

Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 4 - Sunday 4th Warm Up 08:00 - 08:40****Event 22 Women 18-24 400 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
--- Faith Goodliffe	18	Co Coventry-	5:31.50	X5:50.13	
36.51	1:21.24 (44.73)	2:06.46 (45.22)	2:50.39 (43.93)		
3:40.59 (50.20)	4:31.53 (50.94)	5:11.62 (40.09)	5:50.13 (38.51)		

Event 22 Women 45-49 400 LC Meter IM

1 Judy Prior	48	Enfield Sq-	6:38.18	6:41.41	
45.09	1:34.97 (49.88)	2:25.99 (51.02)	3:15.73 (49.74)		
4:14.10 (58.37)	5:11.20 (57.10)	5:57.27 (46.07)	6:41.41 (44.14)		

Event 22 Women 50-54 400 LC Meter IM

1 Allie Price	53	Cardiff Mast-	6:02.00	6:12.09	
37.17	1:19.75 (42.58)	2:08.80 (49.05)	2:56.34 (47.54)		
3:50.38 (54.04)	4:44.15 (53.77)	5:28.99 (44.84)	6:12.09 (43.10)		
2 Gillian Ellis-Williams	53	Carm Masters-	7:20.00	7:34.29	
48.93	3:54.17 (3:05.24)		5:55.86 ()		
	7:34.29 ()	7:34.29 ()			

Event 22 Women 60-64 400 LC Meter IM

1 Lorraine Crook	64	Caldicot-	10:15.35	10:04.34	
1:06.93	2:24.97 (1:18.04)	3:44.04 (1:19.07)	5:04.67 (1:20.63)		
6:28.63 (1:23.96)	7:54.37 (1:25.74)	8:58.95 (1:04.58)	10:04.34 (1:05.39)		

Event 22 Men 18-24 400 LC Meter IM

1 Andrew Horsfall-Turner	24	Swansea Aq-	4:56.69	5:07.83	
29.16	1:03.79 (34.63)	1:44.28 (40.49)	2:24.00 (39.72)		
3:09.81 (45.81)	3:56.64 (46.83)	4:32.92 (36.28)	5:07.83 (34.91)		

Event 22 Men 25-29 400 LC Meter IM

1 Oliver Samy	28	Spencer Swim Team-	5:05.00	5:57.08	
36.35	1:18.32 (41.97)	2:06.65 (48.33)	2:55.87 (49.22)		
3:46.05 (50.18)	4:33.70 (47.65)	5:16.64 (42.94)	5:57.08 (40.44)		

Event 22 Men 45-49 400 LC Meter IM

1 Stuart Colston	47	Cardiff Mast-	5:48.73	5:56.82	
35.47	1:19.13 (43.66)	2:06.66 (47.53)	2:53.25 (46.59)		
3:43.37 (50.12)	4:34.52 (51.15)	5:16.47 (41.95)	5:56.82 (40.35)		

Event 22 Men 50-54 400 LC Meter IM

1 Colin Robbins	54	NottmLeander-	6:00.00	6:26.47	
38.21	1:25.15 (46.94)	2:17.21 (52.06)	3:08.96 (51.75)		
4:04.12 (55.16)	5:00.97 (56.85)	5:45.53 (44.56)	6:26.47 (40.94)		

Event 22 Men 55-59 400 LC Meter IM

1 Mark Jones	58	Warrington M-	5:58.64	6:17.79	
41.23	1:29.81 (48.58)	2:22.52 (52.71)	3:12.94 (50.42)		
4:05.02 (52.08)	4:58.29 (53.27)	5:39.14 (40.85)	6:17.79 (38.65)		

Event 22 Men 65-69 400 LC Meter IM

1 Stuart McLellan	69	Sudbury-	7:25.00	7:14.49	
47.53	1:43.13 (55.60)		3:36.21 ()		
4:39.19 (1:02.98)	5:41.88 (1:02.69)	6:29.36 (47.48)	7:14.49 (45.13)		

Event 23 Women 25-29 200 LC Meter Freestyle

1 Stephanie McNally	29	Bristol Nor-	2:20.53	2:25.74	
32.72	1:09.80 (37.08)	1:48.06 (38.26)	2:25.74 (37.68)		

Event 23 Women 30-34 200 LC Meter Freestyle

1 Rachel Curnock	31	Bristol Nor-	2:16.80	2:16.82	
31.48	1:05.58 (34.10)	1:41.55 (35.97)	2:16.82 (35.27)		

Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 4 - Sunday 4th Warm Up 08:00 - 08:40****Event 23 Women 35-39 200 LC Meter Freestyle**

