

Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 1 - Saturday 3rd - Warm Up 08.00 - 08:40****Event 1 Women 25-29 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Stephanie McNally	29	Bristol Nor-	5:03.72	5:01.78	
	33.75	1:10.94 (37.19)	1:48.95 (38.01)	2:27.46 (38.51)	
	3:05.91 (38.45)	3:44.57 (38.66)	4:23.50 (38.93)	5:01.78 (38.28)	

Event 1 Women 35-39 400 LC Meter Freestyle

1 Emma Wills	39	York City-	4:39.41	4:37.04	
	30.92	1:04.53 (33.61)	1:39.21 (34.68)	2:14.03 (34.82)	
	2:49.59 (35.56)	3:25.59 (36.00)	4:01.59 (36.00)	4:37.04 (35.45)	
2 Zsuzsanna Felvegi	39	Szentesi Delfin Esc-HUN	5:27.70	5:44.51	
	37.47	1:19.78 (42.31)	2:03.10 (43.32)	2:47.12 (44.02)	
	3:32.03 (44.91)	4:17.27 (45.24)	5:01.94 (44.67)	5:44.51 (42.57)	
3 Emma Harvey	37	Cwmbran-	5:59.57	5:50.08	
	35.74	1:16.06 (40.32)	2:00.12 (44.06)	2:45.17 (45.05)	
	3:31.45 (46.28)	4:17.46 (46.01)	5:04.22 (46.76)	5:50.08 (45.86)	

Event 1 Women 40-44 400 LC Meter Freestyle

1 Maida Shivik	44	Camden Swiss-	5:40.00	5:44.32	
2 Joy Hopkins	43	Littled Mast-	5:54.33	5:47.50	
		1:21.25 ()	2:48.78 ()		
		4:18.72 ()	5:47.50 (1:28.78)		
3 Sarah Jones	44	Swim Bournemouth-	5:57.00	5:56.84	
	40.55	1:25.49 (44.94)	2:11.73 (46.24)	2:57.54 (45.81)	
	3:43.15 (45.61)	4:28.38 (45.23)	5:13.11 (44.73)	5:56.84 (43.73)	

Event 1 Women 45-49 400 LC Meter Freestyle

1 Judy Prior	48	Enfield Sq-	5:47.64	5:42.52	
	38.34	1:19.95 (41.61)	2:02.61 (42.66)	2:45.82 (43.21)	
	3:29.92 (44.10)	4:14.20 (44.28)	4:58.67 (44.47)	5:42.52 (43.85)	
2 Zorika Adams	48	Camden Swiss-	6:18.33	6:10.30	
	41.43	1:27.38 (45.95)	2:14.76 (47.38)	3:02.46 (47.70)	
	3:50.00 (47.54)	4:37.33 (47.33)	5:25.25 (47.92)	6:10.30 (45.05)	

Event 1 Women 50-54 400 LC Meter Freestyle

1 Nuala Muir-Cochrane	54	Barnet Copt-	5:10.00	5:14.83	
	36.39	1:15.55 (39.16)	1:55.84 (40.29)	2:35.85 (40.01)	
	3:16.03 (40.18)	3:56.16 (40.13)	4:35.94 (39.78)	5:14.83 (38.89)	
2 Gillian Ellis-Williams	53	Carm Masters-	6:21.38	6:19.88	
		1:28.10 ()	3:05.22 ()		
		4:43.94 ()	6:19.88 (1:35.94)		

Event 1 Women 55-59 400 LC Meter Freestyle

1 Elizabeth Knowles	58	Camden Swiss-	6:30.00	6:38.33	
	42.27	1:31.63 (49.36)	2:22.85 (51.22)	3:14.14 (51.29)	
	4:05.75 (51.61)	4:57.49 (51.74)	5:48.79 (51.30)	6:38.33 (49.54)	

