Newport	59.14
2 Sherman, Ben	17 Torfaen Dolphins	1:00.29
3 Cook, Jacob	17 City Of Cardiff	1:00.64
4 Fairless, Jonathan	18 City of Newport	1:02.66
5 Dickson-Jardine, Ben	17 Bridgend County	1:03.59
6 Townsend, Harry	17 Torfaen Dolphins	1:04.60
7 Price, Dafydd	17 Torfaen Dolphins	1:05.37
8 Napper, Keenan	18 Rhondda	1:05.53

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Sherman, Ben	17 Torfaen Dolphins	58.94
2 Acland, Connor	21 City of Newport	1:01.12
3 Cook, Jacob	17 City Of Cardiff	1:02.53
4 Fairless, Jonathan	18 City of Newport	1:03.40
5 Townsend, Harry	17 Torfaen Dolphins	1:03.88
6 Napper, Keenan	18 Rhondda	1:04.42
7 Dickson-Jardine, Ben	17 Bridgend County	1:04.45
8 Price, Dafydd	17 Torfaen Dolphins	1:04.67
9 Hunt-cosh, James	18 Heads of Valleys	1:05.27
10 Thomas, Lewis	17 R.C.T.Swim Squad	1:05.86
11 John, Lewys	17 R.C.T.Swim Squad	1:06.21
12 Jenkins, Cameron	18 R.C.T.Swim Squad	1:06.45
13 Pryse, Elis	17 R.C.T.Swim Squad	1:11.66
--- Davies, Owain	19 Heads of Valleys	DQ

Event 38 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Williams-Jones, Phoebe	11 Bridgend County	5:26.95

2 Broder, Libby	11 Torfaen Dolphins	5:28.46
3 Greenslade, Holly	11 Torfaen Dolphins	5:30.15
4 Davies, Cerys	11 R.C.T.Swim Squad	5:53.70
5 Williams, Lily	11 City Of Cardiff	6:02.73

Event 38 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Rosser, Cerys	12 Torfaen Dolphins	4:40.44
2 Erasmus, Charlotte	12 Torfaen Dolphins	4:59.05
3 Clayton, Karys	12 Torfaen Dolphins	5:18.53
4 Harthill, Katie	12 City Of Cardiff	5:19.27
5 Illman, Lili	12 Torfaen Dolphins	5:23.46
6 O'Callaghan, Faye	12 City Of Cardiff	5:34.66
7 Marshall, Polly	12 Caerphilly	5:36.71
8 Crowley, Amy	12 City Of Cardiff	5:39.00
9 Morgan, Hannah	12 City Of Cardiff	5:39.42
10 Faulkner, Marie	12 City Of Cardiff	5:41.63
11 Jones, Cerys	12 R.C.T.Swim Squad	5:45.05
12 Davies-Amos, Angelica	12 Bridgend County	5:45.39
13 Fowler, Jazz	12 Heads of Valleys	5:46.96
14 Ramsey, Rebekah	12 Heads of Valleys	5:49.24
15 Sargent, Elana	12 Caerphilly	5:52.28
16 Graville, Carys	12 City Of Cardiff	5:54.24

Event 38 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Lovell, Madison	13 Heads of Valleys	4:40.24
2 De Torres, Becci	13 City Of Cardiff	4:43.59
3 Rowe, Rhiannon	13 Heads of Valleys	4:54.71
4 Rathbone-Jones, Eloise	13 City Of Cardiff	4:57.07
5 Domican, Rosie	13 City Of Cardiff	4:59.39
6 Colley, Lauren	13 Bridgend County	5:00.55
7 Bamborough, Katie	13 City Of Cardiff	5:00.60
8 Girling, Grace	13 City Of Cardiff	5:02.31
9 Hurcombe, Eve	13 Torfaen Dolphins	5:02.68
10 Smith, Mia	13 Torfaen Dolphins	5:03.25
11 Morgan, Bethan	13 Bridgend County	5:08.23
12 Tarpey, Aoife	13 Bridgend County	5:10.99
13 O'Callaghan, Jennifer	13 City Of Cardiff	5:12.21
14 Thomas, Nell	13 R.C.T.Swim Squad	5:17.62
15 Marchant, Rhiannon	13 R.C.T.Swim Squad	5:18.09
16 Lewis, Kacey	13 Merthyr Tydfil	5:28.15
17 Corderoy, Abigail	13 R.C.T.Swim Squad	5:34.29
18 Davies, Tegan	13 Bridgend County	5:39.69
19 Jones, Mari-Lois	13 City Of Cardiff	5:40.23
20 Stork, Niamh	13 City Of Cardiff	5:46.02
21 Davies, Orla	13 City Of Cardiff	6:04.33
--- Fry, Meghan	13 Brecon	x6:25.18
--- Date, Alana	13 City Of Cardiff	DNF

Event 39 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Steven, Adam	11 City of Newport	3:32.66
2 Tucker, Lucas	11 Chepstow	3:33.67
3 Lee, Tristan	11 Rhondda	3:33.97
4 McGuinness, Charlie	11 Torfaen Dolphins	3:44.06
5 Rees-Jones, Jack	11 Merthyr Tydfil	3:44.31
6 Lawson, Reuben	11 Chepstow	3:44.98
7 Fowler, Joseph	11 R.C.T.Swim Squad	3:45.12
8 Jones, Tyler	11 Rhondda	3:48.61

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Event 39 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Coppen, Harrison	12 City of Newport	3:13.31
2 Geysen-Holley, Max	12 Bridgend County	3:22.76
3 Smart, Rhys	12 City Of Cardiff	3:24.33
4 Sellick, Evan	12 Cwmbran	3:26.39
5 Anderson, Maxwell	12 City Of Cardiff	3:28.74
6 Davies, Henry	12 City Of Cardiff	3:29.21
--- Arch, Rhydian	12 City Of Cardiff	DQ
--- O'Brien, Joshua	12 City Of Cardiff	DQ

Event 39 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Edwards, Kaden	13 City Of Cardiff	3:04.18
2 Clement, Logan	13 R.C.T.Swim Squad	3:20.06

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Major, Scarlet	14 City of Newport	28.01
2 Linton, Sophie	14 City of Newport	28.73
3 Moretti, Morgana	14 City Of Cardiff	29.34
4 Cottrell, Emma	14 City Of Cardiff	29.59
5 Witchell, Bethan	14 City Of Cardiff	29.69
6 Davidson, Hannah	14 Bridgend County	30.00
7 Beynon, Bethan	14 City Of Cardiff	30.20
8 Miles, Grace	14 Chepstow	30.21

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Major, Scarlet	14 City of Newport	28.31
2 Linton, Sophie	14 City of Newport	28.81
3 Moretti, Morgana	14 City Of Cardiff	29.40
4 Cottrell, Emma	14 City Of Cardiff	29.48
5 Davidson, Hannah	14 Bridgend County	29.55
6 Withers-Boalch, Georgina	14 City Of Cardiff	29.66
7 Witchell, Bethan	14 City Of Cardiff	29.71
8 Beynon, Bethan	14 City Of Cardiff	29.93
9 Miles, Grace	14 Chepstow	30.24
10 Havard, Carys	14 Heads ot Valleys	30.71
11 Norris, Alyssa	14 Caerphilly	30.76
12 Jones, AJ	14 Bridgend County	30.98
13 Davies, Lois	14 Bridgend County	31.06
14 Clode, Amelie	14 Bridgend County	31.12
15 Protheroe, Chloe	14 Bridgend County	31.32
16 Marsh, Sophie	14 Merthyr Tydfil	31.34
17 Jaworska, Maja	14 Caerphilly	31.78
18 Higgins, Lowri	14 City Of Cardiff	31.83
19 Williams, Mia	14 R.C.T.Swim Squad	31.86
*20 Cox, Emily	14 Bridgend County	31.91
*20 Evans, Penny	14 R.C.T.Swim Squad	31.91
22 Leaf, Hattie	14 Chepstow	31.95
23 Porter, Emma	14 Torfaen Dolphins	32.21
24 Nicholas, Catrin	14 Bridgend County	32.25
25 Phillips, Ella	14 City Of Cardiff	32.38
26 Watkins, Sadie	14 R.C.T.Swim Squad	32.66
27 Collins, Amy	14 City Of Cardiff	32.68
28 Vaisey, Cerys	14 Abertillery	32.84
29 Geen, Cerys	14 Torfaen Dolphins	33.24
30 Griffith, Lili	14 R.C.T.Swim Squad	33.26

31 Foley, Joanna	14 Merthyr Tydfil	33.59
32 Cope, Llinos	14 City Of Cardiff	33.66
33 Crisp, Caitlyn	14 City Of Cardiff	34.14
34 Groves, Ella Mai	14 Torfaen Dolphins	34.20
35 Murphy, Caitlyn	14 Rhondda	34.40
36 Beynon, Lucy	14 Chepstow	35.11
37 Lewis, Becky	14 R.C.T.Swim Squad	35.28
38 Davies, Cora	14 R.C.T.Swim Squad	35.42
39 Thorne, Immie	14 Chepstow	35.71
40 Johnston, McKenzie	14 City of Newport	35.97

Event 40 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Allison, Megan	15 City of Newport	27.47
2 Morris, Ciara	15 City Of Cardiff	27.60
3 Jones, Alicia	15 Merthyr Tydfil	28.43
4 Edwards, Maisie	15 City Of Cardiff	28.59
5 Watson, Freya	16 Heads ot Valleys	28.68
6 Nelson, Bethan	16 City Of Cardiff	29.25
7 Haeffner, Evie	16 Chepstow	29.38
8 Ezard, Emily	15 Bridgend County	29.70

Event 40 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Allison, Megan	15 City of Newport	27.51
2 Morris, Ciara	15 City Of Cardiff	27.68
3 Edwards, Maisie	15 City Of Cardiff	28.46
4 Jones, Alicia	15 Merthyr Tydfil	28.63
5 Watson, Freya	16 Heads ot Valleys	28.73
6 Nelson, Bethan	16 City Of Cardiff	28.90
7 Ezard, Emily	15 Bridgend County	28.94
8 Haeffner, Evie	16 Chepstow	29.28
9 Blake, Sophie	16 City of Newport	29.49
10 Rees, Millie	15 Bridgend County	29.56
11 Davies, Cati	16 Bridgend County	29.86
12 Arch, Mared	15 City Of Cardiff	29.88
13 Legg, Abbie	15 Caerphilly	30.14
14 Davies, Anna	15 City of Newport	30.18
15 Flood, Holly	15 R.C.T.Swim Squad	30.20
16 Randell, Niamh	16 R.C.T.Swim Squad	30.25
17 Maiden, Mya	16 Bridgend County	30.30
18 Snow, Sophie	15 City Of Cardiff	30.59
19 Lewis, Helen	15 Merthyr Tydfil	30.65
20 Lipetz-Robic, Qui Ming	15 City Of Cardiff	30.75
21 Walters, Aisha	15 Merthyr Tydfil	30.79
22 Rowles, Freya	16 Torfaen Dolphins	30.80
23 Mason, Teoni	15 Torfaen Dolphins	30.89
24 Davies, Katie-May	16 Merthyr Tydfil	31.16
25 Harris-Thomas, Elle	15 Chepstow	31.48
26 Elliott, Manon	15 Rhondda	31.62
27 Lewis, Jessica	16 R.C.T.Swim Squad	31.63
28 Othen, Lara	15 Torfaen Dolphins	31.75
29 Harper, Fizz	16 Chepstow	32.18
30 Barry, Eva	15 City of Newport	32.21
31 Freegard, Aimee	15 R.C.T.Swim Squad	32.34
32 McCulloch, Ffion	15 City Of Cardiff	32.36
33 Stallard, Martha	15 City Of Cardiff	32.47
34 Popsys, Ruby	15 Brecon	32.56
35 Mcrae, Mair	15 Torfaen Dolphins	32.71

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Results

Preliminaries ... (Event 40 Girls 15-16 50 SC Meter Freestyle)

Name	Age Team	Prelim Time
36 Walker, Caitlin	15 City Of Cardiff	32.82
37 Addecott, Ffion	15 R.C.T.Swim Squad	33.01
38 Foley, Caitlin	16 Merthyr Tydfil	33.46
39 Jones, Seren	15 City of Newport	33.47
40 Grattidge, Catrin	15 R.C.T.Swim Squad	33.74
41 Lenthall, Hannah	15 Chepstow	33.77
42 Athwal, Jasmine	15 Torfaen Dolphins	34.54
43 Devonald-Jones, Ffion	15 R.C.T.Swim Squad	35.48

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Murray, Claudia	17 City Of Cardiff	27.18
2 Rees, Katie	19 City Of Cardiff	27.62
3 Owen, Amber	17 City Of Cardiff	27.79
4 Walters, Jessie	18 R.C.T.Swim Squad	27.92
5 Morgan, Grace	17 Bridgend County	28.01
6 Groves, Chloe	18 Torfaen Dolphins	28.75
7 McCulloch, Elizabeth	18 City Of Cardiff	29.07
8 Nicholas, Megan	17 Bridgend County	29.22

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Claudia	17 City Of Cardiff	27.30
2 Owen, Amber	17 City Of Cardiff	27.81
3 Rees, Katie	19 City Of Cardiff	27.91
4 Morgan, Grace	17 Bridgend County	27.95
5 Walters, Jessie	18 R.C.T.Swim Squad	28.20
6 Groves, Chloe	18 Torfaen Dolphins	28.43
7 McCulloch, Elizabeth	18 City Of Cardiff	29.12
8 Nicholas, Megan	17 Bridgend County	29.41
9 Jones, Georgia	17 Chepstow	29.64
10 Flynn, Lauren	19 Merthyr Tydfil	29.70
11 Jenkins, Hannah	17 Bridgend County	29.78
12 Collingbourne, Sioned	17 Heads of Valleys	29.85
13 Gilson, Robyn	17 Abertillery	29.93
14 Vaisey, Rhiannon	19 Abertillery	29.99
15 Boyles, Hedd-Wyn	19 Caerphilly	30.14
16 Jenkins, Sarah	17 Bridgend County	30.45
17 Matthews, Brody	19 Abertillery	30.82
18 Freeman, Rebecca	18 Torfaen Dolphins	30.89
19 Hyde, Lydia	17 Heads of Valleys	31.56
20 Causon, Hannah	17 Merthyr Tydfil	31.88
21 Eckley, Bethan	17 City Of Cardiff	32.54
22 Thomas, Chloe	19 Bridgend County	33.19