1	Emma Wills	39	York City-	2:14.33	2:14.49
	30.89	1:04.31 (33.42)	1:39.16 (34.85)	2:14.49 (35.33)	
2	Victoria Williams	36	Welsh Ind-	2:40.00	2:38.31
	36.68	1:15.79 (39.11)	1:56.95 (41.16)	2:38.31 (41.36)	
3	Zsuzsanna Felvegi	39	Szentesi Delfin Esc-HUN	2:35.70	2:41.48
	36.16	1:17.08 (40.92)	1:59.42 (42.34)	2:41.48 (42.06)	
4	Emma Harvey	37	Cwmbran-	2:47.25	2:42.34
	35.04	1:14.35 (39.31)	1:58.56 (44.21)	2:42.34 (43.78)	

Event 23 Women 40-44 200 LC Meter Freestyle

1	Jessica Wooddisse	43	Stroud Mast-	2:20.79	2:23.95
	33.81	1:10.12 (36.31)	1:47.38 (37.26)	2:23.95 (36.57)	
2	Maida Shivik	44	Camden Swiss-	2:45.00	2:41.92
		1:20.68 ()	2:41.92 (1:21.24)		
3	Myfanwy Jones	43	Carm Masters-	3:04.53	2:57.31
	39.46	1:23.46 (44.00)	2:10.39 (46.93)	2:57.31 (46.92)	

Event 23 Women 45-49 200 LC Meter Freestyle

1	Karen Howells	47	Loughborough-	2:33.00	2:44.74
		1:18.37 ()	2:44.74 (1:26.37)		
2	Zorika Adams	48	Camden Swiss-	2:59.72	2:56.70
		1:26.73 ()	2:56.70 (1:29.97)		

Event 23 Women 50-54 200 LC Meter Freestyle

1	Nuala Muir-Cochrane	54	Barnet Copt-	2:30.00	2:34.70
	35.98	1:15.46 (39.48)	1:55.61 (40.15)	2:34.70 (39.09)	
2	Denise Cuer	50	Caldicot-	3:13.39	3:16.62
	42.01	1:32.74 (50.73)	2:26.00 (53.26)	3:16.62 (50.62)	

Event 23 Women 55-59 200 LC Meter Freestyle

1	Elaine Seager	55	Loughborough-	2:41.64	2:41.14
	37.66	1:17.99 (40.33)	2:00.00 (42.01)	2:41.14 (41.14)	

Event 23 Women 60-64 200 LC Meter Freestyle

1	Jayne Ball	64	Gloucester M-	2:52.61	2:50.69
	40.29	1:23.49 (43.20)	2:07.90 (44.41)	2:50.69 (42.79)	
2	Julia Buchanan	61	Caldicot-	3:12.00	3:09.92
	43.75	1:32.46 (48.71)	2:22.35 (49.89)	3:09.92 (47.57)	

Event 24 Men 25-29 200 LC Meter Freestyle

1	Jake Plumley	25	Swansea Aq-	2:10.00	2:13.52
	30.96	1:04.34 (33.38)	1:39.06 (34.72)	2:13.52 (34.46)	
2	Christopher Street	29	Bristol Nor-	2:23.16	2:26.58
	33.68	1:10.93 (37.25)	1:48.84 (37.91)	2:26.58 (37.74)	

Event 24 Men 30-34 200 LC Meter Freestyle

1	Gareth Jones	32	Carm Masters-	2:35.59	2:35.80
	33.89	1:13.02 (39.13)	1:54.38 (41.36)	2:35.80 (41.42)	

Event 24 Men 35-39 200 LC Meter Freestyle

1	James Barwick	36	East Leeds-	2:17.46	2:18.03
	30.65	1:05.42 (34.77)	1:41.65 (36.23)	2:18.03 (36.38)	

Event 24 Men 40-44 200 LC Meter Freestyle

1	Barnaby Rudd	40	Guildford Ct-	2:46.39	2:46.60
		1:18.30 ()	2:46.60 (1:28.30)		

Event 24 Men 45-49 200 LC Meter Freestyle

1	Stephen Croall	46	Swansea Aq-	2:34.49	2:31.35
	33.88	1:12.66 (38.78)	1:53.25 (40.59)	2:31.35 (38.10)	

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1	Mark Reynolds	55	Barnet Copt-	2:12.00	2:12.05
	29.73	1:03.43 (33.70)	1:37.71 (34.28)	2:12.05 (34.34)	
2	Patrick Allen	56	Guildford Ct-	2:42.27	3:02.60
		1:27.61 ()	2:15.52 (47.91)	3:02.60 (47.08)	

Event 24 Men 60-64 200 LC Meter Freestyle

1	Colin Stephenson	60	Gloucester M-	2:19.58	2:22.50
	33.13	1:09.80 (36.67)	1:46.92 (37.12)	2:22.50 (35.58)	
2	Keith Williams	60	Gloucester M-	3:00.00	3:20.42
	44.72	1:35.64 (50.92)	2:27.99 (52.35)	3:20.42 (52.43)	