Event 1 Women 60-64 400 LC Meter Freestyle

1 Jayne Ball	64	Gloucester M-	6:03.03	6:13.21	
	41.11	1:26.82 (45.71)	2:14.64 (47.82)	3:02.50 (47.86)	
	3:50.55 (48.05)	4:38.94 (48.39)	5:26.63 (47.69)	6:13.21 (46.58)	

Event 1 Men 25-29 400 LC Meter Freestyle

1 Jake Plumley	25	Swansea Aq-	4:40.00	4:47.41	
	31.18	1:05.03 (33.85)	1:40.26 (35.23)	2:16.07 (35.81)	
	2:52.72 (36.65)	3:30.20 (37.48)	4:08.46 (38.26)	4:47.41 (38.95)	

Event 1 Men 30-34 400 LC Meter Freestyle

1 Jonathon Burnett	30	Welsh Ind-	6:20.00	5:29.78	
	34.19	1:12.42 (38.23)	1:53.56 (41.14)		
	3:19.33 ()		4:47.17 ()	5:29.78 (42.61)	

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2	Gareth Jones	32	Carm Masters-	5:42.53	5:44.49
	37.41	1:19.80 (42.39)	2:04.11 (44.31)	2:48.11 (44.00)	
	3:33.12 (45.01)	4:17.40 (44.28)	5:01.92 (44.52)	5:44.49 (42.57)	

Event 1 Men 40-44 400 LC Meter Freestyle

1	Andrew Martin	43	Cardiff Mast-	4:54.32	4:51.31
	31.24	1:05.85 (34.61)	1:42.39 (36.54)	2:19.48 (37.09)	
	2:57.36 (37.88)	3:35.60 (38.24)	4:14.12 (38.52)	4:51.31 (37.19)	
2	Barnaby Rudd	40	Guildford Ct-	6:03.00	6:10.98
	38.67	1:21.92 (43.25)	2:08.62 (46.70)	2:56.87 (48.25)	
	3:45.82 (48.95)	4:35.12 (49.30)	5:23.58 (48.46)	6:10.98 (47.40)	

Event 1 Men 45-49 400 LC Meter Freestyle

1	Paul Hatton	49	Caradon-	5:02.26	5:06.05
	35.10	1:13.39 (38.29)	1:51.86 (38.47)	2:30.62 (38.76)	
	3:09.34 (38.72)	3:48.58 (39.24)	4:27.57 (38.99)	5:06.05 (38.48)	
2	Tim Howells	49	Carm Masters-	6:20.58	6:18.11
	41.12	1:25.70 (44.58)	2:13.10 (47.40)	3:01.39 (48.29)	
	3:50.76 (49.37)	4:40.82 (50.06)	5:31.49 (50.67)	6:18.11 (46.62)	

Event 1 Men 55-59 400 LC Meter Freestyle

1	Mark Reynolds	55	Barnet Copt-	4:50.00	4:39.86
	32.49	1:08.06 (35.57)	1:44.23 (36.17)	2:19.98 (35.75)	
	2:55.38 (35.40)	3:30.40 (35.02)	4:05.19 (34.79)	4:39.86 (34.67)	
2	Mark Jones	58	Warrington M-	5:01.71	5:07.52
		1:13.69 ()		2:32.32 ()	
		3:50.79 ()	5:07.52 (1:16.73)		
3	Patrick Allen	56	Guildford Ct-	5:55.27	5:50.21
	39.95	1:24.55 (44.60)	2:09.33 (44.78)	2:54.14 (44.81)	
	3:38.24 (44.10)	4:23.04 (44.80)	5:07.04 (44.00)	5:50.21 (43.17)	