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Pietruszka, Daniel	14 City Of Cardiff	37.01
2 Griffiths, Alex	14 City of Newport	37.22
3 Tucker, Callum	14 Chepstow	40.02
4 Nixon, Rhys	14 City Of Cardiff	40.80
5 Williams, Thomas	14 Rhondda	42.40
6 Davies, Joshua	14 City Of Cardiff	43.15
7 Kindred, Oliver	14 Torfaen Dolphins	43.43

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Pietruszka, Daniel	14 City Of Cardiff	36.97
2 Griffiths, Alex	14 City of Newport	37.45
3 Nixon, Rhys	14 City Of Cardiff	40.07
4 Johnson, Finnley	14 City of Newport	40.52
5 Williams, Thomas	14 Rhondda	41.70
6 Tucker, Callum	14 Chepstow	41.83
7 Davies, Joshua	14 City Of Cardiff	42.79
8 Kindred, Oliver	14 Torfaen Dolphins	43.50

Event 41 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Hobbs, James	16 R.C.T.Swim Squad	33.75
2 Baker, Luke	16 Torfaen Dolphins	34.06
3 Clarke, Kameron	15 City of Newport	34.34
4 Harris, Max	15 City of Newport	34.69
5 Chooyin, Benjamin	15 City Of Cardiff	35.58
6 Davies, Joe	15 Torfaen Dolphins	36.00
7 Jones, Iwan	15 City of Newport	37.53
8 Clegg, Sam	16 Brecon	38.22

Event 41 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Hobbs, James	16 R.C.T.Swim Squad	33.94
2 Baker, Luke	16 Torfaen Dolphins	34.25
3 Clarke, Kameron	15 City of Newport	34.57
4 Harris, Max	15 City of Newport	34.68
5 Davies, Joe	15 Torfaen Dolphins	35.56
6 Chooyin, Benjamin	15 City Of Cardiff	36.42
7 Jones, Iwan	15 City of Newport	38.19
8 Clegg, Sam	16 Brecon	38.24
9 Rees, Brandon	16 Rhondda	38.94
10 Jones, Finlay	15 Rhondda	39.24
11 Yahiaoui, Yucuf	15 City Of Cardiff	40.29
12 Jones, Luc	15 Torfaen Dolphins	40.30
13 Thomas, Joshua	16 Merthyr Tydfil	41.52
14 Matthews, Leon	15 Cwmbran	41.66

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Sansom, Brython	18 Torfaen Dolphins	30.75
2 Jones, Daniel	18 Torfaen Dolphins	31.41
3 Brown, Ethan	19 R.C.T.Swim Squad	32.50
4 Hunt-cosh, James	18 Heads of Valleys	33.00
5 Cook, Jacob	17 City Of Cardiff	34.14
6 Miles, Will	17 Chepstow	35.49
7 Wakefield, Joshua	17 Abertillery	36.18
8 Davies, Owain	19 Heads of Valleys	36.33

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sansom, Brython	18 Torfaen Dolphins	30.51
2 Jones, Daniel	18 Torfaen Dolphins	31.38
3 Brown, Ethan	19 R.C.T.Swim Squad	32.70
4 Hunt-cosh, James	18 Heads of Valleys	33.45

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Preliminaries ... (Event 41 Boys 17 & Over 50 SC Meter Breaststroke)

Name	Age Team	Prelim Time
5 Jones, Luke	18 Rhondda	33.86
6 Cook, Jacob	17 City Of Cardiff	34.80
7 Miles, Will	17 Chepstow	35.46
8 Wakefield, Joshua	17 Abertillery	35.88
9 Davies, Owain	19 Heads of Valleys	37.07

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 James, Tristyn	11 Bridgend County	1:12.18
2 Major, Sebastian	11 City of Newport	1:28.54
3 John, Finlay	11 R.C.T.Swim Squad	1:29.52
4 Fowler, Joseph	11 R.C.T.Swim Squad	1:31.41
5 Rees-Jones, Jack	11 Merthyr Tydfil	1:31.67
6 McGuinness, Charlie	11 Torfaen Dolphins	1:35.81

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Tristyn	11 Bridgend County	1:13.86
2 John, Finlay	11 R.C.T.Swim Squad	1:29.21
3 Major, Sebastian	11 City of Newport	1:31.46
4 Rees-Jones, Jack	11 Merthyr Tydfil	1:31.49
5 McGuinness, Charlie	11 Torfaen Dolphins	1:34.15
6 Fowler, Joseph	11 R.C.T.Swim Squad	1:34.73

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Merriman, Ben	12 Heads of Valleys	1:13.96
2 Hughes, Cian	12 City Of Cardiff	1:18.25
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:19.03
4 Coulson, Evan	12 Torfaen Dolphins	1:19.37
5 Price, Samuel	12 City Of Cardiff	1:19.53
6 Geysen-Holley, Max	12 Bridgend County	1:21.00
7 James, Harley	12 City Of Cardiff	1:23.18
8 Antoni, Rhys	12 Torfaen Dolphins	1:26.47

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Merriman, Ben	12 Heads of Valleys	1:14.40
2 Hughes, Cian	12 City Of Cardiff	1:18.94
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:19.35
4 Price, Samuel	12 City Of Cardiff	1:19.51
5 Coulson, Evan	12 Torfaen Dolphins	1:21.27
6 James, Harley	12 City Of Cardiff	1:21.80
7 Geysen-Holley, Max	12 Bridgend County	1:22.17
8 Antoni, Rhys	12 Torfaen Dolphins	1:24.72
9 Anderson, Maxwell	12 City Of Cardiff	1:24.78
10 Keenan, Brandon	12 Cwmbran	1:25.67
11 Sellick, Evan	12 Cwmbran	1:26.46
12 Isaacs, Tomos	12 R.C.T.Swim Squad	1:30.00
13 Davies, Henry	12 City Of Cardiff	1:30.59
14 Smart, Rhys	12 City Of Cardiff	1:30.94
--- Davis, Ioan	12 Bridgend County	DQ

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Edwards, Kaden	13 City Of Cardiff	1:11.48
2 Wardhaugh, Cai	13 City Of Cardiff	1:11.56
3 Wisden, Dylan	13 Bridgend County	1:13.96
4 Phinnemore, Osian	13 Bridgend County	1:17.00
5 Wakeling, Jacob	13 City Of Cardiff	1:17.38
6 Woodman, Ryan	13 City of Newport	1:17.64
7 Hastings, Benjamin	13 City of Newport	1:18.09
8 Allen-Ridge, Kasey	13 Abertillery	1:18.13

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Wardhaugh, Cai	13 City Of Cardiff	1:12.36
2 Edwards, Kaden	13 City Of Cardiff	1:12.94
3 Wisden, Dylan	13 Bridgend County	1:13.33
4 Phinnemore, Osian	13 Bridgend County	1:16.76
5 Wakeling, Jacob	13 City Of Cardiff	1:17.54
6 Allen-Ridge, Kasey	13 Abertillery	1:17.75
7 Hastings, Benjamin	13 City of Newport	1:18.33
8 Woodman, Ryan	13 City of Newport	1:18.90
9 Tong, Solomon	13 City Of Cardiff	1:19.25
10 Hobbs, Dewi	13 R.C.T.Swim Squad	1:19.97
11 Lloyd, Morgan	13 Caerphilly	1:21.67
12 Tan, Nicholas	13 Pontypridd	1:23.63
13 Jones, Lloyd	13 Merthyr Tydfil	1:24.02
14 Clement, Logan	13 R.C.T.Swim Squad	1:24.72
15 Elias, Hari	13 City Of Cardiff	1:26.22
16 Walker, Calum	13 City Of Cardiff	1:27.59

Event 43 Girls 14 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Witchell, Bethan	14 City Of Cardiff	2:31.55
2 Cottrell, Emma	14 City Of Cardiff	2:34.36
3 Beynon, Bethan	14 City Of Cardiff	2:34.93
4 Edwards, Megan	14 Bridgend County	2:35.00
5 Linton, Sophie	14 City of Newport	2:35.88
6 Davidson, Hannah	14 Bridgend County	2:38.00
7 Protheroe, Chloe	14 Bridgend County	2:41.83
8 Evans, Penny	14 R.C.T.Swim Squad	2:47.57
9 Marsh, Sophie	14 Merthyr Tydfil	2:47.62
10 Davies, Lois	14 Bridgend County	2:48.19
11 Jones, AJ	14 Bridgend County	2:49.12
12 Havard, Carys	14 Heads of Valleys	2:49.46
13 Clode, Amelie	14 Bridgend County	2:50.74
14 Williams, Mia	14 R.C.T.Swim Squad	2:52.65
15 Matthews, Jodie	14 R.C.T.Swim Squad	2:52.86
16 Nicholas, Catrin	14 Bridgend County	2:55.67
17 Cox, Emily	14 Bridgend County	2:57.59
18 Collins, Amy	14 City Of Cardiff	2:57.82
19 Geen, Cerys	14 Torfaen Dolphins	2:59.23
20 Napper, Kaycee	14 Rhondda	3:01.64
21 McCloy, Meg	14 Bridgend County	3:02.62
22 Johnston, McKenzie	14 City of Newport	3:03.31
23 Thorne, Immie	14 Chepstow	3:10.92
24 Cope, Llinos	14 City Of Cardiff	3:11.82
25 Lewis, Becky	14 R.C.T.Swim Squad	3:12.21
26 Leaf, Hattie	14 Chepstow	3:12.77
--- Jaworska, Maja	14 Caerphilly	x3:15.41

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(Event 43 Girls 14 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
--- Phillips, Ella	14	City Of Cardiff	DQ
--- Crisp, Caitlyn	14	City Of Cardiff	DQ
--- Watkins, Sadie	14	R.C.T.Swim Squad	DQ

Event 43 Girls 15-16 200 SC Meter IM

Name	Age	Team	Finals Time
1 Sutton, Rebecca	16	Bridgend County	2:17.51
2 Allison, Megan	15	City of Newport	2:26.80
3 Morris, Ciara	15	City Of Cardiff	2:27.02
4 Warrender, Meg	16	Torfaen Dolphins	2:29.43
5 Edwards, Maisie	15	City Of Cardiff	2:30.50
6 Watson, Freya	16	Heads ot Valleys	2:30.88
7 English, Katie	16	City of Newport	2:31.59
8 Horton, Ellana	15	City of Newport	2:32.11
9 Ezard, Emily	15	Bridgend County	2:33.29
10 Hutchinson, Lili-May	15	City Of Cardiff	2:33.75
11 Rees, Millie	15	Bridgend County	2:34.39
12 Staveley, Ella	15	Bridgend County	2:35.31
13 McCloy, Ellie	16	Bridgend County	2:36.62
14 Nelson, Bethan	16	City Of Cardiff	2:37.37
15 Snow, Sophie	15	City Of Cardiff	2:38.59
16 Rowles, Freya	16	Torfaen Dolphins	2:38.79
17 Thomas, Anya	15	City Of Cardiff	2:39.76
18 Lewis, Helen	15	Merthyr Tydfil	2:40.34
19 Stallard, Martha	15	City Of Cardiff	2:41.63
20 Davies, Anna	15	City of Newport	2:43.61
21 Legg, Abbie	15	Caerphilly	2:45.62
22 Walters, Aisha	15	Merthyr Tydfil	2:45.67
23 Bryce, Millie	15	City Of Cardiff	2:45.93
24 Maiden, Mya	16	Bridgend County	2:46.34
25 Morgan, Sophie	15	R.C.T.Swim Squad	2:47.76
26 Flood, Holly	15	R.C.T.Swim Squad	2:47.80
27 Lewis, Jessica	16	R.C.T.Swim Squad	2:49.52
28 Barry, Eva	15	City of Newport	2:49.53
29 McCulloch, Ffion	15	City Of Cardiff	2:50.66
30 Harris-Thomas, Elle	15	Chepstow	2:51.85
31 Bussey, Niamh	16	Bridgend County	2:52.41
32 Freegard, Aimee	15	R.C.T.Swim Squad	2:52.73
33 Lipetz-Robic, Qui Ming	15	City Of Cardiff	2:53.05
34 Walker, Caitlin	15	City Of Cardiff	2:57.49
35 Dewar, Megan	15	Cwmbran	2:59.62
36 Athwal, Jasmine	15	Torfaen Dolphins	3:01.45
37 Foley, Caitlin	16	Merthyr Tydfil	3:03.34
--- Mcrae, Mair	15	Torfaen Dolphins	DQ
--- Morgan, Mackenzie	15	Torfaen Dolphins	DQ

Event 43 Girls 17 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Rees, Katie	19	City Of Cardiff	2:18.78
2 Davies, Eleri	17	Bridgend County	2:27.22
3 Hunt, Imogen	19	Bridgend County	2:28.98
4 Stockley, Lauren	18	Torfaen Dolphins	2:29.54
5 Nicholas, Megan	17	Bridgend County	2:31.98
6 Morgan, Grace	17	Bridgend County	2:33.34
7 McCulloch, Elizabeth	18	City Of Cardiff	2:33.67
8 Collingbourne, Sioned	17	Heads ot Valleys	2:34.45
9 Jenkins, Hannah	17	Bridgend County	2:40.58
10 Gilson, Robyn	17	Abertillery	2:41.43
11 Matthews, Brody	19	Abertillery	2:43.50
12 Freeman, Rebecca	18	Torfaen Dolphins	2:44.71

13 Meredith, Rebecca	17	R.C.T.Swim Squad	2:45.18
14 Hyde, Lydia	17	Heads ot Valleys	2:49.90
15 Jenkins, Sarah	17	Bridgend County	2:51.75
16 Eckley, Bethan	17	City Of Cardiff	3:01.48