Event 24 Men 65-69 200 LC Meter Freestyle

1	Terence Mansi	69	Sudbury-	3:06.03	3:10.77
	41.04	1:31.03 (49.99)	2:22.55 (51.52)	3:10.77 (48.22)	

Event 24 Men 70-74 200 LC Meter Freestyle

1	James Arthur	70	C Dolphins-	2:50.00	2:46.64
	36.89	1:18.55 (41.66)	2:03.26 (44.71)	2:46.64 (43.38)	

Event 24 Men 75-79 200 LC Meter Freestyle

1	Peter Holloway	78	Swansea Aq-	4:06.75	4:10.00
	50.71	1:55.12 (1:04.41)	4:10.00 (2:14.88)		

Event 25 Women 25-29 100 LC Meter Backstroke

1	Megan Pardoe	29	Bristol Nor-	1:18.21	1:23.36
	40.80	1:23.36 (42.56)			

Event 25 Women 35-39 100 LC Meter Backstroke

1	Emma Wills	39	York City-	NT	1:11.43
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Event 25 Women 45-49 100 LC Meter Backstroke

1	Sarah Fitzgerald-Smith	47	Reading-	1:22.67	1:23.26
	40.81	1:23.26 (42.45)			
2	Penelope Skyrme	48	Carm Masters-	1:35.00	1:29.68
	42.43	1:29.68 (47.25)			
3	Geertje Van Keulen	49	Swansea Aq-	1:32.00	1:32.11
	43.27	1:32.11 (48.84)			

Event 25 Women 60-64 100 LC Meter Backstroke

1	Julia Buchanan	61	Caldicot-	1:46.00	1:41.09
	49.46	1:41.09 (51.63)			

Event 25 Women 70-74 100 LC Meter Backstroke

1	Elaine Blower	73	Barnet Copt-	2:04.00	1:53.76
	56.74	1:53.76 (57.02)			

Event 26 Men 18-24 100 LC Meter Backstroke

1	Luke Nixon	24	Buckley-	1:09.60	1:14.31
	34.87	1:14.31 (39.44)			

Event 26 Men 35-39 100 LC Meter Backstroke

1	Andrew Luxton	35	Swansea Aq-	1:07.00	1:06.07
	32.23	1:06.07 (33.84)			

Event 26 Men 45-49 100 LC Meter Backstroke

1	Roger Randall	47	Barnet Copt-	1:25.00	1:23.65
	41.17	1:23.65 (42.48)			

Event 26 Men 50-54 100 LC Meter Backstroke

1	Patrick Gore	50	Cardiff Mast-	1:08.99	1:11.18
	34.47	1:11.18 (36.71)			

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1	Jonathan Hopkins	58	Cardiff Mast-	1:13.63	1:13.92
	35.67	1:13.92	(38.25)		
2	Mark Jones	58	Warrington M-	1:25.86	1:26.13
	42.66	1:26.13	(43.47)		

Event 26 Men 60-64 100 LC Meter Backstroke

1	Stephen Jones	63	Swansea Aq-	1:52.22	1:59.29
	58.68	1:59.29	(1:00.61)		
2	Keith Williams	60	Gloucester M-	2:02.23	2:17.71
	1:08.71	2:17.71	(1:09.00)		

Event 26 Men 65-69 100 LC Meter Backstroke

1	Stuart McLellan	69	Sudbury-	1:40.00	1:36.12
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Event 27 Women 120-159 200 LC Meter Freestyle Relay

1	Swansea Aq	A		NT	2:07.67
	1) Helen Smale W30	2) Hannah Munday W27	3) Bethan Raby W45	4) Jordanna Roberts W36	
		58.38 ()	1:33.51 (35.13)	2:07.67 (34.16)	

Event 27 Women 160-199 200 LC Meter Freestyle Relay

1	Carm Masters	A		NT	2:42.58
	1) Gillian Ellis-Williams W53	2) Jane Norris-Hill W53	3) Penelope Skyrme W48	4) Myfanwy Jones W43	
		1:26.00 ()	2:03.42 (37.42)	2:42.58 (39.16)	

Event 28 Men 120-159 200 LC Meter Freestyle Relay

1	Swansea Aq	A		NT	1:53.11
	1) Andrew Luxton M35	2) Mark Williams M29	3) Jake Plumley M25	4) Craig Jones M33	
	30.52	57.94 (27.42)	1:25.35 (27.41)	1:53.11 (27.76)	

Event 28 Men 200-239 200 LC Meter Freestyle Relay

1	Swansea Aq	B		NT	2:16.86
	1) Paul Grunhut M49	2) Mark Jones M57	3) Dylan Gravelle M56	4) Stephen Croall M46	
		1:11.04 ()	1:47.66 (36.62)	2:16.86 (29.20)	