Event 1 Men 60-64 400 LC Meter Freestyle

1	Christopher Goulden	61	Cardiff Mast-	5:35.53	5:34.98
	37.06	1:18.12 (41.06)	2:00.75 (42.63)	2:43.55 (42.80)	
	3:26.09 (42.54)	4:08.80 (42.71)	4:52.12 (43.32)	5:34.98 (42.86)	
2	David Lowe	62	Cardiff Mast-	5:50.00	6:01.73
	38.48	1:21.62 (43.14)	2:07.08 (45.46)	2:54.07 (46.99)	
	3:41.14 (47.07)	4:28.59 (47.45)	5:16.28 (47.69)	6:01.73 (45.45)	

Event 1 Men 65-69 400 LC Meter Freestyle

1	Stuart McLellan	69	Sudbury-	6:15.00	5:56.82
	40.09	1:24.22 (44.13)	2:09.98 (45.76)	2:56.06 (46.08)	
	3:41.88 (45.82)	4:27.64 (45.76)	5:13.32 (45.68)	5:56.82 (43.50)	
2	Terence Mansi	69	Sudbury-	6:42.10	6:45.02
	43.93	1:34.78 (50.85)	2:26.56 (51.78)	3:19.19 (52.63)	
	4:11.66 (52.47)	5:04.05 (52.39)	5:55.71 (51.66)	6:45.02 (49.31)	

Event 1 Men 70-74 400 LC Meter Freestyle

1	James Arthur	70	C Dolphins-	6:00.00	5:56.65
	37.53	1:18.85 (41.32)	2:03.81 (44.96)	2:49.79 (45.98)	
	3:37.06 (47.27)	4:24.03 (46.97)	5:11.50 (47.47)	5:56.65 (45.15)	
2	Peter Stephens	71	Truro City-	6:36.89	6:36.47
		1:34.04 ()		3:15.55 ()	
	4:06.15 (50.60)	4:57.07 (50.92)	5:48.10 (51.03)	6:36.47 (48.37)	

Event 1 Men 75-79 400 LC Meter Freestyle

1	Tony Cherrington	76	Gloucester M-	6:30.00	6:39.40
	43.42	1:32.73 (49.31)	2:24.52 (51.79)	3:17.33 (52.81)	
	4:08.78 (51.45)	5:01.15 (52.37)	5:53.77 (52.62)	6:39.40 (45.63)	

Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 1 - Saturday 3rd - Warm Up 08.00 - 08:40****(Event 1 Men 75-79 400 LC Meter Freestyle)**

2 Paul Clarke	76 Beaver Mast-	8:42.00	8:43.89
55.97	2:03.02 (1:07.05)	3:11.04 (1:08.02)	4:21.19 (1:10.15)
5:29.27 (1:08.08)	6:37.00 (1:07.73)	7:43.06 (1:06.06)	8:43.89 (1:00.83)

Event 2 Women 18-24 200 LC Meter IM

--- Faith Goodliffe	18 Co Coventry-	2:34.10	X2:42.01
34.04	1:15.48 (41.44)	2:05.51 (50.03)	2:42.01 (36.50)

Event 2 Women 35-39 200 LC Meter IM

1 Emma Harvey	37 Cwmbbran-	3:08.58	3:11.00
	1:33.03 ()	3:11.00 (1:37.97)	
2 Carley Morgan	36 Swansea Aq-	2:55.00	3:25.24
43.82	1:33.99 (50.17)	2:33.43 (59.44)	3:25.24 (51.81)

Event 2 Women 40-44 200 LC Meter IM

1 Myfanwy Jones	43 Carm Masters-	3:25.24	3:29.65
48.60	1:40.58 (51.98)	2:41.04 (1:00.46)	3:29.65 (48.61)

Event 2 Women 45-49 200 LC Meter IM

1 Helen Gorman	46 Cardiff Mast-	2:32.18	2:35.58
34.40	1:14.70 (40.30)	1:58.58 (43.88)	2:35.58 (37.00)
2 Bethan Raby	45 Swansea Aq-	3:02.00	3:16.44
40.26	1:31.47 (51.21)	2:31.11 (59.64)	3:16.44 (45.33)