Event 44 Boys 14 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Murray, Adam	14	City Of Cardiff	2:22.61
2 Salmon, Carwyn	14	R.C.T.Swim Squad	2:27.45
3 Griffiths, Alex	14	City of Newport	2:27.72
4 Collins, Tyler	14	R.C.T.Swim Squad	2:37.99
5 Pietruszka, Daniel	14	City Of Cardiff	2:42.01
6 Leach, Owen	14	Bridgend County	2:42.20
7 Nixon, Rhys	14	City Of Cardiff	2:44.81
8 Johnson, Finnley	14	City of Newport	2:48.33
9 Tucker, Callum	14	Chepstow	2:50.20
10 Kindred, Oliver	14	Torfaen Dolphins	2:52.15
11 Williams, Thomas	14	Rhondda	2:59.29
--- Davies, Joshua	14	City Of Cardiff	DQ

Event 44 Boys 15-16 200 SC Meter IM

Name	Age	Team	Finals Time
1 Evans, Ioan	15	City Of Cardiff	2:12.83
2 Richards, Owen	16	Torfaen Dolphins	2:17.94
3 Parfitt, Shaye	16	City Of Cardiff	2:20.82
4 Clarke, Kameron	15	City of Newport	2:21.03
5 Chooyin, Benjamin	15	City Of Cardiff	2:23.78
6 Savage- Taylor, Tomos	15	Heads ot Valleys	2:24.02
7 Hobbs, James	16	R.C.T.Swim Squad	2:26.89
8 Chim, Danny	16	Bridgend County	2:27.19
9 Davies, Joe	15	Torfaen Dolphins	2:33.70
10 Garland, Kieran	15	R.C.T.Swim Squad	2:36.22
11 Hunt, Tobias	16	Bridgend County	2:37.71
12 Hall, Daniel	15	Chepstow	2:41.67
13 Williams, Elliot	16	Pontypridd	2:42.56
14 Jenkins, Ellis	15	R.C.T.Swim Squad	2:46.07
15 Jones, Finlay	15	Rhondda	2:47.14
16 Thomas, Joshua	16	Merthyr Tydfil	2:47.53
--- Clegg, Sam	16	Brecon	x3:05.07
--- Rickard-Frost, Celyn	15	City Of Cardiff	DQ

Event 44 Boys 17 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Cook, Jacob	17	City Of Cardiff	2:19.27
2 Jones, Daniel	18	Torfaen Dolphins	2:19.43
3 Hunt-cosh, James	18	Heads ot Valleys	2:20.37
4 John, Lewys	17	R.C.T.Swim Squad	2:27.88
5 Elliott, Alex	19	Torfaen Dolphins	2:28.23
6 Mullins, Joshua	17	Merthyr Tydfil	2:29.21
7 Pryse, Elis	17	R.C.T.Swim Squad	2:33.68
8 Jenkins, Cameron	18	R.C.T.Swim Squad	2:33.75
9 Wakefield, Joshua	17	Abertillery	2:38.08
10 Joseph, Gianluca	18	Heads ot Valleys	2:39.88

Event 45 Girls 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Williams-Jones, Phoebe	11	Bridgend County	3:12.78
2 Brassington, Sophie	11	City Of Cardiff	3:15.10
3 Velasco, Mikayla	11	City Of Cardiff	3:27.56
4 Iles, Georgia	11	City Of Cardiff	3:27.60
5 Beach, Dion	11	Rhondda	3:52.60
6 Lee, Lucia	11	Chepstow	3:56.13
--- Wratten, Isabelle	11	Cwmbran	x4:07.19

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Event 45 Girls 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	2:49.10
2 Jones, Emily	12 City of Newport	2:51.27
3 Simmons, Beth	12 City of Newport	3:03.58
4 Walker, Eleanor	12 City of Newport	3:12.62
5 Donovan, Kelsey	12 City Of Cardiff	3:17.49
6 O'Callaghan, Faye	12 City Of Cardiff	3:26.72
7 Jones, Emilia	12 Bridgend County	3:27.01
8 Faulkner, Marie	12 City Of Cardiff	3:27.41
9 Reynolds, Mia	12 Heads ot Valleys	3:31.59
10 Cribb, Millie Lacie	12 Caerphilly	3:34.90
11 Emes, Eleanor	12 Torfaen Dolphins	3:36.31
12 Clayton, Karys	12 Torfaen Dolphins	3:36.91
13 Nowell, Gabriella	12 Torfaen Dolphins	3:41.65
14 Collins, Rebecca	12 City Of Cardiff	3:49.63
--- Stride, Tamzin	12 Torfaen Dolphins	DQ

Event 45 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Rowe, Rhiannon	13 Heads ot Valleys	2:54.89
2 Palin, Maisy	13 Heads ot Valleys	2:56.01
3 Domican, Rosie	13 City Of Cardiff	2:56.48
4 Dallyn, Isobel	13 Chepstow	3:01.10
5 Brassington, Isabel	13 City Of Cardiff	3:08.00
6 Smith, Mia	13 Torfaen Dolphins	3:10.49
7 Hembrow, Courtney	13 Bridgend County	3:20.49
8 Lewis, Kacey	13 Merthyr Tydfil	3:21.14
9 Palmer, Meghan	13 Rhondda	3:24.87
10 Pryce, Ella	13 City Of Cardiff	3:26.94
11 Stork, Niamh	13 City Of Cardiff	3:27.36
12 Griffiths, Lucy	13 Bridgend County	3:33.69
13 Davies, Orla	13 City Of Cardiff	3:36.46
14 Fry, Meghan	13 Brecon	3:40.20
--- Lovell, Madison	13 Heads ot Valleys	DQ
--- Ward, Ellie	13 City of Newport	DQ

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 James, Tristyn	11 Bridgend County	29.07
2 Steven, Adam	11 City of Newport	33.86
3 Davies, Lewis	11 City of Newport	33.89
4 Fowler, Joseph	11 R.C.T.Swim Squad	34.12
5 Davidson, Matthew	11 Bridgend County	34.84
6 Rees-Jones, Jack	11 Merthyr Tydfil	35.31
7 Lee, Ethan	11 Rhondda	35.45
8 Tucker, Lucas	11 Chepstow	36.03

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 James, Tristyn	11 Bridgend County	29.24
2 Davies, Lewis	11 City of Newport	33.55
3 Steven, Adam	11 City of Newport	33.78
4 Lee, Ethan	11 Rhondda	34.82
5 Fowler, Joseph	11 R.C.T.Swim Squad	34.89
6 Rees-Jones, Jack	11 Merthyr Tydfil	35.18
7 Davidson, Matthew	11 Bridgend County	36.04
8 Tucker, Lucas	11 Chepstow	36.18
9 Lee, Tristan	11 Rhondda	36.45

10 McGuinness, Charlie	11 Torfaen Dolphins	37.40
11 John, Finlay	11 R.C.T.Swim Squad	37.62
12 Davies, Zachary	11 Torfaen Dolphins	37.76
13 McLain, Archie	11 Heads ot Valleys	38.31
14 Jones, Tyler	11 Rhondda	38.72
15 Jones, Rhys	11 R.C.T.Swim Squad	39.08
16 White, Alex	11 Rhondda	40.53

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 O'Brien, Joshua	12 City Of Cardiff	30.45
2 Davies, Gianni	12 Torfaen Dolphins	30.92
3 Merriman, Ben	12 Heads ot Valleys	30.97
4 Price, Samuel	12 City Of Cardiff	31.42
5 Fox-Wiltshire, Benjamin	12 City of Newport	31.89
*6 Hughes, Cian	12 City Of Cardiff	32.03
*6 Arch, Rhydian	12 City Of Cardiff	32.03
8 Geysen-Holley, Max	12 Bridgend County	33.22

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 O'Brien, Joshua	12 City Of Cardiff	30.48
2 Merriman, Ben	12 Heads ot Valleys	30.85
3 Davies, Gianni	12 Torfaen Dolphins	31.13
4 Price, Samuel	12 City Of Cardiff	31.31
5 Arch, Rhydian	12 City Of Cardiff	32.06
6 Hughes, Cian	12 City Of Cardiff	32.38
7 Fox-Wiltshire, Benjamin	12 City of Newport	32.47
8 Geysen-Holley, Max	12 Bridgend County	33.13
9 James, Harley	12 City Of Cardiff	33.82
10 Antoni, Rhys	12 Torfaen Dolphins	33.89
11 Coulson, Evan	12 Torfaen Dolphins	34.07
12 Anderson, Maxwell	12 City Of Cardiff	34.61
13 Keenan, Brandon	12 Cwmbran	35.06
14 Jones, Calum	12 Rhondda	36.97
15 Monks, Joshua	12 Merthyr Tydfil	37.35
16 H-Hillier, Owain	12 Cwmbran	37.40
17 Ingram, James	12 Heads ot Valleys	37.46
18 Johnson, Freddie	12 Heads ot Valleys	37.62
19 Watkins, William	12 City of Newport	37.76
20 Isaacs, Tomos	12 R.C.T.Swim Squad	38.03
21 Chambers, Gethin	12 Rhondda	40.39

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Lloyd, Morgan	13 Caerphilly	29.48
2 Hobbs, Dewi	13 R.C.T.Swim Squad	29.76
3 Wisden, Dylan	13 Bridgend County	29.88
4 Wardhaugh, Cai	13 City Of Cardiff	30.04
5 Edwards, Kaden	13 City Of Cardiff	30.24
6 Jones, Lloyd	13 Merthyr Tydfil	30.64
7 Allen-Ridge, Kasey	13 Abertillery	30.95
8 Wakeling, Jacob	13 City Of Cardiff	31.77

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Lloyd, Morgan	13 Caerphilly	29.50

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Preliminaries ... (Event 46 Boys 13 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Prelim Time
2 Hobbs, Dewi	13 R.C.T.Swim Squad	29.89
3 Wisden, Dylan	13 Bridgend County	29.97
4 Jones, Lloyd	13 Merthyr Tydfil	30.45
5 Wardhaugh, Cai	13 City Of Cardiff	30.51
6 Allen-Ridge, Kasey	13 Abertillery	30.86
7 Edwards, Kaden	13 City Of Cardiff	30.90
8 Wakeling, Jacob	13 City Of Cardiff	31.12
9 Phinnemore, Osian	13 Bridgend County	31.75
10 Tong, Solomon	13 City Of Cardiff	31.82
11 Jones, Jacob	13 Rhondda	31.86
12 Tan, Nicholas	13 Pontypridd	33.04
13 Elias, Hari	13 City Of Cardiff	33.07
14 Havard, Dylan	13 Heads ot Valleys	33.10
15 Clement, Logan	13 R.C.T.Swim Squad	33.34
16 Hastings, Benjamin	13 City of Newport	33.57
17 Pugh, Noah	13 Rhondda	34.41
18 Walker, Calum	13 City Of Cardiff	34.54
19 Charles, Connor	13 Heads ot Valleys	35.37
20 Watts, Morgan	13 Abertillery	36.71

Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Broder, Libby	11 Torfaen Dolphins	1:22.91
2 Davies, Cerys	11 R.C.T.Swim Squad	1:25.91
3 Parsons, Ellie	11 Chepstow	1:27.49
4 Holmes, Bethan	11 Chepstow	1:28.01
5 Velasco, Mikayla	11 City Of Cardiff	1:33.37
6 Davies, Ffion	11 R.C.T.Swim Squad	1:33.97
7 Jones, Ellie	11 Heads ot Valleys	1:34.29
8 Edwards, Georgina	11 Abertillery	1:38.37

Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Broder, Libby	11 Torfaen Dolphins	1:24.31
2 Davies, Cerys	11 R.C.T.Swim Squad	1:25.14
3 Holmes, Bethan	11 Chepstow	1:27.97
4 Parsons, Ellie	11 Chepstow	1:28.33
5 Davies, Ffion	11 R.C.T.Swim Squad	1:30.98
6 Jones, Ellie	11 Heads ot Valleys	1:31.16
7 Velasco, Mikayla	11 City Of Cardiff	1:34.22
8 Edwards, Georgina	11 Abertillery	1:36.76
9 Brassington, Sophie	11 City Of Cardiff	1:37.29
--- Iles, Georgia	11 City Of Cardiff	DQ

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	1:13.11
2 Joseph, Isabel	12 City Of Cardiff	1:15.61
3 Stride, Tamzin	12 Torfaen Dolphins	1:16.08
4 Stevens, Isobel	12 City of Newport	1:20.27
5 Donovan, Kelsey	12 City Of Cardiff	1:20.33
6 Erasmus, Charlotte	12 Torfaen Dolphins	1:20.36
7 Simmons, Beth	12 City of Newport	1:21.61
8 Illman, Lili	12 Torfaen Dolphins	1:21.96

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Stephens, Arwen	12 City Of Cardiff	1:15.83
2 Joseph, Isabel	12 City Of Cardiff	1:16.27
3 Stride, Tamzin	12 Torfaen Dolphins	1:17.43
4 Erasmus, Charlotte	12 Torfaen Dolphins	1:20.32
5 Stevens, Isobel	12 City of Newport	1:21.22
6 Donovan, Kelsey	12 City Of Cardiff	1:21.54
7 Simmons, Beth	12 City of Newport	1:22.02
8 Illman, Lili	12 Torfaen Dolphins	1:22.44
9 Fowler, Jazz	12 Heads ot Valleys	1:22.72
10 Clayton, Karys	12 Torfaen Dolphins	1:22.88
11 Harris, Sophie	12 City of Newport	1:23.29
12 Crowley, Amy	12 City Of Cardiff	1:26.42
13 Walker, Eleanor	12 City of Newport	1:26.77
14 Faulkner, Marie	12 City Of Cardiff	1:26.81
15 Graville, Carys	12 City Of Cardiff	1:26.88
16 Nowell, Gabriella	12 Torfaen Dolphins	1:26.93
17 O'Callaghan, Faye	12 City Of Cardiff	1:26.95
18 Emes, Eleanor	12 Torfaen Dolphins	1:27.19
19 Reed, Shauna	12 Torfaen Dolphins	1:27.44
20 Morgan, Hannah	12 City Of Cardiff	1:27.46
21 Ramsey, Rebekah	12 Heads ot Valleys	1:27.57

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Colley, Lauren	13 Bridgend County	1:10.22
2 Shelton, Amy	13 City Of Cardiff	1:11.20
3 Baker, Alyssa	13 Torfaen Dolphins	1:12.69
4 Domican, Rosie	13 City Of Cardiff	1:14.68
5 Girling, Grace	13 City Of Cardiff	1:14.95
6 Marchant, Rhiannon	13 R.C.T.Swim Squad	1:16.35
7 Tarpey, Aoife	13 Bridgend County	1:17.22
8 Thomas, Ashley	13 R.C.T.Swim Squad	1:17.78

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Shelton, Amy	13 City Of Cardiff	1:11.57
2 Baker, Alyssa	13 Torfaen Dolphins	1:13.13
3 Colley, Lauren	13 Bridgend County	1:13.61
4 Girling, Grace	13 City Of Cardiff	1:14.16
5 Domican, Rosie	13 City Of Cardiff	1:14.37
6 Marchant, Rhiannon	13 R.C.T.Swim Squad	1:16.31
7 Thomas, Ashley	13 R.C.T.Swim Squad	1:16.35
8 Tarpey, Aoife	13 Bridgend County	1:16.84
9 Bamborough, Katie	13 City Of Cardiff	1:17.32
10 Corderoy, Abigail	13 R.C.T.Swim Squad	1:18.06
11 Smith, Mia	13 Torfaen Dolphins	1:18.39
12 Lewis, Kacey	13 Merthyr Tydfil	1:18.87
13 Hurcombe, Eve	13 Torfaen Dolphins	1:19.34
14 Ward, Ellie	13 City of Newport	1:19.40
15 Whitelock, Carys	13 Torfaen Dolphins	1:21.07
16 Warrender, Niamh	13 Torfaen Dolphins	1:21.25
17 Evans, Emma	13 City Of Cardiff	1:21.32
18 Davies, Tegan	13 Bridgend County	1:21.39
19 Brassington, Isabel	13 City Of Cardiff	1:21.48
20 Palin, Maisy	13 Heads ot Valleys	1:22.60

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Preliminaries ... (Event 47 Girls 13 Year Olds 100 SC Meter Backstroke)

Name	Age Team	Prelim Time
21 Thomas, Nell	13 R.C.T.Swim Squad	1:23.29
22 Bond, Sasha	13 R.C.T.Swim Squad	1:24.32
23 Stork, Niamh	13 City Of Cardiff	1:28.47
--- Dallyn, Isobel	13 Chepstow	DQ

Event 48 Boys 14 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Murray, Adam	14 City Of Cardiff	2:06.67
2 Griffiths, Alex	14 City of Newport	2:08.01
3 Salmon, Carwyn	14 R.C.T.Swim Squad	2:10.68
4 Leach, Owen	14 Bridgend County	2:17.05
5 Cook-Jones, Rhydian	14 City Of Cardiff	2:21.79
6 Collins, Tyler	14 R.C.T.Swim Squad	2:25.11
7 Nixon, Rhys	14 City Of Cardiff	2:26.29
8 Tucker, Callum	14 Chepstow	2:26.95
9 Williams, Thomas	14 Rhondda	2:30.25
10 Layzell, Alexander	14 Merthyr Tydfil	2:33.22

Event 48 Boys 15-16 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Evans, Ioan	15 City Of Cardiff	1:57.18
2 Richards, Owen	16 Torfaen Dolphins	2:00.12
3 Parfitt, Shaye	16 City Of Cardiff	2:01.75
4 Baker, Luke	16 Torfaen Dolphins	2:02.37
5 Broom, Dylan	15 Torfaen Dolphins	2:06.38
6 Davies, Joe	15 Torfaen Dolphins	2:10.97
7 Hobbs, James	16 R.C.T.Swim Squad	2:12.30
8 Cousins, Jacob	15 R.C.T.Swim Squad	2:15.50
9 Garland, Kieran	15 R.C.T.Swim Squad	2:16.27
10 Steven, Ryan	15 City of Newport	2:19.54
11 Hall, Daniel	15 Chepstow	2:22.54
12 Thomas, Joshua	16 Merthyr Tydfil	2:23.45
13 Jones, Finlay	15 Rhondda	2:23.50
14 Sherman, Owen	15 Torfaen Dolphins	2:24.06
15 Jones, Ceirion	15 Merthyr Tydfil	2:24.78
--- Clegg, Sam	16 Brecon	x2:38.56

Event 48 Boys 17 & Over 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Greenfield, Thomas	28 City Of Cardiff	1:53.22
2 Rosser, Alex	21 Torfaen Dolphins	1:58.77
3 Sherman, Ben	17 Torfaen Dolphins	1:59.99
4 Jones, Daniel	18 Torfaen Dolphins	2:03.09
5 Cook, Jacob	17 City Of Cardiff	2:06.82
6 Dickson-Jardine, Ben	17 Bridgend County	2:07.26
7 Hunt-cosh, James	18 Heads of Valleys	2:09.59
8 James, Morgan	18 R.C.T.Swim Squad	2:11.51
9 Townsend, Harry	17 Torfaen Dolphins	2:11.72
10 Mullins, Joshua	17 Merthyr Tydfil	2:13.13
11 Pryse, Elis	17 R.C.T.Swim Squad	2:14.45
12 Napper, Keenan	18 Rhondda	2:15.78
13 Joseph, Gianluca	18 Heads of Valleys	2:18.49

Event 49 Boys 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	2:51.86

Event 49 Boys 13 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	2:35.79

Event 50 Girls 14 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Moretti, Morgana	14 City Of Cardiff	2:49.84
2 Beynon, Bethan	14 City Of Cardiff	2:54.36
3 Phillips, Ella	14 City Of Cardiff	2:54.38
4 Evans, Penny	14 R.C.T.Swim Squad	2:58.83
5 Witchell, Bethan	14 City Of Cardiff	3:01.19
6 Davidson, Hannah	14 Bridgend County	3:04.29
7 Collins, Amy	14 City Of Cardiff	3:12.28
8 Davies, Lois	14 Bridgend County	3:12.42
9 Matthews, Jodie	14 R.C.T.Swim Squad	3:15.26
10 Price, Niamh	14 Heads of Valleys	3:16.64
11 McCloy, Meg	14 Bridgend County	3:22.60
12 Crisp, Caitlyn	14 City Of Cardiff	3:24.08

Event 50 Girls 15-16 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Sutton, Rebecca	16 Bridgend County	2:38.73
2 John, Catrin	16 City Of Cardiff	2:42.14
3 Horton, Ellana	15 City of Newport	2:42.99
4 McCloy, Ellie	16 Bridgend County	2:43.77
5 Mcrae, Mair	15 Torfaen Dolphins	2:47.47
6 Edwards, Maisie	15 City Of Cardiff	2:48.44
7 Hutchinson, Lili-May	15 City Of Cardiff	2:48.64
8 Warrender, Meg	16 Torfaen Dolphins	2:49.32
9 Bryce, Millie	15 City Of Cardiff	2:53.25
10 Stallard, Martha	15 City Of Cardiff	2:57.70
11 Snow, Sophie	15 City Of Cardiff	3:01.20
12 Morgan, Sophie	15 R.C.T.Swim Squad	3:11.78
13 Pike, Awel	15 Pontypridd	3:28.14

Event 50 Girls 17 & Over 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Rees, Katie	19 City Of Cardiff	2:34.92
2 Owen, Amber	17 City Of Cardiff	2:45.09
3 Gilson, Robyn	17 Abertillery	3:05.22
4 Meredith, Rebecca	17 R.C.T.Swim Squad	3:06.68
5 Hyde, Lydia	17 Heads of Valleys	3:15.30

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Griffiths, Alex	14 City of Newport	29.22
2 Murray, Adam	14 City Of Cardiff	30.96
3 Collins, Tyler	14 R.C.T.Swim Squad	32.78
4 Nixon, Rhys	14 City Of Cardiff	36.14
5 Thomas, Callum	14 City Of Cardiff	36.35
6 Williams, Thomas	14 Rhondda	37.36
7 Kindred, Oliver	14 Torfaen Dolphins	38.53

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Griffiths, Alex	14 City of Newport	28.93
2 Murray, Adam	14 City Of Cardiff	30.91
3 Collins, Tyler	14 R.C.T.Swim Squad	33.36
4 Thomas, Callum	14 City Of Cardiff	36.15
5 Nixon, Rhys	14 City Of Cardiff	36.38
6 Williams, Thomas	14 Rhondda	36.58
7 Kindred, Oliver	14 Torfaen Dolphins	39.49
--- Davies, Joshua	14 City Of Cardiff	DQ

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Event 51 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Parfitt, Shaye	16 City Of Cardiff	27.52
2 Evans, Ioan	15 City Of Cardiff	27.71
3 Clarke, Kameron	15 City of Newport	30.59
4 Savage- Taylor, Tomos	15 Heads ot Valleys	30.87
5 Hall, Daniel	15 Chepstow	32.68
6 Jenkins, Ellis	15 R.C.T.Swim Squad	34.50
7 Lloyd, Rhys	15 R.C.T.Swim Squad	34.73
8 Thomas, Joshua	16 Merthyr Tydfil	35.22

Event 51 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Parfitt, Shaye	16 City Of Cardiff	27.63
2 Evans, Ioan	15 City Of Cardiff	27.79
3 Clarke, Kameron	15 City of Newport	29.94
4 Savage- Taylor, Tomos	15 Heads ot Valleys	30.68
5 Harris, Max	15 City of Newport	32.18
6 Hall, Daniel	15 Chepstow	32.96
7 Jenkins, Ellis	15 R.C.T.Swim Squad	33.77
8 Lloyd, Rhys	15 R.C.T.Swim Squad	34.41
9 Thomas, Joshua	16 Merthyr Tydfil	36.78

Event 51 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Durrant, William	19 City Of Cardiff	28.80
2 Boladz, Tomas	18 Torfaen Dolphins	29.37
3 Bryce, Aidan	17 City of Newport	29.92
4 Jones, Luke	18 Rhondda	30.89
5 Othen, Ross	18 Torfaen Dolphins	31.04
6 Dickson-Jardine, Ben	17 Bridgend County	31.65
7 Jenkins, Cameron	18 R.C.T.Swim Squad	33.08
8 Thompson, Jacob	18 Caerphilly	36.09

Event 51 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Durrant, William	19 City Of Cardiff	28.26
2 Boladz, Tomas	18 Torfaen Dolphins	29.36
3 Bryce, Aidan	17 City of Newport	29.80
4 Othen, Ross	18 Torfaen Dolphins	30.94
5 Jones, Luke	18 Rhondda	31.21
6 Dickson-Jardine, Ben	17 Bridgend County	31.91
7 Jenkins, Cameron	18 R.C.T.Swim Squad	33.15
8 Thompson, Jacob	18 Caerphilly	35.43

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
*1 Cottrell, Emma	14 City Of Cardiff	31.06
*1 Linton, Sophie	14 City of Newport	31.06
3 Beynon, Bethan	14 City Of Cardiff	31.09
4 Witchell, Bethan	14 City Of Cardiff	33.03
5 Marsh, Sophie	14 Merthyr Tydfil	34.16
6 Norris, Alyssa	14 Caerphilly	34.44
7 Protheroe, Chloe	14 Bridgend County	34.50
8 Havard, Carys	14 Heads ot Valleys	34.86

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Beynon, Bethan	14 City Of Cardiff	31.47
2 Cottrell, Emma	14 City Of Cardiff	31.96
3 Linton, Sophie	14 City of Newport	32.26
4 Witchell, Bethan	14 City Of Cardiff	32.77
5 Protheroe, Chloe	14 Bridgend County	33.56
6 Havard, Carys	14 Heads ot Valleys	34.26
7 Norris, Alyssa	14 Caerphilly	34.40
8 Marsh, Sophie	14 Merthyr Tydfil	34.42
9 Jones, AJ	14 Bridgend County	34.93
10 Watkins, Sadie	14 R.C.T.Swim Squad	35.23
11 Geen, Cerys	14 Torfaen Dolphins	35.39
12 Williams, Mia	14 R.C.T.Swim Squad	35.63
13 Matthews, Jodie	14 R.C.T.Swim Squad	35.65
14 Davies, Lois	14 Bridgend County	36.19
15 Porter, Emma	14 Torfaen Dolphins	36.36
16 Higgins, Lowri	14 City Of Cardiff	36.46
17 Napper, Kaycee	14 Rhondda	37.93
18 Cox, Emily	14 Bridgend County	38.17
19 Lewis, Becky	14 R.C.T.Swim Squad	38.25
20 Cope, Llinos	14 City Of Cardiff	38.56

Event 52 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Morris, Ciara	15 City Of Cardiff	29.41
2 Watson, Freya	16 Heads ot Valleys	29.95
3 Blake, Sophie	16 City of Newport	30.74
4 Rees, Millie	15 Bridgend County	31.24
5 Randell, Niamh	16 R.C.T.Swim Squad	31.49
6 Lewis, Helen	15 Merthyr Tydfil	31.64
7 Childs, Laura	15 City Of Cardiff	31.66
8 Nelson, Bethan	16 City Of Cardiff	33.42

Event 52 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Morris, Ciara	15 City Of Cardiff	29.44
2 Watson, Freya	16 Heads ot Valleys	30.17
3 Blake, Sophie	16 City of Newport	30.90
4 Rees, Millie	15 Bridgend County	31.10
5 Randell, Niamh	16 R.C.T.Swim Squad	31.40
6 Lewis, Helen	15 Merthyr Tydfil	31.47
7 Childs, Laura	15 City Of Cardiff	31.71
8 Nelson, Bethan	16 City Of Cardiff	32.81
9 Morris, Elen	15 City Of Cardiff	33.14
10 Hutchinson, Lili-May	15 City Of Cardiff	33.22
11 Snow, Sophie	15 City Of Cardiff	33.25
12 Stallard, Martha	15 City Of Cardiff	33.80
13 Barry, Eva	15 City of Newport	34.32
14 Rowles, Freya	16 Torfaen Dolphins	34.37
15 Lewis, Jessica	16 R.C.T.Swim Squad	34.38
16 Lipetz-Robic, Qui Ming	15 City Of Cardiff	34.76
17 Walters, Aisha	15 Merthyr Tydfil	34.95
18 Legg, Abbie	15 Caerphilly	35.33
19 Harris-Thomas, Elle	15 Chepstow	35.36
20 Dewar, Megan	15 Cwmbran	35.83
21 Harper, Fizz	16 Chepstow	36.07