Event 2 Women 50-54 200 LC Meter IM

1 Allie Price	53 Cardiff Mast-	2:43.54	2:46.80
34.86	1:18.52 (43.66)	2:07.85 (49.33)	2:46.80 (38.95)
2 Jane Norris-Hill	53 Carm Masters-	4:20.00	4:19.92
1:03.85	2:20.05 (1:16.20)	3:23.06 (1:03.01)	4:19.92 (56.86)

Event 2 Women 55-59 200 LC Meter IM

1 Elizabeth Knowles	58 Camden Swiss-	3:45.00	3:37.64
53.68	1:49.38 (55.70)	3:37.64 (1:48.26)	

Event 3 Men 25-29 200 LC Meter IM

1 Fraser Peh	28 Otter-	2:30.00	2:20.58
28.99	1:05.68 (36.69)	1:47.87 (42.19)	2:20.58 (32.71)

Event 3 Men 30-34 200 LC Meter IM

1 David Adamson	31 Otter-	2:17.27	2:19.77
28.00	1:04.98 (36.98)	1:48.03 (43.05)	2:19.77 (31.74)
2 Jonathon Burnett	30 Welsh Ind-	4:00.00	2:58.43
35.74	1:25.30 (49.56)	2:19.82 (54.52)	2:58.43 (38.61)

Event 3 Men 40-44 200 LC Meter IM

1 Andrew Martin	43 Cardiff Mast-	2:38.31	2:40.71
32.69	1:16.15 (43.46)	2:04.28 (48.13)	2:40.71 (36.43)

Event 3 Men 45-49 200 LC Meter IM

1 Stuart Colston	47 Cardiff Mast-	2:41.92	2:43.67
33.94	1:16.52 (42.58)	2:03.86 (47.34)	2:43.67 (39.81)
2 Roger Randall	47 Barnet Copt-	2:55.00	3:11.38
39.42	1:28.00 (48.58)	2:23.57 (55.57)	3:11.38 (47.81)

Event 3 Men 50-54 200 LC Meter IM

1 Colin Robbins	54 NottmLeander-	2:41.00	2:49.64
34.97	1:20.05 (45.08)	2:12.06 (52.01)	2:49.64 (37.58)

Event 3 Men 55-59 200 LC Meter IM

1 Jonathan Hopkins	58 Cardiff Mast-	2:42.00	2:41.28
32.72	1:14.58 (41.86)	2:02.59 (48.01)	2:41.28 (38.69)

Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 1 - Saturday 3rd - Warm Up 08.00 - 08:40****(Event 3 Men 55-59 200 LC Meter IM)**

2	Mark Jones	58	Warrington M-	2:48.51	2:52.94
	39.21	1:27.55 (48.34)	2:16.21 (48.66)	2:52.94 (36.73)	

Event 3 Men 60-64 200 LC Meter IM

1	Vladimirs Sveds	62	Cardiff Mast-	3:15.00	3:26.87
		1:44.97 ()	2:43.01 (58.04)	3:26.87 (43.86)	

Event 3 Men 65-69 200 LC Meter IM

1	Stuart McLellan	69	Sudbury-	3:25.00	3:19.65
	44.55	1:38.03 (53.48)	2:35.42 (57.39)	3:19.65 (44.23)	

Event 3 Men 70-74 200 LC Meter IM

1	Peter Stephens	71	Truro City-	3:48.72	3:55.23
	54.03	2:00.00 (1:05.97)	3:08.13 (1:08.13)	3:55.23 (47.10)	

Event 3 Men 75-79 200 LC Meter IM

1	Paul Clarke	76	Beaver Mast-	4:19.00	4:19.26
	1:01.57	2:10.51 (1:08.94)	4:19.26 (2:08.75)		

Event 4 Women 30-34 50 LC Meter Breaststroke

1	Rachel Holifield	32	Spencer Swim Team-	43.53	43.32
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Event 4 Women 35-39 50 LC Meter Breaststroke