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Preliminaries ... (Event 52 Girls 15-16 50 SC Meter Butterfly)

Name	Age Team	Prelim Time
22 Maiden, Mya	16 Bridgend County	36.08
23 Davies, Katie-May	16 Merthyr Tydfil	36.26
24 Underwood, Rebecca	15 Cwmbran	36.27
25 Othen, Lara	15 Torfaen Dolphins	36.59
26 Foley, Caitlin	16 Merthyr Tydfil	36.84
27 Freegard, Aimee	15 R.C.T.Swim Squad	36.90
28 McCulloch, Ffion	15 City Of Cardiff	38.21

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Burch, India	17 City Of Cardiff	29.37
2 Rees, Katie	19 City Of Cardiff	29.70
3 Walters, Jessie	18 R.C.T.Swim Squad	29.88
4 Groves, Chloe	18 Torfaen Dolphins	30.56
5 Carson, Abbie	17 Bridgend County	31.67
6 Collingbourne, Sioned	17 Heads of Valleys	32.14
7 Flynn, Lauren	19 Merthyr Tydfil	32.16
8 Nicholas, Megan	17 Bridgend County	32.38

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Burch, India	17 City Of Cardiff	29.18
2 Rees, Katie	19 City Of Cardiff	29.57
3 Walters, Jessie	18 R.C.T.Swim Squad	29.91
4 Groves, Chloe	18 Torfaen Dolphins	30.51
5 Carson, Abbie	17 Bridgend County	30.79
6 Collingbourne, Sioned	17 Heads of Valleys	31.53
7 Flynn, Lauren	19 Merthyr Tydfil	31.87
8 Nicholas, Megan	17 Bridgend County	32.55
9 Mogg, Isobel	19 Heads of Valleys	33.07
10 Gilson, Robyn	17 Abertillery	34.24
11 Groves, Alicia	17 Cwmbran	35.97
12 Thomas, Chloe	19 Bridgend County	37.05
13 Vaisey, Rhiannon	19 Abertillery	37.20
14 Eckley, Bethan	17 City Of Cardiff	38.21
15 Causon, Hannah	17 Merthyr Tydfil	40.16
--- Compton, Olivia	17 Bridgend County	DQ

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	1:10.83
2 Rees-Jones, Jack	11 Merthyr Tydfil	1:39.78

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 James, Tristyn	11 Bridgend County	1:12.36
2 Rees-Jones, Jack	11 Merthyr Tydfil	1:38.58
--- Fowler, Joseph	11 R.C.T.Swim Squad	DQ

Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	1:14.40
2 O'Brien, Joshua	12 City Of Cardiff	1:17.65
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:19.79
4 James, Harley	12 City Of Cardiff	1:20.32

5 Hughes, Cian	12 City Of Cardiff	1:23.77
6 Davies, Gruffydd	12 City Of Cardiff	1:27.81
--- Sellick, Evan	12 Cwmbran	DQ

Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Merriman, Ben	12 Heads of Valleys	1:14.54
2 O'Brien, Joshua	12 City Of Cardiff	1:19.24
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:22.78
4 James, Harley	12 City Of Cardiff	1:22.89
5 Hughes, Cian	12 City Of Cardiff	1:23.94
6 Sellick, Evan	12 Cwmbran	1:25.40
7 Davies, Gruffydd	12 City Of Cardiff	1:28.66

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	1:08.78
2 Edwards, Kaden	13 City Of Cardiff	1:14.80
3 Wisden, Dylan	13 Bridgend County	1:17.24
4 Lloyd, Morgan	13 Caerphilly	1:19.86

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Wardhaugh, Cai	13 City Of Cardiff	1:10.65
2 Edwards, Kaden	13 City Of Cardiff	1:17.75
3 Lloyd, Morgan	13 Caerphilly	1:17.79
4 Wisden, Dylan	13 Bridgend County	1:18.36
5 Jones, Lloyd	13 Merthyr Tydfil	1:26.16

Event 54 Boys 14 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	5:09.77
2 Nixon, Rhys	14 City Of Cardiff	5:41.76
--- Thomas, Callum	14 City Of Cardiff	DQ

Event 54 Boys 15-16 400 SC Meter IM

Name	Age Team	Finals Time
1 Evans, Ioan	15 City Of Cardiff	4:38.16
2 Savage- Taylor, Tomos	15 Heads of Valleys	5:13.58

Event 54 Boys 17 & Over 400 SC Meter IM

Name	Age Team	Finals Time
1 Davies, Brandon	21 Torfaen Dolphins	5:00.83

Event 55 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Moretti, Morgana	14 City Of Cardiff	4:33.02
2 Edwards, Megan	14 Bridgend County	4:39.32
3 Witchell, Bethan	14 City Of Cardiff	4:42.82
4 Cottrell, Emma	14 City Of Cardiff	4:46.67
5 Protheroe, Chloe	14 Bridgend County	4:48.14
6 Davidson, Hannah	14 Bridgend County	4:53.45
7 Marsh, Sophie	14 Merthyr Tydfil	5:08.40
8 Davies, Lois	14 Bridgend County	5:12.47
9 Watkins, Sadie	14 R.C.T.Swim Squad	5:12.85
10 Cox, Emily	14 Bridgend County	5:26.95
11 Havard, Carys	14 Heads of Valleys	5:27.46
12 Geen, Cerys	14 Torfaen Dolphins	5:32.97
13 Lewis, Becky	14 R.C.T.Swim Squad	5:40.77
14 Collins, Amy	14 City Of Cardiff	5:49.07
15 Cope, Llinos	14 City Of Cardiff	5:57.02

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Event 55 Girls 15-16 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Allison, Megan	15 City of Newport	4:30.53
2 Warrender, Meg	16 Torfaen Dolphins	4:35.50
3 Ezard, Emily	15 Bridgend County	4:37.00
4 Davies, Cati	16 Bridgend County	4:40.27
5 Morris, Elen	15 City Of Cardiff	4:42.05
6 Staveley, Ella	15 Bridgend County	4:43.10
7 Morgan, Mackenzie	15 Torfaen Dolphins	4:44.44
8 Watson, Freya	16 Heads ot Valleys	4:47.67
9 Nelson, Bethan	16 City Of Cardiff	4:49.22
10 Clode, Meriel	16 Bridgend County	4:50.00
11 Childs, Laura	15 City Of Cardiff	4:51.46
12 Hutchinson, Lili-May	15 City Of Cardiff	4:54.48
13 Maiden, Mya	16 Bridgend County	4:57.03
14 Thomas, Anya	15 City Of Cardiff	4:58.36
15 Mason, Teoni	15 Torfaen Dolphins	4:59.24
16 Jones, Alicia	15 Merthyr Tydfil	4:59.30
17 Flood, Holly	15 R.C.T.Swim Squad	5:04.30
18 Rowles, Freya	16 Torfaen Dolphins	5:04.66
19 McCulloch, Ffion	15 City Of Cardiff	5:07.14
20 Legg, Abbie	15 Caerphilly	5:07.31
21 Lewis, Helen	15 Merthyr Tydfil	5:09.73
22 Walters, Aisha	15 Merthyr Tydfil	5:10.06
23 Walker, Caitlin	15 City Of Cardiff	5:11.79
24 Lewis, Jessica	16 R.C.T.Swim Squad	5:13.80
25 Lipetz-Robic, Qui Ming	15 City Of Cardiff	5:15.57
26 Morgan, Sophie	15 R.C.T.Swim Squad	5:23.84
27 Robotham, Lara	15 Bridgend County	5:26.68
28 Grattidge, Catrin	15 R.C.T.Swim Squad	5:33.64

Event 55 Girls 17 & Over 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Beynon, Annaliese	17 City Of Cardiff	4:21.55
2 Murray, Claudia	17 City Of Cardiff	4:23.80
3 Harvey, Morgan	17 City Of Cardiff	4:31.49
4 Davies, Eleri	17 Bridgend County	4:32.77
5 Jenkins, Hannah	17 Bridgend County	4:34.89
6 Evans, Nia	17 City Of Cardiff	4:37.95
7 Thomas, Emme	17 City Of Cardiff	4:42.73
8 Collingbourne, Sioned	17 Heads ot Valleys	4:45.16
9 Gilson, Robyn	17 Abertillery	4:51.48
10 Matthews, Brody	19 Abertillery	4:56.67
11 Mogg, Isobel	19 Heads ot Valleys	4:59.40
12 Jenkins, Sarah	17 Bridgend County	5:03.94
13 Hyde, Lydia	17 Heads ot Valleys	5:16.55

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Broder, Libby	11 Torfaen Dolphins	1:10.74
2 Stevens, Ruby	11 City Of Cardiff	1:11.61
3 Chayka, Sofia	11 Bridgend County	1:14.44
4 Davies, Cerys	11 R.C.T.Swim Squad	1:18.08
5 Velasco, Mikayla	11 City Of Cardiff	1:18.88
6 Williams, Lily	11 City Of Cardiff	1:19.43
7 Iles, Georgia	11 City Of Cardiff	1:20.32
8 Coombes, Emmie	11 R.C.T.Swim Squad	1:23.73

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Broder, Libby	11 Torfaen Dolphins	1:11.54
2 Stevens, Ruby	11 City Of Cardiff	1:14.41
3 Chayka, Sofia	11 Bridgend County	1:15.05
4 Williams, Lily	11 City Of Cardiff	1:16.58
5 Davies, Cerys	11 R.C.T.Swim Squad	1:17.71
6 Iles, Georgia	11 City Of Cardiff	1:19.25
7 Velasco, Mikayla	11 City Of Cardiff	1:20.03
8 Coombes, Emmie	11 R.C.T.Swim Squad	1:22.75
9 Edwards, Georgina	11 Abertillery	1:25.30
10 Beach, Dion	11 Rhondda	1:28.23
11 Wratten, Isabelle	11 Cwmbran	1:42.91

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Rosser, Cerys	12 Torfaen Dolphins	1:03.33
2 Stephens, Arwen	12 City Of Cardiff	1:04.85
3 Joseph, Isabel	12 City Of Cardiff	1:06.66
4 Erasmus, Charlotte	12 Torfaen Dolphins	1:06.76
5 Stride, Tamzin	12 Torfaen Dolphins	1:09.18
6 Clayton, Karys	12 Torfaen Dolphins	1:09.25
7 Illman, Lili	12 Torfaen Dolphins	1:09.67
8 Harthill, Katie	12 City Of Cardiff	1:10.33

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Rosser, Cerys	12 Torfaen Dolphins	1:02.99
2 Stephens, Arwen	12 City Of Cardiff	1:04.97
*3 Joseph, Isabel	12 City Of Cardiff	1:06.46
*3 Erasmus, Charlotte	12 Torfaen Dolphins	1:06.46
5 Stride, Tamzin	12 Torfaen Dolphins	1:08.40
6 Clayton, Karys	12 Torfaen Dolphins	1:08.73
7 Illman, Lili	12 Torfaen Dolphins	1:09.02
8 Harthill, Katie	12 City Of Cardiff	1:10.86
9 Emes, Eleanor	12 Torfaen Dolphins	1:11.37
10 Donovan, Kelsey	12 City Of Cardiff	1:11.99
11 Graville, Carys	12 City Of Cardiff	1:12.55
12 Morgan, Hannah	12 City Of Cardiff	1:12.56
13 Stevens, Isobel	12 City of Newport	1:12.87
14 Hobrough, Xantia	12 City Of Cardiff	1:13.09
15 Legg, Caitlin	12 Caerphilly	1:13.48
16 Crowley, Amy	12 City Of Cardiff	1:14.73
17 Reed, Shauna	12 Torfaen Dolphins	1:14.76
18 Faulkner, Marie	12 City Of Cardiff	1:15.35
19 Davies-Amos, Angelica	12 Bridgend County	1:15.42
20 O'Callaghan, Faye	12 City Of Cardiff	1:15.54
21 Simmons, Beth	12 City of Newport	1:16.28
22 Ramsey, Rebekah	12 Heads ot Valleys	1:16.45
23 Nowell, Gabriella	12 Torfaen Dolphins	1:17.19
24 Jones, Emilia	12 Bridgend County	1:17.77
25 Sargent, Elana	12 Caerphilly	1:19.70
26 Staveley, Maia	12 Bridgend County	1:22.07
27 Collins, Rebecca	12 City Of Cardiff	1:26.25

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Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 De Torres, Becci	13 City Of Cardiff	59.85
2 Lovell, Madison	13 Heads of Valleys	1:01.41
3 Shelton, Amy	13 City Of Cardiff	1:01.99
4 Rathbone-Jones, Eloise	13 City Of Cardiff	1:04.09
5 Morgan, Bethan	13 Bridgend County	1:05.21
6 Domican, Rosie	13 City Of Cardiff	1:05.43
7 Rowe, Rhiannon	13 Heads of Valleys	1:06.35
8 Colley, Lauren	13 Bridgend County	1:07.79

Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 De Torres, Becci	13 City Of Cardiff	1:00.08
2 Lovell, Madison	13 Heads of Valleys	1:01.58
3 Shelton, Amy	13 City Of Cardiff	1:02.44
4 Rathbone-Jones, Eloise	13 City Of Cardiff	1:04.81
5 Rowe, Rhiannon	13 Heads of Valleys	1:05.41
6 Domican, Rosie	13 City Of Cardiff	1:05.70
7 Morgan, Bethan	13 Bridgend County	1:05.86
8 Colley, Lauren	13 Bridgend County	1:06.06
9 O'Callaghan, Jennifer	13 City Of Cardiff	1:06.58
10 Boswall, Saffron	13 City Of Cardiff	1:06.91
11 Corderoy, Abigail	13 R.C.T.Swim Squad	1:07.36
12 Nicholls, Hannah	13 Caerphilly	1:07.38
13 Thomas, Nell	13 R.C.T.Swim Squad	1:08.04
14 Bamborough, Katie	13 City Of Cardiff	1:08.91
15 Hurcombe, Eve	13 Torfaen Dolphins	1:09.47
16 Marchant, Rhiannon	13 R.C.T.Swim Squad	1:09.51
17 Whitelock, Carys	13 Torfaen Dolphins	1:09.56
18 Tarpey, Aoife	13 Bridgend County	1:09.57
19 Dallyn, Isobel	13 Chepstow	1:10.42
20 Palin, Maisy	13 Heads of Valleys	1:10.68
21 Sulway, Faith	13 Torfaen Dolphins	1:11.03
22 Lewis, Kacey	13 Merthyr Tydfil	1:11.18
23 Evans, Emma	13 City Of Cardiff	1:11.25
24 Morgan, Isabel	13 City Of Cardiff	1:11.34
25 George, Katherine	13 City Of Cardiff	1:11.49
26 Bond, Sasha	13 R.C.T.Swim Squad	1:11.51
27 Brasington, Isabel	13 Heads of Valleys	1:12.47
28 Thomas, Ashley	13 R.C.T.Swim Squad	1:12.69
29 Date, Alana	13 City Of Cardiff	1:13.37
30 Davies, Tegan	13 Bridgend County	1:14.30
31 Pryce, Ella	13 City Of Cardiff	1:14.51
32 Fox, Abi	13 City Of Cardiff	1:14.56
33 Gregory, Niamh	13 Caerphilly	1:15.52
34 Skene, Deryn	13 City Of Cardiff	1:16.69
35 Griffiths, Lucy	13 Bridgend County	1:16.75

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 James, Tristyn	11 Bridgend County	37.88
2 Steven, Adam	11 City of Newport	45.40
3 Lee, Tristan	11 Rhondda	45.94
4 Lawson, Reuben	11 Chepstow	46.27
5 Tucker, Lucas	11 Chepstow	46.60
6 Fowler, Joseph	11 R.C.T.Swim Squad	47.82

7 Rees-Jones, Jack	11 Merthyr Tydfil	48.66
8 Jones, Tyler	11 Rhondda	49.80

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Tristyn	11 Bridgend County	38.10
2 Steven, Adam	11 City of Newport	44.91
3 Lee, Tristan	11 Rhondda	45.79
4 Tucker, Lucas	11 Chepstow	46.72
5 Lawson, Reuben	11 Chepstow	46.81
6 Fowler, Joseph	11 R.C.T.Swim Squad	47.15
7 Rees-Jones, Jack	11 Merthyr Tydfil	48.68
8 Jones, Tyler	11 Rhondda	49.00
9 Lee, Ethan	11 Rhondda	50.63
10 Davidson, Matthew	11 Bridgend County	51.48

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Arch, Rhydian	12 City Of Cardiff	41.47
2 O'Brien, Joshua	12 City Of Cardiff	41.68
3 Coppen, Harrison	12 City of Newport	41.72
4 Fox-Wiltshire, Benjamin	12 City of Newport	41.81
5 Geysen-Holley, Max	12 Bridgend County	44.31
6 Davies, Gianni	12 Torfaen Dolphins	44.73
7 Smart, Rhys	12 City Of Cardiff	44.78
8 Anderson, Maxwell	12 City Of Cardiff	46.13

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Fox-Wiltshire, Benjamin	12 City of Newport	42.36
2 Coppen, Harrison	12 City of Newport	42.78
3 Arch, Rhydian	12 City Of Cardiff	43.06
4 O'Brien, Joshua	12 City Of Cardiff	43.15
5 Geysen-Holley, Max	12 Bridgend County	43.33
6 Davies, Gianni	12 Torfaen Dolphins	44.15
7 Smart, Rhys	12 City Of Cardiff	44.47
8 Anderson, Maxwell	12 City Of Cardiff	45.20
9 Keenan, Brandon	12 Cwmbran	47.97
10 H-Hillier, Owain	12 Cwmbran	52.46

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Allen-Ridge, Kasey	13 Abertillery	39.21
2 Clement, Logan	13 R.C.T.Swim Squad	40.82
3 Woodman, Ryan	13 City of Newport	41.15
4 Edwards, Kaden	13 City Of Cardiff	41.66
5 Wisden, Dylan	13 Bridgend County	42.83
6 Elias, Hari	13 City Of Cardiff	44.29
7 Havard, Dylan	13 Heads of Valleys	46.08

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Allen-Ridge, Kasey	13 Abertillery	39.96
2 Clement, Logan	13 R.C.T.Swim Squad	41.41
3 Woodman, Ryan	13 City of Newport	41.79
4 Edwards, Kaden	13 City Of Cardiff	42.02
5 Wisden, Dylan	13 Bridgend County	42.64

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Preliminaries ... (Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke)

Name	Age Team	Prelim Time
6 Elias, Hari	13 City Of Cardiff	43.41
7 Havard, Dylan	13 Heads ot Valleys	46.08

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 Broder, Libby	11 Torfaen Dolphins	39.50
2 Davies, Cerys	11 R.C.T.Swim Squad	40.54
3 Holmes, Bethan	11 Chepstow	40.60
4 Parsons, Ellie	11 Chepstow	40.61
5 Stevens, Ruby	11 City Of Cardiff	40.78
6 Williams, Lily	11 City Of Cardiff	41.30
7 Iles, Georgia	11 City Of Cardiff	41.34
8 Davies, Ffion	11 R.C.T.Swim Squad	42.31

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 Broder, Libby	11 Torfaen Dolphins	39.86
2 Davies, Cerys	11 R.C.T.Swim Squad	39.95
3 Parsons, Ellie	11 Chepstow	41.06
4 Holmes, Bethan	11 Chepstow	41.57
5 Stevens, Ruby	11 City Of Cardiff	42.01
*6 Iles, Georgia	11 City Of Cardiff	42.25
*6 Williams, Lily	11 City Of Cardiff	42.25
8 Davies, Ffion	11 R.C.T.Swim Squad	42.28

9 Rogers, Megan	11 City Of Cardiff	42.30
10 Edwards, Georgina	11 Abertillery	42.99

11 Velasco, Mikayla	11 City Of Cardiff	43.40
12 Tuck, Lauren	11 Chepstow	43.49
13 Blake, Ffion	11 City Of Cardiff	44.36
14 Brassington, Sophie	11 City Of Cardiff	44.79
15 Wilkes-Hibbert, Amelia	11 Caerphilly	45.26
16 Irwin, Willow	11 Brecon	45.45
17 Beach, Dion	11 Rhondda	46.28

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 Stride, Tamzin	12 Torfaen Dolphins	34.68
2 Joseph, Isabel	12 City Of Cardiff	35.76
3 Donovan, Kelsey	12 City Of Cardiff	36.36
4 Clayton, Karys	12 Torfaen Dolphins	36.44
5 Hobrough, Xantia	12 City Of Cardiff	37.53
6 Graville, Carys	12 City Of Cardiff	37.74
7 Fowler, Jazz	12 Heads ot Valleys	37.81
8 Erasmus, Charlotte	12 Torfaen Dolphins	38.43

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 Stride, Tamzin	12 Torfaen Dolphins	34.97
2 Joseph, Isabel	12 City Of Cardiff	36.52
3 Donovan, Kelsey	12 City Of Cardiff	36.89
4 Clayton, Karys	12 Torfaen Dolphins	37.07
5 Fowler, Jazz	12 Heads ot Valleys	37.49
6 Hobrough, Xantia	12 City Of Cardiff	38.11
7 Graville, Carys	12 City Of Cardiff	38.41
8 Erasmus, Charlotte	12 Torfaen Dolphins	38.45

9 Emes, Eleanor	12 Torfaen Dolphins	38.75
10 Harris, Sophie	12 City of Newport	38.90
11 Illman, Lili	12 Torfaen Dolphins	39.09
12 O'Callaghan, Faye	12 City Of Cardiff	39.63
13 Harthill, Katie	12 City Of Cardiff	39.81
14 Legg, Caitlin	12 Caerphilly	39.95
15 Reed, Shauna	12 Torfaen Dolphins	40.11
16 Jones, Cerys	12 R.C.T.Swim Squad	40.33
17 Morgan, Hannah	12 City Of Cardiff	40.35
18 Davies-Amos, Angelica	12 Bridgend County	40.41
19 Faulkner, Marie	12 City Of Cardiff	40.58
20 Nowell, Gabriella	12 Torfaen Dolphins	41.02
21 Maude, Rose	12 City Of Cardiff	41.04
22 Ramsey, Rebekah	12 Heads ot Valleys	42.04
23 Crowley, Amy	12 City Of Cardiff	42.30
24 Keigwin, Daisy	12 Caerphilly	44.68
25 Grant, Eilidh	12 City Of Cardiff	45.31

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 De Torres, Becci	13 City Of Cardiff	32.01
2 Shelton, Amy	13 City Of Cardiff	33.34
3 Baker, Alyssa	13 Torfaen Dolphins	33.71
4 Domican, Rosie	13 City Of Cardiff	33.93
5 Lovell, Madison	13 Heads ot Valleys	33.98
6 Thomas, Ashley	13 R.C.T.Swim Squad	34.54
7 Marchant, Rhiannon	13 R.C.T.Swim Squad	34.71
8 Boswall, Saffron	13 City Of Cardiff	35.15

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 De Torres, Becci	13 City Of Cardiff	32.64
2 Baker, Alyssa	13 Torfaen Dolphins	33.59
3 Shelton, Amy	13 City Of Cardiff	33.91
4 Domican, Rosie	13 City Of Cardiff	34.10
5 Lovell, Madison	13 Heads ot Valleys	34.29
6 Thomas, Ashley	13 R.C.T.Swim Squad	34.68
7 Boswall, Saffron	13 City Of Cardiff	34.92
8 Marchant, Rhiannon	13 R.C.T.Swim Squad	34.95

9 Corderoy, Abigail	13 R.C.T.Swim Squad	35.45
10 Rathbone-Jones, Eloise	13 City Of Cardiff	35.91

11 Dallyn, Isobel	13 Chepstow	36.00
12 Tarpey, Aoife	13 Bridgend County	36.06
13 O'Callaghan, Jennifer	13 City Of Cardiff	36.17
14 Bamborough, Katie	13 City Of Cardiff	36.18
15 Lewis, Kacey	13 Merthyr Tydfil	36.63
16 Hurcombe, Eve	13 Torfaen Dolphins	37.30
17 Nicholls, Hannah	13 Caerphilly	37.31
18 Evans, Emma	13 City Of Cardiff	37.91
19 Davies, Tegan	13 Bridgend County	37.99
20 Sulway, Faith	13 Torfaen Dolphins	38.27
21 Brassington, Isabel	13 City Of Cardiff	38.56
22 Whitelock, Carys	13 Torfaen Dolphins	38.98
23 Bond, Sasha	13 R.C.T.Swim Squad	39.18
24 Skene, Deryn	13 City Of Cardiff	41.16
25 Date, Alana	13 City Of Cardiff	42.23
26 Shalaby, Menna	13 Cwmbran	44.74

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Event 59 Boys 14 Year Olds 100 SC Meter Freestyle			
Name	Age	Team	Finals Time
Finals			
1	Griffiths, Alex	14 City of Newport	57.28
2	Murray, Adam	14 City Of Cardiff	59.16
3	Salmon, Carwyn	14 R.C.T.Swim Squad	59.25
4	Cook-Jones, Rhydian	14 City Of Cardiff	1:03.59
5	Collins, Tyler	14 R.C.T.Swim Squad	1:03.84
6	Leach, Owen	14 Bridgend County	1:04.63
7	Kindred, Oliver	14 Torfaen Dolphins	1:05.50
8	Tucker, Callum	14 Chepstow	1:06.97

Event 59 Boys 14 Year Olds 100 SC Meter Freestyle			
Name	Age	Team	Prelim Time
Preliminaries			
1	Griffiths, Alex	14 City of Newport	57.56
2	Murray, Adam	14 City Of Cardiff	58.90
3	Salmon, Carwyn	14 R.C.T.Swim Squad	59.62
4	Cook-Jones, Rhydian	14 City Of Cardiff	1:03.27
5	Kindred, Oliver	14 Torfaen Dolphins	1:03.95
6	Leach, Owen	14 Bridgend County	1:03.98
7	Collins, Tyler	14 R.C.T.Swim Squad	1:05.72
8	Tucker, Callum	14 Chepstow	1:06.13
*9	Nixon, Rhys	14 City Of Cardiff	1:06.79
*9	Selby, Morgan	14 R.C.T.Swim Squad	1:06.79

Swim-Off Required			
Name	Age	Team	Time
11	Williams, Thomas	14 Rhondda	1:08.39
12	Thomas, Callum	14 City Of Cardiff	1:09.54
13	Davies, Joshua	14 City Of Cardiff	1:11.70
14	Ashman-Penny, Joshua	14 Brecon	1:11.71
15	Key, Ethan	14 Abertillery	1:12.04

Event 59 Boys 15-16 100 SC Meter Freestyle			
Name	Age	Team	Finals Time
Finals			
1	Evans, Ioan	15 City Of Cardiff	53.85
2	Clarke, Kameron	15 City of Newport	53.91
3	Parfitt, Shaye	16 City Of Cardiff	55.18
4	Baker, Luke	16 Torfaen Dolphins	55.77
5	Broom, Dylan	15 Torfaen Dolphins	57.94
6	Chooyin, Benjamin	15 City Of Cardiff	58.68
7	Gibbs, Morgan	15 Bridgend County	58.77
8	Savage- Taylor, Tomos	15 Heads ot Valleys	59.33

Event 59 Boys 15-16 100 SC Meter Freestyle			
Name	Age	Team	Prelim Time
Preliminaries			
1	Clarke, Kameron	15 City of Newport	54.65
2	Evans, Ioan	15 City Of Cardiff	56.34
3	Baker, Luke	16 Torfaen Dolphins	56.74
4	Parfitt, Shaye	16 City Of Cardiff	57.04
5	Broom, Dylan	15 Torfaen Dolphins	57.43
6	Chooyin, Benjamin	15 City Of Cardiff	57.56
7	Savage- Taylor, Tomos	15 Heads ot Valleys	58.82
8	Gibbs, Morgan	15 Bridgend County	59.32
9	Rees, Brandon	16 Rhondda	59.92
10	Williams, Elliot	16 Pontypridd	1:00.01
11	Davies, Joe	15 Torfaen Dolphins	1:00.31
12	Chim, Danny	16 Bridgend County	1:00.34
13	Jones, Iwan	15 City of Newport	1:01.03

14	Garland, Kieran	15 R.C.T.Swim Squad	1:02.14
15	Cousins, Jacob	15 R.C.T.Swim Squad	1:02.51
16	Steven, Ryan	15 City of Newport	1:02.66
17	Hall, Daniel	15 Chepstow	1:04.05
18	Jones, Luc	15 Torfaen Dolphins	1:05.09
19	Jones, Finlay	15 Rhondda	1:05.30
20	Thomas, Joshua	16 Merthyr Tydfil	1:05.81
21	Jones, Kyran	15 Caerphilly	1:05.91
22	Matthews, Leon	15 Cwmbran	1:12.49

Event 59 Boys 17 & Over 100 SC Meter Freestyle			
Name	Age	Team	Finals Time
Finals			
1	Acland, Connor	21 City of Newport	53.71
2	Thomas, Craig	26 Bridgend County	54.75
3	Rosser, Alex	21 Torfaen Dolphins	54.88
4	Cook, Jacob	17 City Of Cardiff	57.40
5	Elliott, Alex	19 Torfaen Dolphins	57.44
6	Bryce, Aidan	17 City of Newport	57.58

Event 59 Boys 17 & Over 100 SC Meter Freestyle			
Name	Age	Team	Prelim Time
Preliminaries			
1	Sherman, Ben	17 Torfaen Dolphins	53.75
2	Thomas, Craig	26 Bridgend County	54.37
3	Acland, Connor	21 City of Newport	54.71
4	Rosser, Alex	21 Torfaen Dolphins	55.11
5	Boladz, Tomas	18 Torfaen Dolphins	55.16
6	Elliott, Alex	19 Torfaen Dolphins	56.64
7	Dickson-Jardine, Ben	17 Bridgend County	56.80
8	Cook, Jacob	17 City Of Cardiff	57.17
9	Bryce, Aidan	17 City of Newport	57.26
10	Durrant, William	19 City Of Cardiff	57.34
11	Jones, Luke	18 Rhondda	57.37
12	Othen, Ross	18 Torfaen Dolphins	57.54
13	John, Lewys	17 R.C.T.Swim Squad	58.18
14	Eke, Jonathan	21 City Of Cardiff	58.31
15	Napper, Keenan	18 Rhondda	58.82
16	Hunt-cosh, James	18 Heads ot Valleys	58.90
17	Thomas, Lewis	17 R.C.T.Swim Squad	59.32
18	Miles, Will	17 Chepstow	59.40
19	Price, Dafydd	17 Torfaen Dolphins	59.46
20	Mullins, Joshua	17 Merthyr Tydfil	59.66
21	Wakefield, Joshua	17 Abertillery	59.70
22	Davies, Owain	19 Heads ot Valleys	1:00.74
23	Brown, Ethan	19 R.C.T.Swim Squad	1:01.00
24	James, Morgan	18 R.C.T.Swim Squad	1:01.04
25	Powell, Matthew	17 Torfaen Dolphins	1:01.18
26	Joseph, Gianluca	18 Heads ot Valleys	1:02.44
27	Jenkins, Cameron	18 R.C.T.Swim Squad	1:04.04
28	Thompson, Jacob	18 Caerphilly	1:07.36
29	Bastyan, Michael	17 Caerphilly	1:07.84

Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Major, Scarlet	14 City of Newport	1:18.07
2	Evans, Penny	14 R.C.T.Swim Squad	1:18.58
3	Phillips, Ella	14 City Of Cardiff	1:20.99
4	Moretti, Morgana	14 City Of Cardiff	1:23.67
5	Withers-Boalch, Georgina	14 City Of Cardiff	1:23.79

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Finals ... (Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke)

Name	Age Team	Finals Time
6 Miles, Grace	14 Chepstow	1:23.98
7 Witchell, Bethan	14 City Of Cardiff	1:24.36
8 Beynon, Bethan	14 City Of Cardiff	1:27.53

Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Major, Scarlet	14 City of Newport	1:17.50
2 Evans, Penny	14 R.C.T.Swim Squad	1:21.30
3 Moretti, Morgana	14 City Of Cardiff	1:22.54
4 Withers-Boalch, Georgina	14 City Of Cardiff	1:23.15
5 Phillips, Ella	14 City Of Cardiff	1:23.43
6 Miles, Grace	14 Chepstow	1:24.52
7 Witchell, Bethan	14 City Of Cardiff	1:24.65
8 Beynon, Bethan	14 City Of Cardiff	1:24.84
9 Davidson, Hannah	14 Bridgend County	1:27.84
10 Davies, Lois	14 Bridgend County	1:28.86
11 Matthews, Jodie	14 R.C.T.Swim Squad	1:29.93
12 Jones, AJ	14 Bridgend County	1:30.73
13 Price, Niamh	14 Heads of Valleys	1:31.46
14 Collins, Amy	14 City Of Cardiff	1:31.72
15 Vaisey, Cerys	14 Abertillery	1:32.27
16 Norris, Alyssa	14 Caerphilly	1:34.95

Event 60 Girls 15-16 100 SC Meter Breaststroke

Name	Age Team	Finals Time
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Finals

1 John, Catrin	16 City Of Cardiff	1:15.78
2 Horton, Ellana	15 City of Newport	1:15.87
3 Mcrae, Mair	15 Torfaen Dolphins	1:16.37
4 Manship, Alice	16 City of Newport	1:17.58
5 McCloy, Ellie	16 Bridgend County	1:17.73
6 Hutchinson, Lili-May	15 City Of Cardiff	1:18.74
7 Edwards, Maisie	15 City Of Cardiff	1:18.78
8 Morris, Ciara	15 City Of Cardiff	1:20.23

Event 60 Girls 15-16 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Horton, Ellana	15 City of Newport	1:16.59
2 Manship, Alice	16 City of Newport	1:17.02
3 John, Catrin	16 City Of Cardiff	1:17.11
4 McCloy, Ellie	16 Bridgend County	1:17.78
5 Mcrae, Mair	15 Torfaen Dolphins	1:17.89
6 Edwards, Maisie	15 City Of Cardiff	1:18.86
7 Morris, Ciara	15 City Of Cardiff	1:19.45
8 Hutchinson, Lili-May	15 City Of Cardiff	1:19.56
9 Simmons, Paige	15 City of Newport	1:20.15
10 Thomas, Niamh	16 City of Newport	1:20.96
11 Stallard, Martha	15 City Of Cardiff	1:22.80
12 Bryce, Millie	15 City Of Cardiff	1:22.95
13 Snow, Sophie	15 City Of Cardiff	1:25.30
14 Haeffner, Evie	16 Chepstow	1:25.63
15 Palin, Molly	16 Heads of Valleys	1:27.83
16 Walters, Aisha	15 Merthyr Tydfil	1:27.84
17 Davies, Katie-May	16 Merthyr Tydfil	1:28.35
18 Maiden, Mya	16 Bridgend County	1:29.20
19 Morgan, Sophie	15 R.C.T.Swim Squad	1:29.85
20 Lewis, Helen	15 Merthyr Tydfil	1:30.36

21 Flood, Holly	15 R.C.T.Swim Squad	1:30.61
22 Athwal, Jasmine	15 Torfaen Dolphins	1:32.99
--- Grattidge, Catrin	15 R.C.T.Swim Squad	DQ

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Finals Time
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Finals

1 Rees, Katie	19 City Of Cardiff	1:14.37
2 Owen, Amber	17 City Of Cardiff	1:16.37
3 Nicholas, Megan	17 Bridgend County	1:18.12
4 Beynon, Annaliese	17 City Of Cardiff	1:19.01
5 Meredith, Rebecca	17 R.C.T.Swim Squad	1:26.64
6 Matthews, Brody	19 Abertillery	1:27.84
7 Vaisey, Rhiannon	19 Abertillery	1:30.88
8 Hyde, Lydia	17 Heads of Valleys	1:30.91

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Rees, Katie	19 City Of Cardiff	1:13.74
2 Owen, Amber	17 City Of Cardiff	1:17.47
3 Nicholas, Megan	17 Bridgend County	1:18.75
4 Beynon, Annaliese	17 City Of Cardiff	1:19.55
5 Matthews, Brody	19 Abertillery	1:27.46
6 Meredith, Rebecca	17 R.C.T.Swim Squad	1:27.70
7 Gilson, Robyn	17 Abertillery	1:27.76
8 Vaisey, Rhiannon	19 Abertillery	1:27.77
9 Groves, Alicia	17 Cwmbran	1:31.27
10 Hyde, Lydia	17 Heads of Valleys	1:31.84

Event 61 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
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1 James, Tristyn	11 Bridgend County	4:51.21
2 Williams, Cai	11 Bridgend County	5:40.23
3 Steven, Adam	11 City of Newport	5:41.39
4 McGuinness, Charlie	11 Torfaen Dolphins	5:49.88
5 Jones, Tyler	11 Rhondda	6:29.95

Event 61 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
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1 Merriman, Ben	12 Heads of Valleys	4:50.54
2 O'Brien, Joshua	12 City Of Cardiff	4:58.03
3 Hughes, Cian	12 City Of Cardiff	5:07.71
4 Geysen-Holley, Max	12 Bridgend County	5:08.49
5 Coulson, Evan	12 Torfaen Dolphins	5:32.15
6 James, Harley	12 City Of Cardiff	5:38.06
7 Davies, Gruffydd	12 City Of Cardiff	5:40.34
8 Davies, Gianni	12 Torfaen Dolphins	5:43.41
9 Rosser, Dewi	12 Torfaen Dolphins	5:53.56

Event 61 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
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1 Edwards, Kaden	13 City Of Cardiff	4:41.52
2 Wardhaugh, Cai	13 City Of Cardiff	4:50.20
3 Wisden, Dylan	13 Bridgend County	4:56.53
4 Osmond, Ewan	13 City of Newport	4:59.22
5 Lloyd, Morgan	13 Caerphilly	5:18.92
6 Havard, Dylan	13 Heads of Valleys	5:39.00
7 Walker, Calum	13 City Of Cardiff	5:49.25

Event 62 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
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1 Stephens, Arwen	12 City Of Cardiff	2:41.42
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(Event 62 Girls 12 Year Olds 200 SC Meter Butterfly)

Name	Age Team	Finals Time
2 Mulligan, Millie	12 City of Newport	2:49.56

Event 62 Girls 13 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	2:25.87
2 Rowe, Rhiannon	13 Heads of Valleys	2:28.48
3 Colley, Lauren	13 Bridgend County	2:32.22
4 Shelton, Amy	13 City Of Cardiff	2:38.21
5 Baker, Alyssa	13 Torfaen Dolphins	2:39.13
6 Rathbone-Jones, Eloise	13 City Of Cardiff	2:48.41
7 Hurcombe, Eve	13 Torfaen Dolphins	2:55.28

Event 63 Boys 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:06.36
1) Price, Samuel 12	2) Arch, Rhydian 12	
3) Hughes, Cian 12	4) O'Brien, Joshua 12	
2 Heads of Valleys	A	2:23.73
1) Ingram, James 12	2) Johnson, Freddie 12	
3) McLain, Archie 11	4) Merriman, Ben 12	
3 Rhondda	A	2:27.01
1) Lee, Tristan 11	2) Jones, Tyler 11	
3) Lee, Ethan 11	4) Rees, Garyn 12	
--- City Of Cardiff	B	DQ
1) Smart, Rhys 12	2) Anderson, Maxwell 12	
3) James, Harley 12	4) Davies, Gruffydd 12	

Event 64 Girls 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:04.65
1) Joseph, Isabel 12	2) Fox, Imogen 12	
3) Graville, Carys 12	4) Stephens, Arwen 12	
2 City Of Cardiff	B	2:13.44
1) Crowley, Amy 12	2) Hobrough, Xantia 12	
3) Morgan, Hannah 12	4) Harthill, Katie 12	
3 R.C.T.Swim Squad	A	2:21.16
1) Davies, Ffion 11	2) Coombes, Emmie 11	
3) Davies, Cerys 11	4) Jones, Cerys 12	
4 Heads of Valleys	A	2:21.95
1) Ramsey, Rebekah 12	2) Joseph, Emilia 12	
3) Reynolds, Mia 12	4) Fowler, Jazz 12	

Event 65 Boys 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:55.35
1) Murray, Adam 14	2) Cook-Jones, Rhydian 14	
3) Pietruszka, Daniel 14	4) Wardhaugh, Cai 13	
2 R.C.T.Swim Squad	A	1:59.89
1) Selby, Morgan 14	2) Clement, Logan 13	
3) Collins, Tyler 14	4) Salmon, Carwyn 14	
3 City Of Cardiff	B	2:03.00
1) Thomas, Callum 14	2) Edwards, Kaden 13	
3) Nixon, Rhys 14	4) Davies, Joshua 14	
4 Rhondda	A	2:14.06
1) Jones, Jacob 13	2) Jones, Calum 12	
3) Pugh, Noah 13	4) Williams, Thomas 14	
5 Heads of Valleys	A	2:27.09
1) Charles, Connor 13	2) Havard, Dylan 13	
3) Ingram, James 12	4) Johnson, Freddie 12	