1	Jordanna Roberts	36	Swansea Aq-	41.62	40.93
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Event 4 Women 40-44 50 LC Meter Breaststroke

1	Kathryn Owens	44	Welsh Ind-	41.00	40.95
2	Lydia Tang	40	Swansea Aq-	50.00	51.90

Event 4 Women 45-49 50 LC Meter Breaststroke

1	Helen Gorman	46	Cardiff Mast-	34.90	35.12
2	Alison Heasman	48	Black Lion-	52.00	50.05

Event 4 Women 50-54 50 LC Meter Breaststroke

1	Lynda Coggins	54	Guildford Ct-	41.98	41.19
2	Kim Collins	52	Chirk-	42.70	44.87

Event 5 Men 18-24 50 LC Meter Breaststroke

1	Joseph Tucker	23	Swansea Aq-	34.89	34.22
2	Samuel Lee Davies	18	Neath-	36.02	36.43

Event 5 Men 25-29 50 LC Meter Breaststroke

1	Oliver Samy	28	Spencer Swim Team-	30.80	31.84
2	Dontony Gill-Nasadi	26	Otter-	33.79	35.17
3	Mark Williams	29	Swansea Aq-	35.50	36.03

Event 5 Men 30-34 50 LC Meter Breaststroke

1	Aled Middleton	30	Carm Masters-	36.00	34.00
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Event 5 Men 35-39 50 LC Meter Breaststroke

1	Christopher Jenkinson	35	Droitwich-	32.95	32.95
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Event 5 Men 40-44 50 LC Meter Breaststroke

1	Christopher Dennis	44	Cardiff Mast-	40.91	43.99
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Event 5 Men 45-49 50 LC Meter Breaststroke

1	Matthew Banham	46	West Suffolk-	30.40	31.06
2	Tim Howells	49	Carm Masters-	47.99	46.60

Event 5 Men 50-54 50 LC Meter Breaststroke

1	Brian Averill	53	Guildford Ct-	1:03.73	53.72
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Swim Wales Open Masters 2018 - 03/03/2018 to 04/03/2018**Wales National Pool, Swansea****Results - Session 1 - Saturday 3rd - Warm Up 08.00 - 08:40****Event 5 Men 55-59 50 LC Meter Breaststroke**

1	David Bryant	57	Guildford Ct-	33.27	34.02
2	Neil Deighton	59	Rushmoor Ryl-	41.73	39.50
3	Dylan Gravelle	56	Swansea Aq-	46.00	42.87

Event 5 Men 60-64 50 LC Meter Breaststroke

1	Michael Swift	64	Caradon-	40.92	40.89
2	Arend Dikkers	61	Barnes SC-	45.07	43.51

Event 5 Men 65-69 50 LC Meter Breaststroke

1	Terence Mansi	69	Sudbury-	55.00	52.84
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Event 6 Mixed 120-159 200 LC Meter Medley Relay

1	Swansea Aq	A	NT	2:08.42
	1) Andrew Luxton M35	2) Mark Williams M29	3) Hannah Munday W27	4) Helen Smale W30
		1:08.21 ()	1:39.61 (31.40)	2:08.42 (28.81)

Event 6 Mixed 160-199 200 LC Meter Medley Relay

1	Carm Masters	A	NT	2:39.26
	1) Gillian Ellis-Williams W53	2) Aled Middleton M30	3) Tim Howells M49	4) Myfanwy Jones W43
	48.37	1:23.16 (34.79)	2:01.28 (38.12)	2:39.26 (37.98)
2	Swansea Aq	B	NT	2:39.55
	1) Paul Osborne M55	2) Bethan Raby W45	3) Carley Morgan W36	4) Craig Jones M33
	40.88	1:27.73 (46.85)	2:11.09 (43.36)	2:39.55 (28.46)