Event 66 Girls 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:53.18
1) Shelton, Amy 13	2) Cottrell, Emma 14	
3) Withers-Boalch, Georgina 14	4) De Torres, Becci 13	
2 City Of Cardiff	B	1:58.32
1) Moretti, Morgana 14	2) Rathbone-Jones, Eloise 13	
3) Beynon, Bethan 14	4) Witchell, Bethan 14	
3 Heads of Valleys	A	2:03.46
1) Havard, Carys 14	2) Rowe, Rhiannon 13	
3) Palin, Maisy 13	4) Lovell, Madison 13	
4 R.C.T.Swim Squad	A	2:04.59
1) Corderoy, Abigail 13	2) Evans, Penny 14	
3) Bond, Sasha 13	4) Marchant, Rhiannon 13	
5 Merthyr Tydfil	A	2:08.13
1) Marsh, Sophie 14	2) Teagle, Eilir 13	
3) Lewis, Kacey 13	4) Foley, Joanna 14	
6 R.C.T.Swim Squad	B	2:08.67
1) Thomas, Ashley 13	2) Matthews, Jodie 14	
3) Watkins, Sadie 14	4) Thomas, Nell 13	
7 Rhondda	A	2:20.24
1) Pugh, Kia 13	2) Palmer, Meghan 13	
3) Napper, Kaycee 14	4) Murphy, Caitlyn 14	
8 Heads of Valleys	B	2:26.60
1) Brasington, Isabel 13	2) Price, Niamh 14	
3) Joseph, Emilia 12	4) Jones, Ellie 11	

Event 67 Boys 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	1:48.63
1) Rees, Brandon 16	2) Jones, Finlay 15	
3) Napper, Keenan 18	4) Jones, Luke 18	
2 R.C.T.Swim Squad	A	1:48.88
1) Brown, Ethan 19	2) James, Morgan 18	
3) Thomas, Lewis 17	4) John, Lewys 17	
3 Heads of Valleys	A	1:49.61
1) Davies, Owain 19	2) Joseph, Gianluca 18	
3) Savage- Taylor, Tomos 15	4) Hunt-cosh, James 18	
4 R.C.T.Swim Squad	B	1:53.47
1) Jenkins, Cameron 18	2) Garland, Kieran 15	
3) Cousins, Jacob 15	4) Salmon, Carwyn 14	

Event 68 Girls 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:51.52
1) Murray, Claudia 17	2) Edwards, Maisie 15	
3) Owen, Amber 17	4) Beynon, Annaliese 17	
2 Heads of Valleys	A	1:56.70
1) Collingbourne, Sioned 17	2) Mogg, Isobel 19	
3) Lovell, Madison 13	4) Watson, Freya 16	
3 Merthyr Tydfil	A	2:00.25
1) Jones, Alicia 15	2) Lewis, Helen 15	
3) Walters, Aisha 15	4) Davies, Katie-May 16	
4 R.C.T.Swim Squad	A	2:02.49
1) Randell, Niamh 16	2) Morgan, Sophie 15	
3) Meredith, Rebecca 17	4) Flood, Holly 15	
5 R.C.T.Swim Squad	B	2:05.35
1) Lewis, Jessica 16	2) Freegard, Aimee 15	
3) Marchant, Rhiannon 13	4) Corderoy, Abigail 13	
6 Heads of Valleys	B	2:07.44
1) Hyde, Lydia 17	2) Palin, Molly 16	
3) Higgins, Catrina 15	4) Rowe, Rhiannon 13	

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(Event 68 Girls 11 & Over 200 SC Meter Freestyle Relay)

Team	Relay	Finals Time
7 Rhondda	A	2:14.57
1) Palmer, Meghan 13	2) Napper, Kaycee 14	
3) Elliott, Manon 15	4) Meredith, Morgan 15	

Event 69 Boys 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:26.37
1) Hughes, Cian 12	2) Arch, Rhydian 12	
3) Price, Samuel 12	4) O'Brien, Joshua 12	
2 City Of Cardiff	B	2:36.55
1) Anderson, Maxwell 12	2) Smart, Rhys 12	
3) James, Harley 12	4) Davies, Gruffydd 12	
3 Rhondda	A	2:48.11
1) Lee, Ethan 11	2) Lee, Tristan 11	
3) Rees, Gwyn 12	4) Jones, Tyler 11	
--- Heads of Valleys	A	DQ
1) Ingram, James 12	2) McLain, Archie 11	
3) Merriman, Ben 12	4) Johnson, Freddie 12	

Event 70 Girls 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:23.64
1) Fox, Imogen 12	2) Stephens, Arwen 12	
3) Joseph, Isabel 12	4) Graville, Carys 12	
2 City Of Cardiff	B	2:31.60
1) Donovan, Kelsey 12	2) Iles, Georgia 11	
3) Harthill, Katie 12	4) Crowley, Amy 12	
3 Heads of Valleys	A	2:42.66
1) Jones, Ellie 11	2) Reynolds, Mia 12	
3) Fowler, Jazz 12	4) Ramsey, Rebekah 12	
4 R.C.T.Swim Squad	A	2:48.79
1) Davies, Cerys 11	2) Jones, Cerys 12	
3) Coombes, Emmie 11	4) Davies, Ffion 11	

Event 71 Boys 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:08.00
1) Murray, Adam 14	2) Pietruszka, Daniel 14	
3) Wardhaugh, Cai 13	4) Cook-Jones, Rhydian 14	
2 R.C.T.Swim Squad	A	2:18.33
1) Collins, Tyler 14	2) Salmon, Carwyn 14	
3) Selby, Morgan 14	4) Clement, Logan 13	
3 City Of Cardiff	B	2:20.21
1) Davies, Joshua 14	2) Nixon, Rhys 14	
3) Edwards, Kaden 13	4) Thomas, Callum 14	
4 Heads of Valleys	A	2:43.54
1) Charles, Connor 13	2) Havard, Dylan 13	
3) Merriman, Ben 12	4) Ingram, James 12	
5 Rhondda	A	2:44.30
1) Pugh, Noah 13	2) Jones, Calum 12	
3) Jones, Jacob 13	4) Williams, Thomas 14	

Event 72 Girls 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:08.92
1) Withers-Boalch, Georgina 14	2) Beynon, Bethan 14	
3) Shelton, Amy 13	4) De Torres, Becci 13	
2 Heads of Valleys	A	2:15.18
1) Havard, Carys 14	2) Palin, Maisy 13	
3) Rowe, Rhiannon 13	4) Lovell, Madison 13	
3 R.C.T.Swim Squad	A	2:19.90
1) Marchant, Rhiannon 13	2) Evans, Penny 14	
3) Watkins, Sadie 14	4) Corderoy, Abigail 13	

4 Merthyr Tydfil	A	2:25.37
1) Lewis, Kacey 13	2) Teagle, Eilir 13	
3) Marsh, Sophie 14	4) Foley, Joanna 14	
5 R.C.T.Swim Squad	B	2:27.34
1) Thomas, Ashley 13	2) Matthews, Jodie 14	
3) Bond, Sasha 13	4) Thomas, Nell 13	
6 Heads of Valleys	B	2:37.48
1) Brasington, Lucy 11	2) Price, Niamh 14	
3) Fowler, Jazz 12	4) Brasington, Isabel 13	
--- City Of Cardiff	B	DQ
1) Witchell, Bethan 14	2) O'Callaghan, Jennifer 13	
3) Rathbone-Jones, Eloise 13	4) Moretti, Morgana 14	
--- Rhondda	A	DNF
1) Napper, Kaycee 14	2) Palmer, Meghan 13	
3) Pugh, Kia 13	4) Murphy, Caitlyn 14	

Event 73 Boys 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 R.C.T.Swim Squad	A	2:02.05
1) Thomas, Lewis 17	2) Brown, Ethan 19	
3) Jenkins, Cameron 18	4) John, Lewys 17	
2 Rhondda	A	2:02.19
1) Jones, Luke 18	2) Napper, Keenan 18	
3) Rees, Brandon 16	4) Jones, Finlay 15	
3 Heads of Valleys	A	2:05.74
1) Savage- Taylor, Tomos 15	2) Davies, Owain 19	
3) Hunt-cosh, James 18	4) Joseph, Gianluca 18	
4 R.C.T.Swim Squad	B	2:08.74
1) Jenkins, Ellis 15	2) James, Morgan 18	
3) Cousins, Jacob 15	4) Garland, Kieran 15	

Event 74 Girls 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:07.07
1) Beynon, Annaliese 17	2) Owen, Amber 17	
3) Morris, Ciara 15	4) Murray, Claudia 17	
2 Heads of Valleys	A	2:12.52
1) Collingbourne, Sioned 17	2) Palin, Maisy 13	
3) Watson, Freya 16	4) Mogg, Isobel 19	
3 Merthyr Tydfil	A	2:13.81
1) Jones, Alicia 15	2) Davies, Katie-May 16	
3) Lewis, Helen 15	4) Walters, Aisha 15	
4 R.C.T.Swim Squad	A	2:16.24
1) Morgan, Sophie 15	2) Meredith, Rebecca 17	
3) Randell, Niamh 16	4) Flood, Holly 15	
5 Heads of Valleys	B	2:18.89
1) Hyde, Lydia 17	2) Palin, Molly 16	
3) Rowe, Rhiannon 13	4) Lovell, Madison 13	
6 R.C.T.Swim Squad	B	2:20.59
1) Freegard, Aimee 15	2) Evans, Penny 14	
3) Lewis, Jessica 16	4) Thomas, Ashley 13	
7 Rhondda	A	2:33.68
1) Meredith, Morgan 15	2) Palmer, Meghan 13	
3) Napper, Kaycee 14	4) Elliott, Manon 15	

Event 75 Mixed 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:21.05
1) Fowler, Jazz W12	2) Ingram, James M12	
3) Ramsey, Rebekah W12	4) Merriman, Ben M12	
2 Heads of Valleys	B	2:35.50
1) Reynolds, Mia W12	2) McLain, Archie M11	
3) Joseph, Emilia W12	4) Johnson, Freddie M12	

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(Event 75 Mixed 11-12 200 SC Meter Freestyle Relay)

Team	Relay	Finals Time
3 Rhondda	A	2:38.81
1) Beach, Dion W11	2) Mulford, Eleri W11	
3) Lee, Tristan M11	4) Lee, Ethan M11	

Event 76 Mixed 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:05.50
1) Rowe, Rhiannon W13	2) Havard, Dylan M13	
3) Merriman, Ben M12	4) Lovell, Madison W13	
2 Merthyr Tydfil	A	2:08.53
1) Marsh, Sophie W14	2) Teagle, Eilir W13	
3) Jones, Lloyd M13	4) Rees-Jones, Jack M11	
3 Rhondda	A	2:16.16
1) Napper, Kaycee W14	2) Palmer, Meghan W13	
3) Jones, Jacob M13	4) Williams, Thomas M14	
4 Heads of Valleys	B	2:21.79
1) Charles, Connor M13	2) McLain, Archie M11	
3) Palin, Maisy W13	4) Havard, Carys W14	
5 Rhondda	B	2:38.62
1) Jones, Olivia W13	2) Beach, Dion W11	
3) Jones, Tyler M11	4) White, Alex M11	

Event 77 Mixed 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	1:52.13
1) Hunt-cosh, James M18	2) Collingbourne, Sioned W17	
3) Savage- Taylor, Tomos M15	4) Watson, Freya W16	
2 Merthyr Tydfil	A	1:55.90
1) Mullins, Joshua M17	2) Jones, Alicia W15	
3) Thomas, Joshua M16	4) Lewis, Helen W15	
3 Rhondda	A	2:00.42
1) Elliott, Manon W15	2) Meredith, Morgan W15	
3) Jones, Luke M18	4) Rees, Brandon M16	
4 Rhondda	B	2:34.18
1) Jones, Olivia W13	2) Murphy, Caitlyn W14	
3) Chambers, Gethin M12	4) Pugh, Noah M13	
--- Heads of Valleys	B	DQ
1) Higgins, Catrina W15	2) Davies, Owain M19	
3) Mogg, Isobel W19	4) Joseph, Gianluca M18	

Event 78 Mixed 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:44.27
1) Fowler, Jazz W12	2) Reynolds, Mia W12	
3) Merriman, Ben M12	4) Ingram, James M12	
2 Rhondda	A	3:03.92
1) Lee, Tristan M11	2) Beach, Dion W11	
3) Mulford, Eleri W11	4) Lee, Ethan M11	
3 Heads of Valleys	B	3:05.18
1) Ramsey, Rebekah W12	2) McLain, Archie M11	
3) Joseph, Emilia W12	4) Johnson, Freddie M12	

Event 79 Mixed 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:21.99
1) Merriman, Ben M12	2) Palin, Maisy W13	
3) Rowe, Rhiannon W13	4) Havard, Dylan M13	
2 Merthyr Tydfil	A	2:26.94
1) Lewis, Kacey W13	2) Marsh, Sophie W14	
3) Jones, Lloyd M13	4) Rees-Jones, Jack M11	
3 Rhondda	A	2:34.75
1) Napper, Kaycee W14	2) Palmer, Meghan W13	
3) Jones, Jacob M13	4) Williams, Thomas M14	

4 Heads of Valleys	B	2:41.78
1) Lovell, Madison W13	2) Ingram, James M12	
3) Havard, Carys W14	4) Charles, Connor M13	
5 Rhondda	B	3:05.79
1) Jones, Tyler M11	2) Beach, Dion W11	
3) Jones, Olivia W13	4) White, Alex M11	

Event 80 Mixed 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:03.83
1) Savage- Taylor, Tomos M15	2) Hunt-cosh, James M18	
3) Watson, Freya W16	4) Collingbourne, Sioned W17	
2 Merthyr Tydfil	A	2:08.96
1) Jones, Alicia W15	2) Mullins, Joshua M17	
3) Lewis, Helen W15	4) Thomas, Joshua M16	
3 Rhondda	A	2:18.60
1) Jones, Luke M18	2) Meredith, Morgan W15	
3) Rees, Brandon M16	4) Elliott, Manon W15	
4 Heads of Valleys	B	2:21.40
1) Hyde, Lydia W17	2) Palin, Molly W16	
3) Davies, Owain M19	4) Joseph, Gianluca M18	
5 Rhondda	B	3:00.18
1) Pugh, Noah M13	2) Jones, Olivia W13	
3) Murphy, Caitlyn W14	4) Chambers, Gethin M12	